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What is it?

DR-HO'S Pain Therapy Device is a 4-program, portable device designed for adults only. It is designed to reduce and relieve muscle and joint pain, stiffness and numbness in the arms, legs and foot by applying electrical nerve stimulation to the surface of the skin near the site of the pain. It can be successfully used in conjunction with any other pain treatment or medication. This type of therapy, called Transcutaneous Electrical Nerve Stimulation (TENS), has been used for over 30 years by medical professionals such as physical therapists and chiropractors.

Indication for Use

To be used for temporary relief of pain associated with sore or aching muscles of the lower back, arms, or legs due to strain from exercise or normal household and work activities.

Note:

Before operation, please read this user's manual carefully, and be clear about the instructions!

Warning

This device should not be used by patients with:

- Pacemakers, Defibrillators or extreme Cardiac Irregularities
- Electronic Auditory Devices
- A tendency toward internal bleeding
- Epilepsy
- Pregnant Women

Disclaimer: DR-HO'S Pain Therapy System is not designed to diagnose, treat or cure any disease. If you suffer any serious pain, it is advised that you first consult your doctor for proper diagnosis and treatment.

How does it work?

Scientific theory suggests that electrical stimulation therapy may work in several ways:

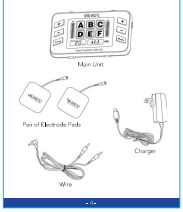
1. The gentle electrical pulses move through the skin to nearby nerves to block or shut out the pain message from even reaching the brain from the source of the pain.

2. The gentle electrical pulses increase the production of the body's natural pain killer, such as endorphins.

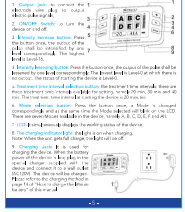
3. Furthermore, it is thought that the electrical stimulation improves blood circulation as well.

Muscle contract and relax with the flow of the electrical stimulation. With repeated contracting and relaxing, the blood flows in and out and the blood circulation is improved.

Components



Features of Main Unit



1. Output jack: to connect the 3.5 electrode wire plug to output electrical signals.
2. ON/OFF button: to turn the device on and off.
3. Intensity increase button: Press the button to increase the intensity. The unit shall not exceed 60 mA if you hold corresponding. The highest level is Level-16.
4. Intensity decrease button: Press the button to decrease the intensity. The unit shall not be lower than 0 mA if you hold corresponding. The lowest level is Level-16.
5. Mode display zone: Because of space limit, the shape of the letter shall be shortened to only one letter. The Power level is Level-0 and will there is no color, the intensity of the device is Level-0.
6. Treatment time interval selection button: the treatment time intervals: there are three treatment time intervals available for setting, namely 20 min, 30 min and 40 min. Each time you press the button, the time is 20 min more.
7. Timer / Intensity level display: the timer / intensity level is changed correspondingly and at the same time the Mode is flashed with LED or the LCD. There are seven Modes available in the device, namely A, B, C, D, E, F and All.
8. LCD: a liquid crystal display for the entire status of the device.
9. The charging indicator light: the light is on when charging. Note: When the unit gets fully charged, the light will be off.
10. Charging Jack: It is used for charging the device. When the battery power of the device is low, plug in the special charger supplied with the device to charge it. Only use the SKU:2806. The device will be charged. Please refer to the charging method in page 14 of "How to charge the lithium battery" of this manual.

Reading the LCD Screen

1. Mode display zone:

There are seven Modes available with the device, namely A, B, C, D, E, F and All. When a certain Mode is flashing, it means the device is in the status of that Mode for output.

2. Intensity display zone I:

simultaneously displays the intensity of both right and left output electrode pulse of the device. There are 16 levels of intensity. Intensity gradually increases from level-1 to level-16. There is no output intensity at Level-0.

3. Treatment time interval display: The remaining working time displays in a count-down way.

4. Built-in battery power display zone: Full space shows the highest power level, and blank space shows the lowest power level, which means the battery needs to be charged otherwise the device may be turn off.

Preparation Before Use

1. Connect wire to the electrodes.

   Note: Red and black wires are the same.

2. Plug the wire(s) into the device.

3. Remove the electrodes from the clear protective film.

4. Place electrodes on your body area to be treated.

   Note: After each treatment, always stick the electrodes back onto the protective film.

Proper Use

1. Turn on the power: Push the ON/OFF switch to "ON" and the power is on and the LCD will turn. The device now is in the state of START intensity, 0, Mode "A", treatment time interval 20 min.

