

## EleCare Jr Vanilla Powder Nutrition Information

EleCare Jr Vanilla Powder / 14.1-oz (400-g) Can / 6 ct

**Serving Size:** 100 g Powder

Amount Per Serving	% DV	% RDI
<b>Nutrient Data</b>		
<b>Volume, mL:</b>		
<b>Protein Equivalent, g:</b> 14.3		
<b>Fat, g:</b> 22.7		
<b>Carbohydrate, g:</b> 49.3		
<b>Linoleic Acid, mg:</b> 3939		
<b>Osmolality, mOsm/kg H2O:</b>		
<b>Calories:</b> 469		
<b>Vitamins</b>		
<b>Vitamin A, IU:</b> 1280		
<b>Vitamin A, mcg RE:</b> 384		
<b>Vitamin D, IU:</b> 281		
<b>Vitamin D, mcg:</b> 7.0		
<b>Vitamin E, IU:</b> 9.71		
<b>Vitamin K, mcg:</b> 60		
<b>Thiamin (Vitamin B1), mcg:</b> 985		
<b>Riboflavin (Vitamin B2), mcg:</b> 495		
<b>Vitamin B6, mcg:</b> 393		
<b>Vitamin B12, mcg:</b> 2.0		
<b>Niacin, mcg:</b> 7878		
<b>Folic Acid (Folacin), mcg:</b> 139		
<b>Pantothenic Acid, mcg:</b> 1974		
<b>Biotin, mcg:</b> 19.9		
<b>Vitamin C (Ascorbic Acid), mg:</b> 42.5		
<b>Choline, mg:</b> 140		
<b>Inositol, mg:</b> 23.6		
<b>Minerals</b>		
<b>Calcium, mg:</b> 543		
<b>Calcium, mEq:</b> 27.2		
<b>Phosphorus, mg:</b> 395		
<b>Magnesium, mg:</b> 74		
<b>Iron, mg:</b> 8.3		
<b>Zinc, mg:</b> 5.4		
<b>Manganese, mcg:</b> 601		
<b>Copper, mcg:</b> 601		
<b>Iodine, mcg:</b> 41.6		

**Selenium, mcg:** 12.5  
**Chromium, mcg:** 10.9  
**Molybdenum, mcg:** 12.3  
**Sodium, mg:** 212  
**Sodium, mEq:** 9.2  
**Potassium, mg:** 706  
**Potassium, mEq:** 18.0  
**Chloride, mg:** 281  
**Chloride, mEq:** 7.9

**Serving Size:** 1 L (prepared at 30 Cal/fl oz)\*

Amount Per Serving	% DV	% RDI
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**Nutrient Data**

**Volume, mL:** 1000  
**Protein Equivalent, g:** 31  
**Fat, g:** 49.1  
**Carbohydrate, g:** 106.7  
**Linoleic Acid, mg:** 8520  
**Osmolality, mOsm/kg H<sub>2</sub>O:** 590  
**Calories:** 1014

**Vitamins**

**Vitamin A, IU:** 2769  
**Vitamin A, mcg RE:** 830  
**Vitamin D, IU:** 608  
**Vitamin D, mcg:** 15.2  
**Vitamin E, IU:** 21  
**Vitamin K, mcg:** 130  
**Thiamin (Vitamin B1), mcg:** 2130  
**Riboflavin (Vitamin B2), mcg:** 1070  
**Vitamin B6, mcg:** 850  
**Vitamin B12, mcg:** 4.3  
**Niacin, mcg:** 17040  
**Folic Acid (Folacin), mcg:** 300  
**Pantothenic Acid, mcg:** 4270  
**Biotin, mcg:** 43  
**Vitamin C (Ascorbic Acid), mg:** 92  
**Choline, mg:** 303  
**Inositol, mg:** 51

**Minerals**

**Calcium, mg:** 1174  
**Calcium, mEq:** 58.7  
**Phosphorus, mg:** 854  
**Magnesium, mg:** 160  
**Iron, mg:** 18  
**Zinc, mg:** 11.7

**Manganese, mcg:** 1300

**Copper, mcg:** 1300

**Iodine, mcg:** 90

**Selenium, mcg:** 27

**Chromium, mcg:** 23.5

**Molybdenum, mcg:** 26.5

**Sodium, mg:** 459

**Sodium, mEq:** 20.0

**Potassium, mg:** 1526

**Potassium, mEq:** 39.0

**Chloride, mg:** 608

**Chloride, mEq:** 17.0

\* Nutrient values are applicable when prepared as directed.