# PediaSure® Grow & Gain Therapeutic Nutrition

### Complete, Balanced Nutrition®

- PediaSure Grow & Gain is clinically proven\* nutrition to help kids grow, and is a nutritious supplement for kids falling behind on growth. 1,2,3,4,5
- 1 May be used as the sole source of nutrition or as a supplement.
- 1 Formulated for oral feeding; may also be tube fed.
- Use under medical supervision.
- PediaSure Grow & Gain is a source of complete, balanced nutrition especially designed for children 1 to 13 years of age.
- 1 #1 Pediatrician Recommended Brand.
- 1 Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1 to 8 years of age in 1000 mL, and for children 9 to 13 years of age in 1500 ml
- 1 Antioxidants (vitamins C & E, and selenium) to support the immune system.
- 1 Suitable for lactose intolerance.
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher
- 1 DHA Omega-3<sup>†</sup> for brain and eye health.<sup>6</sup>

## **Safety Precautions**

- Not intended for infants under 1 year of age unless specified by a physician.
- 1 Not for children with galactosemia.
- 1 Not for IV use.

#### Ingredients

#### **Liquid Vanilla:**

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Natural & Artificial Flavor, Cellulose Gel, Potassium Chloride, Magnesium Phosphate, Calcium Phosphate, Potassium Citrate, Tuna Oil, Calcium Carbonate, Potassium Phosphate, Choline Chloride, Ascorbic Acid, Monoglycerides, Soy Lecithin, Cellulose Gum, Salt, Carrageenan, Potassium Hydroxide, Inositol, Taurine, Stevia Leaf Extract, Ferrous Sulfate, Monk Fruit Extract, dl-Alpha-Tocopheryl Acetate, L-Carnitine, Zinc Sulfate, Calcium Pantothenate, Niacinamide, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Lutein, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Biotin, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.





<sup>\*</sup> Studied in children at risk for malnutrition.

<sup>&</sup>lt;sup>†</sup> 32 mg of DHA per 8-fl-oz serving.

<sup>&</sup>lt;sup>1</sup> Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

<sup>&</sup>lt;sup>2</sup> Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

<sup>&</sup>lt;sup>3</sup> Fisberg M, et al. Int Pediatr. 2002;17:216-222.

<sup>&</sup>lt;sup>4</sup> Morales E, et al. J Am Diet Assoc. 1991;91:1233-1238.

<sup>&</sup>lt;sup>5</sup> Ramstack M, et al. JPEN. 1991;15:89-92.

<sup>&</sup>lt;sup>6</sup> Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.