INSTRUCTIONS FOR USE
INSTRUCTIONS D'UTILISATION

JOBST® Bella™ Lite & Strong

EN Medical compression garment
DE Medizinische Kompressionsversorgung
FR Vêtement de compression médicale
ES Prenda de compresión médica
PT Peça de vestuário de compressão médica
IT Indumenti compressivi medicali
NL Medische compressiekleding
SV Medicinskt kompressionsplagg
NO Medisinsk kompresjonsplagg
DA Medicinsk kompressionsprodukt
FI Lääkinnällinen kompressiovaate
IS Þrýstifatnaður í lækningaskyni
ET Meditsiinilised kompressioonrõivad
LT Medicininė kompresinė apranga
LV Medicīniskais kompresijas apģērbs
PL Medyczna odziez uciskowa
HU Gyógyászati kompressziós ruhadarab
RO Articole de îmbrăcăminte compresivă medicinală
CS Zdravotní kompresní výrobky
SL Medicinsko kompresijsko oblacilo
SK Lekárske kompresné odevy
RU Медицинская компрессионная одежда
TR Tıbbi kompresyon giysisi
AR رداء ضاغط طبي
HE כפפות ושרוולי לחץ רפואיים

FIBER CONTENT

(EN) FIBER CONTENT
(DE) MATERIALZUSAMMENSETZUNG
(FR) COMPOSITION
(ES) CONTENIDO DE FIBRA
(PT) TEOR DE FIBRA
(IT) COMPOSIZIONE DEL MATERIALE
(NL) VEZELGEHALTE
(SV) FIBERINNEHÅLL
(NO) FIBERINNHOLD
(DA) FIBERINDHOLD
(FI) KUITUSISÄLTÖ
(IS) TREFJAINNIHALD
(ET) KIULINE KOOSTIS
(LT) PLUOŠTO SUDĖTIS
(LV) AUDUMA SASTĀVS
(PL) ZAWARTOŚĆ WŁÓKIEN
(HU) SZÁLÖSSZETÉTEL
(RO) CONȚIN FIBRE
(CS) SLOŽENÍ MATERIÁLU
(SL) VSEBNOST VLAKEN
(SK) OBSAH VLÁKIEN
(RU) СОСТАВ ВОЛОКОН
(TR) FİBER İÇERİK
(AR) محتوى النسيج
(HE) תכולת הסיבים

Brand[1] / CCL Marque / CCL	Elastane (Spandex)[2] Élasthanne (Spandex)	Polyamide (Nylon)[3] Polyamide (Nylon)	Silicone[4] Silicone
JOBST® Bella Strong Ready-to-Wear Armsleeve with Silicone Band, 15-20 mmHg	18 %	74 %	8 %
JOBST® Bella Strong Ready-to-Wear Armsleeve with Silicone Band, 20-30 mmHg	20 %	72 %	8 %
JOBST® Bella Strong Ready-to-Wear Armsleeve with Silicone Band, 30-40 mmHg	23 %	69 %	8 %
JOBST® Bella Strong Ready-to-Wear Armsleeve, 15-20 mmHg	20 %	80 %	–
JOBST® Bella Strong Ready-to-Wear Armsleeve, 20-30 mmHg	24 %	76 %	–
JOBST® Bella Strong Ready-to-Wear Armsleeve, 30-40 mmHg	26 %	74 %	–
JOBST® Bella Strong Ready-to-Wear Gauntlet, 15-20 mmHg	9 %	91 %	–
JOBST® Bella Strong Ready-to-Wear Gauntlet, 20-30 mmHg	9 %	91 %	–
JOBST® Bella Strong Ready-to-Wear Glove, 15-20 mmHg	30 %	70 %	–

COMPOSITION

Brand[1] / CCL Marque / CCL	Elastane (Spandex)[2] Élasthanne (Spandex)	Polyamide (Nylon)[3] Polyamide (Nylon)	Silicone[4] Silicone
JOBST® Bella Strong Ready-to-Wear Glove, 20-30 mmHg	35 %	65 %	–
JOBST® Bella Lite Ready-to-Wear Armsleeve, 15-20 mmHg	16 %	84 %	–
JOBST® Bella Lite Ready-to-Wear Armsleeve with Silicone Band, 15-20 mmHg	17 %	80 %	3 %
JOBST® Bella Lite Ready-to-Wear Armsleeve, 20-30 mmHg	20 %	80 %	–
JOBST® Bella Lite Ready-to-Wear Armsleeve with Silicone Band, 20-30 mmHg	22 %	75 %	3 %
JOBST® Bella Lite Ready-to-Wear Gauntlet, 15-20 mmHg	16 %	84 %	–
JOBST® Bella Lite Glove, 15-20 mmHg	41 %	59 %	–
JOBST® Bella Lite Ready-to-Wear Gauntlet, 20-30 mmHg	14 %	86 %	–
JOBST® Bella Lite Ready-to-Wear Combined Armsleeve, 15-20 mmHg	19 %	81 %	–
JOBST® Bella Lite Ready-to-Wear Combined Armsleeve with Silicone Band, 15-20 mmHg	15 %	77 %	8 %
JOBST® Bella Lite Ready-to-Wear Combined Armsleeve, 20-30 mmHg	21 %	79 %	–
JOBST® Bella Lite Ready-to-Wear Combined Armsleeve with Silicone Band, 20-30 mmHg	17 %	75 %	8 %
JOBST® Bella Lite Glove, 20-30 mmHg	41 %	59 %	–

