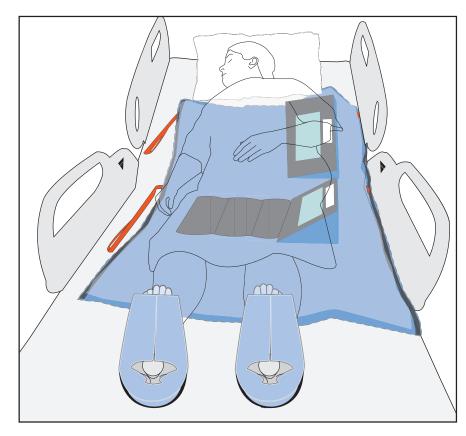
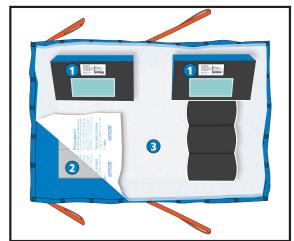
# **Prevalon®** Turn and Position System 2.0



Note: Bed rails must be in raised position while Turn and Position System is in use.



#### Contents - # 7201:

- 1. 2 30-Degree Body Wedges
- 2. Low-Friction Glide Sheet
- 3. Microclimate Body Pad

#### Contents - # 7206:

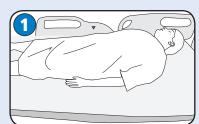
- 1. 2 30-Degree Body Wedges 2. Low-Friction Glide Sheet
- 3. 6 Microclimate Body Pads

To assist and maintain proper patient positioning to offload the sacrum and control body heat and moisture.

#### **Caution:**

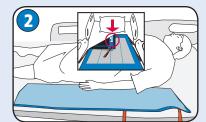
- DO NOT use Prevalon® Turn and Position System to lift patients.
- Patient repositioning should always be performed following your facility's safe patient handling policies and procedures.
- Periodically check product for signs of wear. Replace if product is damaged.
- For single patient use only.
- Weight capacity: 550 lbs./250 kg.

#### **Instructions for Use:**

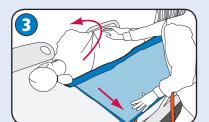


#### ■ Prior to Positioning Patient:

1. Make sure bed brakes are locked, bed is flat (if patient condition allows) and at waist level. Always follow your facility's safe patient handling policies and procedures.

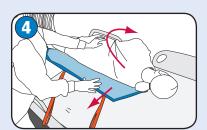


Lower bed rail closest to you. Unfold Glide Sheet with Body Pad alongside of supine patient. Tag on underside of Glide Sheet should be unfolded toward head of bed. Align upper edge of Glide Sheet with patient's shoulders.



Centering Device Under Patient:

Roll patient away from you onto their side. Tuck Glide Sheet with Body Pad under patient and unroll toward you. Raise bed rail.



Go to opposite side of bed and lower bed rail. Roll patient away from you onto their side. Unroll Glide Sheet with Body Pad toward you. Return patient to supine position.



#### Patient Alignment:

**5.** Gently slide patient using black handles on Glide Sheet to align hips with hip placement indicator or hinge point on bed. Prevent patient's heels and head from dragging across bed during repositioning.



■ Upper Wedge Placement:

Place Wedge with label side up. Lift edge of Glide Sheet and gently push wedge under patient, allowing Wedge to initiate patient turning movement.

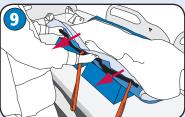


Lower Wedge Placement:

7. Place Anchor Wedge with label side up. Grasp Anchor and slide under patient's thighs. Wedges should be placed approximately 8 in./20 cm apart at the sacrum. Gently push Wedge under patient as before, allowing Wedge to initiate patient turning movement.

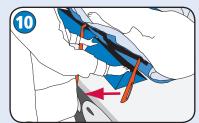


**8.** Go to opposite side of bed and pull Anchor under patient's thighs toward you until it is taut, without pulling wedge. Raise bedrail and return to other side of bed.



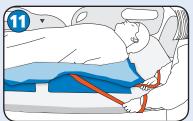
## Complete the Microturn:

With both hands, grasp black handles on Glide Sheet near patient's hips. Gently PULL (don't lift) until patient is positioned at desired angle. Once positioned, sacrum should be offloaded (free from contact). Prevent patient's heels and head from dragging across bed during repositioning. Smooth out any wrinkles. Raise bed rails.



#### ■ Repositioning Patient:

10. To reposition patient, remove Body Wedges by grabbing corner and rotating wedge out. Move to opposite side of patient and follow steps 5-9. Refer to your facility's protocol for frequency of repositioning.



# Using Boost Straps:

11. Boost Straps may be used to assist in repositioning. Always follow recommended posture and technique. Locate orange straps on Glide Sheet. Slide both hands through strap loops until they are wrapped around your wrists/forearms. Grasp the straight part of each orange strap and reposition patient as desired.



## Changing Body Pad:

Dispose of Body Pad when soiled. Replace only with Prevalon® Microclimate Body Pads (Reorder # 7250). Edge of Microclimate Body Pad must be aligned with edge of Glide Sheet.

# Cleaning Instructions:

If Glide Sheet or Body Wedges become soiled, wipe with damp cloth to clean. Do not launder; laundering will compromise the function of this



### **Video instructions:**

http://www.sageproducts.com/products/sacral-protection/video2.cfm Read instructions prior to use



www.sageproducts.com