

Three great tasting, high protein ProSource Gelateins for virtually every patient need!

Gelatein® 20:20 grams of protein, sugar free

- Improves patient compliance
- Low volume
- Adds variety
- Reduces waste
- Appropriate for the Dysphagia diet

Gelatein® Plus: 20 grams of protein, 150 calories





Gelatein® Plus with MCT oil: 20 grams of protein, 220 calories High protein ProSource® Gelateins

are available in 150 calorie, 220 calories and sugar free versions. All are made with hydrolyzed collagen protein and whey protein isolate for rapid absorption and utilization. Great tasting, convenient and easy to serve ProSource Gelateins are the best way to ensure your patients and residents get the protein they need without over-feeding calories.

ProSource Gelateins deliver two and three times the protein of standard nutritional shakes, puddings and clear liquid drinks. Available in refreshing fruit and citrus flavors they offer your patients variety from standard milk shake flavors.

Shelf stable, easy to serve, ProSource Gelateins reduce the waste from non-compliance.

The Clear choice for Clear Liquid Diets!

Patients on clear liquid diets receive simple carbohydrates from juice, jello, water ice but have a more difficult time getting the protein they need. ProSource Gelatein 20 and Plus are a good protein source for a majority of patients including diabetic, renal, surgical, bariatric, oncology, infectious disease and malabsorption.

ProSource Gelatein® Plus is a high calorie, high protein, great tasting gelatin in three delicious flavors: Cherry, Lemon and Pineapple.

ProSource Gelatein® 20 provides 20 grams of sugar free protein in a great tasting gelatin dessert. Sugar free makes them ideal for bariatric, diabetic and renal patients. Fruit Punch, Lime and Orange.

ProSource Gelatein® Plus with

MCT oil is a ready-to-serve gelatin dessert with 220 calories and 20 gram of protein for patients who require extra calories. Tropical Lime.

Gelatein Plus is made with MCT oil (medium chain triglycerides), the preferred fuel source by healthcare professionals because the shorter chain fats are readily absorbed directly thru the portal vein to the liver where they are quickly converted to energy, similar to carbohydrates but without increasing blood glucose. As compared to long chain triglycerides like corn or soy oil found in

most shakes, MCT oil requires less energy for absorption, utilization and storage and is well tolerated by those with malabsorption syndromes.

So Calories - 20g Protein - 45mg Sodium

The Cats | 199 Sugars) . I g Fiber



· 20g Protein - 50mg Sodium

Protein without over feeding calories

· 21mg Calcium · Contain or

Gelatein 20

20 grams of protein

and sugar free

Versatility and Variety. ProSource Gelateins meet the needs of virtually any diet from Oncology and Bariatric to Wound Healing and Pre and Post operative surgery.

Appropriate for these diets

	Gelatein Plus	Gelatein 20	Gelatein Plus w/MCT
Pressure Injury	•	•	•
Protein Malnutrition	•	•	•
Renal Disease	•	•	•
Pre-Post Op	•	•	•
Chronic Diarrhea	•	•	•
Cardiac Malnutrition	•	•	•
COPD	•	•	•
Oncology	•	•	•
HIV/Aids	•	•	•
Gluten Free	•	•	•
Lactose Free	•	•	•
Low Fat/cholesterol	•	•	
Fluid Restricted	•	•	•
Clear Liquid Diet	•	•	
Dysphagia	•	•	•
Gastric ByPass		•	
Fat Malabsorption	•	•	•
Diabetic		•	•
Chyle Leak Disease	•	•	•

Compare ProSource Gelatein protein and calories. More protein, more variety.

	Serving size	Protein	Calories	Lactose Free
Resource Breeze®	8 oz	9 g	250	YES
Boost® Pudding	5 oz	7 g	230	YES
Ensure® Clear	10 oz	8 g	180	YES
Ensure® Pudding	4 oz	4 g	170	NO
Frozen Shakes	4 oz	5 g	200	NO
Magic Cup®	4 oz	9 g	290	NO

Gelatein Plus 20 grams of protein

and 150 calories

With hydrolyzed collagen protein and whey protein isolate for rapid absorption and utilization

Gelatein Plus with MCT oil

20 grams of protein and 220 calories

Nutrition Facts

Amount Per Serving			
Calories 90 Calories fron	n Fat 0	Calorie	s 90
% Daily	Values*		
Total Fat 0g	0%	0g	0%
Saturated Fat Og	0%	0g	0%
Trans Fat Og		0g	
Cholesterol Omg	0%	0mg	0%
Sodium 50mg	2 %	45mg	2%
Potassium 155mg	5 %	160mg	5 %
Phosphorus 1mg	0%	2mg	0%
Total Carbohydrate <1g	0%	2g	1%
Dietary Fiber <1g	4%	1g	4%
Sugars 0g		0g	
Protein 20g		20g	
Vitamin A 0% •	\	Vitamin C	0%
Calcium 2% •		Iron	

Nutrition Serving Size: 1 Cu	
Amount Per Serving]
Calories 150	Calories from Fat 0
	% Daily Values*
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol Omg	0%
Sodium 45mg	2%
Potassium 150m	ng 4 %
Phosphorus 2mg	0%
Total Carbohyd	rate 21g 7 %
Dietary Fiber <1	g 4 %
Sugars 19g	
Protein 20g	
Vitamin A 0%	Vitamin C 0%Iron 0%
Calcium 2%	• Iron 0%

Coming Circ. 1 Cup (4fl. oz. (120 ml.)			
Serving Size: 1 Cup (4fl.oz./120 mL)			
Amount Per Serving			
Calories 220 Calories from Fat 70			
% Daily Values*			
Total Fat 10g 15%			
Saturated Fat 10g 50 %			
Trans Fat 0g			
Cholesterol 0mg 0 %			
Sodium 45mg 2 %			
Potassium 150mg 4 %			
Phosphorus 2mg 0 %			
Total Carbohydrate 22g 7 %			
Dietary Fiber <1g 4 %			
Sugars 19g			
Protein 20g			
Vitamin A 0% • Vitamin C 0%			
Calcium 2% • Iron 0%			
* Percent Daily Values are based on a 2,000 calorie diet.			

All Gelatein products align with IDDSI level 4

Ordering information:

Item #	Description	Case	UPC Billing Code	Packaging
11701	Gelatein Plus Cherry	5-0 <mark>7-94</mark> 688-11701-7	94688-0117-01	36/4 fl.oz. single serve cups
11703	Gelatein Plus Lemon	5-07-94688-11703-1	94688-0117-03	36/4 fl.oz. single serve cups
11705	Gelatein Plus Pineapple	5-07-94688-11705-5	94688-0117-05	36/4 fl.oz. single serve cups
11691	Gelatein 20 Orange	5-07-94688-11691-1	94688-0116-91	36/4 fl.oz. single serve cups
11692	Gelatein 20 Lime	5-07-94688-11692-8	94688-0116-92	36/4 fl.oz. single serve cups
11693	Gelatein 20 Fruit Punch	5-07-94688-11693-5	94688-0116-93	36/4 fl.oz. single serve cups
11697	Gelatein Plus with MCT oil Tropical Lime	5-07-94688-11697-3	94688-0116-97	36/4 fl.oz. single serve cups

* Percent Daily Values are based on a

2,000 calorie diet.



P.O. Box 5387 Lancaster, PA 17606 877.271.3570 info@medtrition.com www.medtrition.com Product of USA