FIBER CONTENT / COMPOSITION

EN
1 Brand
2 Elastane (Spandex)
3 Polyamide (Nylon)
4 Silicone

DE
1 Marke
2 Elastan
3 Polyamide (Nylon)
4 Silikon

FR
1 Marque
2 Élasthanne (Spandex)
3 Polyamide (Nylon)
4 Silicone

ES
1 Marca
2 Elastano (Spandex)
3 Poliamida nailon
4 Silicona

PT
1 Marca
2 Elastano (Spandex)
3 Poliamida (Nylon)
4 Silicone

IT
1 Marchio
2 Elastan (Spandex)
3 Poliammide (Nylon)
4 Silicone

NL
1 Merk
2 Elastaan (Spandex)
3 Polyamide-nylon
4 Siliconen

SV
1 Varumärke
2 Elastan (Spandex)
3 Polyamid (Nylon)
4 Silikon

NO
1 Varemerke
2 Elastan (Spandex)
3 Polyamidnylon
4 Silikon

DA
1 Varemærke
2 Elastan (Spandex)
3 Polyamidnylon
4 Silikone

FI
1 Tuotemerkki
2 Elastaania (Spandex)
3 Polyamidia (Nailonia)
4 Silikonia

IS
1 Vörumerki
2 Elastan (Spandex)
3 Pólýamíðnælon
4 Silíkon

ET
1 Tootemark
2 Elastaan (Spandeks)
3 Polüamiidnailon
4 Silikoon

LT
1 Prekės ženklas
2 Elastanas (Spandeksas)
3 Poliamidas (Nailonas)
4 Silikonas

LV
1 Zīmols
2 Elastāns (Spandekss)
3 Poliamīds (Neilons)
4 Silikons

PL
1 Marka
2 Elastan (Spandeks)
3 Poliamid (Nylon)
4 Silikon

HU
1 Márka
2 Elasztán (Spandex)
3 Poliamid nejlon
4 Szilikon

RO
1 Marcă
2 Elastan (Spandex)
3 Nailon de poliamidă
4 Silicon

CS
1 Značka
2 Elastan (Spandex)
3 Polyamid (Nylon)
4 Silikon

SL
1 Znamka
2 Elastan (Spandeks)
3 Poliamid-najlon
4 Silikon

SK
1 Značka
2 Elastan (Spandex)
3 Polyamidový (Nylon)
4 Silikón

RU
1 Марка
2 Эластан (спандекс)
3 Полиамид, нейлон
4 Силикон

TR
1 Marka
2 Elastan (Spandeks)
3 Poliamid (Naylon)
4 Silikon

AR
1 العلامة التجارية
2 إيلاستان (إسباندكس)
3 نايلون متعدد الأميد
4 سيليكون

HE
1 מותג
2 אלסטן (ספנדקס)
3 ניילון פוליאמיד
4 סיליקון

EN Topbands contain silicone. Caution: Products labelled on the packaging with LATEX contain natural rubber (latex) which may cause allergic reactions.

DE Haftbänder enthalten Silikon. Achtung: Latexhaltige Produkte sind mit dem Symbol LATEX gekennzeichnet. Latex kann allergische Reaktionen hervorrufen.

FR Les bandes de maintien contiennent du silicone. Mise en garde : les produits étiquetés dont l'emballage LATEX contiennent du caoutchouc naturel (latex) susceptible de provoquer des réactions allergiques.

ES Las bandas superiores contienen silicona. Precaución: los productos etiquetados en el paquete con LATEX contienen caucho natural (látex), que puede causar reacciones alérgicas.

PT As faixas superiores contêm silicone. Cuidado: os produtos etiquetados na embalagem com LATEX contêm borracha natural (látex), que pode provocar reações alérgicas.

IT Le fascie superiori contengono silicone. Avvertenza: i prodotti che riportano l'etichetta LATEX sulla confezione contengono gomma naturale (lattice), che può causare reazioni allergiche.

