

IMPROVING DIGNITY BY CHOOSING THE RIGHT PRODUCT

What type of product are you currently using?

(Please circle all that apply)



Do you use this product separately or in combination with other products? (Please be specific)

Product choice and proper sizing are very important when dealing with incontinence.

Right Product: Choosing the right product based on occurrence, flow and mobility improves dignity and quality of life.

Right Size: If a product is too big it will leak and cause skin irritation. Incontinence products should fit snug in the groin area to ensure proper fit without leakage. If you wear a 4-Tab Brief or Underwear, see reverse side to determine your correct size.

This sheet will help determine proper product and sizing.



Daytime: Choose the flow that best describes your urinary incontinence

Light Flow



A few drops?

Moderate Flow



More than a few drops?

Heavy Flow



Steady flow?

Mobile?

(Mobile means you can get to a toilet or bedside commode or bedpan)



Not Mobile?



*NOTE: If you are Bowel incontinent a 4-Tab Brief is recommended.



Underwear Liners



Underwear Liners or Underwear



4-Tab Brief



4-Tab Brief



Nighttime: Choose the flow that best describes your urinary incontinence

Mobile?

(Mobile means you can get to a toilet or bedside commode or bedpan)



Not Mobile?



Recommended Product For You:

*NOTE: If you are Bowel incontinent a 4-Tab Brief is recommended.



Underwear Liners



Underwear Liners or Underwear



4-Tab Brief



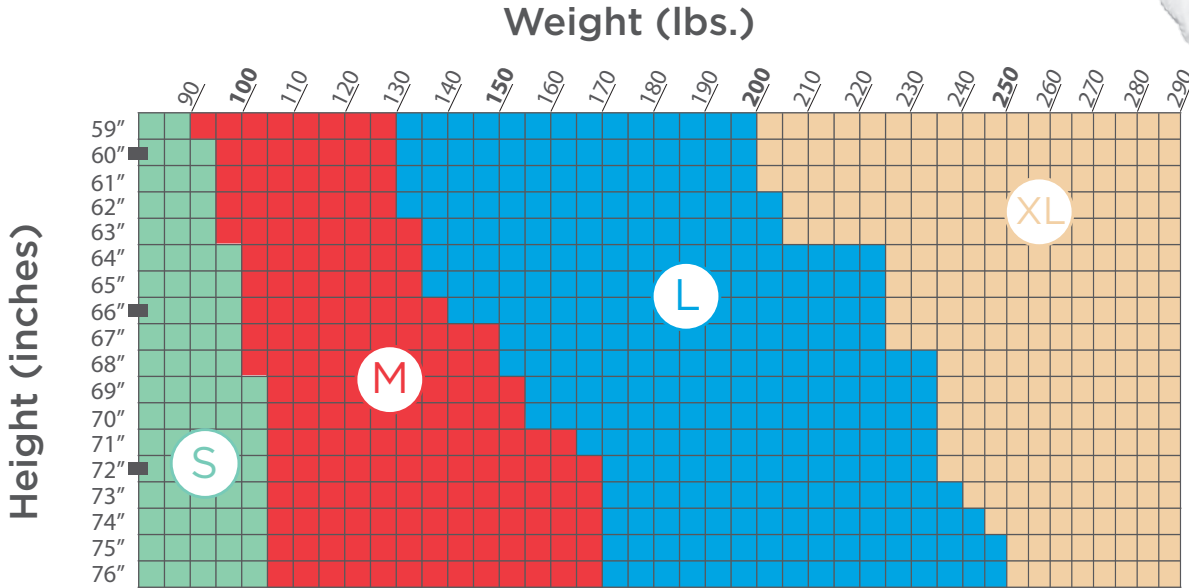
4-Tab Brief

Please note: It is important to discuss incontinence with your physician.

See Reverse Side For Sizing Help

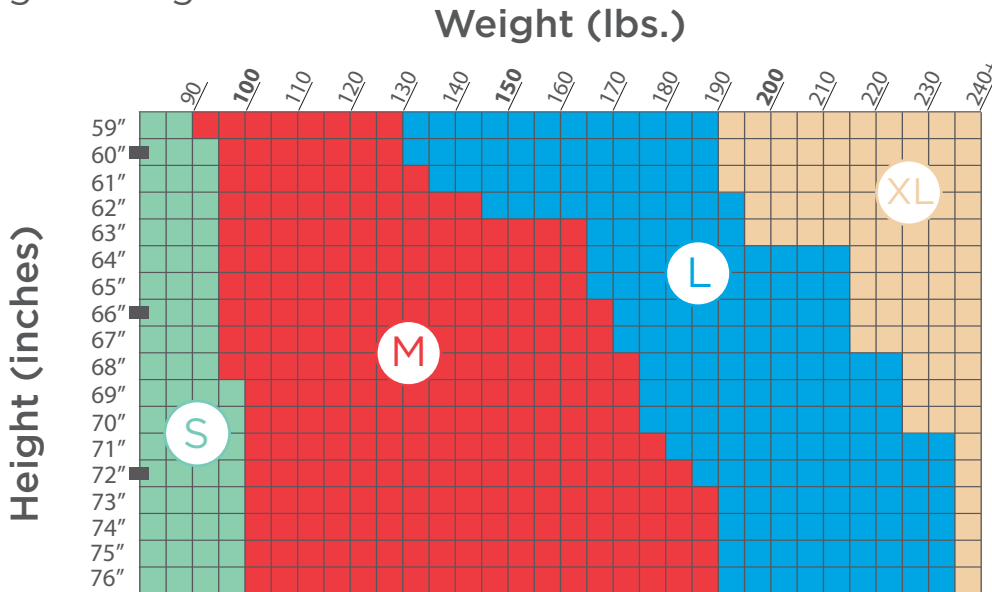
USING YOUR CURRENT HEIGHT & WEIGHT WILL HELP YOU FIND THE APPROPRIATE PRODUCT SIZE

Prevail® 4-Tab Briefs
Height & Weight Sizing Chart



59"=4'11"	62"=5'2"	65"=5'5"	68"=5'8"	71"=5'11"	74"=6'2"
60"=5'0"	63"=5'3"	66"=5'6"	69"=5'9"	72"=6'0"	75"=6'3"
61"=5'1"	64"=5'4"	67"=5'7"	70"=5'10"	73"=6'1"	76"=6'4"

Prevail® Underwear
Height & Weight Sizing Chart



59"=4'11"	62"=5'2"	65"=5'5"	68"=5'8"	71"=5'11"	74"=6'2"
60"=5'0"	63"=5'3"	66"=5'6"	69"=5'9"	72"=6'0"	75"=6'3"
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