



Quick Start Guide



Model: ABH-120



For detailed, visual instructions, visit our website www.WearAndHear.com

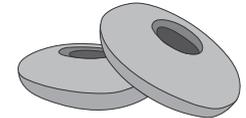
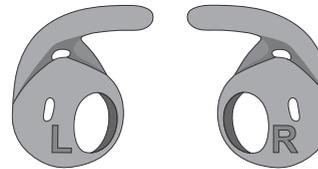


1 Package Contents

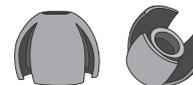
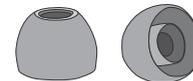
- Headset
- Charging cradle and cable



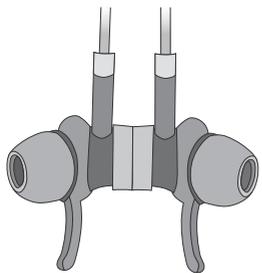
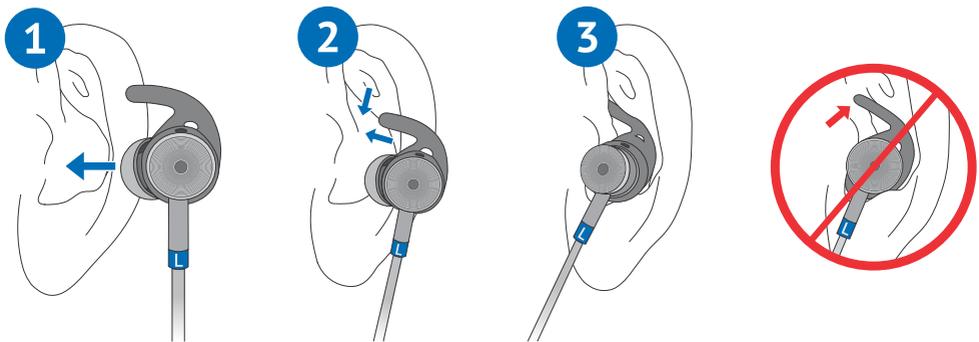
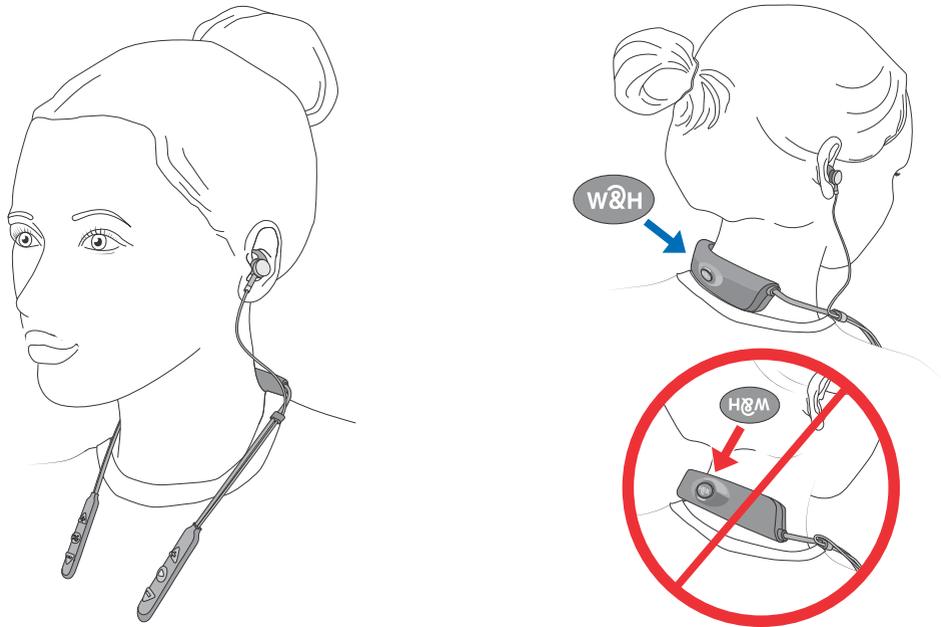
- Ear hook pairs (3 sizes)
- Wind protection covers (2 pairs)