NL De anti-slip boorden bevatten siliconen. Let op: producten die op de verpakking zijn gelabeld met LATEX bevatten natuurlijk rubber (latex) dat allergische reacties kan veroorzaken.

SV Övre band innehåller silikon. Obs: Produkter märkta med LATEX på förpackningen innehåller naturgummi (latex) som kan orsaka allergiska reaktioner.

NO Toppbåndet inneholder silikon. Advarsel: Produkter som er merket på pakken med LATEX inneholder naturlig gummi (lateks) som kan føre til allergiske reaksjoner.

DA Kantbåndene indeholder silikone. Forsigtig: Produkter, som på emballagen er mærket med LATEX, indeholder naturgummi (latex), som kan forårsage allergiske reaktioner.

FIBER CONTENT / COMPOSITION

FI Yläosan nauhat sisältävät silikonia. Huomio: Tuotteet, joiden pakkauksessa on seuraava merkintä LATEX, sisältävät luonnonkumia.

IS Stroffbönd innihalda silíkon. Varúð: Vörur merktar á umbúðunum með LATEX innihalda náttúrulegt gúmmí (latex symbo) sem getur valdið ofnæmisviðbrögðum.

ET Viršutinių juostų sudėtyje yra silikono. Dėmesio: Ant pakuotės pažymėtame gaminiuose LATEX yra natūralaus kaučiuko (latekso), kuris gali sukelti alergines reakcijas.

LT Viršutinių juostų sudėtyje yra silikono. Dėmesio! Gaminiuose, pažymėtuose ant pakuotės LATEX ženklu, yra natūraliojo kaučiuko (latekso), kuris gali sukelti alergines reakcijas.

LV Augšmalas satur silikonu. Uzmanību: Produkti, kas uz iepakojuma marķēti ar LATEX, satur dabisko kaučuku (lateksu), kas var izraisīt alerģiskas reakcijas.

PL Paski elastyczne w górnej części zawierają silikon. UWAGA: Wyroby, na których etykiecie na opakowaniu widnieje symbol LATEX, zawierają naturalny kauczuk (lateks), który może powodować reakcje alergiczne.

HU A felső szalagok szilikont tartalmaznak. Figyelmeztetés: Azok a termékek, amelyek csomagolásán LATEX található, természetes gumit (latexet) tartalmaznak, ami allergiás bőrreakciót válthat ki.

RO Benzile superioare conțin silicon. Atenție: Benzile superioare conțin silicon. Produsele etichetate pe ambalaj cu LATEX conțin cauciuc natural (latex) care poate provoca reacții alergice.

CS Horní lemy obsahují silikon. Upozornění: Výrobky, které jsou na balení označené LATEX obsahují přírodní kaučuk (latex), který může způsobovat alergické reakce.

SL Zgornji trakovi vsebujejo silikon. Pozor: Izdelki, ki imajo na embalaži oznako LATEX, vsebujejo naravno gumo (lateks), ki lahko povzroči alergijske reakcije.

SK Vrchné pásky obsahujú silikón. Upozornenie: Výrobky označené na obale symbolom LATEX obsahujú prírodný kaučuk (latex), ktorý môže spôsobiť alergické reakcie.

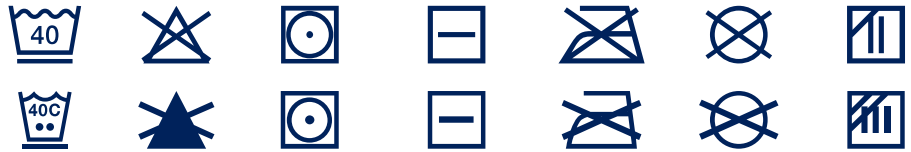
RU Полосы на верхнем креплении (резинке) содержат силикон. Внимание: продукты, на упаковку которых нанесен символ LATEX, содержат натуральный каучук (латекс), который может стать причиной аллергических реакций.

TR Üst bantlar silikon içerir. Dikkat: Ambalaj etiketinde LATEX sembolü bulunan ürünler alerjik reaksiyonlara yol açabilecek doğal kauçuk (lateks) içerir.

AR تحتوي الأربطة العليا على السيليكون. تحذير: تحتوي المنتجات الموصوفة على العبوة LATEX على مطاط طبيعي (لاتكس) مما قد يسبب حساسية.

HE הרצועות העליונות מכילות סיליקון. זהירות: מוצרים שעל אריזתם מופיע LATEX מכילים גומי טבעי (לטקס) העלול לגרום לתגובות אלרגיות.

