

Product Category: Adult

Curate™ Snacks

Curate™

EAS®

100% Whey Isolate
100% Whey Protein Bars
100% Whey Protein Powder
100% Whey Protein Shake
AdvantEDGE® Carb Control Shake
AdvantEDGE® Protein Bars
AdvantEDGE® Protein Powder
EAS Pre-Workout
EAS® Muscle Physique™
Myoplex 30™ Bars
Myoplex BCAA & Electrolytes
Myoplex Creatine
Myoplex Glutamine
Myoplex Micellar Casein
Myoplex Pre-Workout
Myoplex Protein Blend
Myoplex Recovery Protein
Myoplex Shred
Myoplex Whey Isolate
Myoplex® Ketogenic
Myoplex® Lite Powder
Myoplex® Muscle Armor
Myoplex® Original Powder
Myoplex® Original Shake
Soy
Soy Protein
Whey Casein Protein Powder

Ensure®

Ensure Clear® Therapeutic Nutrition
Ensure Light Nutrition Shake
Ensure Plus®
Ensure Plus® Therapeutic Nutrition
Ensure® Clear Nutrition Drink
Ensure® Compact
Ensure® Compact TN
Ensure® Enlive® Advanced Nutrition Shake
Ensure® Enlive® Advanced Therapeutic Nutrition Shake
Ensure® High Protein Shake
Ensure® High Protein Therapeutic Nutrition Shake
Ensure® Original
Ensure® Original Powder
Ensure® Original Pudding
Ensure® Original Therapeutic Nutrition Shake

Ensure® Pre-Surgery
Ensure® Surgery

Glucerna®

Glucerna Hunger Smart® Shake
Glucerna® 1.0 Cal
Glucerna® 1.2 Cal
Glucerna® 1.5 Cal
Glucerna® Advance Shake
Glucerna® Mini Treats Nutrition Bars
Glucerna® Shake
Glucerna® Snack Bars
Glucerna® Snack Shake
Glucerna® Therapeutic Nutrition Shake

Hi-Cal

Hi-Cal

Jevity®

Jevity® 1.0 Cal
Jevity® 1.2 Cal
Jevity® 1.5 Cal

Juven

Juven®

Metabolic

Cyclinex®-2
Glutarex®-2
Hominex®-2
I-Valex®-2
Ketonex®-2
Phenex®-2
Propimex®-2
ProViMin®
Tyrex®-2

Nepro®

Nepro® with Carb Steady®

Osmolite®

Osmolite® 1.0 Cal
Osmolite® 1.2 Cal
Osmolite® 1.5 Cal

Oxepa®

Oxepa®

Pedialyte®

Pedialyte® AdvancedCare™
Pedialyte® AdvancedCare™+
Pedialyte® Freezer Pops
Pedialyte® Liquid
Pedialyte® Powder Packs 17 g
Pedialyte® Powder Packs 8.5 g

Perative®

Perative®

Pivot® 1.5 Cal

Pivot® 1.5 Cal

ProMod®

ProMod® Liquid Protein

Promote®

Promote®
Promote® with Fiber

Pulmocare®

Pulmocare®

Similac®

Similac® Breastfeeding Supplement
Similac® Prenatal Vitamin

Suplena®

Suplena® with Carb Steady®

TwoCal® HN

TwoCal® HN

Vital®

Vital AF 1.2 Cal®
Vital High Protein
Vital® 1.0 Cal
Vital® 1.5 Cal

Vital® Peptide

Vital® Peptide 1.5 Cal

ZonePerfect®

Perfectly Simple by ZonePerfect
ZonePerfect® Fruit Smoothie Powder
ZonePerfect® Nutrition Bars
ZonePerfect® Revitalize Bar

[Click here to view detailed product information and pricing.](#)

Call 800-397-5899 to order today!

