



BEDSIDE COMMODE

Instructions for Use, Cleaning, and Care

These instructions are guidelines only. Use only as instructed by your healthcare provider.



What are Commodes Used For?

Commodes are used when it is difficult to travel to the toilet or are sometimes used as support over the toilet.

How Does the Commode Chair Help?

Water and moisture in the air can make bathroom surfaces slippery, and weakened muscles and balance problems due to surgery or aging can affect one's ability to travel to the bathroom. Commodes with buckets function as a portable toilet reducing trips to the bathroom. The arm rests and adjustable height help the user get on and off the commode.

How Do I Install the Commode?

- Adjust the commode to a height appropriate for your size. The commode should be low enough to ensure that your feet touch the floor when sitting on it, but high enough to enable easier sitting and standing.

To adjust the height of the legs:

- Depress the spring button on one leg and lengthen or shorten the leg piece to the desired position.
- Ensure that the spring button is fully engaged in the adjustment hole and the leg does not move.
- Adjust the other three legs to the same length, and make sure that the commode sits level.

WARNING Ensure that the spring buttons are fully engaged in the adjustment holes.

How Do I Use the Commode?

WARNING Check to ensure the commode is level and stable before sitting.

WARNING The commode seat must be down, commode lid open and bucket handle out of the way before sitting on the commode.

Sitting Down

- Back up to the commode until you feel the back of your legs touching it.
- Reach back for the armrests. Place both hands firmly on the armrests before sitting on the commode.
- Slowly lower yourself onto the commode by bending your elbows and, if you can, your hips and knees.

Standing Up

- Pushing against the armrests, slowly raise yourself from the commode. Bend at the knees if possible.

Carex Health Brands

921 E. Amidon
Sioux Falls, SD 57104
800.526.8051

www.carex.com

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Cleaning and Maintenance of Commode

- Keeping some water in the bottom of the pail may make emptying and cleaning the bucket easier.
- Dispose of waste in toilet.
- Clean the commode bucket and frame with regular, non-abrasive cleaning products such as mild soap and water. Concentrated bleach may cause discoloration or cracking of the bucket.
- Commode liners are available to make cleaning easier.
- If using commode liners, do not dispose of commode liner waste or powder in toilet. Tie the bag closed and dispose of in garbage receptacle.
- Check for cracks in bucket, replace if cracked or leaking.

Bedside Commode

B340	B350	B352	
B354	B356	B357	B361

HCPCS Code:
E0163

Extra Wide Bedside Commode

B355 (400 lbs)

HCPCS Code:
E0168

Commode Replacement Bucket

B359 B370

HCPCS Code:
E0167

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All Bedside commodes have a weight capacity of 300 lbs unless otherwise noted.