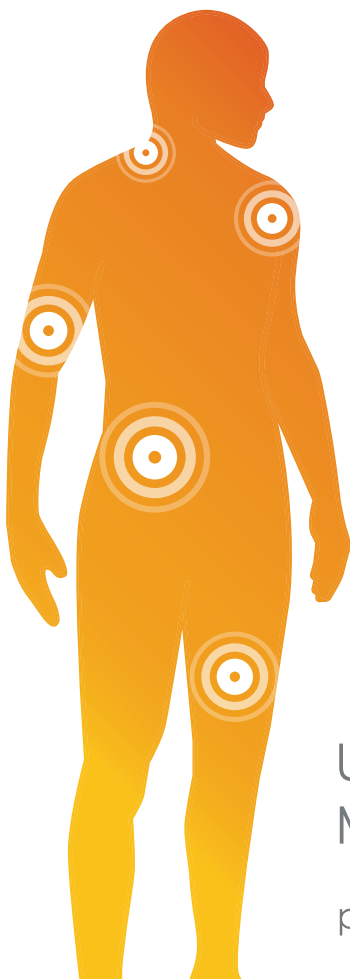


Plus

the automatic TENS pen



User
Manual

paingone

⚠ WARNING – Do not use Paingone Plus

- If you use a pacemaker
- If you suffer from heart rhythm problems or epilepsy
- If you have previously suffered from skin irritation, itching or reddening of the skin or have experienced any other adverse reaction from using TENS
- During the first 16 weeks of pregnancy
- If taking anticoagulant or steroid treatments, or in case of special clinical conditions, without first consulting a doctor.
- While driving
- In the presence of gas, flammable liquids or surroundings rich in oxygen
- On skin where you have applied creams, oils or any other flammable or alcoholic products

Failure to follow these warnings could result in serious injury

Precautions:

- Read the instructions and keep them dry and in a safe place
- Keep out of reach of children
- The product has not been tested on children under 10 years of age
- Do not apply the device at the carotid sinus node, on the laryngeal and pharyngeal muscles, near the heart, near the eyes, on the mucous membranes
- Do not apply to injured or irritated skin
- Do not apply directly over metal implants
- Do not apply on wet or unclean skin or in damp surroundings
- Do not use if the device is damaged and internal parts are exposed
- Always hold Paingone Plus in the correct manner. Firmly grip the metal ring encircling the device. Ensure the tip of the device is in contact with the area to be treated
- No product or advice is intended as a substitute for a prescription or medical diagnosis
- Please consult your doctor if you are concerned about the applicability of the product in relation to your condition

This device is intended for the symptomatic treatment of acute and chronic musculoskeletal pain (excluding pain resulting from bone fractures)

It is also indicated for the symptomatic treatment of migraine

It is a valuable aid for those who practise a sport and can be used before, during and after sporting activity.

Paingone Plus is a portable, non-invasive electronic device used to temporarily alleviate musculoskeletal pains, naturally and without the use of drugs.

Its effectiveness is based on the medical technique of TENS (transcutaneous electrical nerve stimulation); a widely used therapy.

The device is positioned on the painful area. The button is pressed and, as long as it is held down, the device emits low-powered electrical impulses that stimulate nerve endings in the skin. This stimulation blocks the pain signal from reaching the brain and reduces the perception of pain.

This TENS stimulation also causes an analgesic effect, activating the release of endorphins so that pain is temporarily and naturally relieved.

Paingone Plus runs on 1xAAA battery. It has a fixed, non-adjustable, intensity. It is wireless, without electrode pads, gels or control unit. Paingone Plus can be used by right-handed and left-handed people. Its ergonomic design has been developed to be easily handled by all ages and it allows most parts of the body to be easily reached.

Thank you for your purchase of the Paingone Plus

It's here to help you whenever and wherever you need relief. This guide will tell you how to get started and how to get the most out of your device.

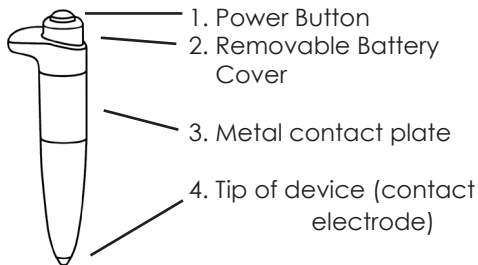
What is Paingone Plus ?