CLEANSING AND CARE / NETTOYAGE ET ENTRETIEN



Mild washing process, max. 40 °C (105 °F)

Processus de lavage délicat / doux, max. 40 °C (105 °F)

Do not bleach

Ne pas blanchir

Tumble drying possible at low heat, max. 60 °C (140 °F)

Sèche-linge à basse température, max. 60 °C (140 °F)

Dry flat (Lay out horizontally for drying)

Séchage à plat

Do not iron

Ne pas repasser

Do not dry-clean

Ne pas nettoyer à sec

Drip line drying in the shade

Séchage par égouttage sur une corde à linge et à l'ombre

JOBST® PRODUCT FEATURES

(EN) JOBST® PRODUCT FEATURES
(DE) JOBST® PRODUKTEIGENSCHAFTEN
(FR) CARACTÉRISTIQUES DES PRODUITS JOBST®
(ES) CARACTRISTICAS DEL PRODUCTO JOBST®
(PT) CARACTERÍSTICAS DO PRODUTO JOBST®
(IT) CARATTERISTICHE PRODOTTO JOBST®
(NL) JOBST® PRODUCTKENMERKEN
(SV) JOBST® PRODUKTEGENSKAPER
(NO) JOBST® PRODUKTFUNKSJONER
(DA) JOBST® PRODUKTFUNKTIONER
(FI) JOBST®-TUOTEOMINAISUUDET
(IS) JOBST® VÖRUEIGINLEIKAR
(ET) JOBST® TOOTE OMADUSED
(LT) JOBST® PREKĖS SAVYBĖS
(LV) JOBST® PRODUKTA ĪPAŠĪBAS
(PL) CECHY PRODUKTÓW JOBST®
(HU) JOBST® TERMÉKJELLEMZŐK
(RO) CARACTERISTICI ALE PRODUSELOR JOBST®
(CS) FUNKCE PRODUKTU JOBST®
(SL) LASTNOSTI IZDELKA JOBST®
(SK) VLASTNOSTI VÝROBKU JOBST®
(RU) ХАРАКТЕРИСТИКИ ИЗДЕЛИЯ JOBST®
(TR) JOBST® ÜRÜN ÖZELLİKLERİ
(AR) JOBST® ميزات منتج
(HE) JOBST® התכונות של מוצר

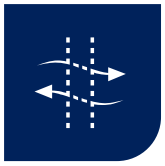




(EN) High edema containment
(DE) Starke Ödem-Eindämmung
(FR) Contention élevée pour gestion de l'œdème
(ES) Alta contención del edema
(PT) Alta contenção do edema
(IT) Alto livello di contenimento degli edemi
(NL) Goede ondersteuning bij oedeem
(SV) Hög ödeminnehållning
(NO) Høy ødemkontroll
(DA) Effektiv indeslutning af ødem
(FI) Turvotusta tiukasti rajoittava
(IS) Afmarkar bjúg með góðum árangri
(ET) Suur tursevähendusvõime
(LT) Geras edemos sulaikymas
(LV) Īpaši efektīva tūskas kontrole
(PL) Mocny ucisk obrzęku
(HU) Fokozott ödéma elleni hatás
(RO) Efect ridicat de restrângere a edemului
(CS) Vysoký stupeň omezení edémů
(SL) Visoka stopnja obvladovanja edema
(SK) Vysoká miera zadržiavania opuchu
(RU) Высокий уровень ограничения отеков
(TR) Yüksek ödem kısıtlaması
(AR) احتواء تام للوذمة
(HE) תמיכה חזקה לבצקות



(EN) SoftTouch
(DE) Weicher Griff
(FR) Toucher doux
(ES) Toque suave
(PT) Toque macio
(IT) Soft touch
(NL) Voelt zacht aan
(SV) Mjuk känsla
(NO) Myk følelse
(DA) Blød følelse
(FI) Pehmeältä tuntuva
(IS) Mjúkt
(ET) Pehme
(LT) Minkštas
(LV) Mīksts
(PL) Miękkie w dotyku
(HU) Puha tapintású
(RO) Moale la atingere
(CS) Jemné na dotek
(SL) Mehke na dotik
(SK) Jemné na dotyk
(RU) Приятный на ощупь
(TR) Yumuşak
(AR) ذات ملمس ناعم
(HE) מגע רך



(EN) Breathable
(DE) Atmungsaktiv
(FR) Respirant
(ES) Transpirable
(PT) Respirável
(IT) Traspirante
(NL) Ademend
(SV) Andas
(NO) Pustende
(DA) Åndbar
(FI) Hengittävä
(IS) Andar
(ET) Hingav
(LT) Leidžiantis kvėpuoti
(LV) Elpojošs
(PL) Oddychające
(HU) Lélegző
(RO) Material respirabil
(CS) Prodyšné
(SL) Dihajo
(SK) Priedušné
(RU) Пропускает воздух
(TR) Nefes alan
(AR) تسمح بالتهوية
(HE) נושם

