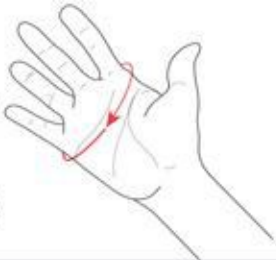


Measure the circumference of the hand around the knuckles



SIZE	MEASUREMENT	
XS	6-6 3/4"	15-17cm
SM	7-7 3/4"	18-20cm
MED	8-9"	21-23cm
LRG	9 1/4-10 1/2"	24-26cm
XL	10 3/4-11 1/2"	27-29cm
2XL	11 3/4"+	30cm+

Your Thermal Support should be a snug and comfortable fit. Not too tight, not too loose. If in doubt, try next larger size.