- Ear bud pairs (variety of types and sizes)
- Travel pouch



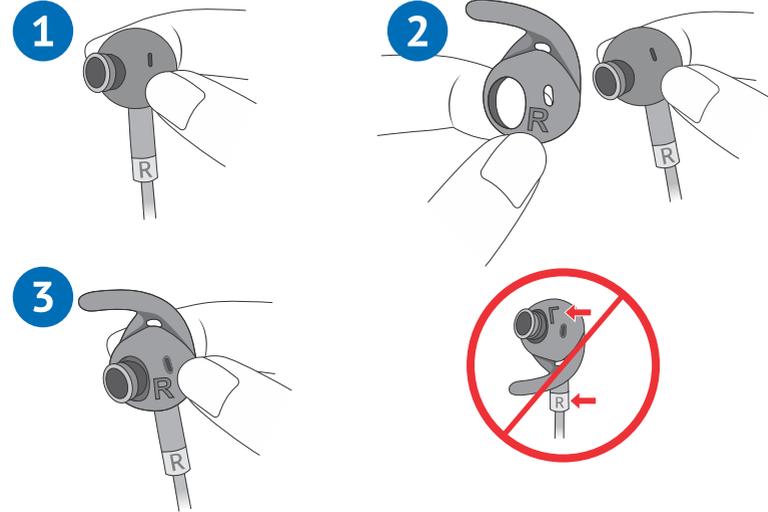
2 Wearing Recommendations



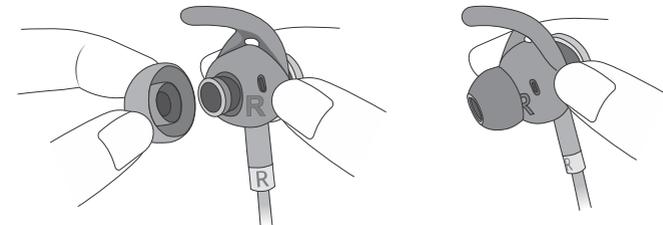
- When not in use, ear buds can be secured with magnets and rest on your chest.

3 Ear Fittings

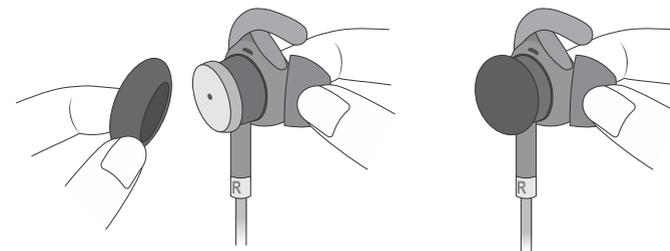
- If the default buds and hooks are not comfortable, remove them. Choose a different sized ear hook and attach it.



- Replace the ear bud, squeezing it gently to attach it to the oval speaker.

