### **FABRICATION ENTERPRISES INCORPORATED**











#### **ABOUT THE MANUFACTURER OF CANDO:**

(FEI) Fabrication Enterprises Incorporated has just celebrated its 35th year in business. From the first day of business over 35 years ago until now, Fabrication Enterprises has continually sought to bring Clinically Effective, High Quality Products to the Health Care Professional.

Through constant dedication to the clinician, listening to the needs of therapists and patients, and continually improving customer service and product availability, Fabrication Enterprises has grown to be one of the largest producers/suppliers to the Physio/Rehab market in the USA. Based in White Plains, New York, Fabrication Enterpises is now well positioned to be a major supplier to the needs of the Global Physio/Rehab market.



These High Quality Brands produced by Fabrication Enterprises are now Globally available:

- CANDO® Exercise Band, Tubing, Balls, Vestibular Products, and Accessories (this catalog)
- CANDO® Theraputty™ Exercise Putty (this catalog)
- BASELINE® Measurement Instruments
- RELIEF PAK® Hot and Cold Products
- SKILLBUILDERS® Positioning Products
- WAXWEL™ Paraffin Baths and Refills
- CUFF®, POUCH™ and SOFTGRIP™ Exercise Weights (this catalog)
- DIPSTERS® Patientwear

Want to know more? We hope so! Please contact us for any additional information and pricing. You may reach us at:

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#### **LOW POWDER EXERCISE BANDS**

LEKL-TOO DISLEINSEK	PERF-	100	DISPENSER
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10-5191	X-Light	Yellow
10-5192	Light	Red
10-5193	Medium	Green
10-5194	Heavy	Blue
10-5195	X-Heavy	Black

50 YARD CONTINUOUS DISPENSER			
10-5220	XX-Light	Tan	
10-5221	X-Light	Yellow	
10-5222	Light	Red	
10-5223	Medium	Green	
10-5224	Heavy	Blue	
10-5225	X-Heavy	Black	
10-5226	XX-Heavy	Silver	
10-5227	XXX-Heavy	Gold	
10-5228	Set with Yel Re	ed Gre Blu Blk	

#### **6 YARD CONTINUOUS DISPENSER**

10-5210	XX-Light	Tan
10-5211	X-Light	Yellow
10-5212	Light	Red
10-5213	Medium	Green
10-5214	Heavy	Blue
10-5215	X-Heavy	Black
10-5216	XX-Heavy	Silver
10-5217	XXX-Heavy	Gold
10-5218	Set with Yel Re	d Gre Blu Blk

#### 40-PIECE 1.2M (4') DISPENSER

10-5240	XX-Light	Tan
10-5241	X-Light	Yellow
10-5242	Light	Red
10-5243	Medium	Green
10-5244	Heavy	Blue
10-5245	X-Heavy	Black
10-5246	XX-Heavy	Silver
10-5247	XXX-Heavy	Gold
10-5248	Set with Yel Re	d Gre Blu Blk

#### SINGLE 1.2M (4') EXERCISER

10-5200	XX-Light	Tan
10-5201	X-Light	Yellow
10-5202	Light	Red
10-5203	Medium	Green
10-5204	Heavy	Blue
10-5205	X-Heavy	Black
10-5206	XX-Heavy	Silver
10-5207	XXX-Heavy	Gold
10-5208	Set with Yel Red Gre Blu Blk	
DEDIN DA CI		

#### PEPTM PACK

10-5280 Easy

Yellow Red

10-5282 Moderate:

10-5284 Challenging:

Black Silver Gold



#### **LOW POWDER EXERCISE BANDS**

- an economy solution for upper and lower body exercise
- lightweight, compact and portable
- durable
- effective when used alone, or with handles and anchors
- color-coded according to the exercise band's resistance
- Cando®is licensed to use the Thera-Band®color sequence
- so resistance level is easily identified
- uniform width each band is 5" wide
- available in 8 levels of resistance
- time-tested and user-tested in clinics since 1987



- economy bulk size roll is best value
- easy to dispense; just pull and separate
- 60 5-foot perfect-size pieces for all exercises



#### **40 PIECE DISPENSER**

- box dispenses individually wrapped bands for ease of use
- 40 bands per box
- 1.2 meter



#### SINGLE EXERCISER

- pre-cut 4 foot bands
- individually wrapped



#### PEPTM PACK

- used for a complete progressive resistance program
- illustrated instruction chart



### No Latex Exercise Bands

10-5691

10-5692

10-5693

10-5694

10-5695



#### NO LATEX EXERCISE BANDS

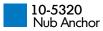
- used in clinics for rehabilitation, conditioning and training
- available in 8 strengths to allow for progressive exercise
- color-coded according to the exercise band's resistance level
- identifiable as "no latex" by checkered pattern on packaging
- effective when used alone or with handles, anchors and stirrups
- specially formulated to mimic the stretch characteristics of latex band
- each band is 5" wide





- thread band through strap, pull to secure
- firm foam grip handle





- loop at one end, nub at other end
- place in doorway, close door to secure
- use with wall pulley system

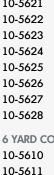


- 10-5325 Disc Anchor
- loop at one end, disc at other end
- place in doorway, close door to secure
- use with wall pulley system



10-5310 Stirrup Anchor

double loop; place band through one loop, other loop around stationary object



#### X-Light Yellow Light Medium

X-Heavy

#### **50 YARD CONTINUOUS DISPENSER**

Heavy

**NO LATEX EXERCISE BANDS** 

PERF-100 DISPENSER

10-5620 XX-Light Tan 10-5621 X-Light Yellow Light Medium Green Heavy Blue X-Heavy Black XX-Heavy Silver XXX-Heaw Set with Yel Re

#### **6 YARD CONTINUOUS DISPENSER**

XX-Light Tan X-Light Yellow 10-5612 Liaht 10-5613 Medium 10-5614 Heavy 10-5615 X-Heavy 10-5616 XX-Heavy Silver 10-5617 XXX-Heavy 10-5618 Set with Yel Red Gre

#### 40-PIECE 1.2M (4') DISPENSER

10-5640 XX-Light Tan 10-5641 Yellow X-Liaht 10-5642 Light 10-5643 Medium 10-5644 Heavy 10-5645 X-Heavy 10-5646 XX-Heavy Silver 10-5647 XXX-Heavy 10-5648 Set with Yel Red Gre

#### SINGLE 1.2M (4') EXERCISER

10-5600 XX-Light Tan 10-5601 Yellow X-Light 10-5602 Light 10-5603 Medium 10-5604 Heavy 10-5605 X-Heavy Blac 10-5606 XX-Heavy Silver 10-5607 XXX-Heavy Gold 10-5608 Set with Yel Red Gre

#### **EXERCISE BAND ACCESSORIES**

10-5330 Handle Pair 10-5320 Nub Anchor Ea 10-5325 Disc Anchor Ea 10-5310 Stirrup Anchor Ea 10-5336 Sports Handle X-Long 30cm (12")

# AccuForce™ Band and Band Racks

#### ACCUFORCE™ BAND

#### **50 YARD CONTINUOUS DISPENSER**

10-5921	X-Light	Yellow
10-5922	Light	Red
10-5923	Medium	Green
10-5924	Heavy	Blue
10-5925	X-Heavy	Black
10-5928	Sat with Val Ray	Gra Blu Blk

#### **6 YARD CONTINUOUS DISPENSER**

10-5911	X-Light	Yellow
10-5912	Light	Red
10-5913	Medium	Green
10-5914	Heavy	Blue
10-5915	X-Heavy	Black
10-5018	Sot with Val Pa	d Gro Blu Blk

#### 40-PIECE 1.2M (4') DISPENSER

10-5941	X-Light	Yellow
10-5942	Light	Red
10-5943	Medium	Green
10-5944	Heavy	Blue
10-5945	X-Heavy	Black
10-5948	Set with Yel Re	d Gre Blu Blk

#### SINGLE 1.2M (4') EXERCISER

10-5901	X-Light	Yellow
10-5902	Light	Red
10-5903	Medium	Green
10-5904	Heavy	Blue
10-5905	X-Heavy	Black
10-5908	Set with Yel Re	ed Gre Blu Blk

#### **LIGHTWEIGHT CANDO® BAND RACKS**

RACK ONLY

10-5104 Single Rack (Holds 5 Rolls)10-5105 Duplex Rack (Holds 10 Rolls)

#### RACK W/ 50-YARD CANDO® BAND ROLL SET

10-5229 Rack W/ 5 Rolls Low Powder

Band

**10-5629** Rack W/ 5 Rolls No Latex

Band

10-5949 Rack W/ 5 Rolls AccuForce®

Band

Sets Come with 1 Each Of Yel Red Gre Blu Blk

10-5106 Scissors

#### **CANDO® DELUXE DISPENSER RACK**

**10-5111** 5 Roll Capacity



#### **ACCUFORCE™ BAND**

- know how much force is used when exercising
- simple to use:
  - · stretch Cando® AccuForce™ exercise band
  - $\cdot$  when a rectangle forms a square, the force indicated on the square has been exerted
  - allows for 20 measurable levels of progressive exercise therapy (4 levels for each of 5 resistances
  - $\cdot$  each level has four indicators that show 50%, 100%, 150%, and 200% elongation
- AccuForce<sup>™</sup> band is 5" wide
- made of high quality latex



#### LIGHTWEIGHT CANDO® BAND RACKS

- lightweight, stackable plastic rack holds 5 50-yard rolls of resistive exercise band
- rod-in-tube technology facilitates smooth dispensing



# Cando Loops



#### **CANDO® LOOPS**

- made of high quality latex exercise band pre-formed into a loop
- can be used to perform upper and lower body exercises
- lengths represent loop when flat, 10" loop is equivalent to 20" of flat band cut and tied in a knot
- loops are 3" wide
- FULL BODY SET contains 10", 15" and 30" loop of specified level for full-body workout

#### CANDO® LOOPS

CANDO <sup>®</sup>	LOOPS			
INDIVIDU	AL LOOPS 15"			
10-5251	10-5261	X-Light	Yellow	
10-5252	10-5262	Light	Red	
10-5253	10-5263	Medium	Green	
10-5254	10-5264	Heavy	Blue	
10-5255	10-5265	X-Heavy	Black	
10-5256	10-5266	XX-Heavy	Silver	
10-5257	10-5267	XXX-Heav	yGold	
30"	FULL BOD	Y SET		
10-5291	10-5841	X-Light	Yellow	
10-5292	10-5842	Light	Red	
10-5293	10-5843	Medium	Green	
10-5294	10-5844	Heavy	Blue	
10-5295	10-5845	X-Heavy	Black	
10-5296	10-5846	XX-Heavy	Silver	
10-5297	10-5847	XXX-Heav	yGold	
PEP+™ EXERCISE KITS				
10-5470	Easy	/		
	Yello	ow Red Gre	een	
10-5472		derate:		
	Green Blue Black			
10-5474	Challenging: Black Silver Gold			
	Blac	k sliver GC	DIG .	

## Exercise Tubing

#### CANDO LOW POWDER EXERCISE TUBING

100 FOOT BOX			
10-5520	XX-Light	Tan	
10-5521	X-Light	Yellow	
10-5522	Light	Red	
10-5523	Medium	Green	
10-5524	Heavy	Blue	
10-5525	X-Heavy	Black	
10-5526	XX-Heavy	Silver	
10-5527	XXX-Heavy	Gold	

Set with Yel Red Gre Blu Bl

#### 25 FOOT BAG

10-5529

2010012/10		
10-5510	XX-Light	Tan
10-5511	X-Light	Yellow
10-5512	Light	Red
10-5513	Medium	Green
10-5514	Heavy	Blue
10-5515	X-Heavy	Black
10-5516	XX-Heavy	Silver
10-5517	XXX-Heavy	Gold
10-5519	Set with Yel Re	d Gre Blu Blk

#### PEP™ 1.8M (6') PACK

**10-5380** Easy

Yellow Red Green

**10-5382** Moderate:

Green Blue Bla

10-5384 Challenging:

Black Silver Gold

#### CANDO NO LATEX EXERCISE TUBING

#### 100 FOOT BOX

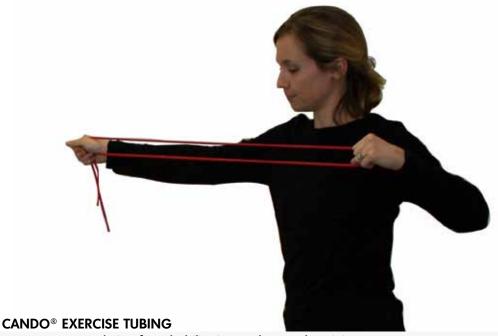
10-5720	XX-Light	Tan
10-5721	X-Light	Yellow
10-5722	Light	Red
10-5723	Medium	Green
10-5724	Heavy	Blue
10-5725	X-Heavy	Black
10-5726	XX-Heavy	Silver
10-5727	XXX-Heavy	Gold
10-5729	Set with Yel Re	d Gre Blu Blk

#### 25 FOOT BAG

25 1001 BAO		
10-5710	XX-Light	Tan
10-5711	X-Light	Yellow
10-5712	Light	Red
10-5713	Medium	Green
10-5714	Heavy	Blue
10-5715	X-Heavy	Black
10-5716	XX-Heavy	Silver
10-5717	XXX-Heavy	Gold
10-5719	Set with Yel Re	d Gre Blu Blk

#### **TUBING ACCESSORIES**

10-5330	Handle Pair
10-5320	Nub Anchor Ea
10-5325	Disc Anchor Ea
10-5310	Stirrup Anchor Ea



- an economy solution for rehabilitation and strength training
- use for upper and lower body exercises
- lightweight, compact and portable
- time-tested and user-tested in clinics since the late 1980s
  - durable
- effective when used alone, or with handles and anchors
- color-coded to indicate resistance level
- Cando® is licensed to use the Thera-Band™ color sequence, so resistance level is easily identified

10-5320

Nub Anchor

- available in 8 levels of resistance
- available in both low powder (latex) and latex free formulas



10-5330

thread band or tubing through strap and secure



loop at one end, nub at other end



loop at one end, disc at other end

10-5325

Disc Anchor





double loop; thread band through one loop, place other loop around staionary object



# Exercise Tubing and BowTie<sup>TM</sup> Exerciser



#### **CANDO® LOW POWDER EXERCISE TUBING**

- preassembled Cando® Tubing-with-Handles™ exercisers available in three sizes to accommodate upper and lower body workouts
- lightweight, compact and portable
- perform strengthening workouts on-the-go, even in your hotel room!
- two durable foam covered plastic handles for comfort and a firm grip
- made with high quality latex Cando® tubing
- FULL BODY SET contains 18", 36" and 48" tubing; for total body workout



#### CANDO® BOWTIE™ EXERCISER

- preassembled Cando® BowTie™ exercisers are lightweight, take up minimal room and are portable
- color coded to indicate resistance level
- two durable foam covered handles for comfort and a firm grip
- made with high quality latex Cando<sup>®</sup> tubing
- used for strength training, conditioning and rehabilitation
- FULL BODY SET contains 14", 22" and 30" tubing; for total body workout

TUBING-WITH-HA	NDLES <sup>TM</sup> EX	ERCISERS
18" 36"		
10-5540 10-555	<b>0</b> XX-Light	Tan
10-5541 10-555	1 X-Light	Yellow
10-5542 10-555	2 Light	Red
10-5543 10-555	3 Medium	Green
10-5544 10-555	<b>4</b> Heavy	Blue
10-5545 10-555	<b>5</b> X-Heavy	Black
10-5546 10-555	<b>6</b> XX-Heavy	y Silver
48" FULL BO	DDY SETS	
10-5560 10-582	0 XX-Light	Tan
10-5561 10-582	1 X-Light	Yellow
10-5562 10-582	2 Light	Red
10-5563 10-582	3 Medium	Green
10-5564 10-582	<b>4</b> Heavy	Blue
10-5565 10-582	5 X-Heavy	Black
10-5566 10-582	6 XX-Heav	/ Silver
MULTIPLE RESISTA	NCE CETC	
		ed Gre Blu Blk
		ed Gre Blu Blk
		ed Gre Blu Blk
	ody Set	ed Ole blo blk
10-3027	,	ed Gre Blu Blk
DOMESTIN EVED CH	CED	
BOWTIETM EXERCIS	SER	
		Tan
14" 22"	O XX-Light	Tan Yellow
14" 22" 10-5570 10-558	0 XX-Light 1 X-Light	-
14" 22" 10-5570 10-558 10-5571 10-558	0 XX-Light 1 X-Light 2 Light	Yellow
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558	0 XX-Light 1 X-Light 2 Light 3 Medium	Yellow Red
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy	Yellow Red Green
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy	Yellow Red Green Blue Black
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5575 10-558 10-5576 10-558	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy	Yellow Red Green Blue Black
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5575 10-558 10-5576 10-558	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy	Yellow Red Green Blue Black / Silver
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5575 10-558 10-5576 10-558	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy DDY SETS 0 XX-Light	Yellow Red Green Blue Black
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5575 10-558 10-5576 10-558 30" FULL BC	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy DDY SETS 0 XX-Light 1 X-Light	Yellow Red Green Blue Black Silver
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5576 10-558 30" FULL BC 10-5590 10-583 10-5591 10-583 10-5592 10-583	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy DDY SETS 0 XX-Light 1 X-Light	Yellow Red Green Blue Black / Silver  Tan Yellow Red
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5576 10-558 30" FULL BC 10-5590 10-583 10-5591 10-583 10-5592 10-583 10-5593 10-583	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy DDY SETS 0 XX-Light 1 X-Light 2 Light 3 Medium	Yellow Red Green Blue Black / Silver  Tan Yellow Red Green
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5576 10-558 10-5576 10-558 10-5590 10-583 10-5591 10-583 10-5592 10-583 10-5593 10-583 10-5594 10-583	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 10 XX-Light 1 X-Light 1 Light 2 Light 3 Medium 4 Heavy	Yellow Red Green Blue Black / Silver  Tan Yellow Red Green Blue
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5576 10-558 10-5576 10-558 10-5590 10-583 10-5591 10-583 10-5592 10-583 10-5593 10-583 10-5594 10-583 10-5595 10-583	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy DDY SETS 0 XX-Light 1 X-Light 2 Light 3 Medium	Yellow Red Green Blue Black Y Silver  Tan Yellow Red Green Blue Black
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5576 10-558 10-5576 10-558 10-5590 10-583 10-5591 10-583 10-5592 10-583 10-5593 10-583 10-5594 10-583 10-5595 10-583 10-5596 10-583	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 1 X-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy	Yellow Red Green Blue Black Y Silver  Tan Yellow Red Green Blue Black
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5576 10-558 10-5576 10-558 10-5590 10-583 10-5591 10-583 10-5592 10-583 10-5593 10-583 10-5594 10-583 10-5595 10-583 10-5596 10-583	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 10 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy	Yellow Red Green Blue Black / Silver  Tan Yellow Red Green Blue Black / Silver
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5576 10-558 10-5576 10-558 10-5590 10-583 10-5591 10-583 10-5592 10-583 10-5594 10-583 10-5595 10-583 10-5596 10-583 MULTIPLE RESISTA	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 10 XX-Light 1 X-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy	Yellow Red Green Blue Black Y Silver  Tan Yellow Red Green Blue Black Y Silver
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5575 10-558 10-5576 10-558 10-5590 10-583 10-5591 10-583 10-5592 10-583 10-5594 10-583 10-5595 10-583 10-5596 10-583 MULTIPLE RESISTA 10-5579 18" Sc 10-5589 36" Sc	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 1 X-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 6 XX-Heavy 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 6 XX-Heavy 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 6 XX-Heavy 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 1 X-Light 6 XX-Heavy 1 X-Light 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy	Yellow Red Green Blue Black / Silver  Tan Yellow Red Green Blue Black / Silver
14" 22" 10-5570 10-558 10-5571 10-558 10-5572 10-558 10-5573 10-558 10-5574 10-558 10-5576 10-558 10-5576 10-558 30" FULL BC 10-5590 10-583 10-5591 10-583 10-5592 10-583 10-5593 10-583 10-5594 10-583 10-5596 10-583 MULTIPLE RESISTA 10-5579 18" Sc 10-5589 36" Sc 10-5599 48" Sc 10-5599 48" Sc	0 XX-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 1 X-Light 1 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 6 XX-Heavy 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 6 XX-Heavy 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 1 X-Light 6 XX-Heavy 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 1 X-Light 6 XX-Heavy 1 X-Light 1 X-Light 1 X-Light 2 Light 2 Light 3 Medium 4 Heavy 5 X-Light 2 Light 3 Medium 4 Heavy 5 X-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy 6 XX-Heavy	Yellow Red Green Blue Black Y Silver  Tan Yellow Red Green Blue Black Y Silver

