

# **HEALTHCARE**

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**I N T E R N A T I O N A L**



*Active Aging | Fitness | Rehabilitation*  
*Sports Medicine | Human Performance*



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GSA Contract Number: GS-03F-0148W

FDA Registration Number: 3010291544



# Brands



## ▶ HCI Fitness

- ▶ Since 1992, HealthCare International has been family owned and operated with dedication to providing affordable quality products with exceptional service!
- ▶ Products: Recumbent Cross Trainers, Upper Body Ergometers, Total Body Trainers, Treadmills, Dynamic Unweighting Systems, & Active and Passive Trainers.



# MONARK

SPORTS & MEDICAL

## ▶ Monark Exercise

- ▶ HealthCare International is the Exclusive North American Distributor
- ▶ Products: Testing Ergometers, Stationary Cycles, Recumbent Cycles, & Upper Body Ergometers
- ▶ *ACSM Discounts Available*

# Brands



## ▶ Mediana

- ▶ Since 1993, Mediana has provided professional and general medical equipment and technology to help revitalize heart function and provide accurate measurement of biological signals.



## ▶ CardioMed Treadmills

- ▶ At **CardioMed Treadmills** we strive to provide reliable testing treadmills with innovative solutions at an affordable price. CardioMed Treadmills are proudly manufactured in the European Union using small batch production that allows for the highest level of attention to detail and the ability to develop unique solutions for a variety of testing applications.

# HCI Fitness Advantages

## ▶ ***Low Starting Resistance and Speed***

Dedicated to accommodating a wide range of users with different activity levels, HCI Fitness products offer a low starting resistance **as low as 5 watts**. HCI Fitness manufactured Treadmills start at **0.1 MPH** and can be adjusted in 0.1 increments.

## ▶ ***Bi-Directional Movement***

HCI Fitness products offer bi-directional movement for **advanced** strength, balance, and gait training. Changing the direction of exercise not only reduces risk of injury but also helps **motivate** users and increase training sessions.

## ▶ ***Workout Summary Report***

Many HCI Fitness products have a built-in USB workout report function that allows facilities to track progress with key metrics such as **WATTS** and **METS**

## ▶ ***Customizable Programs***

Clinicians can customize programs including **Constant or Ramping WATT** and **ISOKENTIC** resistance programs to tailor the training session to the user.

## ▶ ***Increased Accessibility***

HCI Fitness products are easy to access with removable seats to accommodate wheelchair access, oversized **swivel seats**, low treadmill step-up heights, **user weight capacity up to 500 lbs** and adjustable features to fit a wide range of users.

## ▶ ***Family Owned and Operated***

HealthCare International is proud to be one of the longest standing owned and operated fitness equipment manufacturers based in the USA! When you purchase HCI Fitness equipment you become part of the HCI Fitness Family!

# Commercial Display



## Featured Programs

- ▶ Isokinetic
  - ▶ Constant WATTS
  - ▶ Heart Rate Controlled
  - ▶ Custom User Program
- 
- ▶ 32 Levels of Resistance
  - ▶ WATTS and METS
  - ▶ Download Workout Report
  - ▶ 20 Workout Programs
  - ▶ Heart Rate Receiver
  - ▶ Quick Start Button

# Recumbent Cross Trainers



## PhysioStep LXT - Recumbent *Linear* Cross Trainer

- ▶ 450 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, Telescopic Display AC Plug
- ▶ Natural 2:1 Linear Stepping Motion
- ▶ Commercial Rating
- ▶ Item: LXT-700



## PhysioStep MDX - Recumbent *Elliptical* Cross Trainer

- ▶ 500 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Commercial Rating
- ▶ Item: RXT-1000 MDX

# Recumbent Cross Trainers



## CardioStep - Recumbent *Semi-Elliptical* Cross Trainer

- ▶ 400 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Commercial Rating
- ▶ Item: CS-600



## VersaStep - Recumbent *Elliptical* Cross Trainer

with *Ipsilateral Arm and Leg Connection*

- ▶ 500 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Balance and Stability
- ▶ Commercial Rating
- ▶ Item: VSX



# Recumbent Cross Trainers



- ▶ **PhysioStep PRO** - Recumbent *Stepper* Cross Trainer
  - ▶ 500 lbs Capacity, Swivel Seat, Removable Seat, Contact Heart Rate, WATTS and METS, AC Plug
  - ▶ Ipsilateral Left and Right Side Connected Movement
  - ▶ Commercial Rating
  - ▶ Item: SXT



- ▶ **PhysioStep HXT** - Recumbent *Semi-Elliptical* Cross Trainer
  - ▶ 330 lbs Capacity, Contact Heart Rate, WATTS, AC Plug
  - ▶ Most Compact Recumbent Cross Trainer
  - ▶ Light Commercial Rating
  - ▶ Item: HXT-300

# HCI Fitness Premium Comfort Seat



The HCI Fitness Premium Comfort Seat is included standard on all the commercial rated products we manufacture.

