

NUTRIENTS	12 oz Per Serving (341g/340-355mL*)		2 - pouches 24oz (682g/680-710mL*)		3 - pouches 36oz (1023g/1020-1065mL*)		4 - pouches 48oz (1364g/1360-1420mL*)	
	VALUE	%RDI**/%DV	VALUE	%RDI**/%DV	VALUE	%RDI**/%DV	VALUE	%RDI**/%DV
Nutrient Density, kcal/mL	1.3		1.3		1.3		1.3	
Calories	450		900		1350		1800	
Protein, % kcal	20		20		20		20	
Protein, g	23		46		69		92	
Carbohydrate, % kcal	42		42		42		42	
Carbohydrate, g	49		98		147		196	
Fat, % kcal	38		38		38		38	
Fat, g	20		40		60		80	
Dietary fiber, g	9		18		27		36	
Soluble Fiber, g	2		4		6		8	
Insoluble Fiber, g	7		14		21		28	
Osmolality mOsm/kg H2O	482		482		482		482	
Water, g/mL/cc	210		420		630		840	
Water by Volume: 59.2%								
Water by Weight: 61.6%								
VITAMINS								
Vitamin A, RAE - (from Mixed Carotenoids)	344	38.2%	688	76.4%	1032	115%	1376	153%
Vitamin B1 - Thiamin, mg	0.45	37.5%	0.90	75%	1.35	112.5%	1.8	150%
Vitamin B2 - Riboflavin, mg	0.48	36.9%	0.96	73.8%	1.35	112.5%	1.8	150%
Vitamin B3 - Niacin, mg	5.71	35.7%	11.42	71.4%	17.14	107%	22.84	143%
Vitamin B5 - Pantothenic Acid, mg	1.37	27.4%	2.74	54.8%	4.11	82.2%	5.48	110%
Vitamin B6 - Pyridoxine, mg	0.63	37.1%	1.26	74.2%	1.89	111%	2.52	148%
Vitamin B12 - Cobalamin, mcg	1.50	62.5%	3.00	125%	4.50	187.5%	6.00	250%
Vitamin C, mg	113	126%	226	251%	339	377%	452	502%
Vitamin D, mcg	3.75	20%	7.5	40%	11.25	60%	15	80%
Vitamin E - Mixed Tocopherols, IU	6.95	46.3%	13.9	92.7%	20.85	139%	27.8	185.3%
Folate, mcg	132.5	33.1%	265	66.2%	397.5	99.3%	530	132.5%
Vitamin K, mcg	50.9	42.4%	101.8	84.8%	152.7	127.2%	203.6	169.6%
Biotin, mcg	68.6	NOT ESTABLISHED	137.2	NOT ESTABLISHED	205.8	NOT ESTABLISHED	274.4	NOT ESTABLISHED
Choline, mg	104.2	NOT ESTABLISHED	208.4	NOT ESTABLISHED	312.6	NOT ESTABLISHED	416.8	NOT ESTABLISHED
MINERALS								
Calcium, mg	270	20%	540	40%	710	60%	980	80%
Chloride, mg	400	22.2%	800	44.4%	1200	66.7%	1600	88.9%
Chloride, mEq	11.3	-	22.6	-	33.9	-	45.2	-
Chromium, mcg	23.7	79%	47.4	158%	71.1	237%	94.8	316%
Copper, mg	0.35	38.9%	0.7	77.8%	1.05	117%	1.4	156%
Iodine, mcg	51	34%	102	68%	153	102%	204	136%
Iron, mg	5.7	30%	11.4	60%	17.1	90%	22.8	120%
Manganese, mg	1.66	72.2%	3.32	144%	4.98	217%	6.64	289%
Magnesium, mg	99.1	23.6%	198.2	47.2%	297.3	70.8%	396.4	94.4%
Molybdenum, mcg	36.1	80.2%	72.2	160.4%	108.3	241%	144.4	320%
Phosphorus, mg	280.5	40.1%	560.9	80.2%	841.4	120.3%	1121.9	160.4%
Potassium, mg	958	20%	1916	40%	2874	60%	3832	80%
Potassium, mEq	24.6	-	49.1	-	73.7	-	98.3	-
Selenium, mcg	18.2	33.2%	36.5	66.4%	54.8	99.6%	73.0	132.8%
Sodium, mg	333	27.8%	666	55.5%	999	83.3%	1332	111%
Sodium, mEq	14.5	-	29.0	-	43.5	-	58.0	-
Zinc, mg	3.9	35.5%	7.8	70.9%	11.7	106%	15.6	142%
POLYUNSATURATED FAT								
Omega-3 Fatty Acid, g	7.77		14.5		21.75		29.0	
Omega-6 Fatty Acid, g	3.12		4.56		6.84		8.92	

SPECIAL NOTES:
 *mL range is give due to the volume being effected by viscosity, altitude and temperature. For the most accurate measurments please use the grams listed. All nutritional information contained herein is calculated using a 341g/per pouch gram weight measurement.
 **RDI percentages for adults and children 4 or more years of age.