For more information, contact your Abbott Nutrition Representative or visit
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Product Category: Curate™ Snacks

Curate™

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Product Information: Curate™

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- 1 Crafted with Joy™
- 1 No artificial preservatives, flavors or colors.
- 1 Good source of plant-based fiber.
- 1 Non-GMO.
- 1 4-7 g protein.
- 1 Gluten-free.
- 1 Soy-free (certain flavors).



Ingredients

Bar Indulgent Dark Chocolate & Hazelnuts:

Almonds, Chocolate Liquor, Crisp Sorghum, Organic Blue Agave Nectar Syrup, Brown Rice Syrup, Sugar, Hazelnuts, Chia Seeds, Tapioca Syrup, Almond Butter, Quinoa, Pea Protein, Expeller Pressed Grapeseed Oil, Cocoa Nibs. Less than 2% of the Following: Chicory Root Fiber, Coconut Oil, Cocoa Butter, Cocoa Extract, Water, Vanilla Extract, Salt, Soy Lecithin, Natural Flavor, Pectin, and Tapioca Starch.

Allergens: Contains almond, hazelnut, and soy ingredients. Manufactured in a facility that processes egg, milk, peanut, other tree nut and wheat ingredients.

Availability

List Number	Item
64639	Curate Salted Decadence Dark Chocolate & Almonds Bar / 1.59-oz (45-g) / 4 x 4 ct
64641	Curate Salted Decadence Dark Chocolate & Almonds Bar / 1.59-oz (45-g) / 4 x 6 ct
64643	Curate Salted Decadence Dark Chocolate & Almonds Bar / 1.59-oz (45-g) / 3 x 12 ct
64646	Curate Sweet & Tart Berry Bliss Bar / 1.59-oz (45-g) / 4 x 4 ct
64648	Curate Sweet & Tart Berry Bliss Bar / 1.59-oz (45-g) / 4 x 6 ct
64651	Curate Sweet & Tart Berry Bliss Bar / 1.59-oz (45-g) / 3 x 12 ct
64655	Curate Indulgent Dark Chocolate & Hazelnuts Bar / 1.59-oz (45-g) / 4 x 4 ct
64658	Curate Indulgent Dark Chocolate & Hazelnuts Bar / 1.59-oz (45-g) / 4 x 6 ct
64660	Curate Indulgent Dark Chocolate & Hazelnuts Bar / 1.59-oz (45-g) / 3 x 12 ct
64663	Curate Harmonious Blend Marcona Almond & Apricot Bar / 1.59-oz (45-g) / 4 x 4 ct
64665	Curate Harmonious Blend Marcona Almond & Apricot Bar / 1.59-oz (45-g) / 4 x 6 ct
64667	Curate Harmonious Blend Marcona Almond & Apricot Bar / 1.59-oz (45-g) / 3 x 12 ct
64672	Curate Irresistible Dark Chocolate Strawberries & Pistachios Bar / 1.59-oz (45-g) / 4 x 4 ct
64674	Curate Irresistible Dark Chocolate Strawberries & Pistachios Bar / 1.59-oz (45-g) / 4 x 6 ct
64676	Curate Irresistible Dark Chocolate Strawberries & Pistachios Bar / 1.59-oz (45-g) / 3 x 12 ct
64679	Curate Dark and Tempting Balsamic Fig & Hazelnut Bar / 1.59-oz (45-g) / 4 x 4 ct
64682	Curate Dark and Tempting Balsamic Fig & Hazelnut Bar / 1.59-oz (45-g) / 4 x 6 ct
64684	Curate Dark and Tempting Balsamic Fig & Hazelnut Bar / 1.59-oz (45-g) / 3 x 12 ct
66158	Curate Sweet Potato Pecan Pie, Sweet Potato & Pecans Bar / 1.59-oz (45-g) / 4 x 4 ct
66160	Curate Sweet Potato Pecan Pie, Sweet Potato & Pecans Bar / 1.59-oz (45-g) / 3 x 12 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Bar Indulgent Dark Chocolate & Hazelnuts