# Bungee Cord Exercisers and Pain Relief

#### **BUNGEE EXERCISE CORDS**

4'	7'		
10-5810	10-5800	XX-Light	Tan
10-5811	10-5801	X-Light	Yellow
10-5812	10-5802	Light	Red
10-5813	10-5803	Medium	Green
10-5814	10-5804	Heavy	Blue
10-5815	10-5805	X-Heavy	Black
10-5816	10-5806	XX-Heavy	Silver
10-5817	10-5807	XXX-Heav	/Gold

#### **MULTIPLE RESISTANCE SETS**

10-5819	4'	Set	with	Yel	Red	Gre	Blu	Blk	
10-5809	7'	Set	with	Yel	Red	Gre	Blu	Blk	

#### **BUNGEE EXERCISE ACCESSORIES**

10-3221	Webbing Strap
10-3220	Foam Padded Handle
12-0422	Adjustable Large Strap 23"
12-0420	Adjustable Medium Strap 17
12-0424	Adjustable Small Strap 14"
12-0427	Adjustable Shoulder Harness
12-0429	Adjustable Head Harness
10-5150	Door Mount
10-5152	Wall Mount

#### **TUBING WITH CUFFS EXERCISERS**

10-5760	XX-Light	Tan	
10-5761	X-Light	Yellow	
10-5762	Light	Red	
10-5763	Medium	Green	
10-5764	Heavy	Blue	
10-5765	X-Heavy	Black	
10-5766	XX-Heavy	Silver	
10-5767	XXX-Heavy	Gold	
10-5769	Set with Yel Re	d Gre Blu Blk	
CHOULDED DELIAD & DAINI WITC			

#### SHOULDER REHAB & PAIN KITS

10-5160 Shoulder Rehab & Pain Kit

#### **GENERAL REHAB & PAIN RELIEF KITS**

10-5161 Light 10-5162 Moderate

#### **TARGETED REHAB KITS**

Includes Cando Exerciser, Cold Spot Topical Relief

10-5165	Lower Back
10-5166	Shoulder
10-5167	Neck / Cervi
10-5168	Knee/Hip
10-5169	Hand/Wrist
10-5163	Lower Body



#### **BUNGEE EXERCISE CORDS**

color-coded bungee cords used for upper and lower body exercises

12-0422

- customize exerciser by choosing accessory
- each cord has snap hook on one end AND door jamb nub and loop anchor on other end
- attach snap hook to D-ring handles, straps or mounts, grip loop, use as a foot stirrup, or place nub in a door jamb





10-5160 Shoulder Rehab/Pain Kit



48" yellow Cando® band, Cando® shoulder pulley, 2 oz. Cold Spot™ spray

10-5161 General Rehab/Pain Kit



48" yellow & red Cando® bands, 2 oz. Cold Spot™ spray

Tubing / Cuff Exerciser



- continuous tubing loop with two padded ankle/wrist cuffs
- preassembled exerciser has a circumference of 35"
- each exerciser is made with high quality latex Cando® tubing
- used for strength training, conditioning and rehabilitation
- use on arms or legs
- available in 8 levels of resistance, colorcoded



# Band and Tubing Handles

10-5334 Accessory Kit



includes accessories to enhance a band or tubing workout

- standard adjustable foam handles pair
- door disc anchor
- loop stirrup anchor

10-5300 Foam Handles



- thread band or tubing through foam covered rigid handle
- tie band/tubing into a loop
- handle uniformly distributes the pressure across hand

10-5340 Hold-Rite™ Handles



- with plastic or foam padded hand grips
- self-locking "adjuster" holds band or tubing in place
- self-locking "adjuster" to increase or decrease resistance by shortening or lengthening band/tubing

10-3220 D-Ring Handle



webbing exercise handle can be used by threading the band or tubing through the ring and knotting

10-5670 Sports Handle



thread band or tubing through strap and secure

#### **ADJUSTABLE FOAM HANDLES**

**10-5330** 1 Pair Standard

#### **ACCESSORY KIT**

10-5334

Pair Of Standard Adjustable Foam Handles, Door Disc Anchor, Loop Stirrup Anchor

#### **HOLD-RITE™ HANDLES**

**PLASTIC** 

10-5340 1 Pair

FOAM COVERED

10-5450 1 Pair

MARV™ HANDLES

**10-5347** 1 Pair

**FOAM HANDLES** 

**10-5300** 1 Pair

**D-RING HANDLES** 

**10-3220** 1 Pair

**SPORTS HANDLE** 

**10-5336** 1 Each

**LOOP STIRRUP** 

**10-5310** 1 Each

**DOOR DISC ANCHOR STRAP** 

**10-5325** 1 Each

**ANCHOR STIRRUPS WITH NUB** 

**10-5320** 1 Each

### Band and Tubing Anchors

#### **BAND KLIPS™**

10-5360 1 Band Klip (5.5") 10-5370 1 Band Klip (3.5")

### TUBING KILPSTM

**FOR TAN-RED** 

**10-5365** 1 Tube Klip

#### FOR GREEN-BLACK

**10-5375** 1 Tube Klip

\*For Silver And Gold Tubing Use 3.5" Band Klip™. Colors Refer To Cando®

#### Tubing

#### **D-RING VELCRO STRAP**

**10-3222** 16 Inch, 1 Ea. **10-3221** 25 Inch, 1 Ea.

#### **EXTREMITY CUFF STRAP**

16" DIAMETER WEBBING

10-5356 1 Pait

### 25" DIAMETER WEBBING

**10-5346** 1 Pair

#### **COMPLETE WALSLIDE™ EXERCISE STATION**

 10-5096
 Complete, 3 Feet

 10-5097
 Complete, 4 Feet

 10-5098
 Complete, 5 Feet

 10-5099
 Complete, 6 Feet

#### WALSLIDE™ ACCESSORIES

#### **VERTICAL STATION**

Includes Sliding Anchor

 10-5091
 3 Feet

 10-5092
 4 Feet

 10-5093
 5 Feet

 10-5094
 6 Feet

#### HORIZONTAL OVERHEAD SECTION

10-5095 Overhead Section

#### **PULLEYS AND ANCHORS**

10-5088 Pulley Attachment10-5089 Additional Sliding Anchor

#### WALSLIDE™ EXERCISE STATION 2.0

**10-5070** WalSlide 2.0

10-5071 WalSlide 2.0 Adt'L Anchor



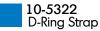


form the exercise band into a loop and secure with clamp





can be used to clamp tubing loop and to prevent one end of tubing from being pulled through an anchor





- position strap around ankle, wrist or thigh and secure with hook and loop
- D-ring can be used as an anchor for the band or tubing to perform various exercises



#### **COMPLETE WALSLIDE™ EXERCISE STATION**

- contains top overhead section, wall piece, sliding anchors for both top and wall pieces
- sliding attachment mechanism allows overhead section to vary in height
- easy assembly, simple to use, takes up very little space
- anchor on track allows for unlimited height positions
- heavy duty aluminium frame



WALSLIDE™ 2.0

- slender design uses minimal wall space
- lightweight channel attaches to wall studs
- anchor (included) moves along center channel and locks in place by tightening with screwdriver
- adjust anchor to any height along 36" channel
- works with any elastic band or tubing
- band, tubing, and handles sold separately



### Hand Exercisers



### **CANDO® DIGI-FLEX EXERCISER**

- develops isolated finger strength, flexibility, and coordination for rehabilitation of carpal tunnel, arthritis, stroke, fractures, tendon injury, nerve lacerations, tennis elbow and more
- comes with exercise pamphlet



#### **CANDO® DIGI-SQUEEZE® EXERCISER**

- 3 different sizes for small, medium and large hands
- develops isolated finger strength, flexibility, and coordination for rehabilitation of carpal tunnel, arthritis, stroke, fractures, tendon injury, nerve lacerations, tennis elbow and more
- comes with exercise pamphlet



#### **CANDO® VIA® EXERCISER**

- soft finger pads and palm rest
- ergonomic design
- non-intimidating design appeals to children and seniors

#### **CANDO® DIGI-FLEX® EXERCISER**

Finger / Hand Force

	ringer / rian	a roico	
10-0740	1.5 Lbs. / 5.0 Lbs.		
	X-Light	Yellow	
10-0741	3.0 Lbs. / 10	.0 Lbs.	
	Light	Red	
10-0742	5.0 Lbs. / 16	.0 Lbs.	
	Medium	Green	
10-0743	7.0 Lbs. / 23	.0 Lbs.	
	Heavy	Blue	
10-0744	9.0 Lbs. / 31	.0 Lbs.	
	X-Heavy	Black	
10-0745	Set with Yel	Red Gre Blu Blk	
10-0746	Set with Yel	Red Gre Blu Blk	
	And Plastic S	Stand	
10-0749	Set with Yel	Red Gre Blu Blk	
	And Metal S	Stand	
CTANIDO			
STANDS			

10-0747 Plastic Stand Unit 10-0750 Metal Stand Unit

#### **CANDO® DIGI-SQUEEZE® EXERCISER**

SMALL		
10-1970	X-Light	Yellow
10-1971	Light	Red
10-1972	Medium	Green
10-1973	Heavy	Blue
10-1974	X-Heavy	Black
10-1975	Set with Yel R	ed Gre Blu E
MEDIUM		
10-1980	X-Light	Yellow

10-1981	Light	Red
10-1982	Medium	Green
10-1983	Heavy	Blue
10-1984	X-Heavy	Black
10-1985	Set with Yel Re	ed Gre Blu

#### **LARGE**

10-1995

10-1990	X-Light	Yellow
10-1991	Light	Red
10-1992	Medium	Green
10-1993	Heavy	Blue
10-1994	X-Heavy	Black

Set with Yel Red Gre

Finger / Hand Force

#### CANDO® VIA® EXERCISER

10-0735	1.0 Lbs. / 4.0 Lbs.			
	X-Light	Yellow		
10-0736	2.5 Lbs. / 10.0 Lbs.			

	Light	Red
10-0737	4.0 Lbs. / 16.0	Lbs.
	Medium	Green

10-0/38	5.5 Lbs. / 22.0 Lbs.		
	Heavy	Blue	
10-0739	7.0 Lbs. / 28	6.0 Lbs.	
	V Ll a an a r	Dlarak	

10-0734	Set with	Yel Red	Gre	Blu Blk
10-0733	Set with	Yel Red	Gre	Blu Blk

And Plastic Stand

#### **CANDO® VARIGRIP® EXERCISER**

10-0542

10-0543

10-0838

Finger / Hand Force 10-0540 1.0 Lbs. / 4.0 Lbs. Min. 1.5 Lbs. / 6.0 Lbs. Max.

1.5 Lbs. / 6.0 Lbs. Max. X-Light Yellow

10-0541 2.5 Lbs. / 10.0 Lbs. Min. 3.0 Lbs. / 12.0 Lbs. Max.

Light

4.0 Lbs. / 16.0 Lbs. Min.

Green

5.0 Lbs. / 20.0 Lbs. Max.

Medium

5.5 Lbs. / 22.0 Lbs. Min.

7.0 Lbs / 28.0 Lbs. Max

Heavy Blue

**10-0544** 7.5 Lbs. / 30.0 Lbs. Min.

9.0 Lbs. / 36.0 Lbs Max. X-Heavy Black

10-0545 Set with Yel Red Gre Blu Blk

10-0546 Set with Yel Red Gre Blu Blk

And Plastic Stand

#### CANDO® PRO® EXERCISER

Finger / Hand Force

**10-0835** 3.0 Lbs. / 12.0 Lbs.

X-Light Yellow

**10-0836** 5.0 Lbs. / 20.0 Lbs.

Light Rec 10-0837 7.0 Lbs. / 28.0 Lbs.

3/ /.U Lbs. / 28.U Lbs. Medium Gre

9.0 Lbs. / 36.0 Lbs.

Heavy Blue

10-0839 11.0 Lbs. / 44.0 Lbs.

X-Heavy Black

10-0834 Set with Yel Red Gre Blu Blk

10-0833 Set with Yel Red Gre Blu

And Plastic Stand

#### **RUBBER BAND HAND EXERCISER**

#### **EXERCISER W/ 5 RED (LIGHT) BANDS**

Latex Latex-Free

10-0800 10-1860 1 Set

#### **EXERCISER W/ 25 BANDS (5 EACH COLOR)**

Latex Latex-Free

**10-1800 10-1865** 1 Set

#### **25 ADDITIONAL BANDS**

10-1822 10-1852 Light

10-1820 10-1850 XX-Light Tan

10-1821 10-1851 X-Light Yellow

10-1823 10-1853 Medium Green

O 1020 10 1050 Mediam Olec

10-1824 10-1854 Heavy Blue

**10-1825 10-1855** *5* Each Of

Yel Red Gre Blu Blk

#### **FIXED RESISTANCE GRIPS**

10-1804	3 Lbs. X-Easy	Yellow
10-1805	6 Lbs. X-Easy	Red
10-1806	12 Lbs. X-Easy	Green
10-1807	24 Lbs. X-Easy	Blue
10-1808	48 Lbs. X-Easy	Black
10-1809	5 Pair Set	



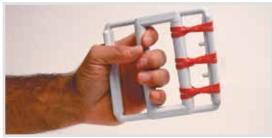
#### **CANDO® VARIGRIP® EXERCISER**

- color-coded bungee cords used for upper and lower body exercises
- customize exerciser by choosing accessory
- each cord has snap hook on one end AND door jamb nub and loop anchor on other end
- attach snap hook to D-ring handles, straps or mounts, grip loop, use as a foot stirrup, or place nub in a door jamb



#### **CANDO® PRO EXERCISER**

- larger body
- heavier tensions
- 5 color-coded resistances
- soft finger pads
- contoured palm rest



#### **RUBBER BAND HAND EXERCISER**

- ideal for finger flexion exercises
- vary resistance by increasing or decreasing number of rubber bands, or by changing to a different color-coded set of bands
- range-of-motion may be decreased by using flexion limiter
- comes with 5 red bands or with 5 sets of color-coded bands (25 bands - 5 of each color)



#### **FIXED RESISTANCE GRIPS**

- resistance sequence on grips covers needs from earliest stage of rehabilitation after a stroke (yellow) to advanced athletic training (black)
- force requirement doubles with each level



### Hand and Finger Exercisers



#### **DIGI-EXTEND EXERCISER**

- isolate the extension of all five fingers and each of the individual finger joints
- focuses on extensor mechanism of one or all fingers
- professional step-up from the simple devices for extensor strengthening and conditioning
- four color-coded band resistance levels included in each kit allow user to increase level as increased strength is achieved
- develop isolated finger strength, flexibility, and coordination for rehabilitation of carpal tunnel, arthritis, stroke, fractures, tendon injury, nerve lacerations, tennis elbow and more...
- comes with exercise pamphlet



#### **6 SPRING HAND GRIP**

- vary tension by using up to six springs
- use for finger, hand, and forearm exercisers



#### **GEL HAND EXERCISE BALLS**

- hand exerciser for grip strength, dexterity, mobility, and fine and gross motor skills
- heat or chill for use in hot or cold therapy



#### **MEMORY FOAM BALL EXERCISERS**

- memory foam balls are perfect for early stages of hand therapy
- pliable and workable just like putty
- color coded pairs offer 3 different resistive levels



#### **PUTTYCISE® TOOLS**

- The puttycise<sup>®</sup> tool can be pushed, pulled or turned through putty to produce specified exercises. Changing the putty resistance will increase or decrease the difficulty level.
- The puttycise® family consists of 5 tools which all function by inserting the tool base into a resistant putty.
  - · simulates functional activity
  - · teaches joint protection techniques
  - · easy to use, easy to teach



#### **PUTTYCISE® KITS**

#### Each kit includes:

- 4 Theraputty™ resistances (1 each as indicated below)
- set of 5 Puttycise® tools (1 each)
- set of instructions

#### DIGI-EXTEND EXERCISER

10-0775 Digi-Extend Exerciser 10-0757 Clinic Set W/Rack Rack Only 10-0756

#### ADDITIONAL BANDS

10-1850 XX-Light Tan 10-1851 X-Light Yellow 10-1852 Light 10-1853 Medium 10-1854 Heavy 10-1855 Set with Tan Yel Red Gre Bli

#### **6 SPRING HAND GRIP**

10-0801 6 Spring Hand Grip

#### **CANDO® GEL HAND EXERCISE BALLS**

#### STANDARD (CIRCULAR)

10-1490 XX-Light Tan 10-1491 X-Light Yellow 10-1492 Light 10-1493 Medium 10-1494 Heavy 10-1495 X-Heaw 10-1496 Set with Tan Yel Red Gre Blu E

#### LARGE ERGONOMIC (CYLINDRICAL)

10-1890 XX-Light Tan 10-1891 X-Light Yellow 10-1892 Liaht 10-1893 Medium 10-1894 Heavy 10-1895 X-Heavy 10-1896 Set with Tan Yel Red Gre Blu

#### **CANDO® MEMORY FOAM BALL EXERCISER**

10-0776 X-Easy 1.0" Yellow 10-0777 Easy 1.5" Medium 2.0" 10-0778 10-0779 3 Ball Set

#### **PUTTYCISE® TOOLS**

10-2814

10-2819

10-2821 5-Piece Tool Set W/Carry Bag And Cards 10-2820 5-Piece Tool Set 10-2810 Knob Turn Tool 10-2811 L-Bar Tool 10-2812 Peg Turn Tool 10-2813 Key Turn Tool

Cap Turn Tool

Carry Bag

#### 10-2818 Instruction Cards PUTTYCISE® THERAPUTTY™ KITS

Medium Hard Easy 10-2828 10-2822 10-2834 10-2824 10-2830 10-2836 1 lb. Kit 10-2826

# Color-Coded Hand Exercise Putty

CANDO® STANDARD THERAPUTTY				
10-0956	2 Oz.	XX-Soft	Tan	
10-0900	2 Oz.	X-Soft	Yellow	
10-0901	2 Oz.	Soft	Red	
10-0902	2 Oz.	Medium	Green	
10-0903	2 Oz.	Firm	Blue	
10-1466	2 Oz.	X-Firm	Black	
10-0957	3 Oz.	XX-Soft	Tan	
10-0967	3 Oz.	X-Soft	Yellow	
10-0968	3 Oz.	Soft	Red	
10-0969	3 Oz.	Medium	Green	
10-0970	3 Oz.	Firm	Blue	
10-1467	3 Oz.	X-Firm	Black	
10-0958	4 Oz.	XX-Soft	Tan	
10-0905	4 Oz.	X-Soft	Yellow	
10-0906	4 Oz.	Soft	Red	
10-0907	4 Oz.	Medium	Green	
10-0908	4 Oz.	Firm	Blue	
10-1468	4 Oz.	X-Firm	Black	
10-0959		XX-Soft	Tan	
10-0910	6 Oz.	X-Soft	Yellow	
10-0911	6 Oz.		Red	
10-0912		Medium	Green	
10-0913	6 Oz.	Firm	Blue	
10-1469	6 Oz.	X-Firm	Black	
10.0004	1 11-	VV C - 4	Τ	
10-0994	1 Lb.	XX-Soft		
10-0918	1 Lb.		Yellow	
10-0919	1 Lb.	Soft	Red	
10-0920	1 Lb.	Medium		
10-0921	1 Lb.	Firm	Blue	
10-1470	l Lb.	X-Firm	Black	
10-0995	5 Lb.	XX-Soft	Tan	
10-0923	5 Lb.	X-Soft	Yellow	
10-0924	5 Lb.		Red	
10-0925	5 Lb.	Medium		
10-0926	5 Lb.	Firm	Blue	
10-1471	5 Lb.	X-Firm	Black	
10 14/1	O LO.	7. 1 11111	BIGCK	
10-1460	50 Lb.	XX-Soft	Tan	
10-1461	50 Lb.	X-Soft	Yellow	
10-1462	50 Lb.	Soft	Red	
10-1463	50 Lb.	Medium	Green	
10-1464	50 Lb.		Blue	
10-1473		X-Firm	Black	
COMPLETE STANDARD THERARI ITTY SET				



Contains	One	Each	Of:	Tan	Yel	Red	Gre	Blu	Blk

Contains One	Lucii Oi.
10-1480	2 Oz.
10-1481	3 Oz.
10-1482	4 Oz.
10-1483	6 Oz.
10-1484	1 Lb.
10-1485	5 Lb.