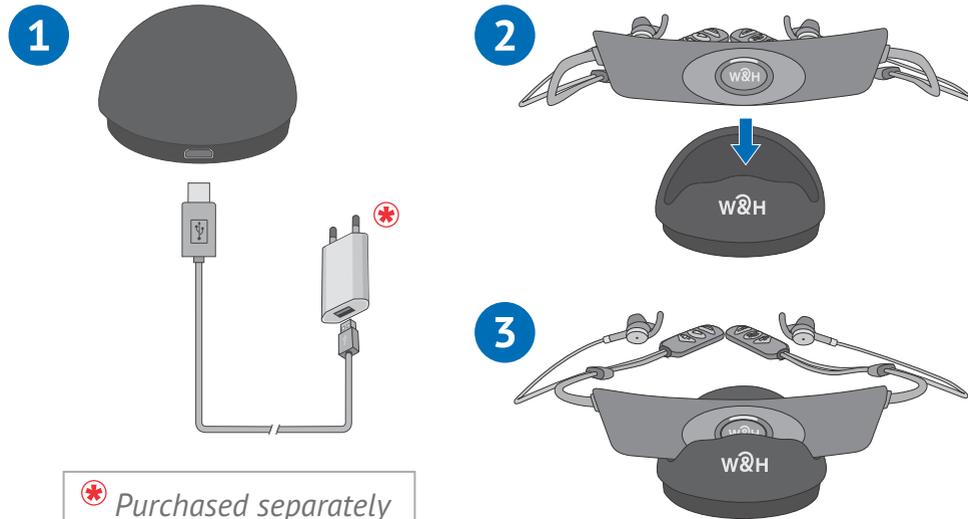


- Place foam covers for wind noise reduction (optional).



4 Charging the Headset

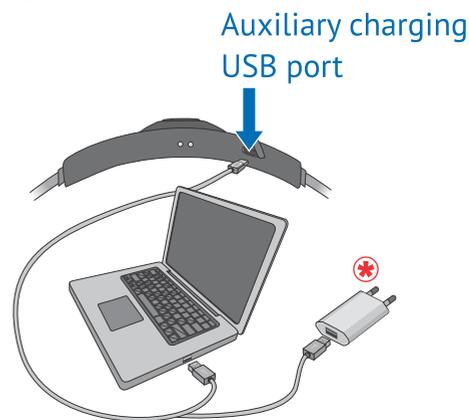
- Connect charging cradle to power outlet and place headset in the cradle.



* Purchased separately

- The LED indicator is red during charging and turns green when the headset is fully charged.

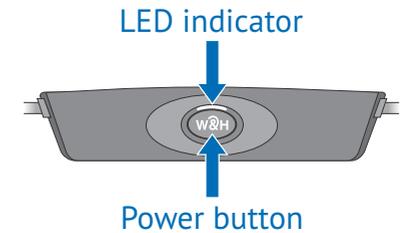
- Alternatively, charge the headset directly from a wall outlet or computer USB port.



Before the first use, charge the battery up to **3 hours** until the LED indicator turns green.

5 Turning the Headset ON and OFF

- To turn ON BeHear ACCESS press and hold the power button until the unit vibrates and the LED turns light blue.
- To turn OFF BeHear ACCESS press and hold the power button until the unit vibrates, and the light blue LED turns off.



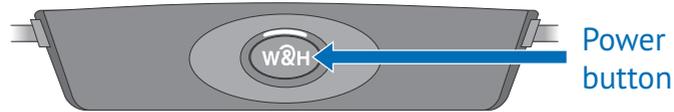
6 Smartphone Application

Manage, customize and get help for your BeHear headset with the **W&H BeHear** free smartphone application.



7 Connect to the Phone

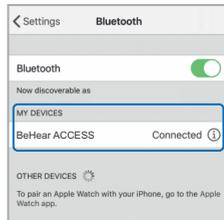
1. Download the **W&H BeHear** app from the Google Play Store or Apple Store and install it on your phone.
2. If BeHear is ON, press the power button until the LED switches off.



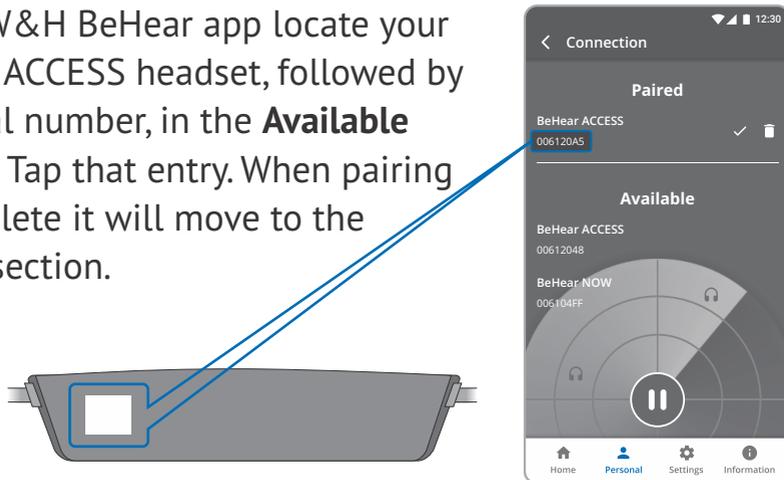
3. Press the power button for about 5 seconds, until the LED starts alternating red/blue.
4. Launch the app and follow the prompts.

