



Three great tasting,  
high protein  
ProSource Gelateins  
for virtually every  
patient need!

**Gelatein® 20:**  
20 grams of protein,  
sugar free

- Improves patient compliance
- Low volume
- Adds variety
- Reduces waste
- Appropriate for the Dysphagia diet

**Gelatein® Plus:**  
20 grams of protein,  
150 calories



**Gelatein® Plus  
with MCT oil:**  
20 grams of protein,  
220 calories



# High protein ProSource® Gelateins

are available in 150 calorie, 220 calories and sugar free versions. All are made with hydrolyzed collagen protein and whey protein isolate for rapid absorption and utilization. Great tasting, convenient and easy to serve ProSource Gelateins are the best way to ensure your patients and residents get the protein they need without over-feeding calories.

ProSource Gelateins deliver two and three times the protein of standard nutritional shakes, puddings and clear liquid drinks. Available in refreshing fruit and citrus flavors they offer your patients variety from standard milk shake flavors.

Shelf stable, easy to serve, ProSource Gelateins reduce the waste from non-compliance.

## The Clear choice for Clear Liquid Diets!

Patients on clear liquid diets receive simple carbohydrates from juice, jello, water ice but have a more difficult time getting the protein they need. ProSource Gelatein 20 and Plus are a good protein source for a majority of patients including diabetic, renal, surgical, bariatric, oncology, infectious disease and malabsorption.

ProSource Gelatein® Plus is a high calorie, high protein, great tasting gelatin in three delicious flavors: Cherry, Lemon and Pineapple.

ProSource Gelatein® 20 provides 20 grams of sugar free protein in a great tasting gelatin dessert. Sugar free makes them ideal for bariatric, diabetic and renal patients. Fruit Punch, Lime and Orange.

ProSource Gelatein® Plus with MCT oil is a ready-to-serve gelatin dessert with 220 calories and 20 gram of protein for patients who require extra calories. Tropical Lime.

Gelatein Plus is made with MCT oil (medium chain triglycerides), the preferred fuel source by healthcare professionals because the shorter chain fats are readily absorbed directly thru the portal vein to the liver where they are quickly converted to energy, similar to carbohydrates but without increasing blood glucose. As compared to long chain triglycerides like corn or soy oil found in

most shakes, MCT oil requires less energy for absorption, utilization and storage and is well tolerated by those with malabsorption syndromes.



**Gelatein Plus**  
20 grams of protein  
and 150 calories

With hydrolyzed collagen protein  
and whey protein isolate for rapid  
absorption and utilization



**Gelatein 20**  
20 grams of protein  
and sugar free

Reduce the  
waste from  
non-compliance

Protein without over feeding calories



**Gelatein Plus with MCT oil**  
20 grams of protein and 220 calories

**Versatility and Variety.** ProSource Gelateins meet the needs of virtually any diet from Oncology and Bariatric to Wound Healing and Pre and Post operative surgery.

## Appropriate for these diets

	Gelatein Plus	Gelatein 20	Gelatein Plus w/MCT
Pressure Ulcers	•	•	•
Protein Malnutrition	•	•	•
Renal Disease	•	•	•
Pre-Post Op	•	•	•
Chronic Diarrhea	•	•	•
Cardiac Malnutrition	•	•	•
COPD	•	•	•
Oncology	•	•	•
HIV/Aids	•	•	•
Gluten Free	•	•	•
Lactose Free	•	•	•
Low Fat/cholesterol	•	•	•
Fluid Restricted	•	•	•
Clear Liquid Diet	•	•	•
Dysphagia	•	•	•
Gastric ByPass	•	•	•
Fat Malabsorption	•	•	•
Diabetic	•	•	•
Chyle Leak Disease	•	•	•

## Compare ProSource Gelatein protein and calories. More protein, more variety.

	Serving size	Protein	Calories	Lactose Free
Resource Breeze®	8 fl. oz.	9 grams	250	YES
Boost® Pudding	5 oz.	7 grams	240	NO
Ensure® Clear	6.7 fl. oz.	7 grams	200	YES
Ensure® Pudding	4 oz.	4 grams	170	NO
Frozen Shakes	4 fl. oz.	6 grams	200	NO
Magic Cup®	4 oz.	9 grams	290	NO

Gelatein® 20

<b>Nutrition Facts</b>	
Serving Size: 1 Cup (4fl.oz./120 mL)	
Amount Per Serving	
<b>Calories</b> 90	Calories from Fat 0
% Daily Values*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 50mg	<b>2%</b>
<b>Potassium</b> 155mg	<b>5%</b>
<b>Phosphorus</b> 1mg	<b>0%</b>
<b>Total Carbohydrate</b> <1g	<b>0%</b>
Dietary Fiber <1g	<b>4%</b>
Sugars 0g	
<b>Protein</b> 20g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet.

Gelatein® Plus

<b>Nutrition Facts</b>	
Serving Size: 1 Cup (4fl.oz./120 mL)	
Amount Per Serving	
<b>Calories</b> 150	Calories from Fat 0
% Daily Values*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 45mg	<b>2%</b>
<b>Potassium</b> 150mg	<b>4%</b>
<b>Phosphorus</b> 2mg	<b>0%</b>
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber <1g	<b>4%</b>
Sugars 19g	
<b>Protein</b> 20g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet.

Gelatein® Plus with MCT oil

<b>Nutrition Facts</b>	
Serving Size: 1 Cup (4fl.oz./120 mL)	
Amount Per Serving	
<b>Calories</b> 220	Calories from Fat 70
% Daily Values*	
<b>Total Fat</b> 10g	<b>15%</b>
Saturated Fat 10g	<b>50%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 45mg	<b>2%</b>
<b>Potassium</b> 150mg	<b>4%</b>
<b>Phosphorus</b> 2mg	<b>0%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
Dietary Fiber <1g	<b>4%</b>
Sugars 19g	
<b>Protein</b> 20g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet.



**Ordering information:**

Item #	Description	Case	UPC Billing Code	Packaging
11701	Gelatein Plus Cherry	5-07-94688-11701-7	94688-0117-01	36/4 fl.oz. single serve cups
11703	Gelatein Plus Lemon	5-07-94688-11703-1	94688-0117-03	36/4 fl.oz. single serve cups
11705	Gelatein Plus Pineapple	5-07-94688-11705-5	94688-0117-05	36/4 fl.oz. single serve cups
11691	Gelatein 20 Orange	5-07-94688-11691-1	94688-0116-91	36/4 fl.oz. single serve cups
11692	Gelatein 20 Lime	5-07-94688-11692-8	94688-0116-92	36/4 fl.oz. single serve cups
11693	Gelatein 20 Fruit Punch	5-07-94688-11693-5	94688-0116-93	36/4 fl.oz. single serve cups
11697	Gelatein Plus with MCT oil Tropical Lime	5-07-94688-11697-3	94688-0116-97	36/4 fl.oz. single serve cups



*We help people feel better.™*

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