#### **CANDO® THERAPUTTY™**

- standard in resistive hand exercise material
- each color-coded putty has a different consistency ranging from XX-soft for strengthening the weakest grasp to extra-firm
- available in convenient easy-to-open plastic containers (2, 3, 4 and 6 ounce) for individual patients to use at home and a choice of larger containers (1, 5 and 50 pound) for the hospital or clinic
- Cando® Theraputty™ material is gluten, casein and latex free







# Finger and Hand Exercisers



#### **CANDO® PLUS THERAPUTTY™**

- same resistance level and size choices as standard Theraputty™ exercise material
- antimicrobial agent inhibits degradation from microorganisms, odor from microorganisms, and protects from fungal growth
- antimicrobial putty retains the non-greasy, clean feel that has made standard Theraputty™ such a popular hand exerciser
- Cando® anti-microbial Theraputty™ material is gluten, casein and latex free







### **CANDO PLUS® THERAPUTTY** ANTIMICEOPIAL EODALII A

ANTIMICROBIAL			
10-2600		XX-Soft	
10-2601	2 Oz.	X-Soft	Yellow
10-2602	2 Oz.	Soft	Red
10-2603	2 Oz.	Medium	Green
10-2604	2 Oz.	Firm	Blue
10-2605	2 Oz.	X-Firm	Black
10-2610	3 Oz.		
10-2611	3 Oz.		
10-2612	3 Oz.		Red
10-2613	3 Oz.	Medium	
10-2614	3 Oz.	Firm	Blue
10-2615	3 Oz.	X-Firm	Black
			-
10-2620	4 Oz.		
10-2621	4 Oz.	X-Soft	
10-2622	4 Oz.		Red
10-2623	4 Oz.		
10-2624	4 Oz.		Blue
10-2625	4 Oz.	X-Firm	Black
10.0420	4 0-	VV Cof	Tour
10-2630 10-2631	6 Oz.		
	6 Oz.		
10-2632	6 Oz.		Red
10-2633	6 Oz.	Medium	
10-2634	6 Oz.	Firm	
10-2635	6 Oz.	X-Firm	RIACK
10-2640	1 Lb.	XX-Soft	Tan
10-2641	1 Lb.		
10-2642	1 Lb.		Red
10-2643	1 Lb.		
10-2644	1 Lb.		Blue
10-2645	1 Lb.	X-Firm	Black
10 2043	I LO.	/(111111	DIGCK
10-2650	5 Lb.	XX-Soft	Tan
10-2651	5 Lb.	X-Soft	Yellow
10-2652	5 Lb.	Soft	Red
10-2653		Medium	
10-2654		Firm	Blue
10-2655	5 Lb.	X-Firm	Black
10-2660		XX-Soft	
10-2661		X-Soft	Yellow
10-2662	50 Lb.	Soft	Red
10-2663		Medium	
10-2664		Firm	Blue
10-2665	50 Lb.	X-Firm	Black
COMPLETE THER	APUTT	/ SET	
Contains One E	ach Of:	: Tan Yel F	Red Gre Blu Blk
10-2606	2 Oz.		

10-2616 3 Oz.

10-2626 4 Oz. 10-2636 6 Oz. 10-2646 1 Lb. 10-2656 5 Lb.

# Hand and Finger Exercisers

#### VARIABLE STRENGTH THERAPUTTY™

#### **BASE PUTTY WITH PELLET PACKS**

**10-2670** 2.5 Oz. Base Putty, 1 Pack **10-2671** 1 Lb. Base Putty, 6 Packs **10-2672** 5 Lb. Base Putty, 32 Packs

**BASE PUTTY ONLY** 

**10-2680** 2.5 Oz. Base Putty **10-2681** 1 Lb. Base Putty **10-2682** 5 Lb. Base Putty

PELLET PACKS (4 Pellets Per Pack) 10-2690 1 Pellet Pack

#### SCENTED THERAPUTTY™

OCLIVIED ITIER					
10-2760	2 Oz.	XX-Soft	Tan-Vanilla		
10-2761	2 Oz.	X-Soft	Yel-Banana		
10-2762	2 Oz.	Soft	Red-Cherry		
10-2763	2 Oz.	Medium	Gre-Grn Apl		
10-2770	1 Lb.	XX-Soft	Tan-Vanilla		
10-2771	l Lb.	X-Soft	Yel-Banana		
10-2772	1 Lb.	Soft	Red-Cherry		
10-2773	1 Lb.	Medium	Gre-Grn Apl		
10-2780	5 Lb.	XX-Soft	Tan-Vanilla		
10-2781	5 Lb.	X-Soft	Yel-Banana		
10-2782	5 Lb.	Soft	Red-Cherry		
10-2783	5 Lb.	Medium	Gre-Grn Apl		
COMPLETE SET					
Contains One Each Of: Tan Yel Red Gre					
10-2795	2 Oz.				

#### **10-2796** 1 lb. **10-2797** 5 lb.

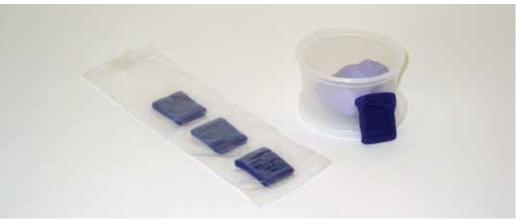
**GLITTER THERAPUTTY**<sup>TM</sup>

10-2764	2 Oz.	X-Soft	Yellow
10-2765	2 Oz.	Soft	Red
10-2774		X-Soft	Yellow
10-2775		Soft	Red
10-2784		X-Soft	

#### MICROWAVABLE THERAPUTTY<sup>TM</sup>

MICKOWAVAD	LL IIILK	AI OIII	
10-2710	2 Oz.	Soft	Yellow
10-2720	2 Oz.	Firm	Blue
10-2711	3 Oz.	Soft	Yellow
10-2721	3 Oz.	Firm	Blue
10-2712	4 Oz.	Soft	Yellow
10-2722	4 Oz.	Firm	Blue
10-2713	6 Oz.	Soft	Yellow
10-2723	6 Oz.	Firm	Blue
10-2714	1 Lb	Soft	Yellow
10-2724	1 Lb.	Firm	Blue
10-2715	5 Lb	Soft	Yellow

5 Lb. Firm



#### CANDO® VARIABLE STRENGTH THERAPUTTY™

- work pliable pellets into base putty to increase resistance
- pack contains 4 pellets



#### **CANDO® SCENTED THERAPUTTY™**

- makes therapy more pleasant for youngsters
- fun way for children to develop grip
- strength and stay attentive and participate in physical therapy



#### **CANDO® GLITTER THERAPUTTY™**

- glitter Theraputty<sup>™</sup> sparkles!
- hand therapy becomes visually stimulating



#### CANDO® MICROWAVABLE THERAPUTTY™

- new formula allows you to warm exercise putty in a microwave
- use warmed putty to perform soothing hand exercises



10-2725

### Hand and Wrist Exercisers



#### **CANDO® WEB**

- perform flexion, extension, opposition and supination exercises
- resistance may be modified by adjusting the hand position, depth of finger insertion, or by moving to a different resistance (color) web
- web is available in both the standard 14" diameter size and the small 7" diameter size
- color coded resistance levels



#### FINGER WEIGHTS EXERCISER

- weight belts for each finger
- each weight is adjustable with up to 3 10-gram inserts



### TWIST-BEND-SHAKE™ BAR

- change resistance by varying distance between hands and/or by changing to a different resistance bar
- TWIST: with both hands on the bar, twist by flexing one wrist and extending the other
- BEND: place both hands on or near the ends of the bar. Keep your hands in position and exert force to bend the bar
- TWIST-N-BEND: combine Twist and Bend methods
- SHAKE: place hand(s) at center or one end, shake the bar
- OSCILLATION: hold bar at center or end, oscillate in circular motion

10-0819 Psytech™ Wrist Exerciser



- wrist flexion and extension exerciser strengthens grip and forearms
- adjustable resistance to 20-foot pounds



#### TWIST-N-BEND™ BAR

- lightweight, portable, used for hand, wrist and shoulder
- promotes coordination, increases ROM
- consistent bar diameters throughout resistances means you use the same muscles with each bar
- 24" lengths are easier to bend; ideal for older people

#### **CANDO® WEB**

LARGE	14"	DIAMETER
Latex		No-Latex

10-0850 10-0870 XX-Light Tan 10-0851 10-0871 X-Light Yellow 10-0852 10-0872 Light 10-0853 10-0873 Medium Green

10-0855 10-0875 X-Heavy Black 10-0856 10-0876 Set Of Yel Red Gre

10-0854 10-0874 Heavy Blue

SMALL 7" DIAMETER

10-0860 10-0880 XX-Light Tan 10-0861 10-0881 X-Light 10-0862 10-0882 Light

10-0863 10-0883 Medium Green 10-0864 10-0884 Heavy Blue 10-0865 10-0885 X-Heavy Black 10-0866 10-0886 Set Of Yel Red Gre Blu

#### **MULTI-RESISTANCE LARGE 14" LATEX**

**10-0857** X-Light/Medium 10-0859 Light/Heavy

#### FINGERWEIGHTS™ EXERCISER

10-0470 5pc Set Colored 10-0471 5pc Set White 10-0472 10pc Set Colored 10-0473 10pc Set White

#### PSYTECH™ WRIST EXERCISER

10-0819 Everciser

#### TWIST-BEND-SHAKE™ BAR

36" 10-1530

XX-Light Tan Yellow 10-1531 X-Light 10-1532 Light 10-1533 Medium 10-1534 Heavy

10-1535 X-Heavy 10-1536 Set with Yel Red Gre

#### TWIST-N-BEND™ BAR

**12" LONG** 

Tan 10-1510 XX-Light 10-1511 X-Light Yellow 10-1512 Liaht Medium Heavy

X-Heaw

Set with Yel Red Gre B

10-1516 **24" LONG** 

10-1515

10-1520 XX-Liaht Tan 10-1521 X-Light Yellow 10-1522 Liaht 10-1523 Medium 10-1524 Heavy 10-1525 X-Heaw 10-1526

## Wrist and Ankle Weights

#### THE ORIGINAL CUFF® WEIGHT

.25 Lb.	White
.5 Lb.	Walnut
.75 Lb.	Orange
1 Lb.	Blue
1.5 Lb.	Olive
2 Lb.	White
2.5 Lb.	Red
3 Lb.	Gold
4 Lb.	Turquoise
5 Lb.	Black
6 Lb.	Beige
7 Lb.	Lemon
7.5 Lb.	Orange
8 Lb.	Red
9 Lb.	Parchment
10 Lb.	Brown
12.5 Lb.	Olive
15 Lb.	Tan
20 Lb.	Blue
25 Lb.	Green
	.5 lb75 lb. 1 lb. 1.5 lb. 2 lb. 2.5 lb. 3 lb. 4 lb. 5 lb. 6 lb. 7 lb. 7.5 lb. 8 lb. 9 lb. 10 lb. 12.5 lb. 15 lb. 20 lb.

#### **ORIGINAL CUFF® WEIGHT SETS**

**FUNCTIONAL SET** (7 Pieces.) 1 Each: 1, 2, 3, 4, 5, 7.5, 10 **10-0250** Functional Set **10-0251** Set with Rack

#### **ECONOMY SET (20 Pieces)**

2 Each:.25, .5, .75, 1, 1.5, 2, 2.5, 3, 4, 5

10-0252 Economy Set10-0253 Set with Rack

#### **STANDARD SET** (24 Pieces)

 $2\;\mathsf{Ea.:}\;.25,.5,.75,\,1,\,1.5,\,2,\,2.5,\,3,\,4,\,5,\,7.5,\,10$ 

 10-0254
 Standard Set

 10-0255
 Set with Rack

#### **DELUXE SET (32 Pieces)**

 $2\, \mathsf{Ea} ; .25, .5, 75, 1, 1.5, 2, 2.5, 3, 4, 5, 6, 7, 7.5, 8, 9, 10$ 

 10-0256
 Deluxe Set

 10-0257
 Set with Rack

### **KNEE-HIP-LEG SET** (8 Pieces) 2 Each: 10, 12.5, 15, 20

10-0258 Knee-Hip-Leg

#### MOBILE WEIGHT RACK

10-0150 Mobile Weight Cart



#### THE ORIGINAL CUFF® WEIGHT

- flexible weight contours to snugly fit the ankle, wrist... and even thigh
- long closure strap for comfortable secure fit
- heavy-duty materials and double-stitching
- color-coded weight levels
- marked with both pounds and kilograms
- grommeted for hanging on any weight rack







#### 10-0150 Mobile Weight Cart

- heavy-duty steel rack helps keep weights and accessories organized
- holds up to 500 pounds on the 2-sided pegboard and tray
- 3-inch wheels allow rack to easily be moved (even over carpet)
- assembly required;
   assembled rack measures
   24" x 35" x 48"



# Cuff® Deluxe and Pouch™ Weights



#### **DELUXE CUFF® WEIGHT**

- the Deluxe Cuff® weight has all the features of the original Cuff® weight PLUS an extra-long loop strap with extra hook tabs
- extra long loop strap allows for firm closure on the largest wrist and ankle and facilitates use on larger areas such as the thigh
- extra hook tabs add additional fastening point and prevent extra-long strap from dangling



#### **POUCH WEIGHT SETS**

- weight is varied by inserting or removing the individual weight packets
- consists of 5 weight packets and weight shell for example, a 5-lb. Pouch™ weight
- includes five 1-lb. weight packets

<b>DELUXE CUFF</b>	® WEIGHT	
10-2500	.25 Lb.	White
10-2501	.5 Lb.	Walnut
10-2502	.75 Lb.	Orange
10-2503	1 Lb.	Blue
10-2504	1.5 Lb.	Olive
10-2505	2 Lb.	White
10-2506	2.5 Lb.	Red
10-2507	3 Lb.	Gold
10-2508	4 Lb.	Turquoise
10-2509	5 Lb.	Black
10-2510	6 Lb.	Beige
10-2511	7 Lb.	Lemon
10-2512	7.5 Lb.	Orange
10-2513	8 Lb.	Red
10-2514	9 Lb.	Parchment
10-2515	10 Lb.	Brown
10-2516	12.5 Lb.	Olive
10-2517	15 Lb.	Tan
10-2518	20 Lb.	Blue
10-2519	25 Lb.	Green

#### **DELUXE CUFF® WEIGHT SETS**

**FUNCTIONAL SET** (7 Pieces.) 1 Each: 1, 2, 3, 4, 5, 7.5, 10 **10-2550** Functional Set **10-2551** Set with Rack

**ECONOMY SET** (20 Pieces)

2 Each: 25, .5, .75, 1, 1.5, 2, 2.5, 3, 4, 5

 10-2552
 Economy Set

 10-2553
 Set with Rack

STANDARD SET (24 Pieces)

2 Ea.: .25, .5, .75, 1, 1.5, 2, 2.5, 3, 4, 5, 7.5, 10

10-2554 Standard Set10-2555 Set with Rack

**DELUXE SET** (32 Pieces)

2 Ea: .25, .5, .75, 1, 1.5, 2, 2.5, 3, 4, 5, 6, 7, 7.5, 8, 9, 10

10-2556 Deluxe Set10-2557 Set with Rack

**KNEE-HIP-LEG SET** (8 Pieces) 2 Each: 10, 12.5, 15, 20

**10-2558** Knee-Hip-Leg

#### THE POUCH WEIGHT SETS

10-0300	2.5 Lb.	Red
10-0301	5 Lb.	Black
10-0302	10 Lb.	Brown
10-0303	15 Lb.	Tan
10-0304	20 Lb.	Blue
10-0305	25 Lb.	Green

## Weighted Exercise Bars

#### STANDARD WATE™ BAR

10-1600	1 Lb.	Tan
10-1601	1.5 Lb.	Tan Stripe
10-1602	2 Lb.	Yellow
10-1603	25 Lb.	Yellow Stripe
10-1604	3 Lb.	Red
10-1605	3.5 Lb.	Red Stripe
10-1606	4 Lb.	Green
10-1607	4.5 Lb.	Green Stripe
10-1608	5 Lb.	Blue
10-1609	6 Lb.	Blue Stripe
10-1610	7 Lb.	Black
10-1623	7.5 Lb.	Black Stripe
10-1611	8 Lb.	Silver
10-1612	9 Lb.	Silver Stripe
10-1613	10 lb	Gold

#### **HEAVY WATE™ BAR**

10-1614	12.5 Lb.	Blue
10-1615	15 Lb.	Blue
10-1616	17.5 Lb.	Blue
10-1617	20 Lb.	Blue
10-1618	22.5 Lb.	Blue
10-1619	25 Lb.	Blue

#### WATE™ BAR SETS

#### **INTRODUCTORY SET (3 Pieces)**

1 Each 1, 2, 3

10-1624 Introductory Set

**LITE™ SET** (5 Pieces) 1 Each 1, 2, 3, 4, 5

10-1620 Lite™ Set

#### STANDARD SET (10 Pcs)

1 Ea. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10

10-1621 Standard Set

#### **DELUXE SET** (16 Pcs)

1 Ea. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10,12.5,15,17.5,20,22.5,25

**10-1622** Deluxe Set

#### MINI WATE™ BARS

10-1650	l Lb.	Yellow
10-1651	1.5 Lb.	Red
10-1652	2 Lb.	Green
10-1653	2.5 Lb.	Blue
10-1654	3 Lb.	Black

#### WATE™ BAR RACKS AND CARTS

10-1640	5 Hook Wall Hook Rack
10-1641	10 Hook Wall Hook Rack
10-1645	3 Bar Vertical Wall Rack
10-1643	5 Bar Vertical Wall Rack
10-1642	8 Bar Horizontal Wall Rack
10-1630	15 Slot Cart (16x13x12")



- easy-to-grip, easy-to-store color-coded Cando® exercise
- Wate<sup>™</sup> bars come in weights ranging from 1 lb. to 25 lbs.
- use in supine, sitting or standing position to increase strength and ROM
- use to improve endurance, balance and motor skills
- for use in therapy, group classes, aerobics, yoga and pilates
- anti-roll end cap to prevent Wate™ bar from rolling around and becoming a safety hazard
- hangar end cap (bars up to 10 lbs.) for the most space effective storage on a hook rack!
- 3' long bars for all weights up to 10 lbs., 4' long
- bars for all weights 10 to 25 lbs.



