

# Proper Handling of BD Vacutainer<sup>®</sup> Plus Citrate Tubes

### Introduction:

At BD, we understand that it's not just a test... it's a patient, and the accuracy of your test result is what matters most. This starts with managing the preanalytical variables to yield a high quality specimen. Proper handling ensures the correct blood-to-additive ratio, which is critical to obtaining accurate test results. Improper handling can lead to erroneous results and may impact patient care. This Tech Talk reviews the proper handling instructions as well as common causes for underfilling tubes.

What could cause the BD Vacutainer® Plus Citrate tubes to be underfilled?

### Use product within shelf life

Product used past its shelf life may result in an underfilled tube.

DESCRIPTION	SHELF LIFE
Plastic 13x75 mm tube 1.8 mL draw volume Translucent Clear BD Hemogard <sup>™</sup> Closure with light blue stopper	6 months
Plastic 13x75 mm tube 2.7 mL draw volume Light blue BD Hemogard <sup>™</sup> Closure with light blue stopper	9 months

### Special note on the 1.8 mL draw volume tube:

BD manufactures the 1.8 mL tube by adhering to the Clinical and Laboratory Standards Institute (CLSI) guidelines of +/- 10% of the stated draw volume throughout the shelf life of the product.' Additionally, BD has very tight manufacturing specifications to ensure adherence to the draw volume guidelines and proper clinical results.

It is important to understand that the draw volume decreases over time. This occurs on all tubes, especially plastic, due to the PET (polyethylene terephthalate) being a permeable material. However, due to the narrow inner tube diameter of the 1.8 mL tube, the appearance of the draw change is significantly magnified.



#### Beginning of shelf life

End of shelf life (6 months)

When customers receive a "fresh" product, the tube will draw just below +10%. As time passes, the tube will lose vacuum and at the end of shelf life will still draw within the CLSI recommendations, but more in the nominal to -10% range. However, if "fresh" and "older dated" tubes are compared to one another, it may appear that there is an issue due to the column height difference. As indicated above, the narrow inner tube diameter of the 1.8mL tube appearance of the draw change is significantly magnified. The difference between +10% and nominal is about 4 drops of blood (equivalent to 0.2 mL). The draw change is not as magnified in the 2.7 mL tube. Customers may want to consider using this tube as an alternative.

## Store tubes at 4-25°C (39-77°F) to maximize performance

### Hold tube in place until draw is completed

The citrate stopper was designed to minimize the amount of calcium, zinc, and magnesium since these metals are known to chemically bond to the citrate in the additive, which could lead to erroneous coagulation results. This results in a softer stopper material compared to other BD Vacutainer<sup>®</sup> tubes, resulting in greater pushback forces. When drawing a patient with a citrate tube, the soft blue stopper can push back or stretch against the non-patient (NP) end of the needle. This can occlude or block flow of blood through the NP end. Occasionally, this gives the perception that there is insufficient or no vacuum in the tube.

To alleviate pushback, one must hold the blue top citrate tube in place until it has completed the required draw volume and blood flow ceases. This should control the pushback force and ensure that the NP end properly pierces the stopper, providing an adequate blood flow for a quality collection.

### Draw a discard tube first when collecting with a blood collection set

A discard tube (tube with no additives) must be used if a citrate tube is the first tube to be drawn using a blood collection set. It is important to remove the air from the blood collection set tubing to ensure the proper blood volume is obtained in the citrate tube. The citrate tube will underfill by 0.35 mL when using a 12" blood collection set and 0.23 mL when using a 7" blood collection set. Pulling in this air will result in the incorrect blood-to-additive ratio.

## Use a non-sharp device to transfer sample from syringe to evacuated tube

Transferring samples from a syringe to an evacuated tube using a non-sharps device should be performed

with caution as this may cause over or under filling of tubes, resulting in an incorrect blood-to-additive ratio and potentially incorrect analytical results. Allow the tube to draw the blood from the syringe using a BD Vacutainer<sup>®</sup> Blood Transfer Device.

### Altitude can affect draw volume

The quantity of blood drawn can vary with altitude. For this reason, BD recommends that each facility conducts their own validation and determines the adequate draw volume for their location.

#### Be aware of patient factors

- Small and fragile veins may cause occlusion of the IV needles, resulting in an inadequate sample collection. Use the correct needle product for these patients and allow extra time for the draw to complete.
- In extremely fragile patients (neonates or small children), clinicians may choose to draw less blood without realizing the impact on test results. Clinicians should be re-educated about the importance of preanalytical variables on correct test results.

### Quick Checklist for Proper Citrate Draw Volume

- □ Use product within shelf life
- □ Store tubes at 4-25°C (39-77°F)
- □ Draw a discard tube first when collecting with a blood collection set
- □ Hold tube in place until draw is completed
- □ Use a non-sharp device to transfer sample from syringe to evacuated tube
- □ Validate the appropriate draw volume for your facility
- □ Be aware of patient factors

#### Please call BD Global Technical Services for clinical support material.

**BD Global Technical Services:** 1.800.631.0174 **BD Customer Service:** 1.888.237.2762

1. CLSI, Evacuated Tubes and Addirive for Blood Specimen Collection – Fourth Edition. Doc. H1-A4, Vol. 16, No. 13. Dec 1996.

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