

Your personal guide to the

# Moli continence care range

# The Moli range

from HARTMANN

The comprehensive Moli range from HARTMANN enables you to select the right continence care product to meet your needs.



## Molimed

A shaped pad with adhesive strip for slight incontinence



## Moliform

A range of shaped pads to cover all degrees of incontinence



## Molicare

All-in-one fixation briefs for moderate to severe incontinence

The Moli range from HARTMANN also includes rectangular pads, male pouches, pull-up pants and underpads.

THE UNIQUE COLOUR CODING SYSTEM FROM **HARTMANN** HELPS YOU TO IDENTIFY THE PRODUCT ABSORBENCY AT A GLANCE.

**Yellow** for slight incontinence



**Green** for moderate incontinence



**Blue** for severe incontinence



**Violet** for very severe incontinence



## What do I need to know about my continence care product?

Your HARTMANN products are manufactured in an environmentally sensitive way, with emphasis on quality and comfort for the end user. You can be confident that your HARTMANN continence product will keep your skin dry and protect you from leakage and odours, so letting you lead a normal life.

Moliform has two unique Blue barriers, at the front and rear of the pad, which push urine back into the pad and help to prevent leakage

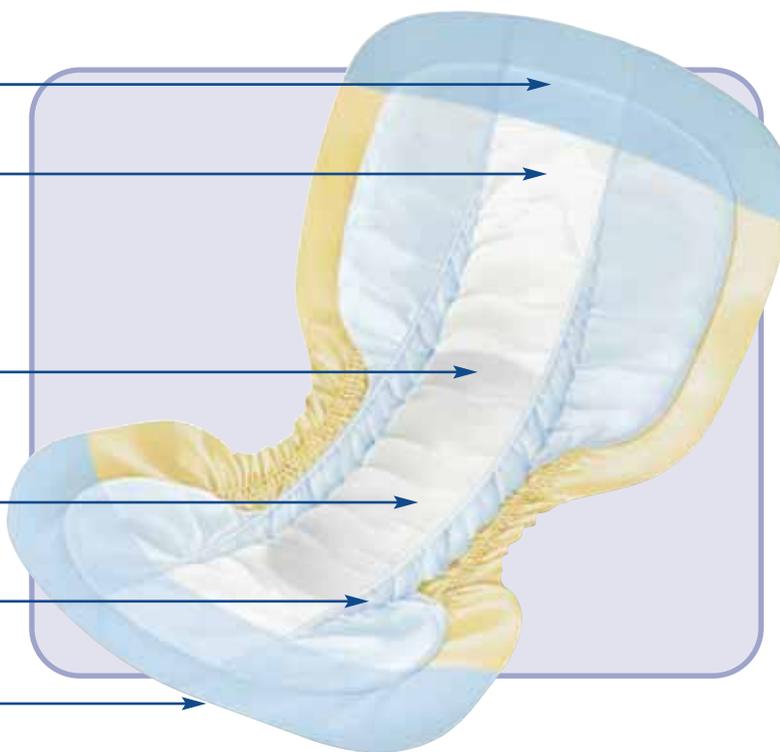
The top, soft, non-woven layer helps to keep you dry and comfortable

The dry-plus layer is made up of curly cellulose fibres which rapidly guide urine into the absorbent core

The absorbent core consists of cellulose and super-absorbent polymers (SAP). SAP locks urine and odours inside, keeping you dry and comfortable

