

Dedicated to Delivery
Nasco **Life/form**®

**NG Tube and Trach
Skills Trainer
LF01174U
Instruction Manual**

ISO 9001 and
ISO 13485
Nasco Plastics
ISO 9001 and ISO 13485
Products are manufactured using a quality management system
certified as being in conformity with ISO 9001 and ISO 13485.



Life/form® Products by Nasco

Life/form®
5
Year
Warranty

The Nasco **Life/form**® NG Tube and Trach Skills Trainer offers students realistic experience in the insertion and management of both the nasogastric tube and tracheostomy tube. Endotracheal intubation may also be performed, as well as many other procedures involving the mouth, nose, and throat.

List of Components

- NG Tube and Trach Skills Trainer
- Clamp
- 125 ml Squirt Bottle
- Pump Spray Lubricant

A. Setting Up the Trainer

1. Remove the back panel.
2. Detach the squeeze bulb from the pulse tubing. Feed the plastic connector out the upper hole in the torso's right side. Reattach the squeeze bulb.
3. Feed the stomach tubing out the lower hole. Attach the tubing clamp.
4. Replace the back panel.

B. Training with the NG Tube

1. Always lubricate the tube with plenty of water-based lubricant before insertion. **Nasco recommends a size 6 NG tube.**
2. When simulating feeding procedures, Nasco recommends using plain water.
3. Be sure the stomach drain tubing is clamped shut before administering fluids.
4. Once fluids are in the stomach, they may be suctioned out or drained via the tubing and clamp.

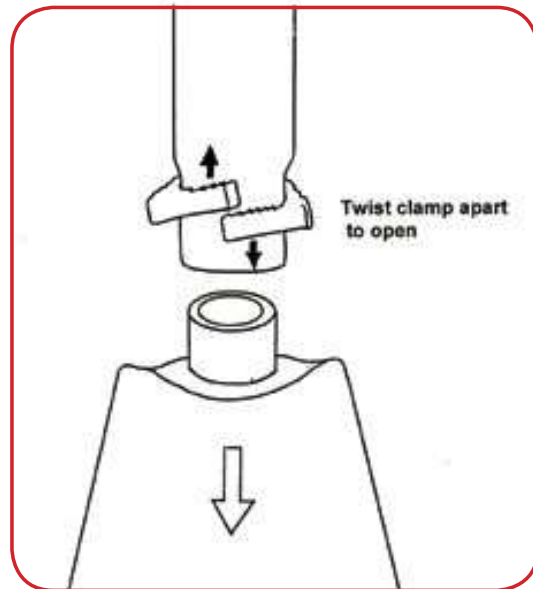


Figure 1

5. To prevent damage to the tubing, be sure to open the stomach drain clamp fully before storing the trainer.
6. Always drain the stomach completely and allow to air-dry before storing the trainer. This is easily done by removing the back panel and disconnecting the stomach bag from the esophagus. (**See figure 1.**)

C. Training with the Tracheostomy Tube

1. The tracheostomy tube should be coated with plenty of water-based lubricant before insertion. **Use only a size 6 French tracheostomy tube** (LF01170U sold separately).
2. The trachea may be suctioned. For added realism, mix methyl cellulose with water to the desired consistency to simulate tracheal secretions. Be sure to rinse and drain the airway thoroughly afterward.

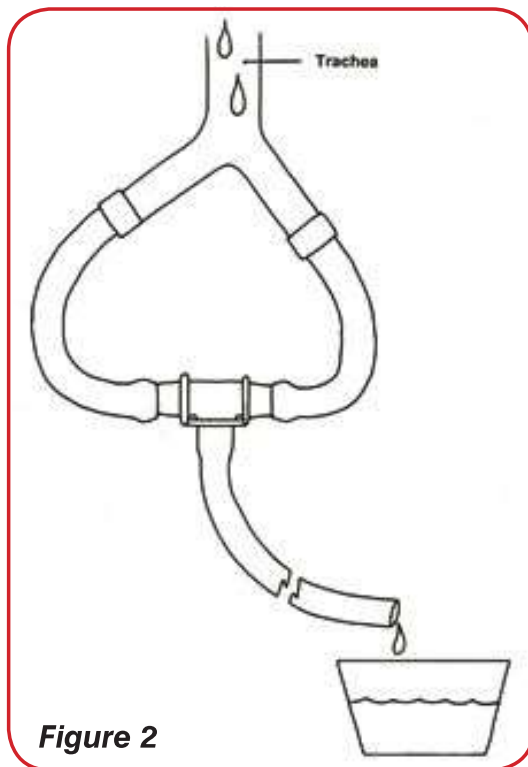


Figure 2

D. Training with an ET Tube

1. The trainer will also accept a small adult endotracheal tube. **Nasco recommends a size 6 mm ET tube.** Always lubricate the airway and the tube with the spray provided before starting any procedures.

