



# Heelift® CLASSIC APPLICATION & FITTING GUIDE



**HEELIFT®**  
*Classic*



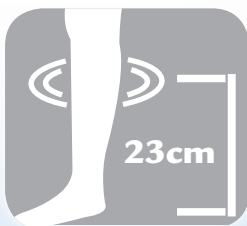
- 1** spring back forefoot support
- 2** easy-to-view heel opening
- 3** double-beveled elevation pad
- 4** friction-free tricot backing

## PROPER SIZING



### Calf Circumference

9 in (23 cm) from floor



Heelift Classic **Petite**: 6 - 10 in (15-25 cm)

Heelift Classic **Standard**: 10 - 15 in (25-38 cm)

Heelift Classic **Bariatric**: 15 - 23 in (38-58 cm)

## CARE INSTRUCTIONS

*Recommended for single-patient use.*



To **HAND WASH** use a mild cleanser and warm water.



To **MACHINE WASH and DRY**, secure straps, and place in a net laundry bag or pillowcase.



**DO NOT BLEACH.**



To **SANITIZE** after washing use an antiseptic spray.



To **STERILIZE** use standard protocols with a steam autoclave. Allow a few hours to cool and dry.

## EASY APPLICATION AND FIT

---

# 1



Place foot inside boot with the heel above the opening.

# 2



Thread straps through D-rings. Secure the straps. **APPLY STRAPS LOOSELY.**

# 3



Test the fit under heel opening and straps. The boot should not move on the leg.

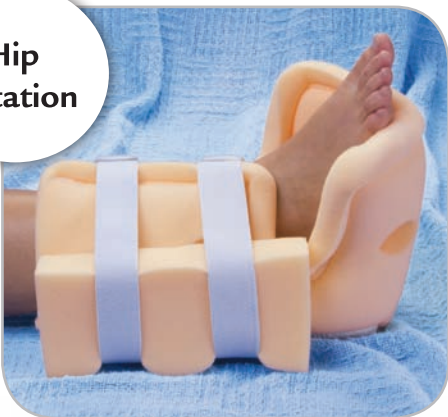
## OPTIONAL CUSTOMIZATION

---

**Longer  
Legs**



**Hip  
Rotation**

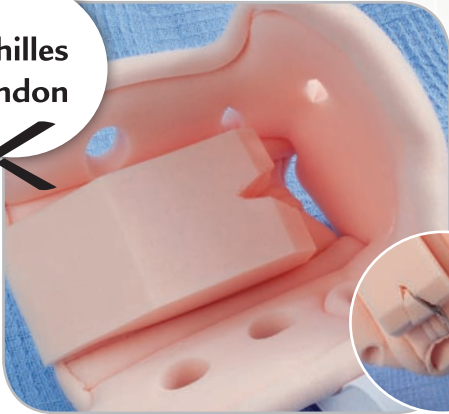


**SCD  
with  
Heelift**

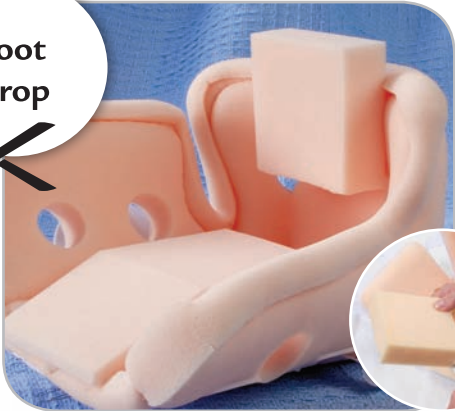


# CUSTOMIZATION WITH SCISSORS

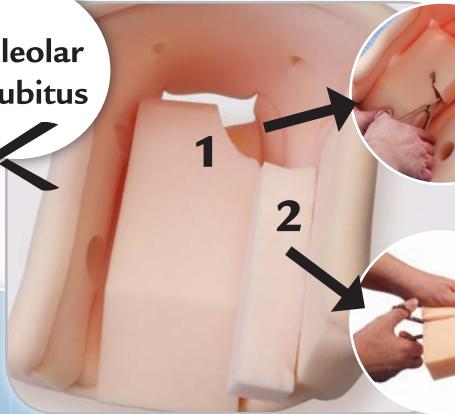
Achilles Tendon



Foot Drop



Malleolar Decubitus





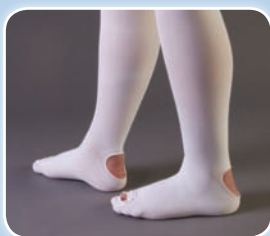
Heelift® Glide



Heelift® AFO



Heelift® Traction



HeelSafe™ DVT Hose

## NEED MORE INFORMATION ?

Application instructions  
available in multiple languages at:  
[www.heelift.com/heelift-instructions.html](http://www.heelift.com/heelift-instructions.html)



View the Heelift® Glide video at:  
[www.heelift.com/videos.html](http://www.heelift.com/videos.html)

**DM**  
systems inc

800.254.5438  
847.328.9540  
[www.heelift.com](http://www.heelift.com)

EC REP

DM Systems, Inc.  
1316 Sherman Avenue  
Evanston, IL 60201 USA

DARCO (Europe) GmbH  
Gewerbegebiet 18  
82399 Raisting, Germany