

Product Information: Osmolite® 1.2 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.2 Cal

Complete, Balanced Nutrition® without fiber

- OSMOLITE 1.2 CAL is high-protein therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding for patients who may benefit from increased protein and calories.
- For tube feeding.
- For supplemental or sole-source nutrition.
- May be used for oral feeding of patients with altered taste perception.
- Use under medical supervision.
- Concentrated calories (1.2 Cal/mL) and high in protein (18.5% of Cal) to help patients gain and maintain healthy weight. Protein is needed for lean body tissue maintenance and repair.
- Fat blend contains high-oleic safflower, canola, and MCT oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains MCTs as part of the fat source.
- Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1200 Cal (1000 mL).
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.



Safety Precautions

- Not for IV use.
- Not for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Calcium Caseinate, Canola Oil, Medium-Chain Triglycerides, Calcium Phosphate, Sodium Citrate, Magnesium Phosphate, Soy Lecithin, Potassium Citrate, Potassium Chloride, Magnesium Chloride, Cellulose Gel, Ascorbic Acid, Choline Chloride, Potassium Phosphate, Taurine, L-Carnitine, Cellulose Gum, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

| List Number | Item |
|-------------|--|
| 62693 | Osmolite 1.2 Cal / 1500 mL (1.6 QT) Ready-To-Hang Prefilled Container / 6 ct |
| 62697 | Osmolite 1.2 Cal / 1000 mL (1.1 QT) Ready-To-Hang Prefilled Container / 8 ct |
| 64635 | Osmolite 1.2 Cal / 8 fl oz (237 mL) Recloseable Carton / 24 ct |

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Columbus, OH 43219-3034
1-800-227-5767

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Nutrition Information - Liquid Unflavored

| | 8 fl oz (237 mL) | | 1 L (33.8 fl oz) | | 1.5 L (50.7 fl oz) | |
|-----------------------------|-------------------|------------|-------------------|------------|--------------------|------------|
| | Value | %RDI / %DV | Value | %RDI / %DV | Value | %RDI / %DV |
| Protein, g | 13.2 | | 55.5 | | 83.3 | |
| Fat, g | 9.3 | | 39.3 | | 59.0 | |
| Carbohydrate, g | 37.5 | | 157.5 | | 236.1 | |
| L-Carnitine, mg | 36 | | 150 | | 230 | |
| Taurine, mg | 36 | | 150 | | 230 | |
| Water, g/mL | 195 | | 820 | | 1230 | |
| Calories | 285 | | 1200 | | 1800 | |
| Vitamin A, IU | 1190 [*] | | 5000 [*] | | 7500 [*] | |
| Beta-Carotene, mg | 0.59 | | 2.5 | | 3.7 | |
| Vitamin D, IU | 96 | | 400 | | 600 | |
| Vitamin E, IU | 11 | | 45 | | 68 | |
| Vitamin K, mcg | 20 | | 80 | | 120 | |
| Vitamin C, mg | 72 | | 300 | | 450 | |
| Folic Acid, mcg | 145 | | 600 | | 900 | |
| Thiamin (Vitamin B1), mg | 0.54 | | 2.3 | | 3.4 | |
| Riboflavin (Vitamin B2), mg | 0.61 | | 2.6 | | 3.9 | |
| Vitamin B6, mg | 0.72 | | 3.0 | | 4.5 | |
| Vitamin B12, mcg | 2.2 | | 9.0 | | 14 | |
| Niacin, mg | 7.2 | | 30 | | 45 | |
| Choline, mg | 145 | | 600 | | 900 | |
| Biotin, mcg | 110 | | 450 | | 675 | |
| Pantothenic Acid, mg | 3.6 | | 15 | | 23 | |
| Sodium, mg | 320 | | 1340 | | 2010 | |
| Sodium, mEq | 13.9 | | 58.3 | | 87.4 | |
| Potassium, mg | 430 | | 1810 | | 2710 | |
| Potassium, mEq | 11.0 | | 46.4 | | 69.5 | |
| Chloride, mg | 370 | | 1540 | | 2310 | |
| Chloride, mEq | 10.4 | | 43.5 | | 65.2 | |
| Calcium, mg | 285 | | 1200 | | 1800 | |
| Phosphorus, mg | 285 | | 1200 | | 1800 | |
| Magnesium, mg | 96 | | 400 | | 600 | |
| Iodine, mcg | 36 | | 150 | | 225 | |
| Manganese, mg | 1.2 | | 5.0 | | 7.5 | |
| Copper, mg | 0.48 | | 2.0 | | 3.0 | |
| Zinc, mg | 5.4 | | 23 | | 34 | |
| Iron, mg | 4.3 | | 18 | | 27 | |
| Selenium, mcg | 17 | | 70 | | 105 | |
| Chromium, mcg | 29 | | 120 | | 180 | |
| Molybdenum, mcg | 36 | | 150 | | 225 | |

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Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*780 IU of vitamin A activity supplied by 0.59 mg of beta-carotene.

Per 1 L (33.8 fl oz)

*3300 IU of vitamin A activity supplied by 2.5 mg of beta-carotene.

Per 1.5 L (50.7 fl oz)

*4900 IU of vitamin A activity supplied by 3.7 mg of beta-carotene.

Preparation

Instructions for Use:

8 fl oz recloseable carton

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- Once opened, reclose or cover, refrigerate and use within 48 hours.

Oral Feeding:

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

Tube Feeding:

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- Remove dust cover from RTH Safety Screw Cap.
- Remove dust cover from feeding set connector.
- Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- Turn connector collar clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using hanging ring on bottom of container.
- Follow directions for use provided by manufacturer of feeding sets.
- Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

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