



ROLLER WALKERS

Instructions for Use, Cleaning, and Care

*These instructions
are guidelines only.
Use only as instructed
by your healthcare
provider.*



ROLLER WALKERS (A222, A223)

HCPSC Code: E0143, E0156*

Weight capacity of roller walkers is 250 lbs.

WHAT ARE ROLLER WALKERS USED FOR?

A roller walker or rollator is a lightweight frame that is used to provide walking support, with the added advantages of swivel front wheels and a temporary seat.

How Do I Adjust the Roller Walker?

- Stand with your shoulders relaxed and your arms hanging loosely at your sides.
- The handlebar height should be at the crease of your wrist when your arms are relaxed at your sides.
- Loosen the knobs on the outside of the handlebars, remove the bolts, then move the handlebars to the desired height.
- Re-install the bolts and screw the knobs to the bolt. Ensure the bolt head is properly aligned with hole before tightening fully.
- The seat height is not adjustable. If the seat is too high or too low, a different size of walker may be more appropriate. You should be able to sit on the seat with the balls of your feet touching the ground.

HOW DO I USE THE ROLLER WALKER?

- Lean on the walker, allowing it to roll forward with control as you step forward.
- To slow the walker down, squeeze or pull up on the handbrake.
- Before using the seat, activate the parking brake by pushing down on the handbrake.
- To release the brake, carefully squeeze the brake handles again, being careful not to pinch your fingers.



WARNING Do not use the walker on stairs or escalators. Pay special attention on ramps or slopes.

ROLLER WALKER CARE AND MAINTENANCE

- Clean the walker with mild, soapy water.
- Periodically check the wheels and make sure wheels spin and swivel freely, and are not excessively worn. Clean or replace if necessary.
- Periodically check the breaks to assure locking mechanism is working properly and holds when locked.
- Store walker indoors. Cover to prevent dust buildup if not in use for a long period of time.

* For Roller Walker use two HCPSC Codes E0143 for walker and E0156 for seat.

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