

Product Information: PediaSure® Grow & Gain

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

PediaSure® Grow & Gain

Complete, Balanced Nutrition®

- 1 PediaSure Grow & Gain is clinically proven* nutrition to help kids grow, and is a nutritious supplement for kids falling behind on growth.^{1,2,3,4,5}
- 1 May be used as the sole source of nutrition or as a supplement.
- 1 Formulated for oral feeding; may also be tube fed.
- 1 PediaSure Grow & Gain is a source of complete, balanced nutrition especially designed for children 1 to 13 years of age.
- 1 #1 Pediatrician Recommended Brand.
- 1 Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1 to 8 years of age in 1000 mL, and for children 9 to 13 years of age in 1500 mL.
- 1 Antioxidants (vitamins C & E, and selenium) to support the immune system.
- 1 DHA Omega-3† for brain and eye health.⁶
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not intended for infants under 1 year of age unless specified by a physician.
- 1 Not for IV use.
- 1 Not for children with galactosemia.
- 1 Consult your health care professional for use with children under 2 years of age.

* Studied in children at risk for malnutrition.

† 32 mg of DHA per 8-fl-oz serving.

¹ Akram DS, et al. *J Pak Med Assoc.* 2000;50:377-380.

² Alarcon PA, et al. *Clin Pediatr.* 2003;42:209-217.

³ Fisberg M, et al. *Int Pediatr.* 2002;17:216-222.

⁴ Morales E, et al. *J Am Diet Assoc.* 1991;91:1233-1238.

⁵ Ramstack M, et al. *JPEN.* 1991;15:89-92.

⁶ Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Natural & Artificial Flavor, Cellulose Gel, Potassium Chloride, Magnesium Phosphate, Calcium Phosphate, Potassium Citrate, Tuna Oil, Calcium Carbonate, Potassium Phosphate, Choline Chloride, Ascorbic Acid, Monoglycerides, Soy Lecithin, Cellulose Gum, Salt, Carrageenan, Potassium Hydroxide, Inositol, Taurine, Stevia Leaf Extract, Ferrous Sulfate, Monk Fruit Extract, dl-Alpha-Tocopheryl Acetate, L-Carnitine, Zinc Sulfate, Calcium Pantothenate, Niacinamide, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Lutein, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Biotin, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

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Availability

List Number	Item
53818	PediaSure Berry Shake / 8-fl-oz (237-mL) bottle / 4 x 6 ct
58049	PediaSure Grow & Gain Vanilla Shake / 8-fl-oz (237-mL) bottle / 4 x 6 ct
58052	PediaSure Grow & Gain Banana Shake / 8-fl-oz (237-mL) bottle / 4 x 6 ct
58055	PediaSure Grow & Gain Strawberry Shake / 8-fl-oz (237-mL) bottle / 4 x 6 ct
58058	PediaSure Grow & Gain Chocolate Shake / 8-fl-oz (237-mL) bottle / 4 x 6 ct
58526	PediaSure Grow & Gain Vanilla Shake / 8-fl-oz (237-mL) bottle / 24 ct
59682	PediaSure Grow & Gain Strawberry Shake / 8-fl-oz (237-mL) bottle / 24 ct
62082	PediaSure Grow & Gain Vanilla Shake / 8-fl-oz (237-mL) bottle / 16 ct
63319	PediaSure Grow & Gain Chocolate Shake / 8-fl-oz (237-mL) bottle / 24 ct
64389	PediaSure Grow & Gain Vanilla Shake / 8-fl-oz (237-mL) bottle / 16 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	240	
Calories from Fat	80	
Fat, g	9	14
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4.5	
Cholesterol, mg	5	2
Sodium, mg	90	4
Potassium, mg	350	10
Carbohydrate, g	33	11
Dietary Fiber, g	<1	<4
Sugars, g	12	
Protein, g	7	14
Vitamin A		10
Vitamin C		40
Calcium		25
Iron		15
Vitamin D		40
Vitamin E		20
Vitamin K		20
Thiamin		40
Riboflavin		30
Niacin		10
Vitamin B6		30
Folate		15
Vitamin B12		25
Biotin		15
Pantothenic Acid		25
Phosphorus		20
Iodine		15
Magnesium		10
Zinc		10
Selenium		10
Copper		10
Manganese		20
Chromium		10
Molybdenum		10
Chloride		8

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Choline		15

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use

- 1 Shake well.
- 1 Best served chilled.
- 1 After opening, refrigerate and **use within 48 hours.**