

**Calcium
for strong
bones**

**Vitamin C
for immune
support**

**no known
sources of
gluten**

NUTRIENTS (Normal Dilution); per 100 Calories (5 fl oz)

PROTEIN	g	2.5	WATER	g	133
FAT	g	5.1	LINOLEIC ACID	mg	780
CARBOHYDRATE	g	11.3			

VITAMINS

A	IU	300	NIACIN	mcg	1000
D	IU	60	FOLIC ACID (FOLACIN)	mcg	16
E	IU	2	PANTOTHENIC ACID	mcg	500
K	mcg	9	BIOTIN	mcg	3
THIAMIN (B₁)	mcg	80	C (ASCORBIC ACID)	mg	12
RIBOFLAVIN (B₂)	mcg	140	CHOLINE	mg	24
B₆	mcg	60	INOSITOL	mg	6
B₁₂	mcg	0.3			

MINERALS

CALCIUM	mg	78	COPPER	mcg	75
PHOSPHORUS	mg	53	IODINE	mcg	15
MAGNESIUM	mg	8	SELENIUM	mcg	2.8
IRON	mg	1.8	SODIUM	mg	40
ZINC	mg	1	POTASSIUM	mg	108
MANGANESE	mcg	15	CHLORIDE	mg	75

INGREDIENTS: NONFAT MILK, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OLEIN OIL, COCONUT OIL, SOY OIL, HIGH OLEIC SUNFLOWER OIL), RICE STARCH, LACTOSE, MALTODEXTRIN, GALACTOOLIGOSACCHARIDES†, POLYDEXTROSE‡, AND LESS THAN 1%: MORTIERELLA ALPINA OIL‡, SCHIZOCHYTRIUM SP. OIL‡, CALCIUM CARBONATE, FERROUS SULFATE, ZINC SULFATE, SODIUM CITRATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, POTASSIUM CITRATE, POTASSIUM IODIDE, CUPRIC SULFATE, MANGANESE SULFATE, SODIUM SELENITE, CHOLINE CHLORIDE, ASCORBIC ACID, NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN D₃, RIBOFLAVIN, THIAMIN HYDROCHLORIDE, VITAMIN B₆ HYDROCHLORIDE, FOLIC ACID, VITAMIN K₁, BIOTIN, VITAMIN B₁₂, INOSITOL, VITAMIN E ACETATE, VITAMIN A PALMITATE, TAURINE, L-CARNITINE.