E. Care of the Trainer

1. Do not allow the skin to come in contact with any printed material, including marker and ball-point pen; inks will be absorbed, resulting in a permanent stain.
2. Everyday soil may be removed with warm soapy water and a clean cloth. For stubborn soil, use Nasco Cleaner (LF09919U; sold separately).
3. Be sure all parts of the trainer are clean and dry before storage.

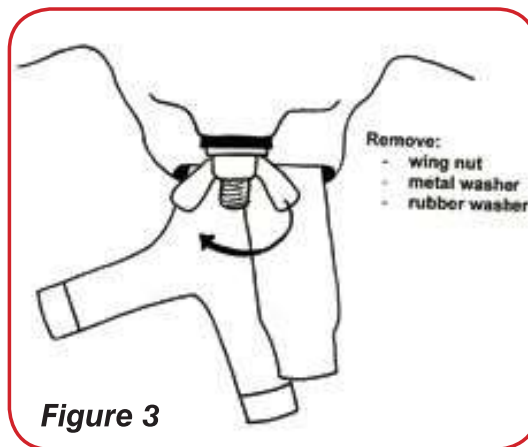


Figure 3

4. To clean the airway, remove the back panel and disconnect the lungs, replacing them with the drainage tubing. (**See figure 2.**) Arrange the trainer so the tubing empties into a sink or basin. Rinse the airway thoroughly; the squirt bottle provided and a soft, flexible brush may be helpful for hard-to-reach areas. Allow all components to dry completely before storing the trainer.
5. Most cleaning can be done with the trainer fully assembled. If you must remove the head:
 - a. Remove the back panel and disconnect the stomach and lungs.
 - b. From the inside, remove the wing nut and washers that hold the neck to the body. (**See figure 3.**)
 - c. Remove the entire head assembly.
 - d. To replace the head, reverse these steps, feeding the throat through the large hole and the bolt through the small hole. Position the esophagus slightly to one side of the trachea.

- e. Replace the rubber washer, metal washer, and wing nut in that order, and fasten securely. Reconnect the lungs and stomach.
6. Exposure to extreme heat may result in deformation of the torso. Whenever possible, avoid leaving the trainer in hot environments, such as a car trunk, for long periods of time. If distortion does occur, gentle heating should restore the torso to its original shape.

**Supplies/Replacement Parts for
Life/form® NG Tube and Trach
Skills Trainer:**

LF01170U	Adult Tracheostomy Tube
LF03644U	Pump Spray Lubricant
LF03774U	Methyl Cellulose
LF09919U	Nasco Cleaner
LF01137U	Utility Bag, Large
LF01174(A)U	Replacement Lungs
LF01174(B)U	Replacement Stomach
LF03465U	Hard Carry Case
LF03466U	Soft Carry Case

Actual product may vary slightly from photo. Nasco reserves the right to change product color, materials, supplies, or function as needed.

Other Available *Life/form*® Simulators

- LF01042U** Suture Kit
- LF00994U** Cricothyrotomy Simulator
- LF01083U** Tracheostomy Care
- LF01142U** Auscultation Trainer
- LF01159U** Patient Education Tracheostomy Care Set
- LF01167U** Infant Tracheostomy Care Manikin
- LF01168U** Adult Tracheostomy Care Manikin
- LF01193U** Special Needs Baby
- LF03601U** Adult Airway Management Trainer with Stand

- LF03609U** Child Airway Management Trainer with Stand
- LF03623U** Infant Airway Management Trainer with Stand
- LF03633U** Child Airway Management Trainer Torso
- LF03699U** "Airway Larry" Airway Management Trainer
- LF04000U** *GERi*™/*KERi*™ Manikin Series



LF01193U

LF01159U



LF00994U



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