2. Selection of treatment Modes: Press the mode button; you may select seven Modes repeatedly in the order of A, B, C, D, E, F and All. When a Mode is chosen, the letter corresponding to the Mode starts blinking on the screen.

Proper Use

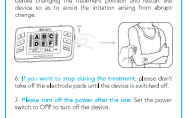
3. Intensity adjustment: Press the intensity increase & decrease button until the Intensity is adjusted to a proper level.

Proper Use

4. Selection of treatment time: Press the timing button, there are three treatment time intervals available for selection, namely 20 min, 30 min and 40 min. Usually, a 20 to 40 minutes treatment interval for one area, two to three times per day will provide excellent results. However, the treatment time interval and treatment frequencies may also be prolonged or shortened depending on the patient's specific conditions. The device will automatically turn off when the treatment time is up. If you want to continue the operation, you should not restart the device until the power is off for at least 3 seconds.

Proper Use

5. If you want to change the treatment position in the process of treatment, namely change the location of the electrode pad, you must turn the power button to "OFF" before changing the treatment position and restart the device so as to avoid the irritation arising from abrupt change.



6. If you want to stop during the treatment, please don't take off the electrode pads until the device is switched off.

7. Please turn off the power after the use. Set the power switch to OFF to turn off the device.

8. After the device is turned off, hold the plug of the electrode wire and pull out of the socket. Never try to pull out the plug by holding the wire.

Important Notes

1. Charge Battery When Needed: Insufficient battery power may affect the device's normal operation. Please charge the battery timely. You must use the special charger supplied to charge the device. For your safety, please disconnect the electrodes from the main unit before attempting to recharge the device.

Note: For maximum battery efficiency, charge the device only when the battery is completely drained for the first 2 times. Unplug charger from charging jack when charging is complete. When message strength decreases, it indicates that the device needs charging. Recharge it and then continue to use the device. Do not use the controller when charging.

2. Moisten Gel Pads Regularly: If the pads are not sticking well to your skin, or if the sensation under the pads are prickly during stimulation, that usually means the gel pads are too dry and need to be moistened. You can moisten the pads by dipping your fingers in a glass of plain water and rub some water onto the gel surface, wait about 10 seconds and then place the pads on your skin for treatment.

When To Replace Your Pads

Pads can be reused for approximately 100 times, depending on skin condition and proper storage of pads. When the pads do not stick onto your skin properly, or if the stimulation is prickly or needle like in sensation even after you moisten them as instructed above, you should replace the pads with new ones to ensure best comfort and effectiveness.

Replacement electrodes can be purchased from your supplier of the device or contact our customer service by email at dho@dhhonwe.com or by calling toll free 1-877-274-6669.

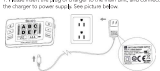
Attention: Do not use other unauthorized electrodes, the output current density may exceed 2 mA r.m.s./cm², which could be dangerous.

How To Charge The Lithium Battery

PTS—M is equipped with one Tool-less™ rechargeable lithium battery and need not to be exchanged and recharged. Only charge the battery with the equipped charger supplied. Use of other chargers may lessen the working life of the device or result in damage of device and could be dangerous.

Charging Method:

1. Please insert the plug of charger to the main unit, and connect the charger to power supply. See picture below.



2. The charging indicator light is on on the LCD battery icon flinks when charging. When the indicator light is off or the battery icon stops blinking, it means the unit is fully charged. Charge Off.

3. When charging the unit for the first time, please make sure the unit is fully charged.

4. Do not continue charging after the battery icon has stopped blinking. Continuous charging will affect the life of the device.

Q&A for Recharging the Lithium Battery

1. It will take about 1.5 hours to fully recharge the battery.

2. When unit is not in use, the average standby time with the power switch in either the "on" or "off" position is about 350 to 400 hours.

3. When fully charged, the unit can provide 10 to 20 hours of treatment (about 10 treatments at 40 minutes per treatment) depending on whether 1 or 2 pairs of electrodes are used.

4. Recharge the unit only when power is depleted for maximum battery life and efficiency.

5. Do not leave the unit depleted of power for more than 2 to 3 days. The battery needs to be recharged once it's depleted.

6. Keep the unit in a dry place to prevent corrosion and damage to the battery. Unit can be damaged if submerged in water or if water enters the unit for any reason.
Note: Unit damaged by water is not cover by warranty.

If you have any questions, please contact our customer service by email at dho@dhhonwe.com or by calling toll free 1-877-274-6669.