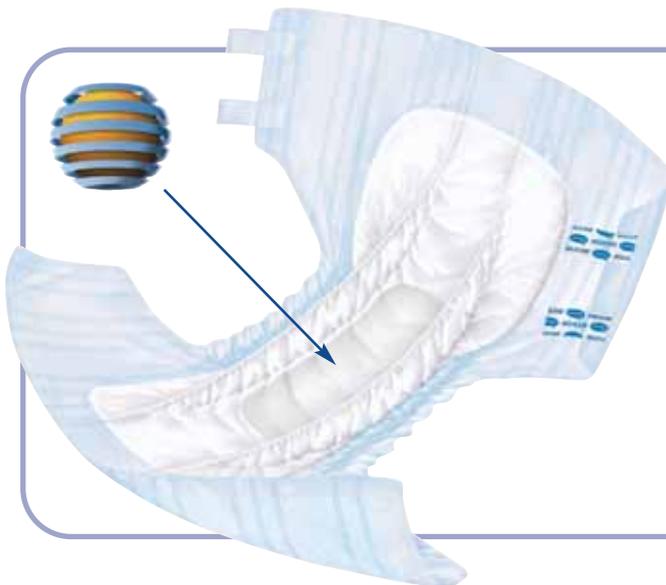
The soft, water-repellent, anti-leak cuffs offer additional leakage protection at the sides

The waterproof backing prevents leakage, whilst being comfortable and quiet when you move



Ongoing investment means a continued programme of improvement as new technology develops, so you can always be sure you have the most advanced product on the market.

## What other features are important to me?



### **Odour neutraliser**

**WE UNDERSTAND THAT ODOUR CONTROL IS AN IMPORTANT CONSIDERATION FOR YOU.**

The unique super-absorbent core in Moli products contains an odour-neutralising formulation that performs effectively in locking away unpleasant odours.

You can be confident that your Moli product will not let you down.

### **Wetness indicator**

**MOLIFORM AND MOLICARE INCLUDE A WETNESS INDICATOR WHICH IS INTEGRATED INTO THE WATERPROOF BACKING OF THE PRODUCTS.**

When dry the wetness indicator shows the name of the product, for example Moliform Plus.

However, when the product starts to be used, you will notice that the wetness indicator starts to 'smudge' to show you how much of the product's capacity has been used. The product should not need to be changed until two blocks remain at either end of the wetness indicator.

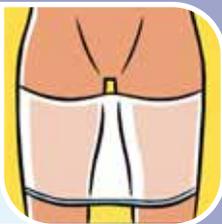


# How do I fit a shaped continence product?

**MOLIFORM BODY-CONTOURED PADS CAN BE WORN WITH SPECIALLY DESIGNED MOLIPANTS OR CLOSE-FITTING UNDERWEAR.**

Pads may leak if they are not fitted correctly, so to ensure you get the best from your shaped product:

- 1** Pull **Molipants** up between the legs as high as possible. Then roll the waistband down to your lower thigh. This will leave enough space to insert **Moliform**.



- 2** Ensure **Moliform** is 'cupped' by making a fold or crease along the pad lengthways, ensuring the anti-leak cuffs are angled inwards. This creates a comfortable, anatomical shape for fitting.



- 3** Place the 'cupped' **Moliform** between the thighs from the front, with the soft white facing next to the skin and the larger absorbent area at the back.



- 4** Unfold the rear absorbent area and fit snugly to the body. The wetness indicator should be in line with the spine.



- 5** Pull up **Molipants** at the rear to secure the position of the pad at the back.



- 6** Carefully unfold the front absorbent area and fit snugly to the body. Pull up **Molipants** at the front.



- 7** Finally, check that both the **Molipants** and the **Moliform** shaped pad fit comfortably to your body, especially around the groin area.

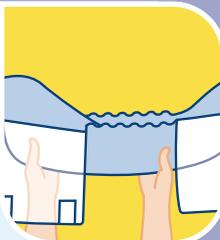


## How do I fit an all-in-one brief?

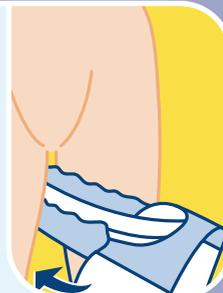
**MOLICARE HAS UNIQUE, BREATHABLE SIDE PANELS FOR YOUR PERSONAL COMFORT TO ENABLE AIR TO CIRCULATE AND PERSPIRATION TO ESCAPE. THE ELASTICISED FIXATION TAPES REACT FLEXIBLY TO PRESSURE AND CAN EXPAND OR CONTRACT TO ENSURE OPTIMAL COMFORT IN ALL BODY POSITIONS.**

Briefs may leak if not fitted correctly, so to ensure you get the best from your fixation brief:

- 1** Unfold the non-woven side panels and fully open up the **MoliCare** brief. Make a fold or crease lengthways across the crotch area of the product. This creates an anatomical 'cupped' shape for fitting.