#### WATE™ BARS - SETS

- vary tension by using up to six springs
- use for finger, hand, and forearm exercisers



#### MINI WATE™ BARS

- 14" long, dumbbell size
- same features as the larger bars
- sold in pairs





# Weighted Exercise Bars and Hand Held Weights

10-2979 Exercise Bar And Tubing Combo



- foam covered exercise bar
- tubing attached at each side of bar
- wind up tubing to increase resistance
- yellow tubing included



WEIGHTED ROL-UP™ EXERCISE BAR

- use to exercise upper and lower body
- resistance is increased by rotating the bar ("winding-up" the tubing)
- standard with 8 ft. strip of medium weight green Cando<sup>®</sup> resistive exercise tubing and 2 tube Klips™



**VINYL COATED CAST-IRON DUMBBELLS** 

- vinyl coated, color-coded cast iron dumbbells are ideal for upper body exercise
- coated weight does not scratch floor
- coating gives weight comfortable feel
- clearly marked in pounds and kilograms





10-0577

Wall Rack



**EXERCISE BAR AND TUBING COMBO** 

10-2979 Combo Exercise Bar

#### WEIGHTED ROL-UP™ EXERCISE BAR

10-2981 1 l.b. 10-2982 5 l.b. 10-2983 10 l.b. 10-2984 15 l.b. 10-2985 20 l.b. 10-2986 25 l.b.

#### VINYL COATED CAST-IRON DUMBBELLS

Single 10-0550 1 Pink 10-0551 2 Purple 10-0552 3 Green 10-0553 4 Silver 10-0554 5 Blue 10-0555 6 Pink 10-0556 7 Purple 10-0557 8 Black 10-0558 9 Yellow 10-0559 10 Orange 10-0560 15 10-0561 20 No Vinyl

#### **WEIGHT SETS**

**LITE™ SET** (10 Pieces) 2 Each: 1, 2, 3, 4, 5 Lbs.

10-0563 Economy 10-0564 with Wall Rack 10-0578 with Floor Rack

**STANDARD SET** (20 Pieces) 2 Each: 1 Through 10 Lbs. **10-0565** Standard

10-0566 with 2 Wall Racks 10-0579 with Floor Rack

#### **WEIGHT RACKS**

10-0575 Wall Rack, Holds 10 Weights
 10-0577 Floor Rack, Holds 20 Weights
 10-0581 Studio Rack, Holds Up Tp

1100 Pounds

# Hand-Held Weights and Medicine Balls

#### SOFTGRIP™ HAND WEIGHTS

10-0350	.5 Lb.	Tan
10-0351	1 Lb.	Yellow
10-0352	1.5 Lb.	Red
10-0353	2 Lb.	Green
10-0354	2.5 Lb.	Blue
10-0355	3 Lb.	Black
10-0356	4 Lb.	Silver
10-0357	5 Lb.	Gold
10-0358	6 Lb.	Tan
10-0359	7 Lb.	Yellow
10-0360	7.5 Lb.	Red
10-0361	8 Lb.	Green
10-0362	9 Lb.	Blue
10-0363	10 Lb.	Black

#### **SOFTGRIP™ HAND WEIGHT SETS**

**LITE™ SET** (10-Piece) 2 Each: 1, 2, 3, 4, 5 Lbs.

10-0383 Functional Set

STANDARD SET (16-Piece)

2 Each: .5, 1, 1.5, 2, 2.5, 3, 4, 5 Lbs.

10-0384 Standard Set

#### HANDY GRIP™ BALLS

10-0440	1 Lb.	Tan
10-0441	2 Lb.	Yellow
10-0442	3 Lb.	Red
10-0443	4 Lb.	Green
10-0444	5 Lb.	Blue
10-0445	Set with Ye	el Red Gre Blu

#### WATE™ HAND BALL

10-3160	5 Kg (1.1 Lb.) Tan
10-3161	1 Kg (2.2 Lb.) Yellow
10-3162	1.5 Kg (3.3 Lb.) Red
10-3163	2 Kg (4.4 Lb.) Green
10-3164	2.5 Kg (5.5 Lb.) Blue
10-3165	3 Kg (6.6 Lb.) Black
10-3166	Set Of Tan Yel Red Gre Blu Blk

#### WATE RACKS

10-3167 2-Tier Holds 3 Balls Each Tier10-3168 1-Tier Holds 6 Balls

#### **LEATHER MEDICINE BALLS**

#### **INCREASING DIAMETER**

10-3062	2 Kg (4.4 Lb.)	9" Dia.
10-3063	3 Kg (6.6 Lb.)	9.5" Dia.
10-3064	4 Kg (8.8 Lb.)	10" Dia.
10-3065	5 Kg (11 Lb.)	10.5" Dia.
10-3066	6 Kg (3.2 Lb.)	11" Dia.

#### **CONSTANT DIAMETER** (7.5" Diameter)

10-3090	2 Kg (4.4 Lb.)
10-3091	3 Kg (6.6 Lb.)
10-3092	4 Kg (8.8 Lb.)
10-3093	5 Kg (11 Lb.)
10-3094	6 Kg (13.2 Lb.)



#### SOFTGRIP™ HAND WEIGHTS

comfortable SoftGrip™ hand weight is an alternative to standard dumbbells

- easier to grasp and less intimidating than traditional dumbbell
- comfortable, soft, not floppy
- color-coded to indicate weight
- stores on standard Cuff® weight rack
- made in USA





#### HANDY GRIP™ BALLS

- achieve the benefits of traditional weight training without grasping metal dumbbells
- ergonomic shape makes for easy grasping and textured surface ads grip
- enables a variety of strength training activities and functional movements
- secure ball to hand with adjustable strap for firm grasp
- available in 1-5 lb. weights ™



#### WATE™ HAND BALL

- color coded weighted balls
- small enough and flexible enough to grasp with one hand, yet big enough to hold with two hands
- increase in weight from 1.1 lb. through
- 6.6 lbs. (0.5 to 3 kgs.) while maintaining a constant 5" (12.7cm) diameter
- use a bicycle pump to inflate/deflate to make ball easier to grasp



**MEDICINE BALLS** 

 available with increasing diameter (traditional medicine balls) or with constant 7.5" diameter (plyometric balls)



### Medicine Balls and Kettle Bells



#### **DUAL HANDLE MEDICINE BALL**

- for abdominal strengthening, rotational movement and upper and lower body strength training
- dual, soft grip handle is easy to grip with one or two hand handles enable wide ranges of movements
- each ball is 9" / 23cm diameter
- color coded to indicate weight



#### VINYL COATED KETTLEBELL

- for rehabilitation, strength training and toning
- vibrant colors for easy weight identification
- coating reduces potential floor scratching
- available in convenient weight increments



#### **RUBBER MEDICINE BALLS**

- textured surface of ball for easy grip
- balanced, uniform weight

10-3110

- color coded for easy identification
- constructed with rubber to bounce

# P.T. PLIABLE MEDICINE BALLS

- textured tactile surface is easy to grip, arasp and catch
- increase/decrease air in ball to enhance grasp
- use for upper body rehabilitation and fitness exercises
- designed to throw against plyometric rebounders





- angle adjust: 0-60 degrees (any angle)
- 39" diagonal surface (27.5" x 27.5")



10-3112

- angle adjust: 0, 28, 33, 39 & 42 degrees
- with floor tray to store balls
- 27" diameter rebounder surface



#### CANDO® DUAL HANDLE MEDICINE BALL

10-3180	2.7 / 6	Yellow
10-3181	5.5 / 12	Red
10-3182	8.2 / 18	Green
10-3183	10.9 / 24	Blue
10-3184	13.6 / 30	Black
10-3185	Set with Yell	Red Gre Blu

### CANDO® VINYL-COATED KETTLEBELL Weight Digmeter

	vveigni	Diameter	
	kg/lb	cm / in	
10-3191	2.27 / 5	20.3 / 8	Yellow
10-3192	3.4 / 7.5	20.3 / 8	Red
10-3193	4.5 / 10	22.9 / 9	Green
10-3194	6.8 / 15	22.9 / 9	Blue
10-3195	9.1 / 20	25.4 / 10	Black
10-3196	9.1 / 25	27.9 / 11	Silver
10-3197	13.6 / 30	27.9 / 11	Gold
10-3199	Set Of 5 (5	, 7.5, 10, 2	0, 30)
10-3198	Stuc	lio Rack, St	ationary
	660	Pound Co	pacity

#### **CANDO® RUBBER MEDICINE BALLS**

	Weight	Diameter	
	kg/lb	cm / in	
10-3140	.45 / 1	20.3 / 8	Tan.
10-3141	.90/2	20.3 / 8	Yellow
10-3142	1.8 / 4	20.3 / 8	Red
10-3143	3.2 / 7	22.9 / 9	Green
10-3144	5.0 / 11	22.9 / 9	Blue
10-3145	6.8 / 15	25.4 / 10	Black
10-3147	9.1 / 20	27.9 / 11	Silver
10-3148	13.6 / 30	27.9 / 11	Gold
10-3146	Set with Y	el Red Gre	Blu Blk

#### CANDO® P.T. PLIABLE MEDICINE BALLS

	vveignt	Diameter	
	kg/lb	cm / in	
10-3170	.45 / 1	12.7 / 5	Tan.
10-3171	.90/2	12.7 / 5	Yellow
10-3172	1.8 / 4	12.7 / 5	Red
10-3173	3.2 / 7	17.8 / 7	Green
10-3174	5.0 / 11	17.8 / 7	Blue
10-3175	6.8 / 15	22.9 / 9	Black
10-3177	9.1 / 20	22.9 / 9	Silver
10-3178	13.6 / 30	22.9 / 9	Gold
10-3176	Set with Y	el Red Gre	Blu Blk

#### ADJUSTABLE ANGLE REBOUNDERS

CANDO <sup>®</sup>	RECTANGLE	REBOU	JNDER

10-3110 Square Rebounder
 10-3132 with 5 PT Balls: 2,4,7,11,15 Lbs.
 10-3131 with 5 Balls & Vertical Rack

#### CANDO® ROUND REBOUNDER

10-3112	KOUTIG KEDOUTIGET
10-3136	with 5 PT Balls: 2,4,7,11,15 Lbs.
10-3135	with 5 Balls & Vertical Rack

#### **5 BALL STAND**

10-3120	Vertical Ball Rack
10-3121	Horizontal Ball Rack

### Bi-Directional Pedal Exercisers

#### **CANDO® PEDAL EXERCISER**

10-0710 Preassembled

10-0711 Assembly Required (KD)

#### **DIGITAL PEDALER**

10-0712 Digital Pedaler

#### **PEDALER WITH HANDLE**

**10-0713** Pedaler

#### **CANDO® CHAIR CYCLE**

**10-0720** Cando® Standard **10-0722** Cando® Deluxe W/ Adi.

Pedals

#### **OPTIONAL ACCESSORIES FOR**

#### **DELUXE EXERCISER**

10-0724 Upper Body Kit10-0725 Long Leg Brace

#### **VESTIBULAR STEPPER**

**30-1935** Stepper

10-0710 Cando® Pedal Exerciser



- portable lower and upper body exerciser
- use when exercise bicycle is not available or is contra-indicated
- wide leg spread and rubber nonmarring feet keep exerciser stable
- when patient has little muscle control use wrap around adjustable straps to secure feet or arms
- tension knob turns clockwise towards "High" to increase difficulty or counter clockwise towards "Low" to reduce difficulty

10-0712 Digital Pedaler



- digital counter keeps track of amount of exercise performed
- folds for easy storage
- used for both upper and lower body exercise
- pedal action is bidirectional





- handle provides added stability while using pedaler
- four anti-slip rubber pads prevent sliding and protect floor
- safe and gentle form of low impact exercise
- stimulates circulation
- ideal for toning leg muscles
- tension can be adjusted
- attractive chrome finish
- handle can be removed easily

10-0720 Cando®Chair Cycle



- for individuals who cannot sit safely on a stationary bike
- resistance adjusts from 0-29 lbs. (0-13 kgs.)
- length can be adjusted to accommodate various leg lengths
- ideal for hospital, nursing home, or clinical settings
- deluxe model has features of standard model PLUS unit has adjustable pedals

10-0724 Upper Body Kit



10-0725 Long Leg Brace 30-1935 Vestibular Stepper



- double chambered inflatable stepper can be used for lower extremity exercises, balance training and vestibular orientation
- use to improve coordination and motor skills
- two chambers are connected by a valve which adjusts the air-flow (level of difficulty)



# Magneciser™ROM / Strength Exercise Systems



#### MAGNECISER™ ROM / STRENGTH EXERCISE SYSTEMS

- easy to assemble
- bi-directional operation
- variable resistance (turn knob to change resistance)
- improve circulation, muscle strength, joint range-of-motion and coordination
- 5-function digital display standard on all units
- wall mountable units include mounting hardware





- quiet, magnetic, bidirectional
- for upper / lower body exercises
- adjustable base for stability
- small and portable

01-8025 Vertical Shoulder Exerciser

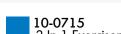


- constructed with a steel base for secure wall mounting
- arm length adjusts 13"(33 cm) to 22" (56 cm)
- height adjusts

### 10-0714 Table Top Upper Extremity



- for muscles and joint of shoulder, arm, wrist and upper body
- arm length adjusts from 13"(33 cm) to 22" (56 cm)
- optional non-skid table-top pad





- comes with 3 attachments: wrist, shoulder, elbow, arm
- length adjusts 13" (33 cm) to 22" (56 cm)
- height adjusts



- 01-8010 Deluxe Pedal Exerciser
- bi-directional exerciser can be used for upper/ lower body
- resistance can be adjusted with one easyto-use dial
- fully automated electronic monitor with LED display
- lightweight with non-skid footpads to ensure safety

#### **MAGNECISER**<sup>TM</sup>

#### **ROM / STRENGTH EXERCISE SYSTEMS**

01-8030 Pedal Exerciser

10-0714 Table Top Upper Extremity10-0714PAD Optional Pad For The Table

Top Upper Extremity

10-0716 Upper & Lower Extremity

Wheelchair Accessible

**10-0715** 3 In 1 Exerciser Rotation/

Supination

01-8025 Vertical Shoulder Exerciser

(Shoulder Wheel)

#### **PEDAL AND ARM EXERCISERS**

01-8010 Cando® Deluxe Pedal

Exerciser

# ROM / Strength Exercise Systems

#### **OVERDOOR PULLEY EXERCISER**

50-1023 Single Pulley with Strap50-1024 Single Pulley with Clamp50-1010 Double Pulley with Bracket

#### **SKATE AND POWDER BOARD**

 10-1130
 6"X6" Skate Board

 10-1131
 6"X12" Skate Board

 10-1120
 Powder Board

#### **FINGER/SHOULDER LADDERS**

**10-1160** Wood (Left) **10-1167** Plastic (Right)

#### **CANDO® ELASTIC STRETCH STRAP**

**10-1385** Strap

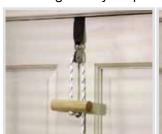
### CANDO® STRETCH-RITE™ STRAP

10-1380 Stretch-Rite Strap

#### **FOUR-LEVEL INCLINE BOARD**

**10-1179** 4-Level Board

50-1023 Single Pulley/Strap







#### **OVERDOOR PULLEY EXERCISERS**

- pulley exercisers increase shoulder ROM
- position clamp or strap in top door jamb



#### **SKATE**

exercise skate may be used on floor, table or powder board



50-1010 Double Pulley

- heavy duty shoulder pulley is popular in physical therapy
- exerciser to increase shoulder range-of-motion
- deluxe exerciser has 2 pulleys and bracket for smooth and easy operation
- portable exerciser can be easily transported and fitted to most doors



#### **POWDER BOARD**

facilitates various exercises. Portable board has a 30''x40'' top and folds from its 7'' height to 2''





- dynamic stretch strap is made with elastic pockets that allow the user to ease into a stretch
- permits dynamic stretching
- designed for "facilitated stretching", an active form of stretching that uses isometric contractions to achieve greater flexibility gains than from static stretching
- reduces the need for a stretching partner



- features six progressive handgrips to provide controlled stretch for improved flexibility and ROM
- increase stretch by moving to next handgrip position
  - lightweight and portable





- board increases extension in the lower and upper back while stretching the calves
- made of a composite plastic rated over 500 lbs.
- adjusts to 4 levels and folds flat (3-inches) to store easily
- levels:10°, 15°, 20° and 30°
- last slot on the board makes an excellent handhold for stretching
- non-slip top is 14"x14"



### Round & Half-Round Foam Rollers



#### **ROUND & HALF-ROUND FOAM ROLLERS**

- for positioning, balance, postural and muscle re-education, spinal stabilization, body awareness and coordination, and ranging and strengthening activities
- half round roller for ankle stretching and knee rehabilitation; use half roll as rocker board by standing on flat side; diameter refers to the width of the half-round profile
- polyethylene foam rolls and half rolls are strong enough to be used by large adults and active children
- available in 48", 36" and 12" lengths with either a round (circular) or half-round (semi-circular) profile
- can be used alone or with other exercisers such as Cando® exercise band, tubing, weights and balls
- White Rollers best seller, economic choice for quality roller
- TufCoat<sup>™</sup> foam rollers for washability, firmness and durability
- Blue Foam rollers have polyethylene foam like white rollers
- EVA Foam rollers have an attractive finish and extra firm feel
- Black Foam rollers made of molded foam for increased firmness

WHITE FOAM	ROLLERS	
6"		
30-2100	6x36	Round
30-2110	6x36	Half-Round
30-2101	6x12	Round
30-2111	6x12	Half-Round
4"		
30-2102	4x36	Round
30-2112	4x36	Half-Round
30-2103	4x12	Round
30-2113	4x12	Half-Round
8"		
30-2260	8x36	Round
30-2270	8x36	Half-Round
30-22/0	8x12	Round
30-2261	8x12	Half-Round
30-22/1	OX1Z	Hall-Kouna
3"		
30-2106	3x36	Round
30-2116	3x36	Half-Round
30-2107	3x12	Round
30-2117	3x12	Half-Round
TUFCOAT™ RC	OLIERS	
6"		
30-2230	6x36	Round
30-2240	6x36	Half-Round
30-2231	6x12	Round
30-2241	6x12	Half-Round
411		
4"	4.07	D I
30-2235	4x36	Round
30-2245 30-2236	4x36 4x12	Half-Round
		Round
30-2246	4x12	Half-Round
<b>BLUE FOAM R</b>	OLLERS - 6"	
30-2150	6x36	Round
30-2152	6x36	Half-Round
30-2151	6x12	Round
30-2153	6x12	Half-Round
EVA FOAM RO	LLERS - 6"	
30-2200	6x36	Round
30-2210	6x36	Half-Round
30-2201	6x12	Round
30-2211	6x12	Half-Round
	DOITE DOLLERS	411
	OSITE ROLLERS	
30-2280	6x36	Round
30-2281	6x36	Half-Round
30-2290 30-2291	6x12	Round
JU-//Y		Half Darmel
00	6x12	Half-Round

### Round & Half-Round Foam Rollers

#### WHITE FOAM ROLLERS

FULL ROUND, ROLLER			
30-2140	6"X30",	Round	
30-2141	6"X24",	Round	
30-2142	6"X18",	Round	
20 2100	6"V10"	Pound	

#### HALF ROUND, ROLLER

30-2143	6"X30",	Half Round
30-2144	6"X24",	Half Round
30-2145	6"X18",	Half Round
30-2108	6"X48".	Half Round

#### **STAR ROLLER**

**30-2220** 6"X36" **30-2221** 6"X36"

#### **CANDO® PLUS**

#### **ANTIMICROBIAL FOAM ROLLERS**

#### **FULL ROUND, ROLLER**

30-2330	6"X36"	Round
30-2332	6"X12"	Round

#### HALF ROUND, ROLLER

**30-2331** 6"X36" Half Round **30-2333** 6"X12" Half Round

#### **INFLATABLE ROLLERS**

 30-2082
 7" D x 17" L
 Green

 30-2080
 7" D x 30" L
 Blue

 30-2081
 9" D x 28" L
 Black

#### **FOAM ROLLER COVERS**

#### **FULL ROUND COVER**

**30-2090** 6" D X36" L Round **30-2094** 6" D X36" L Half Round

#### HALF ROUND COVER

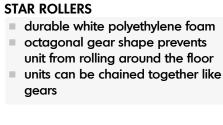
**30-2091** 4" D x 36" L Full Round **30-2095** 4" D X36" L Half Round

#### **FOAM ROLLER STORAGE**

**30-2180** Foam Roller Storage



#### WHITE FOAM ROLLERS





#### **INFLATABLE ROLLERS**

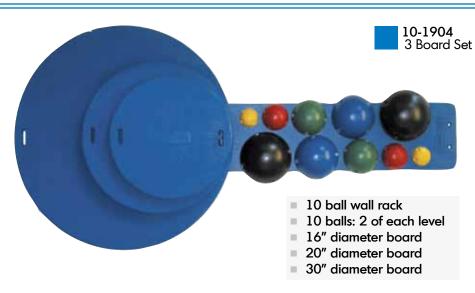
- ball rollers inflate like inflatable ball
- fully inflate to increase instability, and partially inflate for added stability



#### **FOAM ROLLER COVERS**

- convenient covers slip over a foam roller
- covers are washable and protect foam rollers against dirt and nicks





#### MVP™ BALANCE SYSTEM

MVP™ system offers an unstable and sensory-stimulating platform to facilitate balance and proprioceptive training and postural reactions. The boards can be used for: balance, coordination and proprioceptive training; ankle and knee strengthening and rehabilitation; core strengthening and stability; ankle range-of-motion and flexibility; and improved posture.

