



SISSEL® PILATES CORE TRAINER

Portable resistance trainer for effective core, arm & leg exercises. Ideal for fitness, aerobics, & therapy to improve mobility & coordination. Flexible silicone handles offer a comfortable yet secure grip.

Key Features:

- Portable resistance tool for various exercises
- Target core, arm, & leg muscles by isolating
- Medium resistance useful for exercises & therapy
- Flexible yet comfortable handles for gripping



SKU

7028952

Item Name

SISSEL® PILATES CORE TRAINER

Specifications



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