- 2** Place the 'cupped' **MoliCare** brief between the thighs from the front, with the soft white facing next to the skin and the absorbent area with tapes to the rear. Unfold the rear absorbent area and fit snugly to the body. The wetness indicator should be in line with the spine.



- 3** Unfold the front absorbent area and fit into position. Gently flex the fixation tapes to maximise their elastic properties. To fasten the **MoliCare** brief, position the upper adhesive tapes diagonally downwards onto either the non-woven side panels or waterproof backing of **MoliCare**. The lower adhesive tapes should point diagonally upwards. This ensures that the **MoliCare** product fits snugly to the body.



- 4** To open and refasten the tapes, open the white tape only and when ready, refasten the white tape back onto the blue tape, which remains attached to the front facing of **MoliCare**. Finally, check that the **MoliCare** brief is comfortably fitted to the body. The striped design helps to fit **MoliCare** as symmetrically as possible. When the stripes are aligned, the super-absorbent core is correctly positioned around the crotch area.



## How should I look after my skin?

All continence care products supplied by HARTMANN are latex-free, thus minimising the risk of skin irritations and allergies. The high-quality raw materials used within the Moli range should also ensure that skin problems are rare. However, if you are worried about any change in the condition of your skin, seek the advice of a health care professional.

To take the best care of your skin, we advise:

- 😊 **Ensure that your product is fitted correctly**
- 😊 **Maintain a nutritious diet and drink 1½ litres of fluid each day**  
**Avoid caffeinated drinks, if possible**
- 😊 **Check your skin regularly for any redness or irritation**
- 😊 **Use a pH skin neutral wash lotion or foam cleanser, such as Menalind Professional Cleansing Foam for gentle skin cleansing**  
**This will be less drying on the skin than soap and water**

- ☹️ **Where possible, avoid using oil-based creams on the skin as these may affect the absorbency of the product. If using a prescribed cream, apply thinly and as directed**
- ☹️ **Avoid using talcum powder**
- ☹️ **Avoid vigorous rubbing of the skin**



## How should I look after my Moli products?

AT HARTMANN, WE USE COMPACT PACKAGING TO ENSURE YOUR PRODUCTS TAKE UP AS LITTLE SPACE AS POSSIBLE FOR STORAGE.

To maintain your products in optimal condition, you should:



**Store open and unopened packets at room temperature, away from humidity, as moisture in the air will be attracted to the super-absorbent core in the pad**

For example, do not store in your:



**Shed**



**Garage**



**Bathroom**



**If you are at risk of skin damage from pressure, it is advisable to smooth the folds in the pad by hand prior to use**

Before use:

- **Remove pads from packaging at least half an hour before use, to allow the cellulose fibres in your product to 'breathe' and 'fluff up' after storage. This will ensure the product is at its best before use.**
- **Why not remove your daily supply of pads from the packet the night before?**

## How should I dispose of my Moli products?

WHEN YOU ARE READY TO DISPOSE OF YOUR CONTINENCE CARE PRODUCTS, YOU ARE ADVISED TO:

- 😊 Roll-up the used product with the waterproof backing on the outside
- 😊 Wrap the used product in newspaper or in a plastic bag
- 😊 In most areas, you can then place the products with household refuse. However, some local councils will provide you with a special 'clinical waste' bag in which you should store your used products, ready for collection
- 😊 If you are unsure about the local disposal policy, check with your Continence Advisor or nurse who arranged your supply, or with your local council



## How does HARTMANN help to protect the environment?

WHILST OUR KEY OBJECTIVE IS TO MANUFACTURE HIGH-QUALITY PRODUCTS, **HARTMANN** ALSO TAKES GREAT CARE TO SELECT RAW MATERIALS THAT MEET ENVIRONMENTAL CONSIDERATIONS.