	45 g (1.59 oz)	
	Value	%RDI / %DV*
Calories	200	
Calories from Fat	100	
Total Fat, g	11	17
Saturated Fat, g	3	15
Trans Fat, g	0	
Cholesterol, mg	0	0
Sodium, mg	70	3
Potassium, mg	180	5
Total Carbohydrate, g	22	7
Dietary Fiber, g	4	16
Sugars, g	10	
Protein, g	6	

Bar Indulgent Dark Chocolate & Hazelnuts Footnotes & References

Per 45 g (1.59 oz)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet. Not a significant source of vitamin A, vitamin C, calcium and iron.

Product Category: EAS®

100% Whey Isolate
100% Whey Protein Bars
100% Whey Protein Powder
100% Whey Protein Shake
AdvantEDGE® Carb Control Shake
AdvantEDGE® Protein Bars
AdvantEDGE® Protein Powder
EAS Pre-Workout
EAS® Muscle Physique™
Myoplex 30™ Bars
Myoplex BCAA & Electrolytes
Myoplex Creatine
Myoplex Glutamine
Myoplex Micellar Casein
Myoplex Pre-Workout
Myoplex Protein Blend
Myoplex Recovery Protein
Myoplex Shred
Myoplex Whey Isolate
Myoplex® Ketogenic
Myoplex® Lite Powder
Myoplex® Muscle Armor
Myoplex® Original Powder
Myoplex® Original Shake
Soy
Soy Protein
Whey Casein Protein Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: 100% Whey Isolate

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

100% Whey Isolate

Protein Powder

- 1 Accelerate your results
- 1 Improve Strength: With 3.3g of BCAA leucine, EAS 100% Whey Isolate powers lean muscle growth so you can improve strength and get the most out of every workout.
- 1 Improve Body Composition: The protein in EAS 100% Whey Isolate is micro-filtered, which reduces calorie and sugar content, helping you improve your lean body composition.
- 1 Free of Fillers: EAS 100% Whey Isolate contains no fillers, proprietary blends, or alternative sources of protein so you know exactly what you're getting - only high quality ingredients.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 Notice: Use this product as a food supplement only. Do not use for weight reduction.

Ingredients

Powder Vanilla:

Whey Protein Isolate. Less than 2% of: Natural & Artificial Flavor, Salt, Xanthan Gum, Soy Lecithin, Carrageenan, Acesulfame Potassium, and Sucralose.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
66010	EAS 100% Whey Isolate Powder Chocolate / 1.5-LB (681-g) plastic can / 2 ct
66018	EAS 100% Whey Isolate Powder Vanilla / 1.5-LB (681-g) plastic can / 2 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

100% Whey Isolate

Protein Powder

Nutrition Information - Powder Vanilla

	38 g (2 scoop)	
	Value	%RDI / %DV*
Calories	130	
Calories from Fat	0	
Total Fat, g	0.5	1
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	<5	2
Sodium, mg	160	7
Potassium, mg	180	5
Total Carbohydrate, g	2	1
Dietary Fiber, g	0	0
Sugars, g	1	
Protein, g	30	60
Vitamin A		0
Vitamin C		0
Calcium		15
Iron		0

Powder Vanilla Footnotes & References

Per 38 g (2 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions:

- 1 Combine 2 scoops with 8 fl oz of cold water, milk, or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 Enjoy as a snack or post-workout combined with a healthy diet and exercise program.

For more information, contact your Abbott Nutrition Representative or visit
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Product Information: 100% Whey Protein Bars

For more information, contact your Abbott Nutrition Representative or visit
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100% Whey Protein Bars

- 1 Push your performance.
- 1 Build Muscle: With 20 g of high-quality protein, you can build muscle and recover rapidly for a more productive next workout.
- 1 Gain Strength: 100% Whey helps maximize muscle growth and improve strength.
- 1 Recover Faster: Protein and carbohydrates to help you stay energized, strong, and gain lean body mass.
- 1 Kosher.