CARACTERISTIQUES DES PRODUITS JOBST®





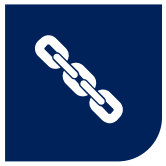

(EN) Easy donning
(DE) Einfaches Anziehen
(FR) Enfilage facile
(ES) Fácil de poner
(PT) Fácil de vestir
(IT) Facile da indossare
(NL) Makkelijk aan te trekken
(SV) Enkel påtagning
(NO) Enkel å ta på
(DA) Nem påsætning
(FI) Helppo pukea
(IS) Auðvelt að setja á sig
(ET) Lihtne jalgapanek
(LT) Paprasta apsimauti
(LV) Ērti uzvilkt
(PL) Łatwe zakładanie
(HU) Könnyen felhúzható
(RO) Uşor de îmbrăcat
(CS) Snadné nasazení
(SL) Enostavno oblačenje
(SK) Jednoduché nasadenie
(RU) Простота надевания
(TR) Kolay takılır
(AR) سهلة الارتداء
(HE) לבישה קלה



(EN) Left or right
(DE) Rechts oder links
(FR) Gauche ou droite
(ES) Derecha o izquierda
(PT) Esquerda ou direita
(IT) Per arto sinistro o destro
(NL) Voor links of rechts
(SV) För vänster eller höger
(NO) For venstre eller høyre
(DA) Til venstre eller højre
(FI) Vasempaan tai oikeaan
(IS) Fyrir vinstri eða hægri
(ET) Vasak või parem
(LT) Nešiojamas kairėje arba dešinėje
(LV) Kreisajai vai labajai pusei
(PL) Lewa lub prawa kończyna
(HU) Jobb vagy bal oldalra
(RO) Purtare pe stânga sau dreapta
(CS) Pravá nebo levá strana
(SL) Za levo ali desno stran
(SK) Ľavé alebo pravé
(RU) Подходит и для правой, и для левой
(TR) Sağ veya sol taraf için
(AR) يمكن ارتداؤها على الجانب الأيسر أو الأيمن
(HE) לשמאל או לימין



(EN) Seamless
(DE) Nahtlos
(FR) Sans couture
(ES) Sin costura
(PT) Sem costuras
(IT) Senza cuciture
(NL) Zonder naden
(SV) Sömlös
(NO) Sømløs
(DA) Sømløs
(FI) Saumaton
(IS) Samfellt
(ET) Õmblusteta
(LT) Be siūlių
(LV) Bez šuvēm
(PL) Bezszwowe
(HU) Varrás nélküli
(RO) Fără cusături
(CS) Bezešvé
(SL) Brezšivne
(SK) Bez švov
(RU) Бесшовный
(TR) Dikişsiz
(AR) ارتداء سلس
(HE) ללא תפרים



(EN) Durable
(DE) Strapazierfähig
(FR) Durable
(ES) Durable
(PT) Resistente
(IT) Durevole
(NL) Duurzaam
(SV) Hållbar
(NO) Holdbar
(DA) Holdbar
(FI) Kestävä
(IS) Endingargott
(ET) Vastupidav
(LT) Patvarus
(LV) Izturīgs
(PL) Trwałe
(HU) Tartós
(RO) Material rezistent
(CS) Odolné
(SL) Trpežne
(SK) Odolné
(RU) Прочный
(TR) Dayanıklı
(AR) متينة
(HE) עמיד

INSTRUCTIONS FOR USE

EN

JOBST® Bella Lite & Strong Ready-to-Wear Armsleeve

JOBST® Bella Lite: 15-20 mmHg and 20-30 mmHg

JOBST® Bella Strong: 15-20 mmHg, 20-30 mmHg and 30-40 mmHg

UK: Class 1 (CI 1) = 15-20 mmHg, Class 2 (CI 2) = 20-30 mmHg, Class 3 (CI 3) = 30-40 mmHg

Your healthcare professional has recommended this JOBST® Bella Armsleeve for the management of your lymphedema or other edema.

Indications

Every JOBST® medical compression product has a specific compression level designed to help specific venous and lymphatic conditions.

The compression level is printed on the package label. The required compression class must be determined by your physician.

For the management of lymphedema and other edema. Phlebitis, post thrombotic syndrome, vascular malformation. JOBST® Bella Lite and JOBST® Bella Strong 20-30 mmHg for post liposuction management.

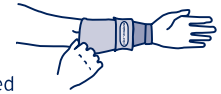
Post surgery management and management of oedema (20-30 mmHg JOBST® Bella Lite only).

Instructions for Donning JOBST® Bella Lite Armsleeve

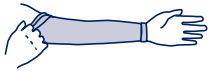
1. Fold armsleeve on itself, from the top down. Note positioning of the wide band. Insert hand.