- use as wobble or rocker board, one ball for wobble board, two balls for rocker board
- level of difficulty is variable
- color coded
- five sizes of instability balls
- largest ball most unstable
- balls screw in/out of platform with ease
- three sizes of platforms, smaller is more difficult
- slots in platform fit band/tubing
- use hanging rack for compact storage
- holds 10 balls and 4 platforms







#### **MVPTM BALANCE SYSTEM**

**10-1904** 3 Board Set

#### **ADDITIONAL PLATFORMS**

 10-1776
 16" Diameter Hard

 10-1786
 20" Diameter Medium

 10-1796
 30" Diameter Easy

 10-1696
 20"X40" Board

#### 2 BALL SETS

Height Challenge
10-1760-2 1" X-Easy Yellow
10-1761-2 1.5" Easy Red
10-1762-2 2" Moderate Green
10-1763-2 2.5" Hard Blue
10-1764-2 3" X-Hard Black

#### 10 BALL SET

**10-1766** Set Contains 2 Each Of:

Yel Red Gre Blu Blk

#### 10 BALL RACK

**10-1743** Rack with 2 Each Of:

Yel Red Gre Blu Blk

**10-1744** 10 Ball Rack Only

## Multi-Axial Platform System

### PROFESSIONAL MULTI-AXIAL PLATFORM SYSTEMS

10-1730 Board with Balls, Rods10-1731 Board with Balls, Rods,

Weights, Rack

10-1735 Board with Balls, Rods,

Weights, Tub

Multi-Axial Board Only Wall Rack For 5 Balls And

#### **PROFESSIONAL ACCESSORIES**

10-1732

10-1740

10-1780

10-1760

Board

10-1741 Storage Tub

10-1733 Motion Limiter

10-0601 2.5 Lb. Weight Plate

10-1770 Weight Rod (Each)

#### INDIVIDUAL INSTABILITY BALLS (HEMISPHERES)

1" X-Easy

Height Challenge

Yellow

Dycem® Foot Pad

 10-1761
 1.5" Easy
 Red

 10-1762
 2" Moderate Green

 10-1763
 2.5" Hard
 Blue

 10-1764
 3" X-Hard
 Black

**10-1765** 5 Ball Set with

Yel Red Gre Blu Blk

**10-1742** Rack with 5 Ball Set Of

Yel Red Gre Blu Blk

#### **MULTI-AXIAL PLATFORM SYSTEM - HOME**

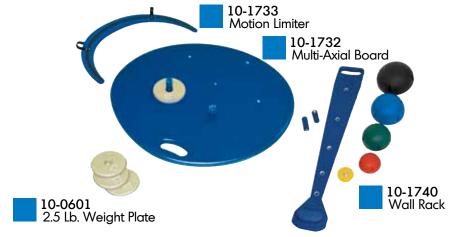
ADULT MODEL (Over 120 Pounds) - Blue
10-1752 Home Board For Right Foot
10-1753 Home Board For Left Foot

CHILD MODEL (Under 120 Pounds) - Yellow
10-1750 Home Board For Right Foot
10-1751 Home Board For Left Foot

#### **NON-SKID ACCESSORY**

10-1780 Dycem Foot Pad For Added

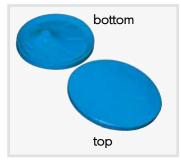
Traction



#### PROFESSIONAL MULTI-AXIAL PLATFORM SYSTEM

- Multi-Axial Platform System offers adjustable ROM and weight training to maximize lower body rehabilitation. Includes reversible board (1 side for left foot and one side for right foot). 5-ball set (color-coded yellow, red, green, blue and black from least to most difficult). Balls screw into board to provide vestibular challenge.
- Comes standard with 2 weight rods, 10 pounds of disk weights and a wall rack.
- Optional motion limiter is used to limit ROM.

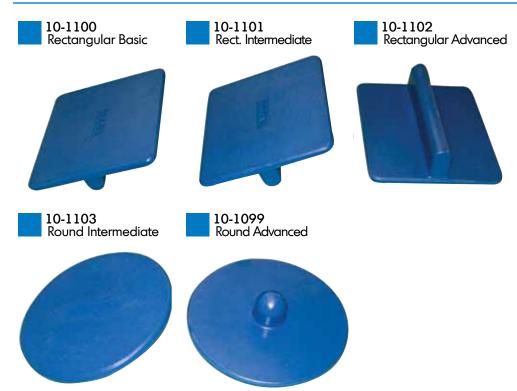




#### **HOME MULTI-AXIAL PLATFORM SYSTEM**

- board is elliptical with off-centered pivot
- select board for specific foot, and weight class

## Stability Trainers



#### **HEAVY DUTY BALANCE BOARDS**

- strengthen and condition lower body
- improve ankle ROM, balance, body awareness, and develop joint mobility and reaction skills
- durable, heavy-duty and non-skid
- lightweight, compact for portability



#### **CANDO® MODULAR STABILITY TRAINER**

- use to challenge balance skills
- to increase difficulty inflate stone, use larger stone, or smaller board
- place non-slip board on top of stone
- stone can be placed flat side up or down



#### **BOARD-ON-STONE™**

- combines the vestibular disc and nonslip board to make a stability trainer
- stack discs or use smaller board for added difficulty
- stand on disc and shift weight to perform stability exercises



#### 10-1745 Economy Wobble Board

- 14" diameter wobble board makes balance training fun
- raised circles on surface makes the board slip resistant

#### CANDO®HEAVY-DUTY BALANCE BOARDS

### RECTANGULAR ROCKER (15X18")

 10-1100
 Basic: 2" Flat Bottom

 10-1101
 Intermediate: 2.5" Bottom

 10-1102
 Advanced: 3.5" Bottom

#### **ROUND WOBBLE (15" DIAMETER)**

10-1103 Intermediate, 2" Ball10-1099 Advanced 3" Ball

#### **CANDO® MODULAR STABILITY TRAINER**

 10-1705
 16 In. Advanced

 10-1706
 20 In. Intermediate

 10-1707
 30 In. Beginner

#### CANDO® BOARD-ON-STONE™

#### **BALANCE TRAINER**

 10-1725
 7 In. Stone And 16 In. Board

 10-1726
 7 In. Stone And 20 In. Board

 10-1727
 7 In. Stone And 30 In. Board

 10-1722
 13 In. Stone And 16 In.

Board

10-1723 13 In. Stone And 20 In.

Board

**10-1724** 13 In. Stone And 30 In.

Board

#### **BALANCE BOARDS**

 10-1700
 16 In. Circular

 10-1701
 20 In. Circular

 10-1702
 30 In. Circular

#### **CANDO® BALANCE STONES**

INDIVIDUAL

**30-1982** 7" Diameter 17.5 cm **30-1983** 13" Diameter 33 cm

#### **CANDO® ECONOMY WOBBLE BOARD**

10-1745 Wobble Board

#### **CANDO® PROGRESSIVE INSTABILITY PADS**

30-2161 X-Light Yellow 30-2162 Red Light 30-2163 Medium Green 30-2164 Heaw Blue 30-2165 X-Heaw Black 30-2166 Set with Yel Red Gre Blu Blk

#### **ARMASPORT® BALANCE PAD**

**32-1500B** 1 Pad

#### **CANDO® LOW IMPACT AEROBIC PAD**

30-2120Y Yellow 30-2120R Red 30-2120 Green 30-2120B Blue 30-2120BLK Black

#### **CANDO® VESTIBULAR DISC**

#### 60 CM / 23.6" DIAMETER

 30-1868R
 Red

 30-1868G
 Green

 30-1868
 Blue

 30-1868Y
 Yellow

 30-1868BLK
 Black

 30-1867
 60 Cm,Cover

#### 35 CM / 13.8" DIAMETER

30-1870R Red 30-1870G Green 30-1870B Blue 30-1870Y Yellow 30-1870BLK Black 30-1870 60 Cm,Cover

#### **CANDO® VESTIBULAR WEDGE**

**30-1925** Large Wedge (15x15") **30-1926** Small Wedge (10x10")

#### **CANDO® CORE TRAINER DOME**

**30-1902** Dome



#### **CANDO® PROGRESSIVE INSTABILITY PADS**

- each pad in the series of 5 progressive balance pads has a different level of "give" and offers a different vestibular challenge
- yellow is the least unstable (easiest), and black is the most unstable (most challenging)
- surface made from molded foam
- combination of foam and cut-out design yields comfort and functionality
- pads can also be used as core-strengthening vestibular seating cushions





- free of phthalate plasticizers, latex and triclosan
- sanitized coating protects against microbes and unpleasant odors
- resists sweat and saliva
- closed cell foam provides excellent elasticity and energy absorption
- coarse surface for traction





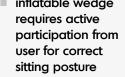
- designed to be the most effective and functional pad for low impact aerobic exercises and group classes
- both top and bottom surfaces are textured for
- non-slip, secure footing
- great economical price!
- colorful pads make the perfect cushioned exercise surface in any setting

30-1868 Vestibular Disc



- large vestibular disc can be used as a balance board or sitting disc, depending on how much it is inflated.
- inflates with standard pump
- tactile side offers user feedback and stimulation

# VESTIBULAR WEDGE ■ inflatable wedge



- dynamic seating and static positioning
- inflate or deflate wedge to vary difficulty



- inflatable dome on rigid base can be used flatside up or down
- dome is 21" diameter
- complete with pump, resistance tubing, instructional DVD





### Inflatable Exercise Balls



#### **INFLATABLE EXERCISE BALLS**

- used to improve balance, coordination, flexibility, strength and even just for fun.
- used by therapists as an aid for vestibular movement and equilibrium therapy, by fitness professionals as an aid for stretching and strength programs, as seats, and even by pregnant women in birthing classes
- non-slip surface is ribbed for extra security
- under inflate to give a soft, mushy feel or fully inflated for a firm, bouncy feel
- support 300 pounds (136kg)



#### **DELUXE ABS BALL**

- deluxe balls are made with a specially formulated slow-deflate material
- non-slip surface ribbed for traction
- "mottled" color differentiates it from standard balls
- supports 600 pounds (272kg)





#### **CANDO® SENSI BALL**

- sensi-ball has a specially textured "nubby" surface that adds tactile and visual elements to ball therapy
- used to improve balance, coordination, flexibility, strength and even just for fun
- supports 300 lbs. (136kg.)

#### **CANDO® BODY BALL**

- strong, light, easy to grasp and have a large inflation range
- attractive pastel colors

#### CANDO® INFLATABLE EXERCISE BALLS - REGULAR

CANDO® INFLATA	ABLE EXERCISE BA	LLS - REGU
<b>RETAIL BOX</b>		
<b>30-1801</b> B	45cm (17.7in.)	Yellow
<b>30-1802</b> B	55cm (21.6in.)	Orange
<b>30-1803</b> B	65cm (25.6in.)	Green
<b>30-1804</b> B	75cm (29.5in.)	Red
<b>30-1805</b> B	85cm (33.5in.)	Blue
POLYBAGGED		
30-1800	30cm (11.8in.)	Blue
30-1801	45cm (17.7in.)	Yellow
30-1802	55cm (21.6in.)	Orange
30-1803	65cm (25.6in.)	Green
30-1804	75cm (29.5in.)	Red
30-1805	85cm (33.5in.)	Blue
30-1806	95cm (37.4in.)	Red
30-1841	105cm (41.3in	.). Blue

120cm (47.3in.) Orange

150cm (59.1in.) Yellow

180cm (70.9in.) Blue

#### CANDO® DELUXE ABS BALL

30-1807

30-1808

30-1809

CANDO DELO	AL ADO DALL
<b>RETAIL BOX</b>	
<b>30-1851</b> B	45cm (17.7in.) Yellow
<b>30-1852</b> B	55cm (21.6in.) Orange
<b>30-1853</b> B	65cm (25.6in.) Green
<b>30-1854</b> B	75cm (29.5in.) Red
<b>30-1855</b> B	85cm (33.5in.) Blue
POLYBAGGED	
30-1851	45cm (17.7in.) Yellow
30-1852	55cm (21.6in.) Orange
30-1853	65cm (25.6in.) Green
30-1854	75cm (29.5in.) Red

#### CANDO® SUPER-DUTY EXERCISE BALLS

85cm (33.5in.) Blue

#### RETAIL BOX

30-1855

30-1961B	45cm (17.7")	Yellow
30-1962B	55cm (21.6")	Red
30-1963B	65cm (25.6")	Green
30-1964B	75cm (29.5")	Blue
30-1965B	85cm (33.5")	Silver
POLYBAGGED		
30-1961	45cm (17.7")	Yellow
30-1962	55cm (21.6")	Red
30-1963	65cm (25.6")	Green
30-1964	75cm (29.5")	Blue
30-1965	85cm (33.5")	Silver

#### **CANDO® SENSI BALL**

30-1773	55cm (21.6")	Orange
30-1776	65cm (25.6")	Green
30-1777	75cm (29.5")	Red
30-1778	85cm (35.5")	Blue
30-1779	100cm (39.4")	Red

#### CANDO® BODY BALL (not shown)

30-1742	55cm (21.6")
30-1743	65cm (25.6")
30-1744	75cm (29.5")
30-1745	85cm (35.5")
30-1746	95cm (38.0")

### Inflatable Exercise Rolls & Balls

#### **CANDO® INFLATABLE SADDLE ROLLS**

30-1725 40x90cm (16x35") Yellow 30-1726 50x100cm (20x39") Orange 30-1727 60x110cm (24x43") Green 30-1728 70x120cm (28x47") Red 30-1729 80x130cm (32x51") Blue

#### **CANDO® SENSI-SADDLE ROLL**

**30-1735** 40cm (15.8") Yellow **30-1736** 50cm (19.7") Orange **30-1737** 60cm (23.6") Green

#### CANDO® CUSHY AIR™ BALL

**30-1740\*** 25cm (7-10") Yel Red Gre Blu Blk

**30-1741** 45cm (13-17") Yellow \*Specify Color When Ordering

#### **CANDO® INFLATABLE STRAIGHT ROLL**

**30-1780** 40x90cm (16x35") Yel **30-1781** 50x100cm (20x39") Ora **30-1782** 60x110cm (24x43") Gre **30-1783** 70x120cm (28x47") Red

#### **CANDO® JUMP BALL**

**30-1825** 40cm (15.8") Yellow **30-1826** 45cm (17.7") Red **30-1827** 50cm (19.7") Green **30-1828** 55cm (21.7") Blue

#### **CANDO® BALL WITH FEET**

**30-1891** 45cm (17.7") Yellow **30-1892** 55cm (21.0") Orange **30-1893** 65cm (25.6") Green **30-1894** 75cm (29.5") Red

#### **CANDO® ECONOMY BALL SETS**

**30-1845** 55cm Ball/ Pump **30-1846** 65cm Ball/ Pump **30-1847** 75cm Ball/ Pump

#### **PLASTIC BALL STOOL/TRAINER**

30-1796 Mobile Exercise Ball Stool



#### INFLATABLE SADDLE ROLLS

- easier to control because motion is limited to forward and backward direction
- aids in developing muscles, coordination and balance
- the "saddle" offers extra support for the patient
- supports up to 600 pounds



#### **SENSI SADDLE ROLLS**

- textured "nubby" surface adds tactile and visual elements to ball therapy
- easier to control than balls
- built-in saddle gives user added sense of security
- supports 600 lbs.

#### **CUSHY AIR™ BALL**



- soft, cushy material inflates to desired firmness
- light and easy to grasp.



#### **INFLATABLE STRAIGHT ROLL**

- straight roll only moves in a side-toside manner making it easier to use than the ball
- added length of roll makes it possible for two people to be on one roll
- 300 lb. weight capacity



#### **JUMP BALL**

- jump ball is ideal to provide proprioceptive and vestibular stimulation
- ball has heavy-duty grip handles designed to give secure control at all times
- available in four sizes
- 300 lb. weight capacity



#### **BALL WITH FEET**

- stabilizing "feet" keep ball from rolling when not in use
- weight of person makes the "feet" retract into ball so it can function like any other inflatable exercise ball
- non-slip surface is ribbed for extra security
- supports up to 300 pounds



#### PLASTIC BALL STOOL/TRAINER

- versatile exercise ball chair holds a 50cm ball (included!) securely in place
- use as a chair, or use as an inflatable exercise dome
- casters have locking mechanism to make chair stationary
- lock casters when using during vestibular exercises . . . you do not want exercise ball chair to roll away



# Exercise Balls and Accessories

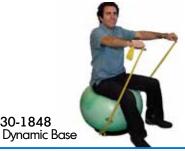


### **PLASTIC BALL CHAIR**

- mobile ergonomic seating system combines the benefits of ball therapy with the convenience of a chair base
- ball held securely in place by the base
- features removable back, without arms
- casters glide on carpet or hard surfaces
- includes ball

30-1848

light assembly required



- base has 4 built in anchors and 2 grooves for exercise band and tubing
- lightweight, portable gym ball
- base measures 19.5" diameter and fits a 45, 55, 65 and 75 cm exercise ball.
- use base to stabilize exercise ball and prevent ball from rolling around gym
- use base with band or tubing for dynamic workout





efficient way to store balls and conserve floor space

- stack 35cm 95cm balls
- set includes 3 adjustable rings
- stack balls up to three high



### **METAL BALL CHAIR**

- mobile ergonomic seating system combines the benefits of ball therapy with the convenience of a chair base
- ball held securely in place by the base
- features removable back
- casters glide on carpet or hard surfaces
- includes 55cm ball
- light assembly required



### **BALL STABILIZER BASE**

- plastic base provides extra protection and stability for the ball during use
- ideal for individuals who are not prepared for instability of therapy
- prevents ball from rolling away



### **INFLATORS/BALL PUMPS**

- for optimal inflation, use electric first then fully inflate with manual pump
- double piston and electric pump has inflation and deflation valve
- colors may vary

### **PLASTIC BALL CHAIR**

30-1792 Adult Size WI 55 cm Ball Child Size WI 35 cm Ball 30-1795

### METAL BALL CHAIR

30-1791 with Arms 30-1790 without Arms

### **CANDO® DYNAMIC BALL STABILIZER BASE**

30-1848 Dynamic Base

### **CANDO® BALL STABILIZER BASES**

30-1840 Small (For 45cm, 55cm) 30-1842 Medium (For 65cm, 75cm)

### **CANDO® BALL STACKER**

30-1830 3 Ring Stacker Set

### **INFLATORS/BALL PUMPS**

### MANUAL PUMPS

30-1051 A Double Piston 6" Hand 30-1047 30-1048 B 12" Hand 30-1038 C Small Bellows 30-1039 D Large Bellows

