MEASUREMENT WORKSHEET: RETAIN IN PATIENT RECORD

| Doctor: | Fitter: |
| :--- | :--- |
| Patient Name: | Date: |
| Patient \#: | Additional Follow-Up Dates: |

## THREE STEPS TO SIZING LSO/TLSO



1 Determine LSO/TLSO Size (Short or Tall) Measure the distance from the sternal notch to navel.

2 Determine Side Panel Circumference Average the lower rib and hip circumferences.

3 Determine TLSO Upgrade Kit Size Use the measurement from Step 1

2


| STEP 1 - BACK PANEL | STEP 2 - SIDE PANELS |
| :--- | :--- |
| $\square<14.5$ in $(<37 \mathrm{~cm})=$ Short 13 in $(33 \mathrm{~cm})$ | $\square 26-39$ in $(66-99 \mathrm{~cm})=$ Small |
|  | $\square 36-49$ in $(91-124 \mathrm{~cm})=$ Large |


| STEP 3 - UPGRADE KIT |
| :--- |
| $\square 11-13.5$ in $(28-34 \mathrm{~cm})=$ X-Short |
| $\square 12.5-16$ in $(32-40 \mathrm{~cm})=$ Short |
| $\square 14.5-18$ in $(37-46 \mathrm{~cm})=$ Tall |


| Aspen TLSO | CAT NO |
| :--- | :--- |
| $\square$ Short / Small | 991030 |
| $\square$ Short / Large | 991031 |
| $\square$ Tall / Small | 991070 |
| $\square$ Tall / Large | 991071 |


| Aspen LSO | CAT NO |
| :--- | :---: |
| $\square$ Short / Small | 990040 |
| $\square$ Short / Large | 990041 |
| $\square$ Tall / Small | 990060 |
| $\square$ Tall / Large | 990061 |


| TLSO UPGRADE KIT | CAT NO |
| :--- | :---: |
| $\square$ X-Short | 991053 |
| $\square$ Short | 991051 |
| $\square$ Tall | 991050 |
|  |  |

Aspen Medical Products • Life Changing Spinal Innovation • aspenmp.com

