

Product Information: Ensure Clear® Therapeutic Nutrition

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Clear® Therapeutic Nutrition

- 1 ENSURE CLEAR is a great-tasting, clear liquid nutrition drink that contains high-quality protein and essential nutrients. ENSURE CLEAR is fat-free, making it an ideal choice for patients on clear-liquid, pre- and post-surgical, bowel prep, fat-malabsorptive, and fat-restricted diets. It is also ideal for patients who prefer a fruit-flavored alternative to creamy shake-like supplements. ENSURE CLEAR can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 Use under medical supervision.
- 1 Good source of high quality protein (7 g/serving)
- 1 Clear liquid nutrition.
- 1 Good source of 19 essential vitamins and minerals.
- 1 Refreshing fruit flavors provide taste alternative.
- 1 Contains no fruit juice.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Low-residue.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for parenteral use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Apple:

Water, Sugar, Corn Syrup Solids, Whey Protein Isolate, Citric Acid, Natural & Artificial Flavor, Ascorbic Acid, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Cupric Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Folic Acid, Chromium Chloride, Sodium Molybdate, Biotin, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk ingredients.

Availability

List Number	Item
56640	Ensure Clear Therapeutic Nutrition Apple / 6.8-fl-oz (200-mL) carton / 32 ct
56642	Ensure Clear Therapeutic Nutrition Mixed Berry / 6.8-fl-oz (200-mL) carton / 32 ct

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Nutrition Information - Liquid Apple

	6.8 fl oz (200 mL)	
	Value	%RDI / %DV*
Calories	200	
Calories from Fat	0	
Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	5	2
Sodium, mg	30	1
Potassium, mg	0	0
Carbohydrate, g	43	14
Sugars, g	27	
Protein, g	7	14
Vitamin A		20
Vitamin C		30
Calcium		0
Iron		10
Vitamin D		10
Vitamin E		25
Vitamin K		20
Thiamin		20
Riboflavin		15
Niacin		8
Vitamin B6		15
Folate		10
Vitamin B12		15
Biotin		10
Pantothenic Acid		6
Phosphorus		0
Iodine		25
Zinc		20
Selenium		15
Copper		10
Manganese		35
Chromium		10
Molybdenum		35
Chloride		4

Liquid Apple Footnotes & References

Per 6.8 fl oz (200 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Serving Instructions

- 1 Shake well.
- 1 Serve cold.

Storage & Handling

Storage Instructions

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Refrigerate after opening.