### **ELECTRIC PUMPS**

30-1054 E Inflator/Deflator (120V US) 30-1829 Ball Plug Remover

# Premium Exercise Mats

### **EXERCISE MATS**

### 48"X24 0.6" THICKNESS

 32-1400B
 Fit-15 Mat, Blue\*

 32-1400R
 Fit-15 Mat, Red\*

 32-1400BLK
 Fit-15 Mat, Black\*

### 48"X24 0.4" THICKNESS

**32-1401B** Fit-10 Mat, Blue

### 56"X24 0.6" THICKNESS

**32-1410B** Body-15 Mat, Blue\* **32-1410R** Body-15 Mat, Red\* **32-1410BLK** Body-15 Mat, Black\*

### 56"X24 0.4" THICKNESS

**32-1411B** Body-10 Mat, Blue

### 72"X24 0.6" THICKNESS

**32-1420B** Star-15 Mat, Blue\* **32-1420R** Star-15 Mat, Red\* **32-1420BLK** Star-15 Mat, Black\*

### 72"X24 0.4" THICKNESS

**32-1421B** Star-10 Mat, Blue

### 72"X32" 0.6" THICKNESS

 32-1430B
 Top-15 Mat, Blue

 32-1430R
 Top-15 Mat, Red

 32-1430BLK
 Top-15 Mat, Black

### 78"X40" 1.0" THICKNESS

**32-1440B** Power-25 Mat, Blue **32-1440BLK** Power-25 Mat, Black

### 78"X40" 0.6" THICKNESS

**32-1441B** Power-1*5* Mat, Blue **32-1441BLK** Power-1*5* Mat, Black

### 72"X40" 0.6" THICKNESS

 32-1450B
 Elite-15 Mat, Blue

 32-1450R
 Elite-15 Mat, Red

 32-1450BLK
 Elite-15 Mat, Black

### HANGING MAT RACKS

32-1491 Wall Rack, Holds 10 Mats 32-1490 Floor Rack with Casters,

Holds 20 Mats



### **ARMASPORT® EXERCISE MATS**

- tough enough for clinic, school and fitness center
- extra thick and extra soft
- free of phthalate plasticizers, latex and triclosan
- sanitized coating protects against microbial attack and unpleasant odors
- resists sweat and saliva
- can be hung using integral flexible grommets (.6" fit, body, star and top mats)
- closed cell rubberized latex-free foam provides excellent elasticity, energy absorption and resistance
- great for physiotherapy, hydrotherapy and fitness

















### **PLUSH EXERCISE MAT**

- cushioned exercise mats offer superior comfort, quality and durability, yet are lightweight and sturdy enough for commercial use in health and fitness clubs
- colorful, non-leaching, soft, resilient closed-cell foam material
- waterproof and sanitary. Mats can even be used as a pool float
- latex free

### **INDIVIDUAL EXERCISE/REST MATS**

- therapy mat is available with or without centerfold
- choose polyurethane (PU) foam or EnviroSafe™ foam
- foam mats are covered with 18oz. tough fire-retardent pthalatefree PVC coated vinyl. Cover is sewn around foam



### YOGA AND EXERCISE MAT

- thin and lightweight, yet cushioned and strong mats roll-up to compact roll to fit in gym bag
- PER (polymer environmental resin) yoga mats comply with the European Environmental Protection Test Standard
- no pthalates, dioxin, furons, phenol, or heavy metals

### **CANDO® PLUSH EXERCISE MAT**

30-2310Y	26" W x 72" L x .6" D	Yel
30-2310R	26" W x 72" L x .6" D	Red
30-2310G	26" W x 72" L x .6" D	Gre
30-2310B	26" W x 72" L x .6" D	Blu
30-2310BLK	26" W x 72" L x .6" D	Blk

### CANDO® INDIVIDUAL EXERCISE/REST MATS

### **CENTER-FOLDING MAT**

1" PU	2" PU	2" Enviros	Safe™
38-0500	38-0400	38-2400	2x4 Feet
38-0501	38-0401	38-2401	2x5 Feet
38-0502	38-0402	38-2402	2x6 Feet

### NON-FOLDING MAT

I" PU	2" PU	2" Enviros	ate <sup>m</sup>
38-0510	38-0410	38-2410	2x4 Feet
38-0511	38-0411	38-2411	2x5 Feet
38-0512	38-0412	38-2412	2x6 Feet

### CANDO® YOGA AND EXERCISE MAT

24" W X 68" L X .12" D

**30-2330B** Blu

24" W X 68" L X .24" D

**30-2331B** Blk

### **CANDO® ACCORDION FOLD MAT**

FOAM				
1.38" PE	2" PU	Size	Sect.	Colors
38-0060	38-0000	4x4'	2	1
38-0070	38-0010	4x4'	2	2
38-0061	38-0001	4x6′	3	1
38-0071	38-0011	4x6′	3	2
38-0062	38-0002	4x8′	4	1
38-0072	38-0012	4x8′	4	2
38-0082	38-0022	4x8′	4	Rainbow
38-0093	38-0090	5x4′	2	1
38-0094	38-0091	5x4′	2	2
38-0063	38-0003	5x10′	5	1
38-0073	38-0013	5x10′	5	2
38-0083	38-0023	5x10′	5	Rainbow
38-0064	38-0004	6X12′	6	1
38-0074	38-0014	6X12′	6	2
38-0084	38-0024	6X12′	6	Rainbow
ENVIROSA	EETM			
1.38"		Size	Sect	Colors
38-2060	_	4x4'	2	1

1.38"	2"	Size	Sect	Colors
38-2060	38-2000	4x4'	2	1
38-2070	38-2010	4x4'	2	2
38-2061	38-2001	4x6′	3	1
38-2071	38-2011	4x6′	3	2
38-2062	38-2002	4x8′	4	1
38-2072	38-2012	4x8′	4	2
38-2082	38-2022	4x8′	4	Rainbow
38-2093	38-2090	5x4′	2	1
38-2094	38-2091	5x4′	2	2
38-2063	38-2003	5x10′	5	1
38-2073	38-2013	5x10′	5	2
38-2083	38-2023	5x10′	5	Rainbow
38-2064	38-2004	6X12′	6	1
38-2074	38-2014	6X12′	6	2
38-2084	38-2024	6X12′	6	Rainbow

### CANDO® ADD-A-MAT™ EXTENSION PANELS

### FOAM

1 07 011		
1.38" PE	2" PU	Size
38-0120	38-0100	4x2'
38-0121	38-0101	5x2′
38-0122	38-0102	5x2′

### **ENVIROSAFETM**

1.38"	2"	Size
38-2120	38-2100	4x2′
38-2121	38-2101	5x2′
38-2122	38-2102	5x2′



### **ACCORDIAN FOLD MAT**

- Mats are covered with 18oz. tough fire-retardent pthalate-free PVC coated vinyl. Cover is sewn around foam.
- Vinyl coated nylon cover is strong, mildew resistant, anti-bacterial and wipes clean with a damp cloth.
- Mat is made with square side walls and is reinforced at all stress points for added durability.
- PE and PU Foam Options: poly-ethylene (PE) foam 1 3/8" thick PE mats have a hard feel, used for more strenuous exercises. Poly-urethane (PU) foam 2" thick PU mats have a softer feel, used when cushioning is most important.
- Mat folds every 2 feet to minimize storage space when not in use
- Velcro ends allow mats to safely connect to other mat to "expand" and form a larger mat surface
- Mat folds in 2 foot sections for easy storage and transportation



### **ADD-A-MAT™ EXTENSION PANELS**

- increase the length of any accordion fold mat by adding an "add-a-mat" panel
- velcro ends allow for easy attachment to any accordion fold mat



# Cando® Center-Fold and Non-Folding Mat



### CENTER-FOLD AND NON FOLDING MATS WITH HANDLES

reinforced handles can be used to carry and to store mat







### **CUSHY-AIR™ MATS**

- lightweight and portable
- adult and child mat comes with a carry bag and has die-cut handles
- adult mat has 2 pieces the fit together in jigsaw pattern
- "air channel" construction allows mat to conform to body position







38-0552



### **CENTER FOLD MAT WITH HANDLES**

**FOAM** 

1.38" PE	2" PU	Size
38-0315	38-0305	4×4′
38-0310	38-0300	4x6′
38-0316	38-0306	4x7′
38-0311	38-0301	4x8′
38-0312	38-0302	5x7′
38-0313	38-0303	5×10′
38-0317	38-0307	6x8′
38-0314	38-0304	6x12
END/IDOCA	EETM	
<b>ENVIROS</b> A		
1.38"	2"	Size
		Size 4x4'
1.38"	2"	
1.38" <b>38-2215</b>	2" <b>38-2205</b>	4x4′
1.38" 38-2215 38-2210	2" 38-2205 38-2200	4x4' 4x6'
1.38" 38-2215 38-2210 38-2216	2" 38-2205 38-2200 38-2206	4x4' 4x6' 4x7'
1.38" 38-2215 38-2210 38-2216 38-2211	2" 38-2205 38-2200 38-2206 38-2201	4x4' 4x6' 4x7' 4x8'
1.38" 38-2215 38-2210 38-2216 38-2211 38-2212	2" 38-2205 38-2200 38-2206 38-2201 38-2202	4x4' 4x6' 4x7' 4x8' 5x7'
1.38" 38-2215 38-2210 38-2216 38-2211 38-2212 38-2213	2" 38-2205 38-2200 38-2206 38-2201 38-2202 38-2203	4x4' 4x6' 4x7' 4x8' 5x7' 5x10'

### **ANDLES**

DING MAT	WITH H
2" PU	Size
38-0205	4x4'
38-0200	4x6′
38-0206	4x7′
38-0201	4x8'
38-0202	5x7′
38-0203	5x10′
38-0207	6x8′
38-0204	6x12
<b>FE</b> TM	
2"	Size
38-2305	4x4'
38-2300	4x6′
38-2306	4x7′
	2" PU 38-0205 38-0200 38-0201 38-0201 38-0202 38-0203 38-0207 38-0204 FETM 2" 38-2305 38-2300

38-2311 38-2301 4x8' **38-2312 38-2302** 5x7' **38-2313 38-2303** 5x10' 38-2317 **38-2307** 6x8' **38-2314 38-2304** 6x12

### JUNIOR CANDO® CUSHY-AIR™ MAT

38-0551 36"X17"X1.2" (90x42x3cm)

### ADULT CANDO® CUSHY-AIR™ MAT

**38-0550** 72"X20"X1.2" (180x50x3cm)

### ROLL-UP CANDO® CUSHY-AIR™ MAT

**38-0552** 72"X20"X0.6" (180x50x1.5cm)

# Exercise Mats, Rolls, Wedges

### **CANDO® ROLLS**

31-2010	$18'' \times 4''$
31-2011	24" x 6"
31-2012	$15'' \times 8''$
31-2017	24" x 8"
31-2013	36" x 6"
31-2014	36" x 10"
31-2015	36" x 12"
31-2016	$48''\times14''$

### **CANDO® WEDGES**

31-2000	$22'' \times 20'' \times 4''$
31-2001	22" × 20" × 6"
31-2002	22" x 20" x 8"
31-2003	$28'' \times 24'' \times 6''$
31-2004	$28'' \times 24'' \times 8''$
31-2005	$28''\times24''\times10''$
31-2006	$28''\times24''\times12''$
31-2050	20" x 30" x 8"
31-2051	30" × 30" × 16"
31-2052	40" × 30" × 16"

### **INCLINE MATS**

VV/O Strap	VV/ Strap	
31-2023		$2 \text{ft} \times 4 \text{ft} \times 14''$
31-2020	31-2032	$3 \text{ft} \times 2 \text{ft} \times 14^{\prime\prime}$
31-2021	31-2033	6ft x 3ft x 16"
31-2022	31-2034	6ft x 4ft x 16"
31-2024	31-2035	7ft x 5ft x 18"

### THICK MATS (LANDING MATS)

### **NON-FOLDING**

4" Thick	8" Thick	
32-1000	32-1004	4x6ft
32-1008	32-1009	4x7ft
32-1001	32-1005	4x8ft
32-1002	32-1006	5x10ft
32-1003	32-1007	6x12ft
FOLDING		
32-1011	32-1014	5x10ft
32-1012	32-1005	6x12ft



### **CANDO® ROLLS, WEDGES AND INCLINE MATS**

- positioning and vestibular shapes covered with heavy-duty vinylcoated nylon, filled with high compression urethane foam
- inexpensive shapes are ideal for institutional use in physical therapy departments, home use for positioning rolls and wedges, special education programs, pre-school programs, physical education classes and the gym



### **INCLINE MATS**

- wedge shaped mats can be used to facilitate gross motor activities like rolling, tumbling and crawling
- safe, soft mats encourage participation
- incline mats with straps can be used for adaptive positioning



- thick mats give added support and cushioning to increase the confidence level of the child using the mat
- side vents allow air to flow in and out

# Exercise and Rehabilitation Positioning

### **SKILLBUILDERS® WEDGES**



- wedges are ideal positioning shapes for exercise therapy
- put under back, arm or leg of patient for comfortable and functional positioning
- provides necessary leverage to promote exercise regime; i.e. under the knee to enable weighted ankle lifts

### **SKILLBUILDERS® ROLLS**



- rolls, like wedges, are used to foster exercise therapy and general positioning
- for example: roll can be placed under the knee to allow weighted ankle lifts



supports knees and lower legs when user is in supine position

### **SKILLBUILDERS® HALF ROLLS**



- half rolls combine stability of a wedge
- with the positioning versatility of a roll use with hook on bottom to anchor roll
- provides stable base for knee flexion and extension

### **QUAD BOARDS**

### wood

- provide support by forcing the proper amount of knee (or arm) flexion
- used on a treatment table or floor
- board folds flat when not in use

### steel

- each section can be adjusted independently to match exact femoral and tibial lengths
- adjustability of this quadboard allow for the knee to be fixed to any degree
- chrome plated steel, folds flat

### SKILLBUILDERS® WEDGES

	$L \times W \times H$
30-1010	20x22x4"
30-1011	20x22x6"
30-1012	20x22x8"
30-1013	20x22x10"
30-1014	24x26x6"
30-1015	24x26x8"
30-1016	24x26x10"
30-1017	24x26x12"

### **SKILLBUILDERS®ROLLS**

	LXD
30-1000	24x4"
30-1001	24x6"
30-1002	24x8"
30-1003	36x8"
30-1004	36x10"
30-1005	36x12"
30-1006	48x12"
30-1007	48x14"
30-1008	48x16"

### SKILLBUILDERS®ROLL RACK

**30-1009** 5-Piece Roll Rack

### SKILLBUILDERS® HALF ROLLS

	WxL	Elevatio
30-1230	4x18"	2"
30-1231	4x18"	3"
30-1232	6x24"	4.5"
30-1233	8x30"	6"

### SKILLBUILDERS® KNEE SUPPORT WEDGES

 $W \times L \times H$ 

**30-1250** Wedge 22x13x17" **30-1251** Crescent 22x13x9"

### **QUAD BOARDS**

10-1140	Wood Board
10-1141	Wood Board, Padded
10-1142	Steel Board



# **FABRICATION ENTERPRISES INCORPORATED**











### **ABOUT THE MANUFACTURER OF BASELINE:**

(FEI) Fabrication Enterprises Incorporated has just celebrated its 35th year in business. From the first day of business over 35 years ago until now, Fabrication Enterprises has continually sought to bring Clinically Effective, High Quality Products to the Health Care Professional.

Through constant dedication to the clinician, listening to the needs of therapists and patients, and continually improving customer service and product availability, Fabrication Enterprises has grown to be one of the largest producers/suppliers to the Physio/Rehab market in the USA. Based in White Plains, New York, Fabrication Enterpises is now well positioned to be a major supplier to the needs of the Global Physio/Rehab market.



These High Quality Brands produced by Fabrication Enterprises are now Globally available:

- CANDO® Exercise Band, Tubing, Balls, Vestibular Products, and Accessories
- CANDO® Theraputty™ Exercise Putty
- BASELINE® Measurement Instruments (this catalog)
- RELIEF PAK® Hot and Cold Products
- SKILLBUILDERS® Positioning Products
- WAXWEL™ Paraffin Baths and Refills
- CUFF®, POUCH™ and SOFTGRIP™ Exercise Weights
- DIPSTERS® Patientwear

Want to know more? We hope so! Please contact us for any additional information and pricing. You may reach us at:

info@FabricationEnterprises.com (tel) +1 914 345 9300 (fax) +1 914 345 9800 www.FabricationEnterprises.com



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# Hydraulic Hand Dynamometers

### 91 KG. (200 LB.) HAND DYNAMOMETERS

**12-0240** Standard

2 Year Warranty (shown)

12-0241 LiTETA

1 Year Warranty

12-0221 HDTM

5 Year Warranty

**12-0243** HiRes™

2 Year Warranty

Case Standard

### 136 KG. (300 LB.) HAND DYNAMOMETERS

**12-0246** ER HiRes™

2 Year Warranty

**12-0247** Digital

2 Year Warranty

### **GAUGE OPTIONS**

Standard: 6 cm (2.5") Head HiRes $^{TM}$ : 9 cm (3.5") Head

Exteded

Range: 9 cm (3.5") Head

### **MMT HANDLE WITH 3 PUSH PADS**

12-0580 Fits All Hydraulic Dynamometers

(See page 8 for details)



Baseline® hydraulic hand dynamometer gives accurate grip strength readings without the subject being able to "feel" the handle move. Internationally accepted design ensures reliability, user convenience and measurement repeatability.

- Baseline® dynamometers have been manufactured in the USA since 1978.
- The Baseline® hand dynamometer is engineered to be durable, so it will last for years and years.
- Maximum reading remains until the unit is reset.
- Five position adjustable handle and body design yield results that are consistent with published Baseline® and Jamar® studies.
- The strength reading can be viewed as pounds or kilograms.
- CE certified.





The 91 kg. (200 lb.) dial Baseline® hand dynamometer has become a popular tool used by therapists all across the world. The standard 6 cm (2.5") diameter head is used throughout the industry.

12-0246 ER HiRes ™ Head



The ER (extended-range) dial can measure grip strength up to 300lbs/135kg. The 300 lb. (135kg.) Baseline® hand dynamometer is only available with a HiRes™ 9 cm (3.5") diameter head. The dial contains 5-pound 1 2.5 kg gradations.





The 300 lb. (135 kg) digital hand dynamometer has added advantage of an LCD display. Features an electronic zero calibration system and 2 "AAA" batteries. Push button console includes button to zero last maximum reading stored in memory, a max. button to display highest reading, clear button, and a lb./kg. toggle.



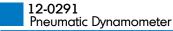
12-0580 MMT Handle With 3 Push Pads

Converts any grip strength dynamometer into a manual muscle tester



# Pneumatic and Spring Dynamometers





The Baseline® squeeze (bulb) dynamometers are the inexpensive way to measure hand and finger strength. The dynamometer is available with and without a maximum pressure indicator (reset) that remains at the maximum reading until reset. Unit is calibrated in PSI (pounds-per-square inch).





Adjustable dynamometer/pinch gauge measures both grip and pinch strength. Comes with three different sized interchangeable squeeze bulbs that can be easily fitted to the gauge. Lightweight and portable. Maximum reading remains until reset. Unit is calibrated in PSI (0-30). This unit is similar to the Martin Vigorometer.



12-0281 Baseline® Smedley Spring Dynamometer

The Smedley spring-type dynamometer has been used successfully for many years to measure grip strength. Adjustable handle comfortably accommodates any hand size. Unit is calibrated in both pounds and kilograms.



### 12-0286 Baseline® Digital Smedley Dynamometer

Digital, lightweight Smedley dynamometer offers accurate grip strength readout. Has 5-preset grip sizes. Auto captures and displays maximum grip force. Assesses results according to age and gender. Saves/stores results for fast retrieval with up to 19 users.

### PNEUMATIC DYNAMOMETERS

**12-0291** with Reset, 30 Psi **12-0293** with Reset, 15 Psi

**12-0290** 30 Psi **12-0292** 15 Psi

12-0297 3-Bulb Dynamometer with

Reset, 30 Psi

### **SPRING SMEDLEY DYNAMOMETERS**

12-0281 Adult Spring 100kg (220 Lb.) 12-0282 Child Spring 50kg (110 Lb.)