## Features

- ▶ 20” Wide Oversized Seat Base
- ▶ 4” Thick Memory Foam Seat Base
- ▶ Contoured Seat Back with Lumbar Support
- ▶ Swivel Seat Function
- ▶ Reclining Seat Back

# Total Body Trainers



## PhysioMax - Total Body Trainer

- ▶ 500 lbs Capacity, Independent Arms & Legs, Removable Swivel Seat, WATTS and METS, AC Plug
- ▶ Optional Adjustable Length Leg Cranks
  - ▶ TBT-ADJ-LC
- ▶ Commercial Rating
- ▶ Item: TBT-1000



# Total Body Trainers



## PhysioCycle - *Total Body Trainer*

- ▶ 300 lbs Capacity, dependent Arms & Legs, AC Plug
- ▶ Light Commercial Rating
- ▶ Item: XT-800

# Active and Passive Trainers



## OmniTrainer - Advanced Active and Passive Trainer

- ▶ Automatically changes from Active to Passive Mode
- ▶ Symmetry Training
- ▶ Upper or Lower Body Trainer
- ▶ Download Workout Report
- ▶ Commercial Rating
- ▶ Item: OT-1100
  
- ▶ Optional Height Adjustable Lower Body
  - ▶ OT-1100P

# Active and Passive Trainers



## eTrainer - Passive Trainer

- ▶ Motorized Training Only
- ▶ Upper and Lower Body Trainer
- ▶ Light Commercial Rating
- ▶ Item: E-PAT



## eTrainer AP - Active and Passive Trainer

- ▶ Manually Change from Active to Passive Mode
- ▶ Upper and Lower Body Trainer
- ▶ Light Commercial Rating
- ▶ Item: E-PAT-AP

# Upper Body Ergometers



## PhysioTrainer PRO - Upper Body Ergometer

- ▶ For use with Arms or Legs, Electronically Controlled with Programs, WATTS and METS, AC Plug
- ▶ Commercial Rating
- ▶ Item: PT-PRO
- ▶ Works with optional HCI Fitness UBE Tables



## PhysioTrainer - Classic Upper Body Ergometer

- ▶ For use with Arms or Legs, Manually Adjusted Resistance
- ▶ Commercial Rating
- ▶ Item: PT-UBE
- ▶ Works with optional HCI Fitness UBE Tables



# Upper Body Ergometers



## 881E - Upper Body Ergometer

- ▶ Calibratable, WATTS Scale, VO2 SubMax,
- ▶ Item: 881E



## 871E- Training Cycle

- ▶ Training Only
- ▶ Item: 871E



## 891E - Upper Body Ergometer

- ▶ Training Only
- ▶ Item: 891E

*891EW is the correct model for Wingate Testing*



# UBE Table Stands

Compatible With PhysioTrainer, PhysioTrainer PRO, Monark 881E, Monark 871E



**Hydraulic UBE Table-** Manually Adjusted UBE Table Stand

- ▶ Item: UBE-Table

**Motorized UBE Table-** Motor Adjusted UBE Table Stand

- ▶ Item: UBE-Table-120V



# Dynamic Unweighting System



## PhysioGait - Dynamic Unweighting System

- ▶ 360 lbs Unweighting Capacity, Sit to Stand, 28" Powered Yoke Adjustment, Swivel Yoke
- ▶ **New** Adjustable Width Base
- ▶ Item: PG-360
- ▶ Works with optional PhysioMill and RehabMill Treadmills



# Treadmills



## PhysioMill - Deluxe Rehabilitation Treadmill

- ▶ 21" x 63" Walking Belt, 500 lbs Capacity, True Zero Start (0.1 MPH), 6.25" Step Up Height, Full Medical Handrails, Therapist Remote, +/-15% Elevation, Reverse Belt for Downhill Walking, METS, 12 Programs, 4 HP Continuous DC Motor
- ▶ Item: TMR



## RehabMill- Affordable Rehab Treadmill

- ▶ 21" x 59" Walking Belt, 400 lbs Capacity, True Zero Start (0.1 MPH), +15% Elevation, Quick Keys, Dual AC Motors
- ▶ Item: RTM

# Treadmills

## CardioMed

♥ T R E A D M I L L S



- ▶ Flat hood ideal for motion capture research



- ▶ USB & RS232 Connectivity



- ▶ Multiple communication protocols ensures compatibility with *all* external systems

## Stress Testing | Human Performance | Biomechanics | Pulmonary Testing

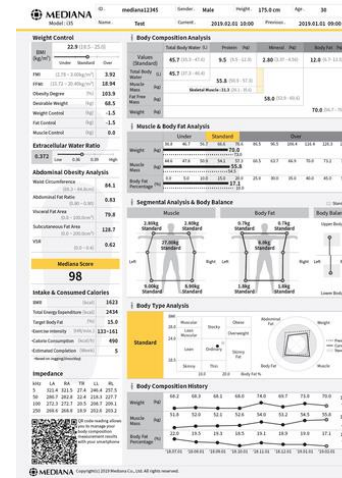
- ▶ Models: CMT 20-58, CMT 22-63, CMT 26-73, CMT 30-78, CMT 36-78

At **CardioMed Treadmills** we strive to provide reliable testing treadmills with innovative solutions at an affordable price. CardioMed Treadmills are proudly manufactured in the European Union using small batch production that allows for the highest level of attention to detail and the ability to develop unique solutions for a variety of testing applications.

