



Activator IV Suggested Settings (for most body types)

Setting #1	Setting #2	Setting #3	Setting #4
Upper cervicals	Lower cervicals	Lower thoracics and corresponding ribs Lumbar in small-framed adults	Pelvis
Occiput	Upper thoracics		Lumbar
TMJ (through finger digit)	Ribs		
Sensitive areas	Spinous process		
Infants	Extremities		
	Children		