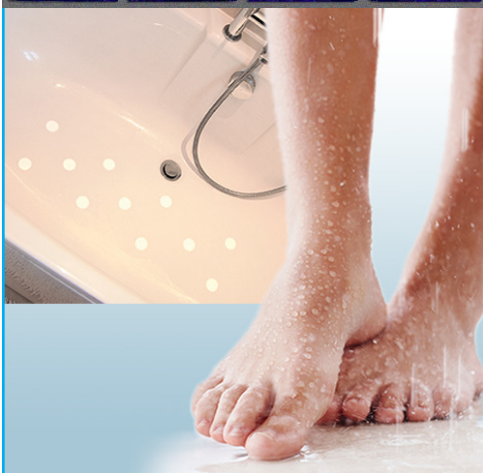


# 5 Tips for Bath Safety



1

Apply slip resistant safety treads to the bathtub floor to reduce the risk of slipping.



2

Install grab bars in or around the tub area to make getting in and out of the tub easier.



3

Set thermostat on hot water heaters to below 120° F and actual bath water temperature should not exceed 102° F to prevent burns and avoid other health issues. Follow Dr. recommendations for newborns or those with existing conditions.



4

Use a light, hand-held shower head to make cleaning easier.



5

Use an elevated toilet seat for extra support when lowering to or rising from the toilet.

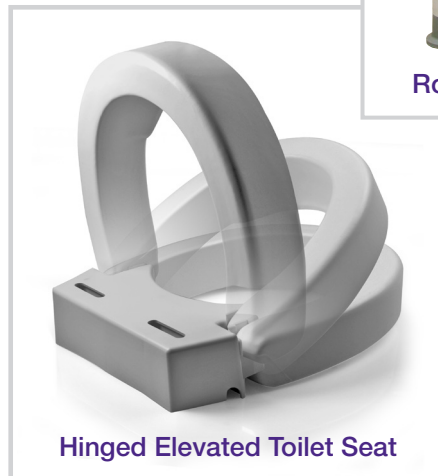
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# Bath Safety Shopping List

- Bath Mat/Shower Strips
- Commode
- Elevated Toilet Seat
- Grab Bars
- Shower Seat
- Toilet Safety Frame
- Transfer Bench
- Other \_\_\_\_\_



Contact Info:

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