

## Who could benefit from treatment with **Amielle Comfort**?

There are two main conditions that **Amielle Comfort** has been designed to treat:

Vaginismus is a condition where the vaginal muscles go into spasm causing the vagina to feel tight and often making sexual intercourse difficult. This may be due to a number of reasons including fear, pain of penetration, gynaecological surgery or trauma following childbirth.

Dyspareunia can also inhibit sexual intercourse as women may suffer pain and discomfort upon penetration. This is often associated with vaginal dryness or infection.



### Useful contact details for support and information:

#### Owen Mumford – Amielle

Support and information for you and your partner on the uses and benefits of Amielle Comfort.

[www.time2talksexualhealth.com](http://www.time2talksexualhealth.com)

[www.owenmumford.com](http://www.owenmumford.com)

Women's Sexual Health

Amielle Comfort



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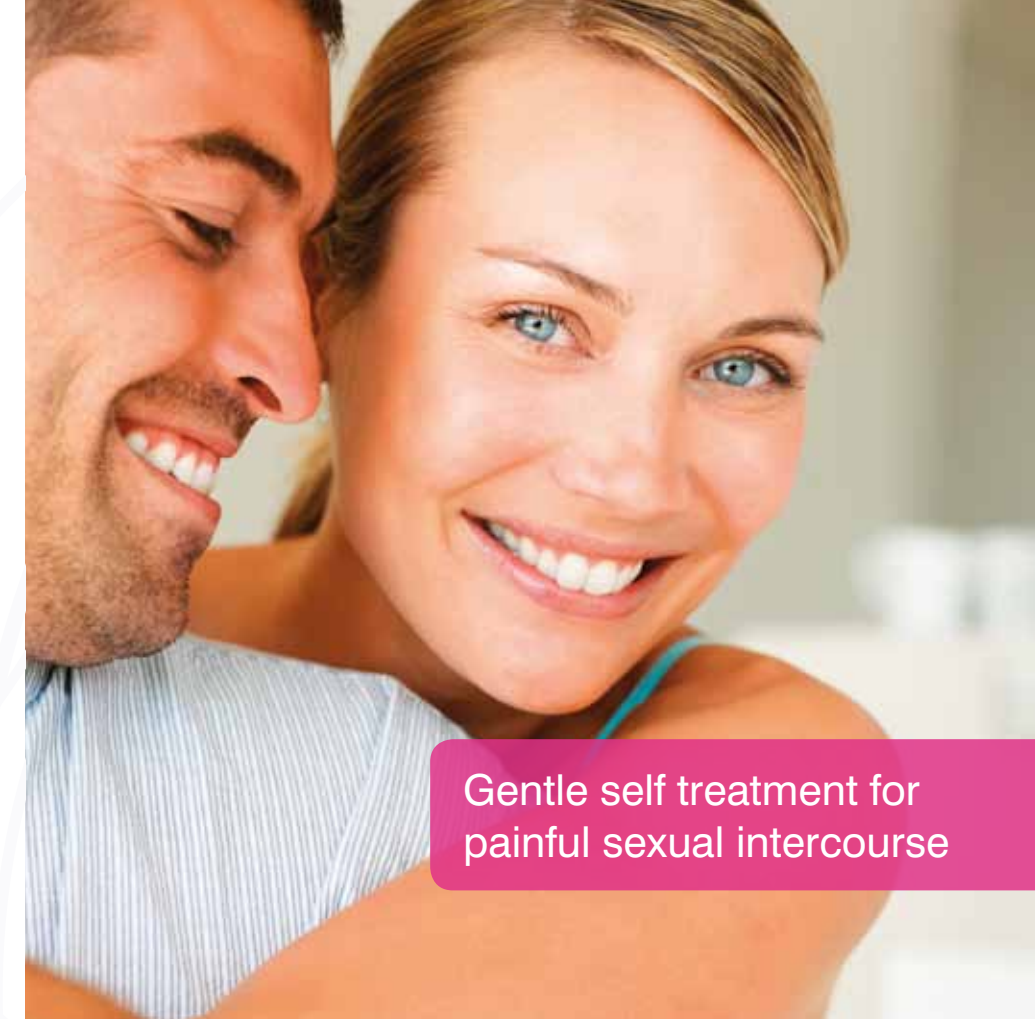
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Gentle self treatment for painful sexual intercourse

**Amielle**  
Comfort  
Vaginal dilators



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 OWEN MUMFORD



**Amielle**  
Comfort  
Vaginal dilators

Painful sex is a very distressing problem, which may have a detrimental effect on relationships with partners. Thousands of women experience painful intercourse or problems with vaginal penetration, so you will be relieved to know that you are not alone. **Amielle Comfort** dilators have been developed to help in the treatment of conditions that cause painful sex.

### Effective treatment in the comfort of your home.

**Amielle Comfort** vaginal dilators offer an effective way to take an active role in your treatment in the privacy and comfort of your home. Used daily for 5 minutes, the treatment is simple, safe and effective in many cases.



### Self treatment at a pace that suits you.

Five graduated sizes allow you to progress in your treatment at your own pace. A smooth surface and a handle make insertion and removal easier.

### Designed to help you build your confidence.

Developed in conjunction with psychosexual therapists, **Amielle Comfort** vaginal dilators help you familiarise yourself with your body and build your confidence until you feel able to progress to natural penetration with your partner.

“ Happily married and very much in love, but sex hurt. I felt that my problems were physical. I used the dilators and after a month I am really enjoying sex. This is a HUGE relief. I found the best way to use the dilator was warmed with warm water before use and in a relaxed position in bed. ”

Dyspareunia sufferer, [www.time2talksexualhealth.com](http://www.time2talksexualhealth.com)



“ A patient was worried that she would lose her partner because she felt “her body wouldn’t let her” have vaginal intercourse. I prescribed her to use Amielle vaginal dilators having discussed the problem thoroughly. Her current partner was supportive and actively involved in the treatment. They have since been married and had a child together. ”

Dr DE, [www.time2talksexualhealth.com](http://www.time2talksexualhealth.com)

“ Using the Amielle dilators made me feel in control again and really increased my confidence in undertaking sexual activities again – I no longer fear that it will be a painful experience. I would encourage anyone in a similar situation to talk to their doctor about using Amielle. ”

Lichen Sclerosus sufferer, [www.time2talksexualhealth.com](http://www.time2talksexualhealth.com)



For more testimonials please visit [www.time2talksexualhealth.com](http://www.time2talksexualhealth.com)

