

# HIBICLENS® GUIDE TO GENERAL SKIN CLEANSING AT HOME

Good hygiene, such as frequent hand washing and daily skin cleansing promotes good health. Daily skin cleansing helps to remove microbes and pathogens that may cause diseases.

## General Skin Cleansing Instructions for Bathing or Showers

### Before you bathe or shower:

- Read the instructions given to you by your health care practitioner, and begin your general skin cleansing protocol as directed.
- Carefully read all directions on the product label.
- Hibiclens is not to be used on the head or face, keep out of eyes, ears and mouth.
- Hibiclens is not to be used in the genital area.
- Hibiclens should not be used if you are allergic to chlorhexidine gluconate or any other ingredients in this preparation.

\*See Hibiclens label for full product information and precautions.

### When you bathe or shower:

- If you plan to wash your hair, do so with your regular shampoo. Then rinse hair and body thoroughly to remove any shampoo residue.
- Wash your face with your regular soap or water only.
- Thoroughly rinse your body with warm water from the neck down.
- Apply the minimum amount of Hibiclens necessary to cover the skin. Use Hibiclens as you would any other liquid soap. You can apply Hibiclens directly to the skin and wash gently.
- Rinse thoroughly with warm water.
- Do not use your regular soap after applying and rinsing Hibiclens

### When using Hibiclens the night before and the morning of your surgery:

- Shower/bathe using Hibiclens in the same method as described above.
- Do not apply any lotions, powders or perfumes to the body areas that have been cleaned with Hibiclens.

## INCREASE YOUR COVERAGE WITH HIBICLENS®

### Warnings

For external use only. Do not use if you are allergic to chlorhexidine gluconate or any other ingredients in this preparation. Do not use in direct contact with the genital area. Do not use as a patient preoperative skin preparation of the head or face. Do not use on wounds that involve more than the superficial layers of the skin.

**HIBICLENS®**  
ANTISEPTIC, ANTIMICROBIAL SKIN CLEANSER



Biogel  
HIBICLENS®  
BARRIER

To learn how to help prevent MRSA call 1.800.843.8497 or go to [www.hibigeebies.com](http://www.hibigeebies.com)

<sup>1</sup>Sorrentino, Sheila. (2006) , Assisting with Patient Care. Mosby, St Louis, MO pp 305-310. <sup>2</sup>American Red Cross, (2009), Modified Bed Bath, Skill 12, Maryland. Followed by the Maryland Board of Nursing, Baltimore City Community College and Harford Community Nursing Assistant training. The Mölnlycke Health Care name and logo, Biogel, Hibiclens® and BARRIER® are registered globally to one or more of the Mölnlycke Health Care Group of Companies. Distributed by Mölnlycke Health Care US, LLC, Norcross, Georgia 30092. © 2009 Mölnlycke Health Care AB. All rights reserved. 1.800.843.8497 [www.hibigeebies.com](http://www.hibigeebies.com) Literature # 1-0258 12.09