



- dressings have a visual indicator to show when it is the right time to change them
- Tapered edges and a smooth surface help to reduce bunching up of the dressing and the effect of shear
- helps prevent damage to the wound bed on removal through a unique gelling action; ensuring maximum comfort<sup>1</sup>

- dressings are easy to use<sup>2</sup>, mold and can be cut to shape<sup>3</sup> to dress awkward areas
- can be used on skin tears and superficial wounds, dry to lightly exuding wounds, newly-formed tissue or skin at risk of further breakdown
- can be used on the body as a primary or secondary dressing

## Applying the dressings



- Wash your hands, cleanse and rinse the wound then dry the surrounding skin
- Measure the wound to select the appropriate dressing size, allowing a 1¼ inch (3cm) overlap on intact skin around the whole wound



- Warm the dressing between your hands
- Remove the 'top' white release paper being careful to minimize finger contact with the adhesive surface
- Hold the adhesive side of the dressing over the wound
- Align with the center of the wound

- Gently apply the center part of the dressing
- Remove the 'bottom' white release paper while rolling the dressing in place – but don't stretch it
- Repeat on the other side and remove the clear release paper

- Gently mold the dressing into place for 30–60 seconds



- Gently lift one corner of the dressing
- Roll it away from the wound while holding the skin away
- Gently lift the other corners and pull upwards until the dressing completely peels off

## For difficult to dress areas



- Remove dressing from protective sleeve
- Peel back the main white release paper and the two small margin tabs and apply dressing wings to back of heel



- Remove the two large tabs and apply remaining lower part of dressing to heel



- Ensure good contact with skin by gently smoothing over kinks or folds with warm hands

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Visit the ConvaTec website at [www.convatec.com](http://www.convatec.com)

Please refer to the DuoDERM Signal® and DuoDERM® Extra Thin dressing packaging inserts for complete directions for use.  
References: 1. K Burgess B. An investigation of hydrocolloids: a comparative prospective randomised trial of the performance of three hydrocolloid dressings. *Prof Nurse* 1993;8(suppl 7): 2–6.  
2. Forshaw A. Hydrocolloid dressings in paediatric wound care. *J Wound Care* 1993;2(4): 209–212. 3. Please see package inserts for full product information, including instructions for use.

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