Cleaning & Storing The Main Unit

Cleaning

1. Turn unit off and disconnect the electrode wires from the pads.

2. Clean with a lightly moistened cloth or a cloth soaked in a mild cleaning solution and wipe.
Do not use chemicals like thinner, benzene).
Do not let water get into the internal area.

Storage

Store the device in a place where it is out of reach of children. Do not disassemble the unit without authorization.

After the unit has not been used for a long time, charge the battery before use.

Do not disassemble for repair without prior notification or you may void your warranty.

Product Problem Solving

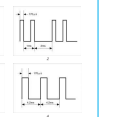
Problem	Reason (possible)	Solution
The device can't be turned on or there's no message displayed on the screen.	The battery power is too low to maintain the operation.	Charge the battery (Refer to page 14).
Tingling sensation or the sensation is abnormal in the device.	The electrode pads are not placed correctly.	Reposition the electrode pads.
	The electrode pads are worn out.	Replace the electrode pads.
	The contact surface between the electrode sheet and pads is not enough.	Moisten the pads and place them on the electrode sheet.
	The intensity setting is too high.	Decrease the intensity level.
Feeling the treatment pain when the device is first switched on.	The intensity level is too high.	Decrease the intensity level.
The intensity level of the device does not increase when pressing the + button.	The intensity level is already at the highest level.	Check if the intensity level is at the highest level.
	The electrode pads are worn out.	Replace the electrode pads.
The intensity level of the device fluctuates during treatment.	The connection between the electrode pads and the device is not secure.	Check if the connection is secure.
	The electrode pads are worn out.	Replace the electrode pads.

Technical Specifications

Power	DC 5 V
Power Consumption (Max. 2 mA r.m.s. load)	0.1 W (20 µA RMS)
Rated input power (Max. 2 mA r.m.s. load)	400 mW
Rated input power without load	80 mW (16 mA X 5 V)
Power cord (Output) Length (m)	1.5 m (5 ft)
Timer	20 min / 30 min / 40 min
Pulse shape wave	Biphasic rectangular wave
Battery specifications	Model: Lithium-ion polymer, Type: 18 x 65 x 2.5 mm, Capacity: 3.7 V, 1000 mAh, Cycle life: 500 times to 80% of capacity, Charging time: 1.5 hours (when unit is off), Charging current: 1 A
Pulse width	0.2 ms
Pulse frequency (Hz)	50 Hz (±5%) before calibration
Operation conditions	+10 °C to +40 °C, 30% to 75% RH
Electrical compliance	Type BF applied part, Class II, Internally powered ME equipment, Continuous operation

Waveforms Of Modes & Programs

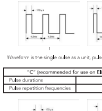
"A" (recommended for use on Deltoid)	
Pulse durations	170µs
Pulse repetition frequencies	10±1.25Hz



Waveform is the pulse group as a unit, pulse group frequency 10±1.25Hz.

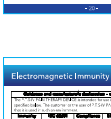
Waveforms Of Modes & Programs

"B" (recommended for use on Sciatica, Calf)	
Pulse durations	170µs
Pulse repetition frequencies	4±25Hz



Waveform is the single pulse as a unit, pulse group frequency 4±25Hz.

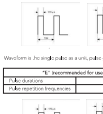
"C" (recommended for use on Elbow, Upper Arm)	
Pulse durations	170µs
Pulse repetition frequencies	40±25Hz



Waveform is the single pulse as a unit, pulse group frequency 40±25Hz.

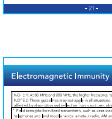
Waveforms Of Modes & Programs

"D" (recommended for use on Lower Back)	
Pulse durations	170µs
Pulse repetition frequencies	20±25Hz



Waveform is the single pulse as a unit, pulse group frequency 20±25Hz.

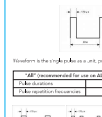
"E" (recommended for use on Knee)	
Pulse durations	170µs
Pulse repetition frequencies	1±1.25Hz



Waveform is the single pulse as a unit, pulse group frequency 1±1.25Hz.

Waveforms Of Modes & Programs

"F" (recommended for use on Hip & Thigh, Ankle & Foot)	
Pulse durations	170µs
Pulse repetition frequencies	10±1.25Hz



Waveform is the single pulse as a unit, pulse group frequency 10±1.25Hz.

"All" (recommended for use on All, the positions "A" to "F")	
Pulse durations	170µs
Pulse repetition frequencies	10±1.25Hz

Waveform is the pulse group as a unit, pulse group frequency 10±1.25Hz.

