

IValex-2 Unflavored Nutritional Information

I-Valex-2 Powder / 14.1-oz (400-g) Can / 6 ct

Serving Size: 100 g Powder

Amount Per Serving % DV % RDI

Characteristics

Protein Equivalent Source: L-Amino Acids

Fat Source: High Oleic Safflower, Coconut and Soy Oils

Carbohydrate Source: Corn Syrup Solids

Nutrient Data

Protein Equivalent, g: 30.0

Fat, g: 13.0

Carbohydrate, g: 35.0

Linoleic Acid, mg: 2200

Linolenic Acid, mg: 225

L-Carnitine, mg: 1800

Calories: 410

Vitamins

Vitamin A, IU: 2200

Vitamin A, mcg RE: 660

Vitamin D, IU: 300

Vitamin D, mcg: 7.5

Vitamin E, IU: 18

Vitamin E, mg alpha-TE: 12.1

Vitamin K, mcg: 60

Thiamin (Vitamin B1), mg: 3.3

Riboflavin (Vitamin B2), mg: 1.8

Vitamin B6, mg: 1.3

Vitamin B12, mcg: 5.0

Niacin, mg: 16

Niacin, mg NE: 21.7

Folic Acid (Folacin), mcg: 430

Pantothenic Acid, mg: 8.0

Biotin, mcg: 100

Vitamin C (Ascorbic Acid), mg: 60

Choline, mg: 100

Inositol, mg: 70

Minerals

Calcium, mg: 880

Phosphorus, mg: 760

Magnesium, mg: 225

Iron, mg: 13

Zinc, mg: 13

Manganese, mg: 0.8

Copper, mg: 1.0

Iodine, mcg: 100

Selenium, mcg: 35

Chromium, mcg: 27

Molybdenum, mcg: 30

Sodium, mg: 880

Sodium, mEq: 38.3

Potassium, mg: 1370

Potassium, mEq: 35.0

Chloride, mg: 940

Chloride, mEq: 26.5