For iOS (iPhone) only:

Go to iPhone **“Settings”** >> **“Bluetooth”** and add BeHear ACCESS to **“My Devices”**.



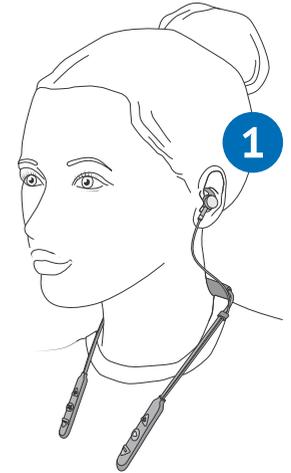
5. In the W&H BeHear app locate your BeHear ACCESS headset, followed by its serial number, in the **Available** section. Tap that entry. When pairing is complete it will move to the **Paired** section.



8 Personalization

Adjust the acoustic performance of the headset to suit your own personal hearing preferences.

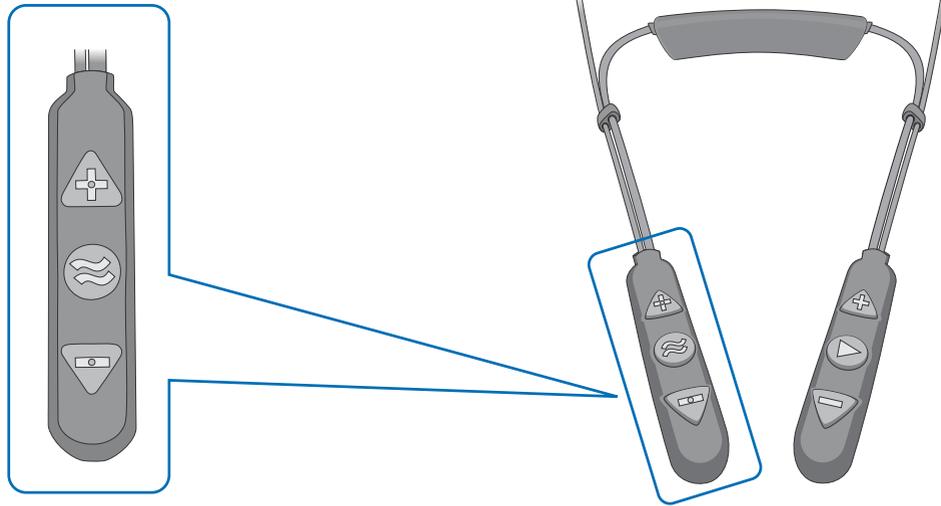
1. Put on the headset, inserting the ear buds.
2. Choose **Personal** >> **Assessment** in the W&H BeHear app.
3. Follow the prompts to perform the hearing assessment.
4. Save and apply the results to the headset.



9 Hearing Amplification

Live Hearing

Turn on hearing amplification and adjust the volume whenever you need it using the **RIGHT-HAND CONTROLS**.



Long press to toggle hearing amplification ON/OFF.
Short press to scroll through the hearing profiles.