Paingone Plus is a low frequency TENS (Transcutaneous Electrical Nerve Stimulation) therapy device powered by battery. This therapy relieves pain by sending mild electrical impulses through the skin into the nerve fibres.

Mechanism of Action

Paingone Plus is placed directly on the area you wish to use it. Holding the activating button results in the generation of electrical impulses that are transferred to the skin via the contact electrode. Pain relief is achieved via TENS therapy.

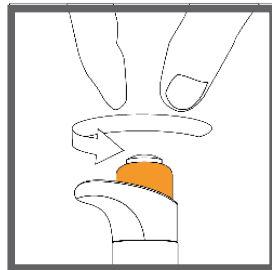
Paingone Plus Overview



Inserting the battery

Your Paingone Plus comes supplied with 1x AAA battery. The battery is found in the foam layer underneath the device.

Locate the removable battery cover (2). This is the orange section of the device immediately below the Power Button.



Remove the battery cover by gently twisting it anti-clockwise. It will gradually unscrew from its fixture.

Insert the battery with the positive (+) tip going in first.

If the battery is inserted incorrectly the device will not work.

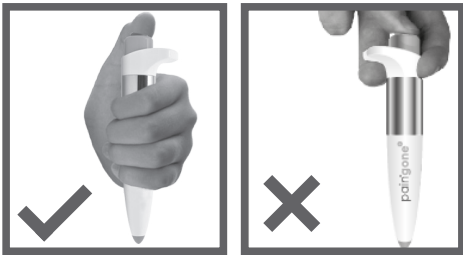
Replace the battery cover by twisting it gently in a clockwise direction until it is secured. Be careful not to damage the mechanism through excessive force.

Your Paingone Plus is now ready to use

Applying Paingone Plus

Hold Paingone Plus in your hand and firmly wrap your fingers around the metal contact plate (3)

Now place the tip (4) of the device directly on the point you wish to use it. Press and hold the Power Button (1) for 30 seconds.



Paingone Plus will emit controlled electrical pulses. You may feel these pulses against your skin, although some people do not feel anything.

After 30 seconds, simply release the Power Button (1). This will deactivate the device and the electrical pulses will stop.

You can treat larger areas by moving the device along the line of pain as it delivers the pulses. Note that Paingone Plus can also be applied over light clothing.

Re-apply Paingone Plus when necessary, up to 4-5 times a day on each desired area

Maintenance

To clean, simply wipe with a soft, slightly damp cloth and allow to dry before re-use.

Do not immerse the device in water. If you require to disinfect the device you can use an alcohol wipe.

Replace the battery when the device ceases to emit electrical pulses. One AAA battery can provide approximately 800 applications. This represents about 8 months' use, based on 3 applications per day (performance may vary depending on battery used).

Remove the battery if you are not going to use the device for more than one month.

12 month replacement warranty

Register your Paingone Plus online within 1 month of purchase. In addition to the 12-month manufacturer warranty, you will benefit from a further 12-month replacement warranty in case of manufacturing fault.

Warranty Registration

Please visit www.paingone.com/warranty to register your extended Paingone Plus warranty and for full terms and conditions and return address details.

Symbols



Manufacturer's name and address



Attention, consult accompanying documents



Protection against electric shock. Type BF applied part according to European Norm EN 60601-1.

IP22

Protected against solid foreign objects of 12.5mm diameter and greater.
Protected against vertically falling water drops when enclosure tilted up to 15°



The battery should not be disposed of in normal household waste but returned via battery collection point.



The equipment should not be disposed in the normal waste stream.



The LOT number includes the year of manufacture.

CE
1282

CE marking of conformity to the European Medical Device Directive 93/42/EEC under the supervision of Notified Body Number 1282



ON/OFF



Battery direction



Read instruction

Australian Sponsor:
Compliance Management Solutions Pty Ltd
1B 85 Curzon Street, North Melbourne VIC 3051
Australia

paingone



Italquartz SRL
Via del Colle, 101- 50041
Calenzano, Italy

CE
1282