Ingredients

Bar Almond Toffee:

Whey Protein Concentrate, Whey Protein Isolate, Dry Roasted Almonds, Soluble Corn Fiber, Sugar, Date Paste, Brown Rice Syrup, Tapioca Starch, Fructose Syrup, Butter, Puffed Quinoa, Glycerine, Palm Kernel Oil, Corn Syrup, Safflower Oil. Less than 2% of the Following: Milk Protein Isolate, Sweetened Condensed Milk, Cocoa Powder (Processed with Alkali), Natural Flavors, Nonfat Milk Powder, Vegetable Powder, Soy Lecithin, Annatto Powder, Calcium Carbonate, Sunflower Lecithin, Dextrose, Vanilla, Salt, and Pasteurized Whole Egg Powder.

Allergens: Contains almond, egg, milk and soy ingredients. Manufactured in a facility that processes peanut, other tree nut and wheat ingredients.

Availability

List Number	Item
64608	EAS 100% Whey Protein Oatmeal Chocolate Chip Bar / 2.47-oz (70-g) bar / 6 x 5 ct
64610	EAS 100% Whey Protein Oatmeal Chocolate Chip Bar / 2.47-g (70-g) bar / 3 x 12 ct
64617	EAS 100% Whey Almond Toffee Bar / 2.47 oz (70-g) bar / 6 x 5 ct
64620	EAS 100% Whey Protein Almond Toffee Bar / 2.47-oz (70-g) bar / 3 x 12 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

100% Whey Protein Bars

Nutrition Information - Bar Almond Toffee

	70 g (1 bar)	
	Value	%RDI / %DV*
Calories	280	
Calories from Fat	100	
Total Fat, g	11	17
Saturated Fat, g	4	20
Trans Fat, g	0	
Cholesterol, mg	50	17
Sodium, mg	220	9
Potassium, mg	230	7
Total Carbohydrate, g	29	10
Dietary Fiber, g	5	20
Sugars, g	14	
Protein, g	20	40
Vitamin A		0
Vitamin C		0
Calcium		15
Iron		0

Bar Almond Toffee Footnotes & References

Per 70 g (1 bar)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
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Product Information: 100% Whey Protein Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

100% Whey Protein Powder

- 1 Push your performance.
- 1 Build Muscle: With 30 g of high-quality protein, you can build muscle and recover rapidly.
- 1 Gain Strength: 100% Whey helps maximize muscle growth and improve strength.
- 1 Recover Faster: Protein to help you repair muscles, stay strong, and gain lean body mass.
- 1 Halal.
- 1 Kosher.



Safety Precautions

- 1 Notice: Use this product as a food supplement only. Do not use for weight reduction.

Ingredients

Powder Vanilla:

Whey Protein Concentrate, Artificial Flavor. Less than 2% of: Xanthan Gum, Sea Salt, Acesulfame Potassium, Sucralose, and Soy Lecithin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50969	100% Whey Protein Powder Vanilla / 5-LB (2.27-kg) pouch / 3 ct
50971	100% Whey Protein Powder Chocolate / 5-LB (2.27-kg) pouch / 3 ct
59205	100% Whey Protein Powder Chocolate / 5-LB (2.27-kg) plastic can / 4 ct
59206	100% Whey Protein Powder Vanilla / 5-LB (2.27-kg) plastic can / 4 ct
63475	100% Whey Protein Powder Chocolate / 2-LB (907-g) tub / 2 ct
63477	100% Whey Protein Powder Vanilla / 2-LB (907-g) plastic tub / 2 ct
64737	100% Whey Protein Powder Strawberry / 2-Lb (907-g) tub / 2 ct
64971	100% Whey Protein Powder Chocolate / 1.5-oz (42-g) pouch / 6 x 5 ct
64972	100% Whey Protein Powder Vanilla / 1.5-oz (42-g) pouch / 6 x 5 ct
64983	100% Whey Protein Powder Chocolate / 12.5-oz (354-g) tub / 4 ct
64989	100% Whey Protein Powder Vanilla / 12.5-oz (354-g) tub / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

