

- DUODERM® Extra Thin
- dressings have a visual indicator to show when it is the right time to change them
- Tapered edges and a smooth surface help to reduce bunching up of the dressing and the effect of shear
- helps prevent damage to the wound bed on removal through a unique gelling action; ensuring maximum comfort<sup>1</sup>
- dressings are easy to use<sup>2</sup>, mold and can be cut to shape<sup>3</sup> to dress awkward areas
- can be used on skin tears and superficial wounds, dry to lightly exuding wounds, newly-formed tissue or skin at risk of further breakdown
- can be used on the body as a primary or secondary dressing

## Applying the dressings

## PRIOR TO DRESSING

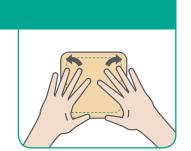
- Wash your hands, cleanse and rinse the wound then dry the surrounding skin
- Measure the wound to select the appropriate dressing size, allowing a 1½ inch (3cm) overlap on intact skin around the whole wound



- Warm the dressing between your hands
- Remove the 'top' white release paper being careful to minimize finger contact with the adhesive surface
- Hold the adhesive side of the dressing over the wound
- Align with the center of the wound



- Gently apply the center part of the dressing
- Remove the 'bottom' white release paper while rolling the dressing in place – but don't stretch it
- Repeat on the other side and remove the clear release paper



• Gently mold the dressing into place for 30–60 seconds



- Gently lift one corner of the dressing
- Roll it away from the wound while holding the skin away
- Gently lift the other corners and pull upwards until the dressing completely peels off

## For difficult to dress areas



- Remove dressing from protective sleeve
- Peel back the main white release paper and the two small margin tabs and apply dressing wings to back of heel



 Remove the two large tabs and apply remaining lower part of dressing to heel



 Ensure good contact with skin by gently smoothing over kinks or folds with warm hands

ConvaTec Customer Interaction Center 1-800-422-8811 Visit the ConvaTec website at www.convatec.com