# Body Composition Analyzer Mediana i35

- ▶ Tetra-Polar 8 Point Electrodes
- ▶ 5kHz, 50 kHz, 100 kHz, 250 kHz Measuring Frequency
- ▶ Foldable Design for Easy Transport
- ▶ Quick 1 Minute Test
- ▶ Extracellular Water Ratio, Visceral Fat, Segmental Analysis & More
- ▶ FDA Registered Medical Device

*Since 1993, Mediana has provided professional and general medical equipment and technology to help revitalize heart function and provide accurate measurement of biological signals.*





# NOVO System

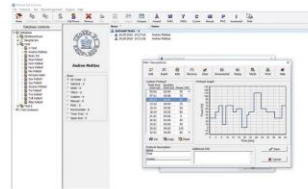
Connect your Monark Ergometer to a metabolic cart, ECG or other external system.

# MONARK

SPORTS & MEDICAL

## Create Custom Protocols

- Monark Test Software Included
- Unlimited Software Downloads
- Select Display Feedback



## External Connectivity

- Metabolic Cart
- Cardiac Stress Testing
- RS232 or USB



## 30 Second Calibration

- Quick Electronic Calibration
- Classic Hanging Weight Calibration
- Accuracy Always



## Sports & Medical Frames

- Performance Cycling Frame
- Medical Walk Through Frame
- Recumbent Walk Through Frame



# NOVO Testing Ergometer



## LC7 TT NOVO - Time Trial Ergometer

- ▶ Time Trial Software
- ▶ Novo System Electronically Controlled Testing
- ▶ External System Compatibility
- ▶ Quick Calibration
- ▶ Perfect Fit Frame
- ▶ Item: LC7 TT NOVO



## LC6 NOVO- Performance Testing Ergometer

- ▶ Novo System Electronically Controlled Testing
- ▶ External System Compatibility
- ▶ Quick Calibration
- ▶ Perfect Fit Frame
- ▶ Item: LC6 NOVO

# NOVO Testing Ergometer



## 939E NOVO- Walkthrough Testing Ergometer

- ▶ Novo System Electronically Controlled Testing
- ▶ External System Compatibility
- ▶ Quick Calibration
- ▶ Walkthrough Medical Frame
- ▶ Item: 939E NOVO



## RC6 NOVO - Recumbent Testing Ergometer

- ▶ Novo System Electronically Controlled Testing
- ▶ External System Compatibility
- ▶ Quick Calibration
- ▶ Recumbent Frame
- ▶ Item: RC6 NOVO



# Wingate Testing

*The gold standard for Wingate and anaerobic testing*



## 894E - Wingate Testing Ergometer

- ▶ Anaerobic Wingate Test
- ▶ Connects to Monark's ATS Software
- ▶ Automatic Drop Basket
- ▶ Item: 894E



## 891 EW - Wingate Testing Upper Body Ergometer

- ▶ Anaerobic Wingate Test
- ▶ Connects to Monark's ATS Software
- ▶ Drop Basket
- ▶ Item: 891EW

# Basic Testing Ergometer



- ▶ **828E - Basic Ergometric Testing Cycle**
  - ▶ Calibratable, WATTS, VO<sub>2</sub> SubMax, KP Scale
  - ▶ 550 lbs Capacity
  - ▶ Item: 828E

# Electronically Controlled Cycle Ergometers - G3 System

*Connect to the Monark Test Software for Electronically Controlled Testing*



**LC4**



**928E**



**RC4**

# Upright Bikes



## 827E- Training Cycle

- ▶ Training Only
- ▶ 550 lbs Capacity
- ▶ Item: 827E



## 927E- Walk Through Training Cycle

- ▶ Training Only
- ▶ Walkthrough Medical Frame
- ▶ Item: 927E



## 874E- Weight Basket Training Cycle

- ▶ Training Only
- ▶ Walkthrough Medical Frame
- ▶ Item: 874E

***894E Model is for Wingate Testing***

# Shipping Information

## ▶ ***Lead Time***

We strive to keep all units in-stock so that we can ship out upon receiving an order.

Transit time will take between 5-14 days depending on your location in the USA.

## ▶ ***Assembly Needed***

Our products ship 85% assembled and can be wheeled off the pallet when received by the customer. Typical items required for assembly includes: Handles, Pedals, Seat Back, and Display. All tools needed for assembly are included and in most cases optional white glove assembly will not be needed.

## ▶ ***Optional White Glove***

If needed our products can be sold with an optional white glove assembly.

## Contact Information

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