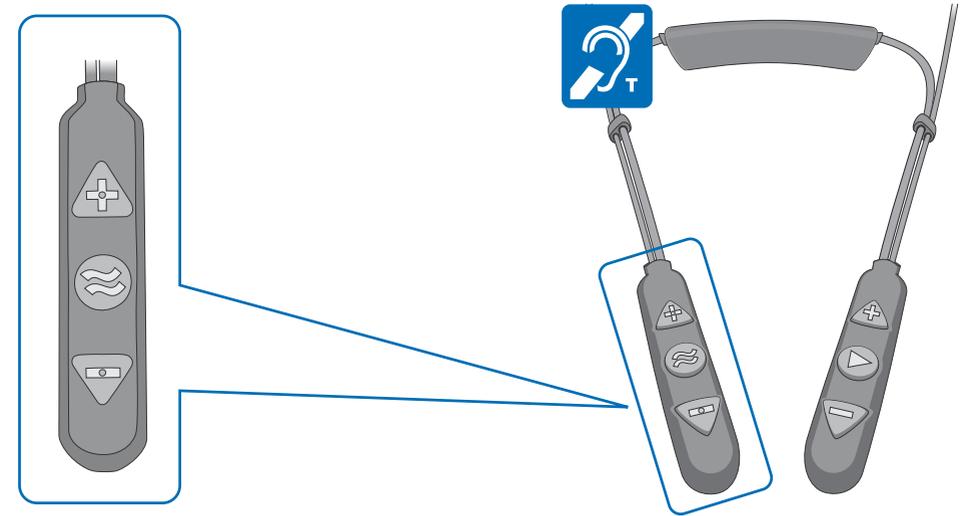
Increase the hearing volume.



Decrease the hearing volume.

Telecoil (T-coil) Receivers

Activate T-coil mode where induction loops are present and adjust the volume using the **RIGHT-HAND CONTROLS**.



Double press to toggle T-coil mode ON/OFF.
Short press to toggle between Exclusive and Transparent T-coil profiles.



Increase the volume of the T-coil receiver.

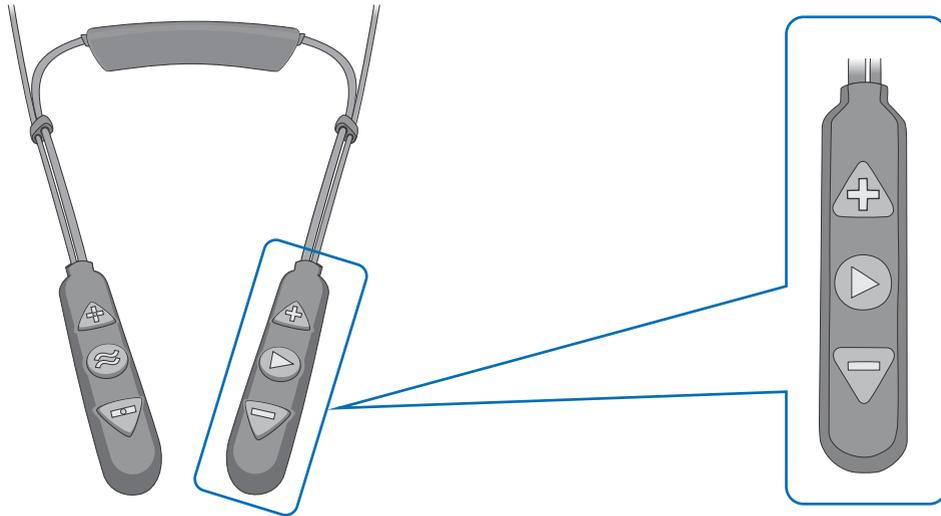


Decrease the volume of the T-coil receiver.

10 Phone Calls

Handling Phone Calls

Handle calls of a Bluetooth-connected mobile phone using the **LEFT-HAND CONTROLS**.



Short press to accept incoming call.



Short press to end the active call.

Long press to reject an incoming call.

Double press to redial last number.