### **DIGITAL SMEDLEY DYNAMOMETERS**

12-0286 Digital 90kg (200lb.)

# Hydraulic Wrist / Forearm Dynamometers

### BASELINE® WRIST/FOREARM 224 KG. (500 LB.)

12-0250 Analog (Dial) Readout
12-0251 Digital (LCD) Readout
Both include door knob grip and carrying case

### **MEASUREMENT ACCESSORIES (OPTIONAL)**

12-0261 Door Knob Grip [Supination

/ Pronation]

12-0262 Shovel Handle (Supination /

Pronation]

12-0263 Lever Handle [Abduction /

Adduction]

12-0264 Rod/Pipe Grip [Flexion /

Extension]

Measurement accessories easily snap on and off.

### **MEASUREMENT HANDLES (OPTIONAL)**

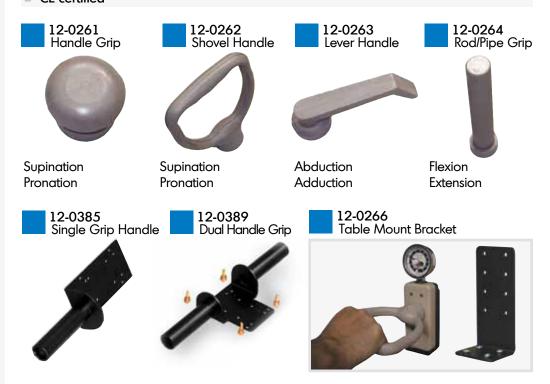
12-0385 Single Grip Handle12-0389 Dual Grip Handle12-0266 Table-Mount Bracket



Shown with Dual Grip Handle and Lever Handle

### WRIST STRENGTH CAN NOW BE MEASURED

- Simply and accurately measures the strength of the wrist muscles during flexion, extension, abduction and adduction and the forearm muscles during supination and pronation
- The Baseline® wrist/forearm dynamometer features the time proven hydraulic system used in the industry accepted Baseline® and Jamar® hand dynamometers
- For hand held use, the dynamometer can accommodate the Baseline® dual-grip (12-0389) handle
- For stationary use the dynamometer can accomodate the Baseline® Table Mount Bracket (12-0266)
- Maximum reading remains until the unit is reset
- The strength reading can be viewed as pounds or kilograms
- Comes with portable carrying case
- Made in USA with a 1-year manufacturers warranty
- CE certified





### **MECHANICAL PINCH GAUGES**

Measure tip, key and palmer pinch strength in both kilograms and pounds. Measurements are accurate and repeatable. Results are consistent with published Markowitz studies. Indicator remains at the maximum reading until reset.







Thumb-Index Pulp Pinch

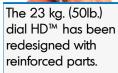
Chuck Pinch

### HYDRAULIC PINCH GAUGES

- The Baseline® hydraulic pinch gauge uses a hydraulic system to assure convenience, product reliability and measurement accuracy and repeatability.
- The therapist can support the pinch gauge during testing. This yields a more accurate result for all pinch tests including tip, key and palmer.
- Baseline® pinch gauges manufactured in the USA since 1978.
- The results are consistent with published Baseline®, B & L and Jamar® studies.
- Max reading remains until reset.
- The strength reading can be viewed as pounds or kilograms.









The 23 kg. (50lb.) HiRes™ head has a 9 cm (3.5") diameter head with a bigger dial and larger numerals. The dial contains 1-pound / 0.5 kg gradations.

### **MECHANICAL PINCH GAUGES**

12-0201 27 Kg. (60 Lb.) Red 12-0200 14 Kg. (30 Lb.) Blue 12-0203 4.5 Kg. (10 Lb.) Silver 12-0202 1 Kg. (2 Lb.) Gold

### 23 KG. (50 LB.) HYDRAULIC PINCH GAUGES

12-0235 Standard

2 Year Warranty

12-0226 LiTE™

1 Year Warranty

12-0222  $HD^{TM}$ 

5 Year Warranty

12-0239 HiRes™

2 Year Warranty

### 45 KG. (100 LB.) HYDRAULIC PINCH GAUGES

12-0228 ER HiRes™

2 Year Warranty

12-0237 **ER** Digital

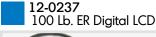
2 Year Warranty

### **GAUGE OPTIONS**

Standard: 6 cm (2.5") Head HiRes™: 9 cm (3.5") Head

Exteded

9 cm (3.5") Head Range:





The 100 lb. (45 kg.) digital pinch gauge uses the same hydraulic system but has the added advantage of an easy-to-read LCD display. Features an electronic zero calibration system and 2 "AAA" batteries. Push button console includes a button to zero the last maximum reading stored in memory, a maximum button to display the highest reading since the last press of the maximum clear button, and a lb./kg. toggle button to change the measurement reading.

# Hand Evaluation Kits

### 91 KG. (200 LB.) 7-PIECE HAND EVALUATION KITS

12-0100 Standard

(12-0240, 12-0200)

12-0102 Lite

(12-0241, 12-0226)

12-0117 HD™

(12-0221, 12-0200)

# 136 KG. (300 LB.) 7-PIECE HAND EVALUATION KITS

**12-0111** ER HiRes™

(12-0246, 12-0201)

12-0113 Digital

(12-0247, 12-0201)

### 91 KG. (200 LB.) 3-PIECE HAND EVALUATION KITS

**12-0103** Standard

(12-0240, 12-0235)

12-0101 Lite™

(12-0241, 12-0226)

12-0116 HDTM

(12-0221, 12-0222)

### 136 KG. (300 LB.) 3-PIECE HAND EVALUATION KITS

**12-0110** ER HiRes™

(12-0246, 12-0228)

**12-0112** Digital

(12-0247, 12-0237)

### 91 KG. (200 LB.) 8-PIECE HAND EVALUATION KIT

**12-0128** 8-Piece Set

### 227 KG. (500 LB.) 3-PIECE WRIST SET

12-0114 Analog (12-0250) 12-0115 Digital (12-0251) (Not shown.)



Instruments needed for a full hand evaluation. Grip strength is measured by the hydraulic hand dynamometer and pinch strength by the mechanical pinch gauge. Other measurements are made with the stainless steel goniometer (12-1010), 2-point discriminator with 3rd point (12-1481), Wartenburg pinwheel (12-1450), finger circumference gauge (12-1220) and functional finger motion gauge

(12-1060).



Contains all instruments necessary to evaluate the strength and range-of-motion of the hand and fingers. Set includes hydraulic hand dynamometer, hydraulic pinch gauge and 15 cm (6") stainless steel goniometer (12-1010).



12-0128 8-Piece Hand Evaluation Set

Set includes a carrying case with the following:

- · 200 lb. hand dynamometer (12-0240)
- · 50 lb. pinch gauge (12-0205)
- · Finger goniometer (12-1010)
- · Finger circumference gauge (12-1221)
- · 180° 15 cm (6") plastic goni. (12-1005HR)
- · Measuring tape (12-1560)
- · Discrim-a-Gon™ (12-1492)
- · Five piece tactile evaluation set (12-1662)



12-0114 4-Piece Wrist Set

Contains all the instruments needed to evaluate the strength and range-of-motion of the wrist and forearm. Set includes a wrist inclinometer (12-0502), wrist dynamometer and the door knob grip (12-0261), and the table mount bracket (12-0226).

# Manual Muscle Testers

12-0591 MMT / Grip Strength Dynamometer Standard With 3 Pads









# MMT / GRIP STRENGTH DYNAMOMETER WITH 3 PADS

91 KG. (200 LB.)

12-0591 Standard 2 Year Warranty

(shown)

**12-0590** LiTE 1 Year Warranty **12-0592** HD 5 Year Warranty

136 KG. (300 LB.)

12-0596 ER HiRes 2 Year Warranty 12-0597 Digital 2 Year Warranty

## MMT / GRIP STRENGTH DYNAMOMETER WITH 3 PADS AND STABILIZER HANDLE

91 KG. (200 LB.)

 12-0594
 Standard 2 Year Warranty

 12-0593
 LiTE 1 Year Warranty

 12-0595
 HD 5 Year Warranty

136 KG. (300 LB.)

12-0598 ER Hires 2 Year Warranty12-0599 Digital 2 Year Warranty

### **DUAL-HANDLED STABILIZER**

12-0583 Fits All Hydraulic Dynamometers

### MMT HANDLE WITH 3 PUSH PADS

12-0580 Fits All Hydraulic

Dynamometers

### CONVERT ANY GRIP STRENGTH DYNAMOMETER INTO A MMT DYNAMOMETER

- Use the MMT handle to convert ANY hydraulic grip strength (hand) dynamometer to a MMT (Manual Muscle Test) dynamometer
- MMT handle comes with 3 push pads: straight, curved and small circular
- Use optional dual-grip handle to stabilize dynamometer during test procedure





# Hydraulic Push-Pull Dynamometers

### **ANALOG (DIAL) PUSH-PULL DYNAMOMETER**

12-0392 50 Lb/22.5 Kg. 12-0393 100 Lb/45 Kg. 12-0394 250 Lb/115 Kg. 12-0388 500 Lb/225 Kg.

### **DIGITAL (LCD) PUSH-PULL DYNAMOMETER**

12-0397 50 Lb/22.5 Kg. 12-0398 100 Lb/45 Kg. 12-0399 250 Lb/115 Kg. 12-0387 500 Lb/225 Kg.

### **INCLUDED ACCESSORIES**

### **PUSH PADS**

 12-0371
 Padded Curve

 12-0370
 Padded Straight

 12-0372
 1 cm2 Circular

### **PULL HOOKS**

12-0377 Medium Hook12-0379 Oval Snap

### **OPTIONAL ACCESSORIES**

### **PUSH PADS**

12-0373 Medium Circular

### **PULL HOOKS**

**12-0376** Small Hook

### **HANDLES**

**12-0385** Single Grip **12-0389** Dual Grip

### **FLOOR LIFT PLATFORMS**

includes 152 cm (5') chain, 1 snap oval, 1

threaded oval

12-0406 Regular Base

38 x 38 cm (15 x 15")

**12-0407** Large Base

61 x 61 cm (24 x 24")

### LIFTING HARDWARE

12-0443 Chain

### **OVALS**

 12-0445
 Snap Oval

 12-0446
 Threaded Oval

 12-0373
 Large Circular



### HYDRAULIC PUSH-PULL DYNAMOMETERS

The heavy duty dynamometer features the hydraulic system that is used in the industry accepted Baseline® hand dynamometers and pinch gauges. Hydraulic system ensures accurate readings. The dynamometer is much lighter (1.5 lb. vs. 6 lb.) and easier to use than spring pushpull dynamometers that are in common use today.

Dial continuously shows instantaneous force and holds the maximum force reading. This maximum reading shoud be manually recorded prior to resetting for the next test.

Available with either an analog (dial) readout or a digital (LCD) readout. Choose either 23 kg., 45 kg., 115 kg., 225 kg. (50 lb., 100 lb., 250 lb., or 500 lb.) force capacity unit.

### **INCLUDED ACCESSORIES**

12-0371 Padded Curved Push Pad



12-0370 Padded Straight Push Pad



12-0372 1 cm² Circular Push Pad



12-0377 Medium Hook



12-0379 Oval Snap Hook





### **OPTIONAL ACCESSORIES**





# Push-Pull and Back-Leg-Chest Dynamometers



The Baseline® Electronic Dynamometer uses state-of-the-art "load-cell" technology to assure the highest standards of accuracy, repeatability and reliability. The unit is available in four measurement ranges and comes complete with 3 push pads, 1 pull hook, 1 snap hook and a padded carrying case. Handles and accessories are interchangeable with other Baseline® push-pull dynamometers. Can be used with lift platform to conduct muscle strength and functional capacity tests. Accessories can be used with Baseline hydraulic push-pull dynamometer. 2-year warranty. CE certified.

12-0303
Economy Mechanical Push-Pull Dynamometer



In push mode, all positive features of the manual muscle test are retained. Use in pull mode to measure tension. Reading remains until reset. Shows kilograms and pounds. Comes with accessories.

12-0410

Baseline® Cable Tensiometer





Measure strength of back, leg and chest. Base provides secure footing. Chain length is adjusted to accommodate for height differences or to vary the point of force application. Shows kilograms and pounds. Pointer remains at maximum until reset. Comes fully assembled with 5 foot chain. Oversize base 61 x 61 cm (24 x 24"), regular base 46 x 46 cm (18 x 18").

# Measure strength of all muscle groups. Secure one cable to a stationary object; the other to the appropriate measurement accessory. Set comes with 4 measurement accessories (ankle, thigh, wrist, head). Scale shows pounds and kilograms. Pointer remains at maximum until reset. Includes: 2 five foot chains, 4 snap hooks.

# MEASUREMENT ACCESSORIES FOR CABLE TENSIOMETER AND PUSH-PULL DYNAMOMETER

The accessory is first securely fastened to the subject near the muscle group being evaluated. The cable tensiometer or pushpull dynamometer is then connected to the measurement accessory. Accessories manufactured with padded foam.













### **ELECTRONIC PUSH-PULL DYNAMOMETERS**

12-0340 50lb/22.5kg. 12-0341 100lb/45kg. (shown) 12-0342 250lb/112.5kg. 12-0343 500lb/225kg.

### **INCLUDED ACCESSORIES**

Shown on previous page

### **PUSH PADS**

 12-0371
 Padded Curve

 12-0370
 Padded Straight

 12-0372
 lcm² Circular

### **PULL HOOKS**

12-0377 Medium Hook12-0379 Oval Snap

# ECONOMY MECHANICAL PUSH-PULL DYNAMOMETERS

 12-0300
 1 Kg. (2 Lb.)

 12-0301
 2 Kg. (5 Lb.)

 12-0302
 4.5 Kg. (10 Lb.)

 12-0304
 9 Kg. (20 Lb.)

12-0303 27 Kg. (60 Lb.) (shown)

### **BACK-LEG-CHEST DYNAMOMETER**

12-0400 660 Lb. (300 Kg.) Adult with

Standard Base

12-0403 660 Lb. (300 Kg.) Adult with

Oversize Base

**12-0401** 330 Lb. (150 Kg.)

Adolescent with Standard

Base

**12-0402** 165 Lb. (75 Kg.) Child with

Standard Base

### **CABLE TENSIOMETER**

12-0410 Adult (660 Lb/300 Kg.) 12-0411 Adolescent (330 Lb/150 Kg.) 12-0412 Child (165 Lb/75 Kg.)

### **ACCESSORIES**

### PULL CUFFS

12-0420 [A] Ankle Cuff
12-0422 [B] Thigh Cuff
12-0424 [C] Wrist Cuff
12-0428 [D] Foot Stirrup
12-0427 [E] Shoulder Hamess
12-0429 [F] Head Hamess

### HANDLE WITH 152 CM (5') CHAIN

12-0442 Single Handle12-0441 Double Handle

# Absolute+Axis™ Goniometers

### **ABSOLUTE+AXIS GONIOMETERS**

**12-1025** 30 cm (12") Absolute+Axis™

Goniometer

**12-1025 HR** 30 cm (12") Hi-Res<sup>TM</sup>

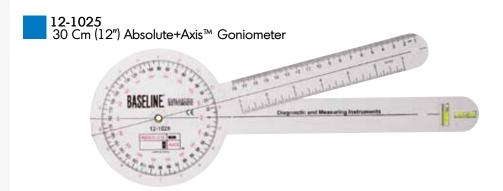
Absolute+Axis™ Goniometer

### **ABSOLUTE+AXIS™ ATTACHMENT**

12-1026 Absolute+Axis™ Piece

### DIGITAL ABSOLUTE+AXIS™ GONIOMETER

12-1027 Digital Absolute+Axis™



### A NEW IMPROVEMENT IN GONIOMETRY

Many goniometric measurements require the practitioner to place one arm of the goniometer in either the horizontal or vertical (plumb) position. The other arm is then lined-up with the patient's body segment. Until now, the practitioner had to "assume" or "eyeball" the vertical or horizontal position. This interpretation of horizontal or vertical is often incorrect and allows for measurement error. The Absolute+Axis (AA) goniometer removes the "assume" and "eyeball" by establishing a "true" vertical or horizontal. The Absolute+Axis goniometer removes measurement variability and allows the practitioner to concentrate on correct placement of the other goniometer arm and the patient's body position. Some measurements the AA goniometer is designed to improve are: shoulder and hip rotation (internal, external); cervical flexion, extension, rotation and side bending; hamstring flexibility; and active ROM.

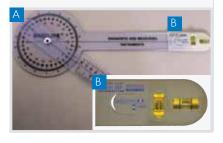






12-1026 Absolute+Axis™ Attachment

Perfect for those practitioners who currently own a 30 cm (12")  $360^{\circ}$  plastic goniometer. It slides "snugly" onto one arm of the goniometer. The attachment does not interfere with the goniometer's function. Absolute+Axis<sup>TM</sup> attachment [B] easily slides on to a standard 30 cm (12")  $360^{\circ}$  goniometer arm [A].







The integral absolute vertical and horizontal levels are permanently incorporated into the digital goniometer arm. Goniometer reads 0-180 degrees on LCD screen. Has ability to freeze angle measurement. Powered by 1 9V battery. Goniometer exterior is powder-coated steel with inch/cm marks screened onto arms. Digital angle readout in center. Horizontal and vertical levels to indicate level or plumb starting point.



# Transparent Plastic Goniometers

### PLASTIC 360° ISOM (STFR) GONIOMETERS

Clear transparent plastic permits observation of joint's axis of motion, and its range of motion. The  $360^\circ$  head has three scales calibrated to be used with the ISOM (International Standards of Measurement, STFR) system. One arm has a linear scale in inches and centimeters. Scale reads  $1^\circ$  increments.



### BASELINE® HIRES™ PLASTIC 360º ISOM (STFR)



White background behind the gradations, numbers and text assures high contrast for added readability and resolution. Scale reads  $1^\circ$  increments.

# BASELINE® PLASTIC POCKET GONIOMETERS



Inexpensive clear plastic goniometers have 5-inch linear scale calibrated in inches and centimeters.

Goniometer fits in shirt pocket.



12-1012 Flexion/Hyper-Extension Goniometer

Clear plastic finger goniometer measures a range of 30° hyperextension through 120° flexion. Easy to use for ROM measurements of MCPs, PIPs and DIPS.

# BASELINE® HIRES<sup>TM</sup> PLASTIC POCKET GONIOMETERS



White background behind the gradations, numbers and text assures high contrast for added readability and resolution.

### ISOM PLASTIC GONIOMETERS

**12-1000** 30 cm (12") 360° **12-1001** 20 cm (8") 360° **12-1002** 15 cm (6") 360°

### HIRES™ ISOM PLASTIC GONIOMETERS

**12-1000HR** 30 cm (12") 360° **12-1001HR** 20 cm (8") 360° **12-1002HR** 15 cm (6") 360°

### **POCKET PLASTIC GONIOMETERS**

**12-1005** 15 cm (6") Pocket 180° **12-1006** 15 cm (6") Rulongmeter

### POCKET HIRES™ PLASTIC GONIOMETERS

**12-1005HR** 15 cm (6") Pocket 180° **12-1006HR** 15 cm (6") Rulongmeter

360º

### PLASTIC FLEXION-HYPER EXTENSION

**GONIOMETER** 

12-1012 Flexion/Hyper-Extension

# Finger Goniometers

### FINGER (SMALL JOINT) GONIOMETER

 12-1010
 Standard, 15 cm (6")

 12-1011
 Deluxe, 15 cm (6")

 12-1015
 Small, 9 cm (3.")

### 180º DIGIT GONIOMETER

12-1016 Stainless Steel Goniometer

15 cm (6")

12-1014 Plastic (Black) Goniometer

15 cm (6")

**GAUGE** 

12-1060 Finger Motion Gauge



12-1010 Standard 15 cm (6")



Stainless steel finger goniometer measures range-of-motion of finger joints (metacarpophalangeal and interphalangeal) and other small joints including toes. Head has two opposing  $180^{\circ}$  scales marked in  $5^{\circ}$  increments. A linear scale in inches and centimeters is on the arm. Deluxe model has larger head for more accurate reading.

