



medi

Your skin care treatment programme from medi

Effective care for healthy, velvety soft skin.



medi. I feel better.





medi World of Compression

**A strong brand. A wide range of products.
A better quality of life.**

The medi World of Compression: a signpost to the future with over 65 years' experience in compression. Products with the highest standards of quality, innovation and design. Put your trust in first-class finishing and special user comfort, and actively enhance your wellbeing!





I feel better in my skin

It's great when you can make this statement. Healthy, velvety soft skin is important for the well-being and health of our whole body.

The skin is the body's largest and heaviest organ. Covering up to two square metres and weighing up to ten kilogrammes, it is a true miracle. Like a protective coat, it protects us from external influences.

But skin can do so much more:

The nerve endings flow through it. It ensures that we can feel the cold and the warm and can react to our environment. The skin is also intertwined with blood vessels, sweat glands and sebaceous glands, which regulate the body's heat balance and protect us against overheating and hypothermia.

Because people with oedema and venous disease often have sensitive skin, medi has developed its own range of care products that make it easy to maintain the "skin's protective barrier". The range is suitable for very sensitive or allergic skin. The valuable ingredients are tailored to the individual needs of people wearing compression stockings and ensure they experience nourishing care.

Give your legs and feet a few minutes of your time each day by using our medi care products.

What you should know about your skin

Beautiful and healthy skin is important for your overall well-being.

Why is the skin a special topic for people with venous disease and oedema?

Venous disorders and oedema diseases affect blood circulation and thus the natural balance of the skin. The more pronounced the disease, the less our skin is able to store moisture. Moisture is pressed from the deep layers of the skin to the surface, where it evaporates. The water balance of the skin is relative to its natural balance. The skin gets thinner and loses its elasticity.

Compression stockings support your skin.

Blood circulation accelerated by the compression of the stocking improves the supply to the skin and helps restore balance. Surface compression is also comparable with a micro-massage for the skin and the upper layers of tissue. It is important that the compression stockings are air-permeable and breathable and that moisture is quickly transported away. Many compression stockings from medi feature Clima Comfort*, which guarantees this process.

* Proved in scientific tests carried out by the independent institute IFTH (France).

The right skin care

In addition to the choice of compression stockings, specific skin care plays a key role in compression therapy - both from a cosmetic and a medical point of view.

The care should be different during the day and at night. During the day, it makes sense to cool and refresh the skin. Overnight, it is about regeneration and soothing the top layer of the skin. According to a study by the Ruhr-Universität Bochum*, the right skin care is an important building block in successful compression therapy. It is therefore recommended that you regularly give your skin a treat with suitable products.

Please note: Regular care products can attack the fabric of your compression stocking, meaning successful therapy cannot be guaranteed. With the medi range of care products for your skin, you can be assured that only proven and high-quality ingredients suitable for skin and compression stockings are used.

* Reich-Schupke S et al. Quality of life and patient's view of compression therapy. *Int Angiol* 2009;28(5):385-393.

Experience care for all the senses

The skin care classic from medi for your daily well-being.

medi day – cooling gel with horse chestnut

For a fresh feeling throughout the day.

- Refreshing and cooling effect
- Well-nourished, smooth skin
- Reduces the feeling of tightness
- Supports user comfort of medical compression stockings

Use medi day directly before putting on the compression stockings and let the day begin.



50 ml tube / 150 ml tube / 500 ml dispenser

*You can find out more information about the test carried out at www.dermatest-guarantee.de

medi night – skin care cream with regenerative witch hazel

To soothe and rejuvenate during the night.

- Soothes the skin and also supports regeneration

Apply medi night after putting on the compression stockings – for a restful night.



50 ml tube / 150 ml tube

*You can find out more information about the test carried out at www.dermatest-guarantee.de

medi fresh – refreshing spray with menthol

For a hint of freshness throughout the day.

- Feel refreshed straight away
- Can be used several times a day
- Gentle to the stocking fabric
- Easy to use everyday

Spray medi fresh any time on the stockings and enjoy its soothing effect.



100 ml bottle

*You can find out more information about the test carried out at www.dermatest-guaranteee.de

medi soft – skin care with horse chestnut and moisturising urea

**Gentle foam lotion to care for the skin around
the clock.**

*

- Well-nourished, smooth skin
- Reduces the feeling of tightness
- Supports user comfort of medical compression stockings
- Provides additional support for fabrics and adhesive tapes

Treat your skin in the mornings and evenings to some extra moisture.



125 ml bottle



medi care products have no use-by or expiry date. They are marked with an “open bottle” and a month specification. This means that once the tube has been opened and the contents are in use, the product should be used up within the next 6, 9 or 12 months. This sign is also used, for example, on shower gels.

*You can find out more information about the test carried out at www.dermatest-garantie.de

medi textile care

**Gentle care for daily washing –
without a washing machine.**

medi spot ex

The clever solution to remove stains.

Use before washing, the spot removal stick
medi spot ex removes shoe marks from the toes or the
heel of the fabric.



15 ml roll-on bottle

medi clean

**Easy care of compression stockings,
anytime, anywhere.**

The special washing liquid is formulated to gently clean
your compression stockings.



200 ml tube

The advantages of medi fabric at a glance:

- Gentle care (protects the colour)
- Easy to use
- Odourless
- Dermatologically compatible

Where can I buy medi care products?

The products can be found wherever you find medicinal compression stockings:

in medical supply stores or pharmacies

You can find the addresses of specialist dealers at

www.medi.de/en

medi tip

Ask your specialist medical supplier for the adhesive lotion medi fix. It gives the compression stockings even better support.

Practical dressing and undressing aids are also available at the medical supply store. They make it much easier to handle the stockings and can even be prescribed by the doctor if necessary.



The medi variety



Under the motto “I feel better”, medi develops innovative products that provide a good quality of life. Our product range includes medical compression stockings, supports, orthoses, anti-thromboembolic stockings and orthopaedic insoles.

With the CEP sports brand, medi also provides functional products for a wide variety of sports – for more strength and stamina and a faster recovery.



Visit us online

Discover the versatile world of medi. You can find more information and tips at: www.medi.de/en

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