Electromagnetic Immunity

1. This product needs special precautions regarding EMC and needs to be installed and put into service according to the EMC information presented, and this unit can be affected by portable and mobile RF communications equipment.

2. Do not use a mobile phone or other devices that emit electromagnetic fields, near the unit. This may result in incorrect operation of the unit.

3. Caution: This unit has been thoroughly tested and inspected to assure proper performance and operation!

4. Caution: This machine should not be used adjacent to or stacked with other equipment and that if adjacent or stacked use is necessary, this machine should be observed to verify normal operation in the configuration in which it will be used.

5. Warning: The use of accessories, transducers and cables other than those specified, with the exception of transducers and cables sold by the MANUFACTURER of the PTS-DR PAIN THERAPY DEVICE as replacement parts for internal components, may result in increased emissions, or decreased immunity of the ME equipment or ME system.

Electromagnetic Immunity

Guidance and manufacturer's declaration – electromagnetic emissions

The PTS-DR PAIN THERAPY DEVICE is intended for use in the electromagnetic environment specified below. The customer or the user of the PTS-DR PAIN THERAPY DEVICE should assure that it is used in such an environment.

Emissions test	Compliance	Electromagnetic environment – guidance
		The PTS-DR PAIN THERAPY DEVICE uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Group 1	The PTS-DR PAIN THERAPY DEVICE must emit electromagnetic energy in order to perform its intended function. Nearby electronic equipment may be affected.
RF emissions CISPR 11	Class A	
Harmonic emissions IEC 61000-3-2	Class A	
Voltage fluctuations / flicker emissions IEC 61000-3-3	Complies	

Electromagnetic Immunity

Guidance and manufacturer's declaration – electromagnetic immunity

The PTS-DR PAIN THERAPY DEVICE is intended for use in the electromagnetic environment specified below. The customer or the user of the PTS-DR PAIN THERAPY DEVICE should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment – guidance
Conducted RF IEC 61000-4-6	3 Vrms 150 kHz to 80 MHz	3 Vrms	Portable and mobile RF communications equipment should be used no closer to any part of the PTS-DR PAIN THERAPY DEVICE, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter. **Recommended separation distance** 150 kHz to 800 MHz $d = 1.17\sqrt{P}$ 800 MHz to 2.5 GHz $d = 2.33\sqrt{P}$ Where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in meters (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey, should be less than the compliance level in each frequency range. Interference may occur in the vicinity of equipment marked with the following symbol:
Radiated RF IEC 61000-4-3	3 V/m 80 MHz to 2.5 GHz	3 V/m	

Electromagnetic Immunity

NOTE 1 At 80 MHz and 800 MHz, the higher frequency range applies.
NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

a Electromagnetic fields from transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the PTS-DR PAIN THERAPY DEVICE is used exceeds the applicable RF compliance level above, the PTS-DR PAIN THERAPY DEVICE should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the PTS-DR PAIN THERAPY DEVICE.

b Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.

Electromagnetic Immunity

Recommended separation distances between portable and mobile RF communications equipment and the PTS-DR PAIN THERAPY DEVICE

The PTS-DR PAIN THERAPY DEVICE is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the PTS-DR PAIN THERAPY DEVICE can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the PTS-DR PAIN THERAPY DEVICE as recommended below, according to the maximum output power of the communications equipment.

Rated maximum output power of transmitter [W]	Separation distance according to frequency of transmitter [m]		
	150 kHz to 80 MHz $d = 1.17\sqrt{P}$	80 MHz to 800 MHz $d = 1.17\sqrt{P}$	800 MHz to 2.5 GHz $d = 2.33\sqrt{P}$
0.01	0.117	0.117	0.233
0.1	0.369	0.369	0.738
1	1.17	1.17	2.33
10	3.69	3.69	7.38
100	11.70	11.70	23.30

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.
NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

Safety Precautions

The graphic warning symbols indicated below are for the purpose of ensuring the safe and correct use of the DR-HO'S Pain Therapy Device. Please take time to read this section to avoid personal harm to yourself and other parties through improper use of this product and its accessories.

Meaning/Symbol	Meaning
Danger	Indicates a hazard with a high level of risk which, if not avoided, could result in death or serious injury.
Warning	Indicates a hazard with a medium level of risk which, if not avoided, could result in death or serious injury.
Caution	Indicates a hazard with a low level of risk which, if not avoided, could result in minor or moderate injury.