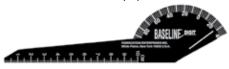
### 180º DIGIT GONIOMETERS

"One-Hand Goniometer"
Use only one hand to measure your patient! Using your finger, move the measurement head through flexion, extension and hyperextension. Measures 110° flexion through 40° hyperextension in 5° increments. Arm has 10 cm (4") scale. This goniometer is also known as a one-hand goniometer because readings can be taken by the therapist using only one hand. This frees up the therapist's other hand to stabilize the patient during measurement or to record the measurement.

12-1016 Stainless Steel 180º Digit Goniometer Standard 15 Cm (6")



12-1014 Plastic 180º Digit Goniometer Standard 15 cm (6")



12-1060 Finger Motion Gauge



Clear plastic gauge simplifies and speeds measurement of composite finger flexion and finger-thumb opposition measurement. Scales measure up to 10 centimeters.

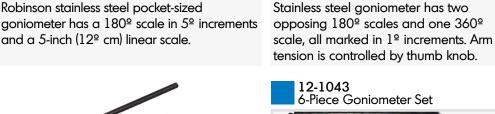




Stainless steel goniometer has two opposing scales marked in 1º increments. Tension between the arms is controlled by the thumb knob.



Robinson stainless steel pocket-sized goniometer has a 180° scale in 5° increments





360° 36 cm (14") goniometer

12-1050

6 of the most frequently requested Baseline® stainless steel and X-ray Goniometers. Set includes: 15 cm (6") 180º 'Robinson' pocket (12-1042), 36 cm (14") 180° stainless steel (12-1041), 36 cm (14") 360° stainless steel (12-1050), 15 cm (6") stainless steel finger (12-1010), 20 cm (8") 180° x-ray (12-1031), 20 cm (8") 180° stainless steel (12-1040)



180º X-RAY GONIOMETERS

Document angles on X-ray negatives. 180º head has two opposing scales marked in  $2^{1}/2^{0}$  increments. Black aluminum with easyto-read white radiopaque markings (doctors and therapists wearing glasses find this goniometer easy to read).

12-1020 SS Large Joint Goniometer



40 cm (18") stainless steel goniometer measures "large" joints (shoulders, hips, knees). Scale has two opposing 180° scales and a linear scale with inches and centimeters. Scale marked in 5º increments.





Easy-to-read, accurate instrument, offers versatility for measuring large and small joints. Quality feel and features, including 4x magnifying lens to read the dual 180° high resolution scale and two stainless steel arms extending 23 - 66 cm (9 - 26"). Smooth precision alide.

### STAINLESS STEEL GONIOMETERS

12-1040 SS 20 cm (8"), 180° 12-1041 SS 36 cm (14"), 180º

(Not shown)

12-1050 SS 36 cm (14"), 360° 12-1042 SS 15 cm (6"), 180°

### X-RAY GONIOMETER

12-1030 36 cm (14"), 180º 12-1031 20 cm (8"), 180° 12-1032 15 cm (6"), 180º

### **6-PIECE GONIOMETER SET**

12-1043 Goniometer Set

### STAINLESS STEEL LARGE JOINT **GONIOMETER**

12-1020 SS Large Joint

### **EXTANDABLE GONIOMETER**

12-1035 Extendable 180º

### ISOM MEASUREMENT CHART

12-1095 ISOM Chart (Not shown)

# Inclinometers

### **INCLINOMETERS**

12-1056 Bubble Inclinometer
12-1149 Baseline® AcuAngle
12-1057 Digital Inclinometer
12-1055 Gravity Inclinometer
12-0502 Wrist Inclinometer
12-1070 Inclinometer with Clip
12-1071 Inclinometer with Headband

12-1056 Bubble Inclinometer



Place inclinometer near joint to be measured; turn dial until scale reads 0; take joint through its range; read range traveled directly from dial. Inclinometer standards are codified in the AMA Guide to the Evaluation of Permanent Impairment, third edition.

Baseline® AcuAngle

12-1149

Pointer is damped by fluid to assure accurate range-of-motion measurements. Place inclinometer near joint to be measured; turn dial to zero; take joint through its range; read range of motion from dial. Adjustable legs (side-to-side) adapt to body contours.

12-1057 Digital Inclinometer



Range-of-motion can be read directly after the joint has been taken through its range. Place inclinometer near the joint to be measured; press "zero" button; move joint through its range; press the "hold" button.



12-1055 Gravity Inclinometer



Accurately measures ROM. Place inclinometer near the joint to be measured; turn the dial to zero; take the joint through its range; read the total range directly from the dial.



Have patient grasp inclinometer handle; turn dial until scale reads 0; set first tab, take joint through its range; set second tab, read range traveled directly from dial. Inclinometer standards codified in the AMA Guide to the Evaluation of Permanent Impairment, third edition.



12-1070 Inclinometer With Clip







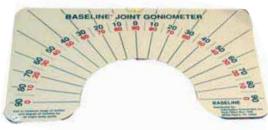
### **HEADBAND AND CLIP INCLINOMETERS**

Measures range-of-motion of any body part. Set the moveable dial so that the weighted indicator points to zero, move joint through its range and read dial.



# Chiropractic Measurement

### 12-1076 Arthrodial Protractor





Measure range-of-motion for all major articulations, cervical rotation, lateral flexion of the head and anterior-posterior cervical flexion. Bubble level assures measurement is made on horizontal plane. Two  $180^{\circ}$  opposing scales in  $5^{\circ}$  increments.

12-1078 Posture Evaluator



The posture evaluator can be used to provide posture evaluations that are more precise than those generated by the posture grid. Use the angle pointer to find and measure alignment.

12-1080 Posture Grid



Use to evaluate posture. The 63 x 122 cm (25 x 48") plastic posture grid can be suspended from the ceiling or wall bracket. Set includes a suspension cord and a plumb bob to measure alignment.

12-1090 Body Level



Determine whether body parts are properly aligned. Place moveable arms on two sites. Read amount of tilt (in degrees) from the scale. Ideal for Scoliosis screening.

12-1091 Scoliosis Meter



Measurements can detect scoliosis and abnormal anteropostero curve. Also measures the unstable lumbosacral, cervical and thoracic curves. Scales in centimeters, inches and degrees.



### LARGE JOINT (ARTHRODIAL) PROTRACTOR

12-1076 Arthrodial Protractor

### **POSTURE EVALUATORS**

12-1078 Posture Evaluator 12-1080 Posture Grid

### **SCOLIOSIS EVALUATORS**

12-1090 Body Level 12-1091 Scoliosis Meter

# Skinfold Calipers, Volume and Circumference

### **PLASTIC CALIPERS**

12-1112 Economy Skinfold Caliper

### **ALUMINUM CALIPERS**

12-1110 Skinfold Caliper

### **SLIM GUIDE CALIPER**

12-1125 Skinfold Caliper

### **MEASURING TAPE**

**12-1201** Gulick Tape **12-1210** Tape

### **CIRCUMFERENCE TAPE**

12-1205 Circumference Tape

### UPPER EXTREMITY EDEMA GAUGES (I x w x h)

12-3500 Hand Set

13 x 8 x 23 cm (5 x 3 x 9")

12-3501 Arm Set

18 x 18 x 76 cm (7 x 7 x 30")

**12-3504** Forearm Set

 $15 \times 15 \times 61$  cm  $(6 \times 6 \times 24")$ 

### LOWER EXTREMITY EDEMA GAUGES (Ixwxh)

**12-3502** Foot Set

33 x 13 x 23 cm (13 x 5 x 9")

12-3505 Partial Leg Set

 $33 \times 15 \times 61 \text{ cm} (13 \times 6 \times 24'')$ 

12-3508 Large Partial Leg Set

5 x 20 x 41 cm (13 x 8 x 16")



12-1112 Economy Skinfold Caliper

Plastic skinfold caliper is the inexpensive alternative for skinfold analysis. Spring loaded arm assures reproducible "pinch." Read directly from the 5 cm (2") scale. Ideal instrument for screening large populations.



Lightweight aluminum caliper. Measurement arms have "floating tips" to assure accurate and reproducible results. 6 cm (2.5 ") scale is large and easy to read. Complete with booklet and tables.



12-1125 Slim Guide

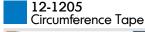
Ideal for screening large populations. Read skinfold measurement directly from the 6 cm (2.5") scale. Spring-loaded arm. Comes with instructions and tables.



Spring exerts constant force on woven fabric for accurate and repeatable results. 152 cm (5') tape in centimeters and inches. Push button retractor.



Measurement tape reads in inches and centimeters and unfurls to 152 cm (5'). Locks in place until reset button is pressed.





Measure the circumference of a joint or digit. Wrap webbing around the finger and read circumference directly from the ruler. Measure by yourself: simply make loop, position loosely around waist, wrist or area being measured, and press button. Measuring tape will stay in place securely, while you have two free hands to make adjustments and record measurements.

### **EDEMA GAUGES**







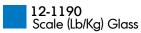
The volumeter is designed to objectively measure volume of the body part by using the fluid displacement method. The body part is placed in a water-filled tank. The resultant overflow is collected and measured. By taking measurements over time, amount of edema can be measured and quantified. Sets include volumeter, overflow cup and measurement vessel.



# Body Fat Scales and Analyzers

### WEIGHT, BODY FAT, HYDRATION SCALES

- Measures weight, body fat and water %
- Max capacity 330 lbs. / 150 kg
- **4%-45%** body fat
- 37.8%-66% body water
- Division .2 lbs., .1% BF/water
- 8-person memory
- adult and child mode





Made of tempered glass and stainless steel. Requires 1 9V alkaline battery

12-1122 Hand-Held Size



Silver Baseline body fat analyzer made of plastic and steel. Grip with 2 hands. Measures body fat and water % 4%-45% body fat, 37.8%-66% body water with .1% resolution 8-person memory Adult and child user modes Lithium batteries, included! Comes in colorful gift box!

### 12-1191 Scale (Lb/Kg) Glass



Made of steel. Requires 4 AA batteries

### **BODY FAT ANALYZERS**

- Measures/monitors body fat %
- 5-50% body fat, .1% resolution.
- 3V battery, included!
- Features clock and alarm
- 12-1140 palm size, ea.

12-1141 Credit Card Size



5 - Person memory

12-1140 Palm Size



8 - Person memory

### WEIGHT, BODY FAT, HYDRATION SCALES

 12-1190
 Scale (Lb/Kg) Glass

 12-1191
 Scale (Lb/Kg) Steel

### **BODY FAT ANALYZER**

 12-1122
 Hand-Held Size

 12-1141
 Credit Card Size

 12-1140
 Palm Size

# Monofilaments / Sensory (Feeling) Evaluation

# TACTILE™SEMMES WEINSTEIN™ MONOFILAMENTS

Normal 2 Piece: 2.83, 3.61 12-1660 12-1668 Protective 2 Piece: 4.56, 5.07

Hand, Set Of 5 12-1662

2.83, 3.61, 4.31, 4.56, 6.65

12-1664 Foot, Set Of 6

2.83, 3.61, 4.31, 4.56, 5.07, 6.65

12-1666 Set Of 20 Complete

### Individual Monofilaments

	Size	Grams Of Force
12-1640	1.65	0.008
12-1641	2.36	0.02
12-1642	2.44	0.04
12-1643	2.83	0.07
12-1644	3.22	0.16
12-1645	3.61	0.4
12-1646	3.84	0.6
12-1647	4.08	1.0
12-1648	4.17	1.4
12-1649	4.31	2.0
12-1650	4.56	4.0
12-1651	4.74	6.0
12-1652	4.93	8.0
12-1653	5.07	10.0
12-1654	5.18	15.0
12-1655	5.46	26.0
12-1656	5.88	60.0
12-1657	6.10	100.0
12-1658	6.45	180.0
12-1659	6.65	300.0
Cases		

12-1637 For 1 Or 2 Evaluators 12-1638 For 5 Or 6 Evaluators For 20 Evaluators 12-1639

### **MONOFILAMENTS**

12-1390 1 Gm 12-1391 10 Gm 12-1392 75 Gm 12-1393 3 Piece Set

### PERSONAL MONOFILAMENTS

12-1395 1 Gm 12-1396 10 Gm 12-1397 75 Gm 12-1398 3 Piece Set

### **DISPOSABLE MONOFILAMENTS**

ADA LOPS

12-1670 1 Ea

**LEAP** 

12-1671 1 Ea..

### TACTILE™ SEMMES-WEINSTEIN™ MONOFILAMENTS

Measure cutaneous sensory perception threshold Each monofilament represents a unique amount of force.





### **BASELINE® MONOFILAMENTS**



Damage resistant, portable monofilaments detect changes in neurological status Ideal for screening for peripheral nerve impairment. Can also be used in diabetic foot screening.

### **BASELINE® PERSONAL MONOFILAMENTS**



Inexpensive, monofilaments detect changes in neurologicalstatus. Ideal for screening peripheral nerve impairment. Can also be used in diabetic foot screening (10 gm).

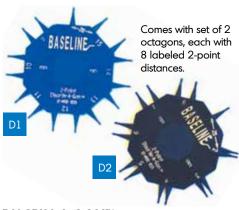
### **BASELINE® DISPOSABLE MONOFILAMENTS**



Disposable, individual 10am monofilaments. Choose from ADA LOPS or LEAP program. For diabetic foot screening.



# Sensory (Feeling) Evaluation



### DISCRIM-A-GON™

DISCRIM-A-GON $^{\text{TM}}$  consists of 2 separate 2-point discrimination octagons (D1 and D2). Each octagon measures a different range of 8 labeled fixed 2 point intervals ranging from 1 mm to 25 mm for accurate and consistent measurements. Easy-to-use, lightweight plastic wheel is the perfect sensory evaluation tool to test static and dynamic 1 and 2 point discrimination.

12-1450 Wartenburg Stainless Steel



12-1451 Cleanwheel Disposable Pinwheel

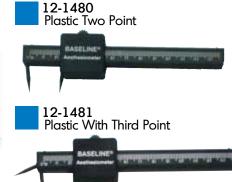


Use for all sterile applications.

12-1455 Neuro-Aide Disposable Pinwheel



Use the pinwheel to elicit cutaneous sensory and pain perception responses.



12-1482 Stainless Steel Two Point



### **BASELINE® 2-POINT DISCRIMINATORS**

Evaluate cutaneous sensitivity and touch threshold. Third point permits alternating between single and double point stimulation without changing setting. Plastic points minimize influence of temperature. Measures up to 14 centimeters.

### 2-POINT DISCRIMINATORS

12-1492 Discrim-A-Gon™
12-1480 2-Point Discriminator, Plastic
12-1481 with Third Point, Plastic
12-1482 2-Point Discriminator

### **PINWHEELS**

12-1450 Wartenburg Stainless Steel

Pinwheel

12-1451 Cleanwheel Sterile

Disposable Plastic Neorlogical Pinwheel

12-1455 Neuro-Aide Disposable

Plastic Neurological Pinwheel

# Hammers and Tuning Forks

### **BASELINE® TUNING FORKS**

### **Tuning Fork Sets**

**12-1460** Set Of Six

(128,256,512,1024, 2048,4096 Cps)

**12-1461** Sensory Set (30 And 256

Cps)

### Weighted Tuning Forks

 12-1465
 30 Cps Weighted

 12-1464
 64 Cps Weighted

 12-1466
 128 Cps Weighted

 12-1467
 256 Cps Weighted

### **Unweighted Tuning Forks**

 12-1468
 512 Cps

 12-1469
 1024 Cps

 12-1470
 2048 Cps

 12-1471
 4096 Cps

 Student Grade Tuning Forks

**12-1475** 128 Cps Weighted

**12-1476** 256cps **12-1477** 512 Cps

### **TAYLOR HAMMERS**

12-1500 Taylor, Red Latex Hammer 12-1501 with 128 Cps Tuning Fork 12-1502 with 256 Cps Tuning Fork 12-1570 Taylor, Yellow Latex Free 12-1571 Taylor, Red Latex Free Taylor, Green Latex Free 12-1572 12-1573 Taylor, Blue Latex Free 12-1574 Taylor, Black Latex Free

### **BUCK NEUROLOGICAL HAMMERS**

12-1510 Buck Hammer

 12-1516
 W/ Pinwheel, Brush, Needle

 12-1511
 with 128 Cps Tuning Fork

 12-1512
 with 256 Cps Tuning Fork

 12-1514
 Buck, Latex Free Hammer

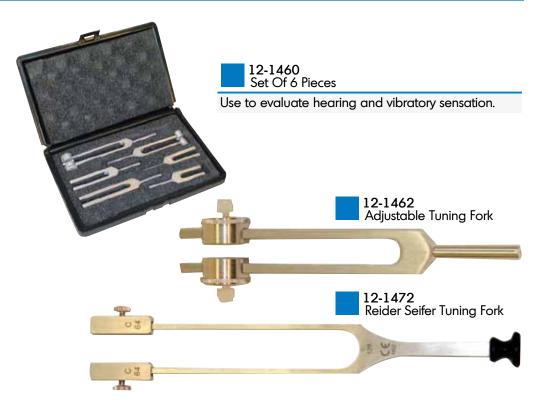
### **BABINSKI HAMMERS**

 12-1520
 Babinski Hammer

 12-1521
 Babinski Extra Long Body

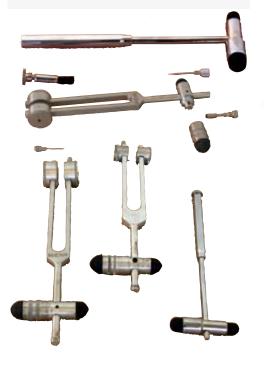
 12-1524
 Babinski, Latex Free

 12-1526
 Extra Long, Latex Free



### **BUCK NEUROLOGICAL HAMMER**

Two heads, point/brush [12-1510] for cutaneous sensation evaluation. Buck hammer [12-1516] has a pinwheel. Buck with tuning fork also has pinwheel. Latex free option!



### **TAYLOR HAMMERS**

Use to elicit responses during examination. Can be combined with tuning fork. Latex or new Latex Free formula!



### **BABINSKI HAMMER**

Adjustable head can be oriented in two directions. Use pointed bottom as a "gross" aesthesiometer. Latex free option!





# Other Instruments

# BASELINE® DOLORIMETER / ALGORIMETER

Evaluate pain threshold. Standardized (1.52 cm² flat circular probe is pushed against subject's skin until pain threshold is reached. (kg. and lb.)





Compact, lightweight spirometer for screening large populations. Subject blows into disposable mouthpiece. Indicator registers forced vital lung capacity up to 7 liters. Reading stays at maximum until reset. Use as an incentive exerciser for respiratory problems. Weighs

6 ounces. Spirometer comes with 100 mouthpieces.





Used to perform sit and reach test. It comes with scales printed in inches and centimeters. Sturdy construction, a built-in foot plate and a maximum stretch indicator. Powder-coated metal throughout.





Deluxe model used for modified sit and reach test. It allows for testing protocols to be used that vary the scale start point. This normalizes scores to account for variation in the arm and leg length of the person being tested.

### **DOLORIMETER / ALGORIMETER**

12-1440 1 Kg. (2 Lb.) (Shown) 12-1441 2 Kg. (5 Lb.) 12-1444 4.5 Kg. (10 Lb.) 12-1442 11kg. (25 Lb.) 12-1443 27 Kg. (60 Lb.)

### **SPIROMETER**

 12-1710
 Buhl Spirometer

 12-1714
 250 Add'L Mouthpieces

 12-1712
 500 Add'L Mouthpieces

 12-1713
 1000 Add'L Mouthpieces

### **BODY FLEXIBILITY TESTING**

12-1085 Standard 12-1086 Deluxe

# BASELINE is better

here's why:

- won't leak
- accurate
- · repeatable
- made in USA





here's how:

- one-piece body
- rugged double-wall bellows
- durable metal gauge



# choose your warranty















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