

Incontinence care

Sizing guide

In order to help provide patient comfort and maximum absorbency, selecting the right size is important. You can determine the proper size by either using a measuring tape or using the patients' height and weight.

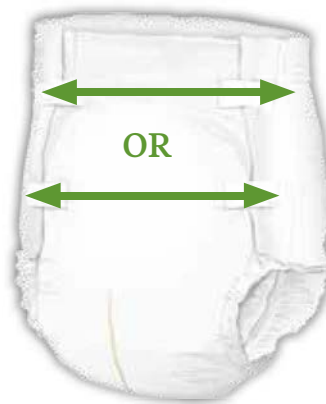
McKesson provides complimentary sizing and application kits that contain:

- Measuring tape color coded by size
- Sizing charts
- Application video and written guide

Using a measuring tape:

- 1 Measure the patient from hip to hip and multiply by 2 and add 2 inches.
- 2 Once you have the total hip measurement, you will want to use the McKesson sizing chart and determine the proper size based on the product you are using.

$$\begin{aligned}\text{Hip bone to hip bone} &= 19" (49 \text{ cm}) \\ 19" \times 2 (49 \text{ cm} \times 2) &= 38" (96.5 \text{ cm}) \\ 38" + 2" (97 \text{ cm} + 5 \text{ cm}) &= 40" (102 \text{ cm}) \\ \hline 40" (102 \text{ cm}) &= \text{Medium or Regular brief}\end{aligned}$$



Contact your McKesson Medical-Surgical Account Manager or the Clinical Resource Team for a complimentary sizing and application kit or for assistance with sizing.

Using the patients' height and weight:

You will need to use the McKesson sizing chart. For example, if the patient is 5'5" and 140 pounds, then you would select a size Medium. See sizing charts on pages 13-14.