2. Gently pull complete armsleeve on to the elbow. The armsleeve should now be positioned over the wrist and elbow portion of the arm.



3. Gently pull the top of the armsleeve up to its correct end location (top of the arm).



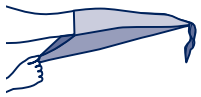
4. Smooth out any wrinkles or folds that may appear.



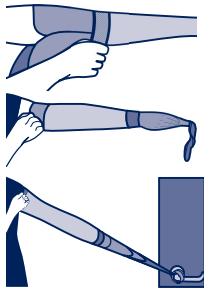
Optional: A donning aid may be used to help slide the sleeve over your hand.

Instructions for Donning JOBST® Bella Strong Armsleeve

1. Pull Donning Aid onto arm.



2. Fold back band on armsleeve so silicone is exposed.
3. Pull armsleeve onto arm until wrist cuff is on or above wrist bone.
4. Place loop over door knob or other secure, stationary object. Holding silicone band in place, slowly step away from door – allowing Donning Aid to be removed. Adjust armsleeve as needed.



5. Flip silicone band into place using a donning glove to adjust the armsleeve as needed.



JOBST® Bella Lite & Strong Ready-to-Wear Gauntlet

15-20 mmHg and 20-30 mmHg

UK: Class 1 (CI 1) = 15-20 mmHg, Class 2 (CI 2) = 20-30 mmHg

Your healthcare professional has recommended this JOBST® Bella Gauntlet for the management of your lymphedema or other edema.

Indications

Every JOBST® medical compression product has a specific compression level designed to help specific venous and lymphatic conditions.

The compression level is printed on the package label. The required compression class must be determined by your physician.

For the management of lymphedema and other edema.

Instructions for Donning

1. Slip fingers into gauntlet starting at the end that has the widest band.



2. Position gauntlet so that it sits comfortably around the palm and thumb.



3. The gauntlet should be positioned so that it ends around the knuckles.

JOBST® Bella Lite & Strong Ready-to-Wear Glove

15-20 mmHg and 20-30 mmHg

Your healthcare professional has recommended this JOBST® Bella Glove for the management of your lymphedema or other edema.

Indications

Every JOBST® medical compression product has a specific compression level designed to help specific venous and lymphatic conditions.

INSTRUCTIONS FOR USE

EN

The compression level is printed on the package label. The required compression class must be determined by your physician.

Bella Lite Glove 15-20, 20-30: For the control of mild to moderate hand swelling from acute and chronic edema, lymphatic and other swelling disorders.

Bella Strong Glove 15-20: For the control of mild hand swelling from acute and chronic edema, lymphatic and other swelling disorders.

Bella Strong Glove 20-30: For the control of moderate to severe hand swelling from acute and chronic edema, lymphatic, and other swelling disorders.

Follow your healthcare provider's instructions.

Instructions for Donning JOBST® Bella Lite Glove

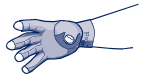
Open wounds should be covered before applying glove. Remove jewelry before applying. The glove can be used on either hand:

A. Right hand: label is visible on the wrist.

B. Left hand: turn the glove "inside out", inverting the fingers. The label is on the inside.

Follow these steps when putting on your glove:

1. Slip fingers into glove.



2. Position glove so that it sits comfortably around the palm and thumb.



3. The glove should be positioned so that the fingers end near the beds of the fingernails.



4. If the finger lengths are too long, mark the finger at the appropriate length, remove the glove, then trim the length of the glove finger directly above the marked area and remove the loose thread to lock down the seam. Be careful not to remove too much of the finger length.



Instructions for Donning JOBST® Bella Strong Glove

Follow these steps when putting on your glove:

1. Slip your hand through the wrist of the glove and into the fingers.
2. Adjust the fingers by carefully pulling on the fabric until the glove fits snugly into the web spaces between your fingers.
3. Be sure the fabric is smoothed out over the fingers and hand.



JOBST® Bella Lite Ready-to-Wear Combined Armsleeve

15-20 mmHg and 20-30 mmHg

Your healthcare professional has recommended this JOBST® Bella compression garment for the manage-ment of your lymphedema or other edema.

Indications

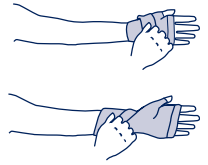
Every JOBST® medical compression product has a specific compression level designed to help specific venous and lymphatic conditions.

The compression level is printed on the package label. The required compression class must be determined by your physician.

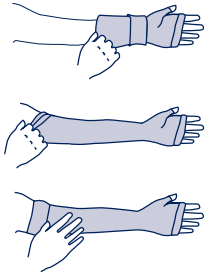
For the management of lymphedema and other edema. Phlebitis, post thrombotic syndrome, vascular malformations, post liposuction (20-30 mmHg only).

