

Boost® VHC Very High Calorie Nutritional Drink Creamy Strawberry

Key Benefits

- The highest calorie BOOST® nutritional drink providing 2.24 kcal/mL with 530 Calories per 8 fl oz serving
- Combines high calories with 22 g high-quality protein to help gain or maintain weight
- 26 vitamins and minerals including calcium and vitamin D to support strong bones
- Vitamins C and D, zinc, iron and selenium, key nutrients for immune support
- Suitable as a high calorie, high protein snack or with a meal

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

Nutritional Features

	Boost® VHC Very High Calorie Nutritional Drink Creamy Strawberry
kcal/mL	2.24
Caloric Distribution Protein (% of kcal)	Protein 17% Carbohydrate 39% Fat 44%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	12
Calcium (mEq)	13
Pottasium (mEq)	11
Chloride (mEq)	8
NPC:N Ratio	126:1
MCT:LCT Ratio	
n6:n3 Ratio	2.5:1
Free Water (%)	67
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	Canola
Osmolality (mOsm/kg water)	930
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

- Acid Casein (Milk)
- Soy Protein Isolate

Fat Source

- Canola Oil

Carbohydrate Source

- Glucose Syrup
- Sugar

Fiber Source

Nutritional Applications

- Inadequate oral intake
- Increased energy needs
- Weight gain or maintenance
- Fluid restriction
- Volume sensitivity
- Malnutrition

Important Notes: NOT FOR PARENTERAL USE.

Allergens

By Nature:
Milk, Soy

Nutrition Facts

NUTRITION INFORMATION

NUTRIENT COMPOSITION	237mL	1000mL
Calories	kcal	530
Total Fat	g	26
Sodium	mg	280
TOTAL CARBOHYDRATE	g	52
Dietary Fiber	g	0
Sugar	g	13
Protein	g	22
Vitamin D	mcg	12
Calcium	mg	250
Iron	mg	6.3
Potassium	mg	420
Vitamin A		
Retinol	mcg	
B-Carotene	mcg	
Vitamin C	mg	60
Vitamin E	mg	7.5
Vitamin K	mcg	60
Thiamin	mg	0.6
Riboflavin	mg	0.6
Niacin	mg	8
Vitamin B6	mg	0.8
Folic Acid	mcg	120
Vitamin B12	mcg	1.2
Biotin	mcg	15
Pantothenic Acid	mg	2.5
Phosphorus	mg	250
Iodine	mcg	60
Magnesium	mg	80
Zinc	mg	5.5
Selenium	mcg	28
Copper	mg	0.45
Manganese	mg	1.1
Chromium	mcg	18
Molybdenum	mcg	23
Chloride	mg	300
Choline	mg	110
L-Carnitine	mg	
Taurine	mg	
Inositol	mg	
Water	g(mL)	159

Suitable Diets

- Suitable for lactose intolerance. Not for individuals with galactosemia.
- Gluten Free
- Kosher
- Fluid Restricted

Important Notes:



Ingredients

WATER, GLUCOSE SYRUP, CANOLA OIL, ACID CASEIN (FROM MILK), SOY PROTEIN ISOLATE, AND LESS THAN 2% OF SUGAR, VITAMINS AND MINERALS*, SOY LECITHIN, SALT, NATURAL FLAVOR, CITRIC ACID, TAURINE, CARRAGEENAN

*VITAMINS AND MINERALS: POTASSIUM CITRATE, CALCIUM CITRATE, MAGNESIUM CHLORIDE, SODIUM ASCORBATE, SODIUM PHOSPHATE, POTASSIUM PHOSPHATE, SODIUM CITRATE, CHOLINE CHLORIDE, MAGNESIUM OXIDE, FERROUS SULFATE, DL-ALPHA TOCOPHERYL ACETATE, ZINC SULFATE, NIACINAMIDE, CALCIUM PANTOTHENATE, MANGANESE SULFATE, VITAMIN A PALMITATE, COPPER SULFATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, POTASSIUM IODIDE, SODIUM SELENATE, CHROMIUM CHLORIDE, VITAMIN K1, BIOTIN, VITAMIN D3, SODIUM MOLYBDATE, VITAMIN B12

DRI

Coverage

Product Codes

	Boost® VHC Very High Calorie Nutritional Drink Creamy Strawberry 24 x 237 mL
NDC-Format Number	43900-0839-68
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