Graphic Symbol	
	Means no prohibited operation. Please read the contents of the unit. The specific instructions will be indicated nearby the symbol.
	Means important notice. Please read the contents carefully. The specific instructions will be indicated nearby the symbol.
	Means important notice. Please read the contents carefully. The specific instructions will be indicated nearby the symbol.

Safety Precautions

Warnings

1. The therapeutic effects of chronic pain have not been proven.
2. Do not use on the head or across the front of the neck.
3. Do not use electrodes over your mouth or near the front and sides of neck. Severe spasm of these muscles may result in the contraction of the throat muscles that may close off your airway or cause difficulty in breathing. Do not use electrodes across your chest as the introduction of electrical current may affect the rhythm of your heart.
4. Do not apply over a pacemaker, defibrillator or other implanted metallic object.
5. Do not use while driving, operating machinery, boating, swimming or during any activity in which involuntary muscle contractions may put you at risk of injury.
6. Do not apply over open wounds or rashes.
7. Do not apply over the abdomen during pregnancy.
8. Do not apply over the heart as this could cause fibrillation.
9. Do not use if you have had recent surgery where muscle contraction may disrupt healing.
10. Do not use if you have a cancerous lesion.
11. Do not use if you have undiagnosed pain.
12. Do not use if you have a history of skin irritation or allergic reaction to adhesive materials.
13. Do not use if you have impaired sensation in the area to be stimulated.
14. Do not use if you have a cardiac pacemaker, implanted defibrillator or any other implanted electronic device.
15. Do not use if you have a known or suspected heart condition.
16. Do not use if you have epilepsy.
17. Do not use if you have diabetes.
18. Do not use if you have a bleeding disorder or are taking anticoagulant medication.
19. Do not use if you have impaired cognitive function or other mental disorders that may impair your ability to operate the device safely.
20. Do not use if you have a history of drug or alcohol abuse.
21. Do not use if you are pregnant.
22. Do not use if you have had a tubal ligation.
23. Do not use if you have had a hysterectomy.
24. Do not use if you have had a vasectomy.
25. Do not use if you have had a prostatectomy.
26. Do not use if you have had a mastectomy.
27. Do not use if you have had a lumpectomy.
28. Do not use if you have had a biopsy.
29. Do not use if you have had a cesarean section.
30. Do not use if you have had a dilation and curettage.
31. Do not use if you have had a dilation and evacuation.
32. Do not use if you have had a laparoscopy.
33. Do not use if you have had a colposcopy.
34. Do not use if you have had a cervical cerclage.
35. Do not use if you have had a cervical conization.
36. Do not use if you have had a cervical cryosurgery.
37. Do not use if you have had a cervical laser ablation.
38. Do not use if you have had a cervical loop electrosurgical excision procedure.
39. Do not use if you have had a cervical polypectomy.
40. Do not use if you have had a cervical punch biopsy.
41. Do not use if you have had a cervical radiofrequency ablation.
42. Do not use if you have had a cervical thermal ablation.
43. Do not use if you have had a cervical vaporization.
44. Do not use if you have had a colposcopy.
45. Do not use if you have had a cervical cryosurgery.
46. Do not use if you have had a cervical laser ablation.
47. Do not use if you have had a cervical loop electrosurgical excision procedure.
48. Do not use if you have had a cervical polypectomy.
49. Do not use if you have had a cervical punch biopsy.
50. Do not use if you have had a cervical radiofrequency ablation.
51. Do not use if you have had a cervical thermal ablation.
52. Do not use if you have had a cervical vaporization.

Safety Precautions

Contraindications

1. Do not use the device on patients who have a cardiac pacemaker, implanted defibrillator, or other medical implant. Electronic devices, because they may cause electrical shock hazard, electrical interference or death.
2. Do not use this device on patients who are not conscious or unresponsive.
3. Do not use this device during pregnancy.
4. Do not use this device on babies or infants or children without medical care.

Adverse Reactions

1. Patients may experience skin irritation and burns beneath the stimulation electrodes applied to the skin.
2. Patients may experience headaches and other painful sensations during or following the application of this device.
3. Persons would stop using the device and discontinue it with their physicians if they experience adverse reactions from the device.

Pain Management Warnings

If you use has medical or physical treatment for your pain, consult with your physician before using this device. Do not use this device unless directed to do so by a physician or unless a condition is present that the device is appropriate for and you consult with your physician. If severe existence of pain functions as a very important warning telling us that something is wrong. Therefore, if you suffer from any serious illness, know your physician's medical condition before using this device.

