How to find the right form size to fit your bra size:

- Find your customer's bra cup size in the chart to the right. *See the reverse side for a guide on how to measure for the correct bra size.*
- Follow the row horizontally, to find her bra band size.
- Follow this column vertically down to the breast form or symmetry shaper style; the number in this square gives you the product size to try.
- This chart is only a guide. For a perfect fit, size up or down as needed.

Cup size	Band size																	
AA	30	32	34	36	38	40	42	44	46	48	50	52						
A		30	32	34	36	38	40	42	44	46	48	50	52					
B			30	32	34	36	38	40	42	44	46	48	50	52				
C				30	32	34	36	38	40	42	44	46	48	50	52			
D					30	32	34	36	38	40	42	44	46	48	50	52		
DD						30	32	34	36	38	40	42	44	46	48	50	52	
DDD							30	32	34	36	38	40	42	44	46	48	50	52
G										34	36	38	40	42	44	46	48	50

Amoena Breast Forms			
Contact	Energy	Natura	Essentials

	Breast Form size																	
	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

Not all breast form styles are available in sizes shown.

Amoena Recovery Care
Priform
Foam Leisure Forms
PurFit Adjustable

	Breast Form size													
		1/2	3/4		5/6		7/8		9/10		11/12		13/14	
			3	4	5	6	7	8	9	10	11	12	13	14
			4		6		8		10		12			

Amoena Symmetry Shapers
Amoena Balance

Shape	Size											
Delta		1/2		3/4		5/6		7/8		9/10		
Oval	0/1		2/3		4/5		6/7		8/9			
Varia			S		M		L		XL			

Selecting the right cup form

	Cup forms		
	1 Shallow	2 Average	3 Full
Cup sizes A			
Cup sizes B			
Cup sizes C			
D-H	Examples of cup forms are shown here for cup size A through C but are also available in sizes D and up to H in some styles.		

Women's breasts not only differ in cup size and band size, but also in cup forms. In order to achieve the closest fit, Amoena offers three different cup forms. These are designated with the numbers 1-3 (corresponding to shallow, average and full cup forms) in the breast form name. For example Amoena Contact 2S is an average form.

Once the correct breast form size is determined, continue by selecting the cup form. Then, compare the pictures in the corresponding row on the left with the profile of the woman's remaining breast while she is wearing a bra and select the best match.

TIP: Women with a small underbust tend towards full cup forms, women with a large underbust tend towards shallow cup forms.

Notes