Stretch Net™

Tubular Elastic Bandage



Illustrated Guide





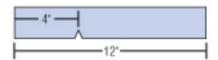
Stretch Net[™] is available in a variety of widths to fit all areas of the body.

Product # 10 Yards (Stretched)	Product # 25 Yards (Stretched)	Product # 10 Yards (Strotched)	Product # 25 Yards (Stretched)	Size	Approximate Circumference (Stretched)	Suggested Application
Latex Stretch						
10-7401	10-7421	10-7101	10-7125	1	3" to 8"	Fingers, Toes
10-7402	10-7422	10-7102	10-7126	2	8" to 11"	Fingers, Wrist, Small Hand
10-7403	10-7423	10-7103	10-7127	3	11" to 16"	Hand, Elbow, Foot
10-7404	10-7424	10-7104	10-7128	4	16" to 22"	Hand, Elbow, Foot, Knee
10-7405	10-7425	10-7105	10-7129	5	22" to 26"	Call, Thigh, Head
10-7406	10-7426	10-7106	10-7130	51/2	26" to 35"	Thigh, Head, Shoulder
10-7407	10-7427	10-7107	10-7131	6	35" to 42"	Small Chest, Axilla, Abdomen, Thigh, Shoulde
10-7408	10-7428	10-7108	10-7132	7	42" to 50"	Chest, Axilla, Abdomen
10-7409	10-7429	10-7109	10-7133	8	50" to 58"	Chest, Axilla, Abdomen
10-7410	10-7430	10-7110	10-7134	9	58" to 64"	Chest, Axilla, Abdomen
10-7411	10-7431	10-7111	10-7135	10	64" to 72"	Chest, Axilla, Abdomen
10-7412	10-7432	10-7112	10-7136	11	72" to 80"	Extra Large Torso
10-7413	10-7433	10-7113	10-7137	12	30" to 86"	Extra Large Torso
N/A	N/A	10-7114	10-7138	13	36" to 92"	Extra Large Torso

Note: Appropriate size of Stretch Net depends on patient size. Avoid tight, constrictive application.

HEAD – Full Cap

- Use size 5 or 5 1/2.
- · Start with a 10" or 12" piece of Stretch Net.
- Seal one end of the Stretch Net by tying a knot.
 4" from the open end, make a 1" cut.





 Place Stretch Net over the head with the hole facing forward. Stretch the hole over the chin.



2. Complete dressing.

- Use size 7 11 depending on patient size.
- Cut a 24" piece of Stretch Net. 4" from one end, make a 1/2" cut on both sides.





 Starting with the end farthest from cuts, gather Stretch Net and slip over head. Make sure to keep cuts to the sides.



Continue to stretch the Stretch Net over the shoulders and down the trunk.



Pass arms through holes. Complete dressing.

SHOULDER

- Use size 5 1/2 or 6.
- Cut a 24" piece of Stretch Net. 2" from one end, make a 6" slit through one side of the tube.





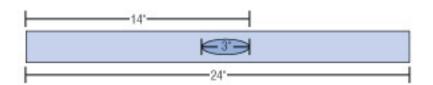
 Starting with the end closest to the slit, slide Stretch Net onto arm, with cut facing up.



Pull the cut loop over the head and let rest under the opposite axilla. Complete dressing.

AXILLA OR BREAST

- Use size 7 10 depending on the size of the patient.
- Cut a 24" piece of Stretch Net. 14" from one end, make a 3" slit long ways in one side of the tube.





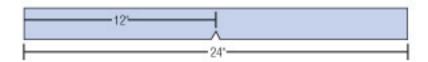
 Starting with the end farthest from the slit, pass the Stretch Net over the arm up to the shoulder. Make sure to keep the cut facing up. Pass the cut loop over the head.



 Continue stretching the cut over the opposite shoulder and arm allowing it to rest under the opposite axilla. Complete dressing.

GENITAL & ANAL

- Use size 7 10 depending on patient size.
- Cut a 24" piece of Stretch Net. In the middle of this piece make a 1" V cut.





 Beginning where the cut was made, insert both hands into one half of the tubing and stretch it sideways.



Insert both feet into the stretched half and pull it up over the waist. The second half should be in the back hanging like a tail.



Pull the tail between the legs and pull up over the genital area in a spreading motion.



Secure ends by tying them off in the front for a completed dressing.



Back view.

GROIN & BUTTOCKS

- Use size 7 9.
- Cut a 14" piece of Stretch Net. About 4" from one end, make a 1/2" cut.





 Put your hands into the tube in the end farthest from the cut. Allow your left hand to go through the cut and your right hand to go through the longer tube.



2. Now stretch to form a panty.



3. Slip patient into the panty.

HIP OR THIGH

- Use size 5 1/2 or 6.
- Cut a 24" piece of Stretch Net. 4" from one end, make a 1" cut into the tube.





 Starting with the end closest to cut, insert left hand into long portion of the tube and right hand into the tube down to the 1" cut. Now stretch apart to create a waist band.



2. Slip affected leg into Stretch Net.

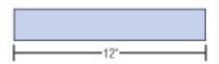


Stretch the waist band open and stretch it over the unaffected leg.



Slip Stretch Net up to waist for complete dressing.

- · Use size 3 or 4.
- · Start with a 12" piece of relaxed Stretch Net.





 Slip Stretch Net onto the toes. Twist 2 times and then slip remaining Stretch Net over entire foot.



Clip threads to release pressure on heel.



3. Complete dressing.

ELBOW, FOREARM, OR KNEE

- · Use size 3 or 4.
- · Start with a 12" piece of relaxed Stretch Net.





 Insert both hands into tube and stretch over elbow to complete dressing.



Insert both hands into tube and stretch over knee to complete dressing.

- · Use size 3 or 4.
- · Start with a 12" piece of relaxed Stretch Net.





 Slip Stretch Net over hand with the palm facing upward. Leave 3" extension beyond fingers.



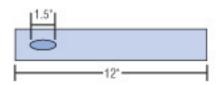
At the tip of each finger cut 2 or 3 threads to release fingers.



Pull the extension down and tuck it under. Complete dressing.

FINGER

- Use size 1 or 2.
- Cut a 12" piece of relaxed Stretch Net. 2" from one end, make a 1 1/2" slit on one side.





 Starting with end farthest from slit, slip Stretch Net on finger with slit facing down.



Twist the remaining Stretch Net one complete turn until the slit faces down again. Gather the remaining Stretch Net up to the finger tip.



Pull Stretch Net back over finger, slipping hand through slit, and anchor to wrist. Complete dressing.



Manufacturer

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