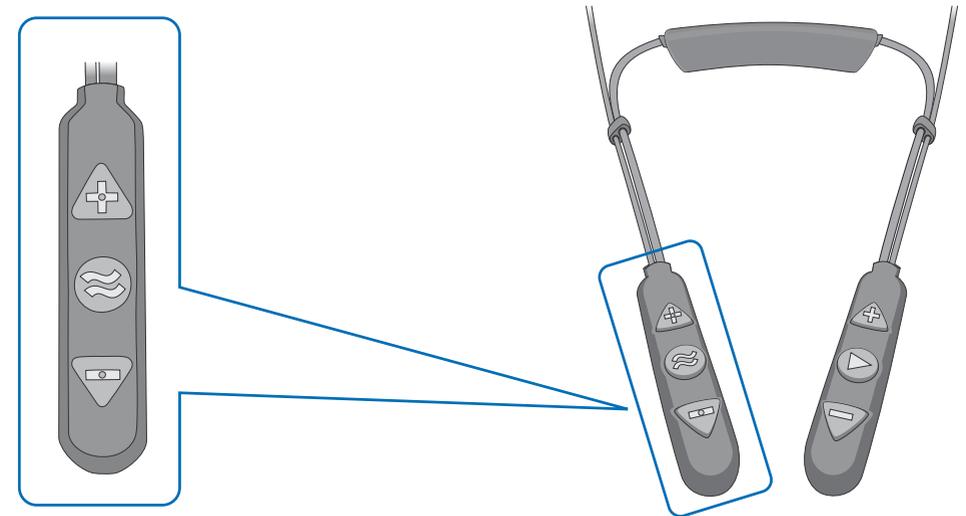
Increase the call volume.



Decrease the call volume.

Slow Down Speech with EasyListen™

Slow down the speed of the incoming voice during an on-going mobile phone call using EasyListen, activated using the **RIGHT-HAND CONTROLS**.



Long press to toggle EasyListen ON/OFF.



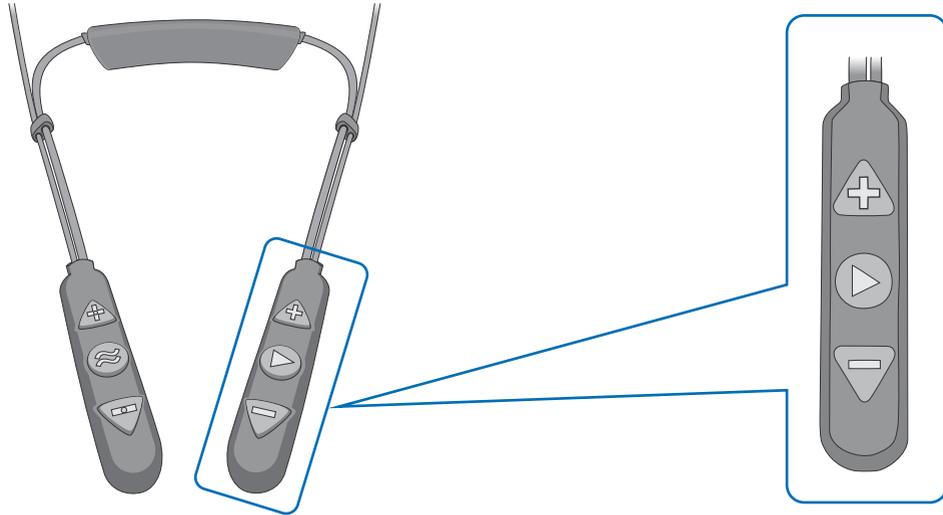
Speech tempo is set to Normal when EasyListen is OFF.

Short press to scroll through the three tempo options: Slow, Slower, and Slowest.

11 Audio Play

Manage Audio Play

Manage audio play from a Bluetooth-connected device using the **LEFT-HAND CONTROLS**.



Short press to toggle Play/Pause audio.



Double press to forward to the next audio track.

Triple press to return to the previous audio track.