%DV/%RDI are calculated per FDA food labeling requirements based on a 2000 calorie/day diet for adults and children four or more years of age. The Institute of Medicine's DRI reports present RDAs (that differ from the %DV/%RDI) as the average daily dietary intake level sufficient to meet the nutrient requirements of nearly all healthy individuals in a group dependent upon age, gender, and life stage. If planning diets around specific nutrient needs, please make sure to check with your healthcare provider who understands the difference in these values and can provide accurate recommendations.

Liquid Hope undergoes regular nutritional assessment and lab testing. However, as with any real food product, variations in the nutrient levels can vary depending on time of year, soil, and weather conditions. Although we do our best to provide you with the most accurate nutrient information as possible, if you have a medical condition that requires you to be precise with specific nutrient levels, please discuss the use of this product with your medical team.

LH-001



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 — LET FOOD BE THY MEDICINE —

LIQUID HOPE®

ORGANIC WHOLE FOODS MEAL REPLACEMENT

EST. 2006

ORIGINAL FORMULA

COMPLETE PLANT BASED NUTRITION



REAL FOOD • GLUTEN FREE • DAIRY FREE • SOY FREE
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LIQUID HOPE

The world's first shelf stable organic whole foods feeding tube formula and meal replacement.

- Liquid Hope meets all food safety requirements and meets all GRAS, HACCP, CGMPs standards. Liquid Hope is processed in a FDA/USDA registered facility with USDA inspector on site. SID#: 2013-06012/001
- [MEDICARE/MEDICAID APPROVED](#)
- For tube feeding or oral feedings
- For supplemental or sole source nutrition
- Use under medical supervision
- Concentrated calories (1.3 cal/mL) and high protein (20% of calories) formulated to help maintain healthy weight and support lean body tissue maintenance and repair
- Meets 100% RDI for 21 essential vitamins and minerals: four 341g pouches
- 9g of naturally occurring dietary fiber in 341g
- Gluten Free (produced in a facility where gluten is used)
- Dairy Free
- Soy Free
- Corn Free
- USDA Certified Organic
- 100% GMO Free
- BPA Free Packaging
- Plant-Based
- Safe to use for people with lactose intolerance

ORDERING INFO:

CASES	PRODUCT CODE	PACKAGING
Liquid Hope	LHWS124	24 - 12oz(341g) pouches/case

SAFETY PRECAUTIONS:

NOT FOR PARENTERAL USE

ALLERGENS:

- Contain Almonds (Tree Nuts)

INGREDIENTS:

Filtered water, organic garbanzo beans, organic green peas, organic carrots, organic whole grain brown rice, organic whole grain brown rice protein, organic flaxseed oil, organic sprouted quinoa, organic sweet potato, vitamin blend [potassium citrate, calcium citrate, acerola(C), sodium chloride, mixed tocopherols(E), choline bitartrate, zinc citrate, biotin, niacinamide, seleniummethionine, cholecalciferol(D3), calcium d-pantothenate(B5), pyridoxine hydrochloride(B6), riboflavin(B2), thiamine mononitrate(B1), methylcobalamin(B12)] organic broccoli, organic almond butter, organic kale, organic garlic, organic turmeric, organic rosemary, organic ginger, organic seaweed.



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NUTRITIONAL INFORMATION:

Kcal/mL: 1.3

Caloric Distribution (% of kcal)

- Protein: 20%
- Fat: 38%
- Carbohydrate: 42%

Protein Source: 23g/341g

organic garbanzo beans, organic green peas, organic whole grain brown rice, organic whole grain brown rice protein, organic sprouted quinoa, organic almond butter

NPC: N Ratio: 100:1

N6: N3 Ratio: 1:3

Osmolality (mOsm/kg water): 482

Water: 60%

Meets 100% RDI for 21 essential vitamins and minerals: four 341g pouches

Fiber Content/Source: 9g/341g

organic garbanzo beans, organic carrots, organic whole grain brown rice, organic sprouted quinoa, organic sweet potato, organic broccoli, organic kale, organic almond butter

HCPCS Code: B4149

Insurance Data Bank & Billing Code: 57858-0004-11*

NPI #: 1023427705

Viscosity: Nectar-like at room temperature

PREPARATION:

INSTRUCTIONS FOR USE:

- If switching from commercial enteral formula, transition slowly to allow the body time to adapt to the differences in formulas. Replace one serving of Liquid Hope for one serving of the current formula each day until goal is reached. Most people make a total switch in 7-10 days.
- Liquid Hope has a 12 hour ambient room temperature hang time.
- Any unopened formula can be stored for up to 2 years at room temperature. Do not store in a hot place.
- Once opened, the formula can be refrigerated in a sealed container for up to 48 hours. Please discard any unused opened formula after 48 hours.
- Some small bore tubes may require product to be warmed and/or diluted.
- Water may be added. If adding water or any liquid, it must be reblended with the product to emulsify in order to prevent separation.

* Medicare, Medicaid and health insurers may ask you to provide a National Drug Code / NDC number for insurance claims, billing or reimbursement purposes. Because our products are whole foods and do not constitute "drugs", we have an Insurance Data Bank and Billing Code that you should use when asked for an NDC number for our products.