Warnings and Precautions Regarding the Pads

Pads suits a normal healthy dry skin of adult patients because it may otherwise disrupt the healing process. If you experience any irritation or redness after a session, do not continue with sessions but see a GP at the skin.

Safety Precautions

Never apply the pads to:

- The front any sides of neck or any area of the throat because this might cause severe irritation and possible swelling of the airway, difficulty in breathing, or adverse effects on your heart rate or blood pressure. Never try any pain relief treatment before consulting your physician.
- Diseased, damaged or irritated skin, such as infections, inflammation, or skin rashes.
- Both sides of the thorax simultaneously, head to head and body to arms as you could increase the risk of cardiac rhythm disturbances.
- Directly over the chest cavity, because ventricular fibrillation may result.
- Over open wounds.

Do not use the pads for any:

- Do not burn or cut the pads because this could may not function properly. Does on the electrical pad when not in use.
- Do not allow the pads to come in contact with the cords or to your skin because it will decrease the pads from functioning properly.
  - The pads are already irregular and will adhere to your skin.
  - The adhesive properties of the adhesive on the pads, put the pads back in the bottom or on the plastic pad sheet provided.
- Do not allow the pads to touch each other when stored onto your skin.
- Do not allow on your spine or face/skin.
- Pads should not be used over metal implant such as a hip joint replacement.
- Pads should not be placed transversely across the chest, as this may increase the risk of cardiac rhythm disturbances or fibrillation of the heart.
- Pads should not be placed on abdomen, as it may cause a stimulation on infection.
- Pads should not be placed on the genitals.
- Do not share or allow use the pads with more than one person.
- Do not use pads that have been damaged in any way (e.g. frayed) by pattern.
- Do not leave pads attached to the unit after treatment.

Safety Precautions

Caution with using the unit

- If the unit is not functioning properly or you feel discomfort, immediately stop using the device.
- Do not use the device when pain reason the result it is intended for.
- Do not make the electrode pads contact other than the unit and main unit.
- Do not use the device if it has grease substances on the skin, shorten the battery life.
- Do not pull on the electrode cord during treatment.
- Do not use the device while wearing electronic devices such as watches as it may damage the device.
- Do not use near a cell phone as this may cause the stimulator to malfunction.
- Do not bend or pull the end of the cord.
- When taking out the cord from the device, hold the plug and pull.
- Before or re-attached battery or charger.
- Do not use the device if the skin sensations may not be felt.
- Dispose of the device, batteries, and components according to applicable local regulations. Unused disposal may cause environmental pollution.
- Do not use any other type of pads may affect the safety and effectiveness of the device.
- The electrical performance characteristics of pacs may affect the safety and effectiveness of the device.
- Using pads that are too small or incorrectly applied, could result in discomfort or skin burns.

Safety Precautions

General Precautions

- This TENS unit is for symptomatic relief only and will not cure any disease.
- Application of electrodes to the chest may affect heart rhythm.
- Safety and effectiveness in stimulating the vagus nerve or across the head are not established.
- TENS is not a substitute for pain medications and other pain management therapies.
- TENS devices do not cure disease or injury.
- TENS is a symptomatic treatment and as such suppresses the sense of pain that would otherwise serve as a protective mechanism.
- Effectiveness is highly dependent upon correct selection by a practitioner qualified in the management of pain patients.
- The long term effectiveness for clinical use is dependent upon the clinical evaluation of the individual case.
- If you have suspected or diagnosed heart disease, you should follow precautions recommended by your physician.
- If you have suspected or diagnosed epilepsy, you should follow precautions recommended by your physician.
- Use caution if the device is intended to be used immediately following strenuous exercise.
- Safety and effectiveness for pediatric use have not been established.
- Use caution if electrodes are placed over areas of skin that lack sensation.
- Keeps unit away from unsupervised children.
- Use only the device with the leads, electrodes, and accessories recommended by your physician.
- Keep unit out of the reach of young children. The electrode cord can cause strangulation.

Symbols

Symbol	Meaning
	Attention, consult accompanying documents.
	Type BF Applied part
	CE Mark
	MANUFACTURER
	Do not dispose of this product as unsorted municipal waste. Separate collection is required. Contact your local authority or retailer for information concerning the correct disposal.
	AUTHORIZED REPRESENTATIVE IN THE EUROPEAN COMMUNITY
	Direct current
	Electrical equipment
	Keep dry
	Fragile, handle carefully

Contact Us

Customer Support

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