Approximately **90%** of the raw materials HARTMANN employs in production are **renewable**, about 70% cellulose and 20% cotton.



Super-absorbent polymers (SAP) can absorb and store liquid many times its weight. This enables us to produce **thinner products** in **smaller packaging**.

The greatest part of the cellulose is obtained from the southern region of the USA, where types of rapidly growing wood are cultivated under **controlled forestry conditions**.

**Chlorine-free bleaching**  
– the oxygen bleaching method has been used exclusively since 1990. Care is taken to only purchase raw materials that have not been chlorine-bleached.



Our outer packaging is made of **100% recycled** corrugated cardboard.

## Who can help me if I want further advice?

**IF YOU EXPERIENCE ANY PROBLEMS WITH YOUR CONTINENCE CARE PRODUCT, YOU SHOULD CONTACT YOUR ASSESSING NURSE IN THE FIRST INSTANCE, OR YOUR LOCAL CONTINENCE SERVICE.** Why not make a note of their contact details in the space below:

**My nurse:**

**Tel:**

**My continence service:**

**Tel:**

### Useful continence support organisations

**Incontact**  
[www.incontact.org](http://www.incontact.org)

United House, North Road, London N7 9DP **Tel:** 0870 770 3246

**E-mail:** [info@incontact.org](mailto:info@incontact.org) [www.incontact.org](http://www.incontact.org)

**For people with bladder and bowel problems**

 **The  
Continence  
Foundation**

307 Hatton Square, 16 Baldwin Gardens, London EC1N 7RJ

**Tel:** 0845 345 0165 (Monday to Friday 9.30am to 1.00pm)

[www.continence-foundation.org.uk](http://www.continence-foundation.org.uk)

**For people with bladder and bowel problems**

  
**Enuresis**  
Resource & Information Centre

34 Old School House, Britannia Road, Kingswood, Bristol BS15 8DB

**Tel:** 0117 960 3060 **Fax:** 0117 960 0401 [www.enuresis.org.uk](http://www.enuresis.org.uk)

**Information about bedwetting for kids, teenagers,  
parents and professionals**

**Promocon**

Redbank House, St Chad's Street, Cheetham Hill, Manchester M8 8QA

**Tel:** 0161 834 2001 **Fax:** 0161 234 5961 [www.promocon2001.co.uk](http://www.promocon2001.co.uk)

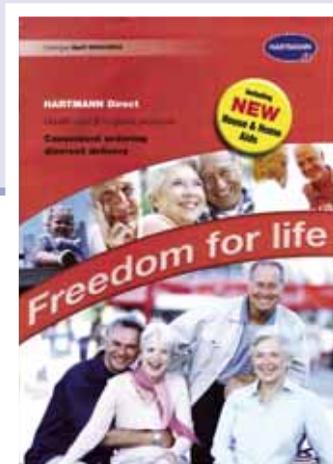
**Provides independent and impartial advice  
on continence care products**



For further information on the HARTMANN Contenance Care range, visit our websites at:

[www.hartmann.co.uk](http://www.hartmann.co.uk) or [www.hartmandirect.co.uk](http://www.hartmandirect.co.uk)

You may also wish to request a copy of our direct purchase catalogue  
by telephoning the customer service line on **0800 028 9490**



PAUL HARTMANN Limited, Heywood Distribution Park, Pilsworth Road, Heywood, Lancashire OL10 2TT

**Tel:** 01706 363277 **Fax:** 01706 363201 **E-mail:** [info@uk.hartmann.info](mailto:info@uk.hartmann.info)