Instructions for Donning

1. Fold armsleeve part on itself, from the top down. Slip fingers into gauntlet and position it so that it sits comfortably around the palm and thumb.



2. Gently pull complete armsleeve part on to the elbow. The armsleeve part should now be positioned over the wrist and elbow portion of the arm.



3. Gently pull the top of the Armsleeve part up to its correct end location (top of the arm).

4. Smooth out any wrinkles or folds that may appear.

Contraindications JOBST® Bella Lite & Strong

JOBST® medical compression garments should not to be worn in cases of:

- Advanced arterial insufficiency including ischemia
- Uncontrolled congestive heart failure
- Untreated septic phlebitis
- Phlegmasia coerulea dolens
- Incompatibility to fabric

Cautions JOBST® Bella Lite & Strong

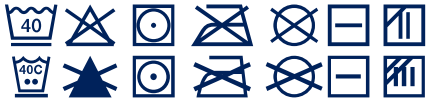
- Weeping dermatosis
- Cutaneous infections
- Open wounds must be covered with an appropriate dressing before the compression garment is put on

INSTRUCTIONS FOR USE

EN

- Severely compromised skin sensibility and impaired sensitivity of the limb
- Advanced peripheral neuropathy
- Immobility (confinement to bed). Not recommended to wear during bed rest
- Conditions in which increased venous and lymphatic return is not desired.
- Appropriate hygiene and skin care should be applied
- Ill-fitting compression garments may cause constriction leading to
  e.g. skin necrosis, pressure ulcers and pressure related peripheral nerve damage
- The attending physician decides whether compression in general can be applied in patients suffering from the following diseases: rheumatoid arthritis, complex regional pain syndrome, CRPS (M. Sudeck), malignant lymphedema, gangrene.
- Medical compression garments should only be used after consultation with your doctor or therapist and checked regularly by them on the appropriateness of your therapy, also considering age and health status.
- Patient measurements should be taken by a trained person to determine the correct product size needed and to decide whether a made-to-measure or ready-to-wear garment is required.
- When re-ordering a garment after 6 month we recommend to take the patients measurements again as the limb circumference might have changed.
- If you notice discomfort, pain, numbness, changes in skin color, appearance of new wounds or swelling during wear, stop using the product and contact your healthcare professional.
- Any serious incident that has occurred in relation to this device should be reported to BSN medical Inc. (BSN-JOBST® GmbH within the European Union) and the competent authority of your state.

Care Instructions
JOBST® Bella Lite & Strong



Machine washable in warm water. Mild process. Use a delicate fabric detergent. Do not use fabric softener. Do not bleach. Tumble drying possible. Low temperature; exhaust temperature max. 50 °C. Do not iron. Do not dry clean. Flat drying. Drip line drying in the shade.

Special Care Instructions for JOBST® Bella Armsleeves with Silicone band

1. Before washing the garment, turn the garment inside out.
2. Thoroughly hand wash the silicone band using a delicate fabric detergent. Concentrate on removing any lotion, powder or hair from the silicone.

The use of certain skin care products, dry peeling skin or use in hairy areas, may prevent the silicone band from keeping the garment in place.

JOBST® garments will retain their compression for 6 months under normal wear and care.

Please protect your compression garments from direct exposure to sunlight, heat, and moisture. We recommend storage at room temperature.

GEBRAUCHSANWEISUNG

DE

JOBST® Bella Lite & Strong Standardarmstrumpf

JOBST® Bella Lite: 15-20 mmHg und 20-30 mmHg

JOBST® Bella Strong: 15-20 mmHg, 20-30 mmHg und 30-40 mmHg

Ihr Arzt/Therapeut hat Ihnen diesen JOBST® Bella Standardarmstrumpf zur Behandlung Ihres Lymphödems oder eines anderen Ödems empfohlen.

Indikationen

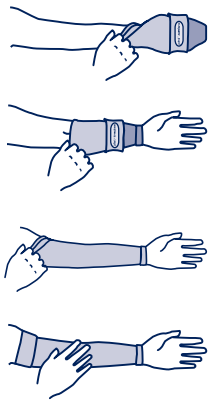
Jedes JOBST® medizinisches Kompressionsprodukt hat eine spezifische Kompressionsklasse für die Behandlung bestimmter venöser und lymphatischer Erkrankungen.

Die Kompressionsklasse ist auf dem Verpackungsetikett aufgedruckt. Die Kompressionsklasse muss durch den Arzt bestimmt werden.

