

Product Information: Osmolite® 1.0 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.0 Cal

Complete, Balanced Nutrition® without fiber

- OSMOLITE 1.0 CAL is therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding for patients with caloric requirements of less than 2000 calories per day or for patients with increased protein requirements.
- For tube feeding.
- For supplemental or sole-source nutrition.
- May be used for oral feeding of patients with altered taste perception.
- Use under medical supervision.
- Provides protein to help support lean body mass and wound healing.
- Fat blend contains canola, MCT and corn oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains MCTs as part of the fat source.
- Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1400 Cal (1321 mL).
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.



Safety Precautions

- Not for IV use.
- Not for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium & Calcium Caseinates, Soy Protein Isolate, Canola Oil, Corn Oil, Medium-Chain Triglycerides, Calcium Phosphate, Soy Lecithin, Potassium Citrate, Potassium Chloride, Sodium Citrate, Magnesium Phosphate, Magnesium Chloride, Ascorbic Acid, Choline Chloride, Calcium Carbonate, Carrageenan, Taurine, L-Carnitine, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62691	Osmolite 1.0 Cal / 1000 mL (1.1 QT) Ready-To-Hang Prefilled Container / 8 ct
62695	Osmolite 1.0 Cal / 1500 mL (1.6 QT) Ready-To-Hang Prefilled Container / 6 ct
64633	Osmolite 1.0 Cal / 8 fl- oz (237 mL) Recloseable Carton / 24 ct

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Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1 L (33.8 fl oz)		1.5 L (50.7 fl oz)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	10.5		44.3		66.4	
Fat, g	8.2		34.7		52.1	
Carbohydrate, g	33.9		143.9		215.7	
L-Carnitine, mg	27		115		175	
Taurine, mg	27		115		175	
Water, g/mL	199		842		1260	
Calories	250		1060		1590	
Vitamin A, IU	895		3790		5690	
Vitamin D, IU	72		305		455	
Vitamin E, IU	8.1		35		52	
Vitamin K, mcg	15		61		91	
Vitamin C, mg	54		230		345	
Folic Acid, mcg	110		455		685	
Thiamin (Vitamin B1), mg	0.41		1.8		2.6	
Riboflavin (Vitamin B2), mg	0.46		2.0		2.9	
Vitamin B6, mg	0.54		2.3		3.5	
Vitamin B12, mcg	1.7		6.9		11	
Niacin, mg	5.4		23		35	
Choline, mg	110		455		685	
Biotin, mcg	81		345		515	
Pantothenic Acid, mg	2.7		12		18	
Sodium, mg	220		930		1395	
Sodium, mEq	9.6		40.4		60.6	
Potassium, mg	370		1570		2355	
Potassium, mEq	9.5		40.2		60.4	
Chloride, mg	340		1440		2160	
Chloride, mEq	9.6		40.7		61.0	
Calcium, mg	180		760		1140	
Phosphorus, mg	180		760		1140	
Magnesium, mg	72		305		455	
Iodine, mcg	27		115		175	
Manganese, mg	0.90		3.8		5.7	
Copper, mg	0.36		1.6		2.3	
Zinc, mg	4.1		18		26	
Iron, mg	3.3		14		21	
Selenium, mcg	13		54		80	
Chromium, mcg	22		91		140	
Molybdenum, mcg	27		115		175	

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Abbott Nutrition Abbott Laboratories
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1-800-227-5767



Preparation

Instructions for Use:

8 fl oz recloseable container

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- Clean top of can thoroughly before opening.
- Once opened, reclose or cover, refrigerate and use within 48 hours.

Oral Feeding:

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

Tube Feeding:

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- Remove dust cover from RTH Safety Screw Cap.
- Remove dust cover from feeding set connector.
- Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- Turn connector collar clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using hanging ring on bottom of container.
- Follow directions for use provided by manufacturer of feeding sets.
- Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.