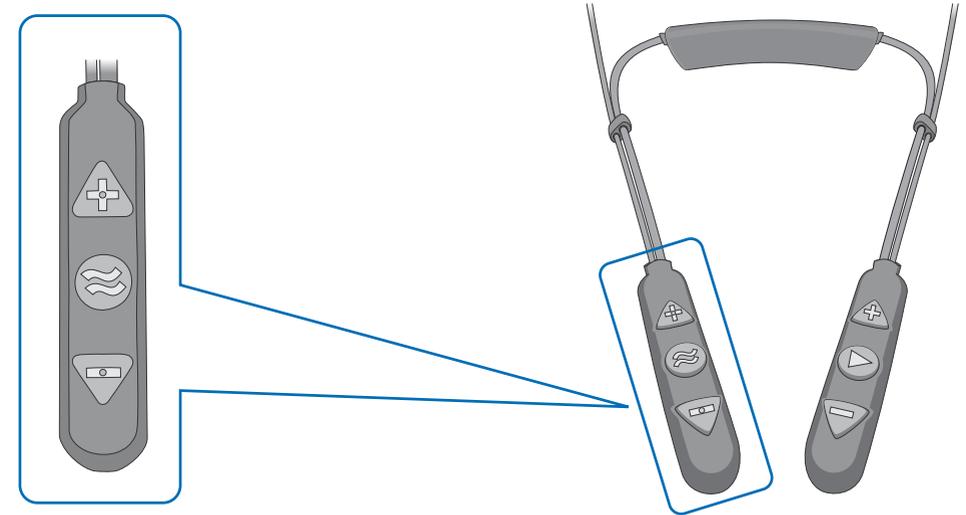
Increase the volume.



Decrease the volume.

Stay Safe and Alert with ListenThrough™

Stay alert with ListenThrough while listening to music using the **RIGHT-HAND CONTROLS**.



Long press to toggle ListenThrough ON/OFF.



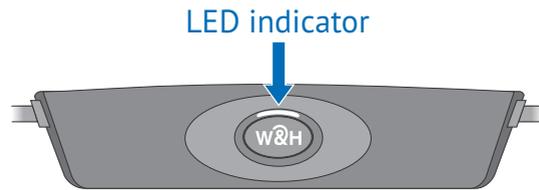
Increase the volume of the ambient sound.



Decrease the volume of the ambient sound.

12 LED Status Indications

The LED indicator shows power and operation states of the headset.



Indication	State
<ul style="list-style-type: none"> Light blue 	<ul style="list-style-type: none"> Headset is powered ON/OFF (toggle)
<ul style="list-style-type: none"> Purple, blinking 	<ul style="list-style-type: none"> Hearing function active
<ul style="list-style-type: none"> Red/blue alternating 	<ul style="list-style-type: none"> Bluetooth pairing mode
<ul style="list-style-type: none"> Red, blinking 	<ul style="list-style-type: none"> Disconnected from paired Bluetooth device, or battery low
<ul style="list-style-type: none"> Red, steady 	<ul style="list-style-type: none"> Charging
<ul style="list-style-type: none"> Green, steady 	<ul style="list-style-type: none"> Battery fully charged
If unit is on, briefly press power button <ul style="list-style-type: none"> Green Yellow Red, blinking 	Battery level: <ul style="list-style-type: none"> Good > 50% Fair > 10% and < 50% Low < 10% (needs charging!)

13 Troubleshooting

Issue	Suggestion
Grayed-out Home menu	Headset is not connected properly. Review section 7 “Connect to the Phone”
Hearing interruptions	Turn off phone tones (touch sounds, keyboard taps, notifications)
Not loud enough	In the app Home section use the  button to access the Sound Tuning grid
Bluetooth disconnects often	When within range (30 ft/10 m) place Bluetooth device on right side of your body
Battery drains too fast	Contact our support team
Unexpected headset behavior	Reset the headset by connecting it to the charger

Contact Support

e-Mail us your Hearing Assessment results, and product version info (from the Information/Version menu), if possible.

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