Zur Behandlung von Lymphödemen und anderen Ödemen. Phlebitis, postthrombotisches Syndrom, Gefäßmissbildungen. JOBST® Bella Lite und JOBST® Bella Strong 20-30 mmHg zur Behandlung nach einer Fettabsaugung.

Postoperative Behandlung und Behandlung von Ödemen (nur 20-30 mmHg JOBST® Bella Lite).

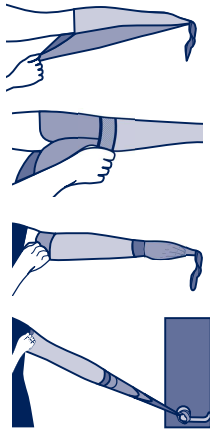
Anziehanleitung JOBST® Bella Lite



1. Ziehen Sie den Armstrumpf bis zur Hälfte auf links, und zwar von oben nach unten. Das breite Abschlussband muss sich außen befinden. Schieben Sie Ihre Hand in den Armstrumpf.
2. Ziehen Sie den Armstrumpf vorsichtig bis zum Ellbogen hoch. Der Armstrumpf sitzt nun zwischen Handgelenk und Ellbogen.
3. Ziehen Sie jetzt den oberen Teil des Armstrumpfes bis zur vorgesehenen Stelle am Oberarm.
4. Streichen Sie eventuelle Falten glatt.

Alternative: Sie können den Armstrumpf auch mit einer Anziehhilfe anziehen.

Anziehanleitung JOBST® Bella Strong



1. Ziehen Sie die An- und Ausziehhilfe über den Arm.
2. Ziehen Sie das Band an der Armmanschette zurück, sodass das Silikon freiliegt.
3. Ziehen Sie die Armmanschette über den Arm, bis die Handgelenksmanschette am oder über dem Handgelenksknochen liegt.
4. Legen Sie die Schlaufe über eine Türklinke oder ein anderes sicher befestigtes Objekt. Halten Sie das Silikonband an Ort und Stelle und entfernen Sie sich langsam von der Tür, sodass die An- und Ausziehhilfe entfernt werden kann. Passen Sie die Armmanschette nach Ihren Wünschen an.
5. Positionieren Sie das Silikonband mithilfe eines An- und Ausziehhandschuhs, um die Armmanschette nach Ihren Wünschen anzupassen.

JOBST® Bella Lite & Strong Handteil

15-20 mmHg und 20-30 mmHg

Ihr Arzt/Therapeut hat Ihnen dieses JOBST® Bella Handteil zur Behandlung Ihres Lymphödems oder eines anderen Ödems empfohlen.

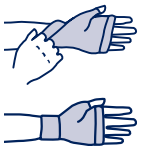
Indikationen

Jedes JOBST® medizinisches Kompressionsprodukt hat eine spezifische Kompressionsklasse für die Behandlung bestimmter venöser und lymphatischer Erkrankungen.

Die Kompressionsklasse ist auf dem Verpackungsetikett aufgedruckt. Die Kompressionsklasse muss durch den Arzt bestimmt werden.

Zur Behandlung von Lymphödemen und anderen Ödemen.

Anziehanleitung JOBST® Bella Lite & Strong Handteil



1. Schieben Sie Ihre Hand an der Stelle in das Handteil, an der sich der breite Abschlussrand befindet.
2. Ziehen Sie das Handteil so weit an, bis er an Handfläche und Daumen bequem sitzt.
3. Das Handteil sollte an den Fingergrundgelenken enden.

JOBST® Bella Lite & Strong Standardhandschuh

15-20 mmHg und 20-30 mmHg

Ihr Arzt/Therapeut hat Ihnen diesen JOBST® Bella Handschuh zur Behandlung Ihres Lymphödems oder eines anderen Ödems empfohlen.

Indikationen

Jedes JOBST® medizinisches Kompressionsprodukt hat eine spezifische Kompressionsklasse für die Behandlung bestimmter venöser und lymphatischer Erkrankungen. Die Kompressionsklasse ist auf dem Verpackungsetikett aufgedruckt. Die Kompressionsklasse muss durch den Arzt bestimmt werden.

Bella Lite Handschuh 15-20, 20-30: Zur Kontrolle leichter bis mittelschwerer Schwellungen der Hand durch akute und chronische Ödeme, Lymphödeme und andere Schwellungsstörungen.

Bella Strong Handschuh 15-20: Zur Kontrolle leichter Schwellungen der Hand durch akute und chronische Ödeme, Lymphödeme und andere Schwellungsstörungen.

Bella Strong Handschuh 20-30: Zur Kontrolle mittelschwerer bis schwerer Schwellungen der Hand durch akute und chronische Ödeme, Lymphödeme und andere Schwellungsstörungen.

Befolgen Sie die Anweisungen Ihres Arztes.