

Product Information: Vital® 1.0 Cal

For more information, contact your Abbott Nutrition Representative or visit
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Vital® 1.0 Cal

Therapeutic nutrition to support GI tolerance

- 1 VITAL 1.0 CAL is a peptide-based formula for patients experiencing malabsorption, maldigestion, or impaired GI function and/or symptoms of GI intolerance.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Designed to promote tolerance:
 - Advanced blend of hydrolyzed protein, structured lipid, and prebiotic (NutraFlora® scFOS®)* to support absorption and tolerance.
 - Hydrolyzed, peptide-based protein system.
 - MCT/canola oil structured lipid, a next-generation fat to promote absorption of fatty acids.
 - 1 g of NutraFlora scFOS/8 fl oz (4.2 g/L). scFOS are prebiotic fibers that stimulate the growth of beneficial bacteria in the colon.
- 1 Elevated antioxidants vitamins C and E to help reduce free radical damage.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1422 Cal (1422 mL).
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® scFOS® is not a registered trademark of Abbott Laboratories.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Structured Lipid (Interesterified Canola Oil & Medium Chain Triglycerides), Sugar, Hydrolyzed Sodium Caseinate, Canola Oil, Medium-Chain Triglycerides, Short-Chain Fructooligosaccharides, Natural & Artificial Flavor, DATEM, Magnesium Phosphate, Calcium Carbonate, Potassium Citrate, Sodium Phosphate, Potassium Chloride, Cellulose Gel, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Sodium Citrate, Carrageenan, Sucralose, Magnesium Chloride, Cellulose Gum, L-Carnitine, Taurine, d-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin B12, Phylloquinone, and Vitamin D3.

Allergens: Contains milk ingredients.

Availability

List Number	Item
56277	Vital 1.0 Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62711	Vital 1.0 Vanilla / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64832	Vital 1.0 Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	9.5		40.0	
Fat, g	9.0		38.1	
Carbohydrate, g	30.7		130	
Dietary Fiber, g	1.0*		4.2*	
Water, g	199		842	
Taurine, mg	25		105	
L-Carnitine, mg	25		105	
Calories	237		1000	
Vitamin A, IU	1080		4570	
Vitamin D, IU	66		280	
Vitamin E, IU	17		70	
Vitamin K, mcg	13		56	
Vitamin C, mg	83		350	
Folic Acid, mcg	135		565	
Vitamin B1, mg	0.50		2.1	
Vitamin B2, mg	0.56		2.4	
Vitamin B6, mg	1.0		4.2	
Vitamin B12, mcg	2.0		8.4	
Niacin, mg	6.6		28	
Choline, mg	115		480	
Biotin, mcg	100		420	
Pantothenic Acid, mg	3.3		14	
Sodium, mg	250		1055	
Potassium, mg	330		1400	
Chloride, mg	250		1055	
Calcium, mg	165		705	
Phosphorus, mg	165		705	
Magnesium, mg	66		280	
Iodine, mcg	25		105	
Manganese, mg	0.83		3.5	
Copper, mg	0.33		1.4	
Zinc, mg	5.0		21	
Iron, mg	3.0		13	
Selenium, mcg	13		56	
Chromium, mcg	20		84	
Molybdenum, mcg	30		125	

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Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

* 1.0 g of dietary fiber supplied by short-chain fructooligosaccharides.

Per 1000 mL (1.1 QT)

* 4.2 g of dietary fiber supplied by short-chain fructooligosaccharides.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.