100% Whey Protein Powder

Nutrition Information - Powder Vanilla

	44.3 g (2 scoops)	
	Value	%RDI / %DV*
Calories	170	
Total Fat, g	2.5	3
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Cholesterol, mg	100	33
Sodium, mg	180	8
Total Carbohydrate, g	8	3
Dietary Fiber, g	0	0
Sugars, g	5	
Added Sugars, g	0	0
Protein, g	30	60
Vitamin D, mcg	0	0
Calcium, mg	170	15
Iron, mg	0	0
Potassium, mg	300	6

Powder Vanilla Footnotes & References

Per 44.3 g (2 scoops)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions

- 1 Take 43 g chocolate or 42 g vanilla (2 scoops or one 1.5 oz powder pouch) with 8 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 Enjoy as a snack or post-workout combined with a healthy diet and exercise program.

For more information, contact your Abbott Nutrition Representative or visit
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Product Information: 100% Whey Protein Shake

For more information, contact your Abbott Nutrition Representative or visit
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100% Whey Protein Shake

Nutrition Shake

- 1 Push your performance.
- 1 Kosher.
- 1 Halal (certain flavors).

Safety Precautions

- 1 Notice: Use this product as a food supplement only. Do not use for weight reduction.



Ingredients

Liquid Vanilla:

Water, Whey Protein Concentrate, Whey Protein Hydrolysate. Less than 2% of: Vitamin & Mineral Blend (Potassium Citrate, Potassium Phosphate, Sodium Ascorbate, Calcium Carbonate, Magnesium Carbonate), Natural & Artificial Flavor, Vegetable Oil (High Oleic Sunflower Oil and/or Canola Oil), Cellulose Gum, Liquid Sucralose, Soy Lecithin, Acesulfame Potassium, Cellulose Gel, Carrageenan, and Gellan Gum.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64742	100% Whey Pure Protein Shake Vanilla / 11-fl-oz (325-mL) tetra / 3 x 4 ct
64746	100% Whey Pure Protein Shake Chocolate / 11-fl-oz (325-mL) tetra / 3 x 4 ct
64749	100% Whey Pure Protein Shake Strawberry / 11-fl-oz (335-mL) tetra / 3 x 4 ct
64750	100% Whey Pure Protein Shake Vanilla / 11-fl-oz (325-mL) tetra / 12 ct
64752	100% Whey Pure Protein Shake Chocolate / 11-fl-oz (325-mL) tetra / 12 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

100% Whey Protein Shake

Nutrition Shake

Nutrition Information - Liquid Vanilla

	11 fl oz (325 mL)	
	Value	%RDI / %DV*
Calories	170	
Calories from Fat	30	
Total Fat, g	3.5	5
Saturated Fat, g	1	5
Trans Fat, g	0	Not established
Cholesterol, mg	90	30
Sodium, mg	300	13
Potassium, mg	700	20
Total Carbohydrate, g	5	2
Dietary Fiber, g	<1	3
Sugars, g	1	Not established
Protein, g	30	60
Vitamin A		0
Vitamin C		50
Calcium		20
Iron		2

Liquid Vanilla Footnotes & References

Per 11 fl oz (325 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
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1-800-227-5767



Product Information: AdvantEDGE® Carb Control Shake

For more information, contact your Abbott Nutrition Representative or visit
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AdvantEDGE® Carb Control Shake

- 1 Get lean + toned.
- 1 100 calories.
- 1 17 g protein.
- 1 2.5 g net carbs or less.
- 1 0 g sugar.

Safety Precautions

- 1 Notice: For weight reduction, use only as directed at www.EAS.com/AE. Do not use in diets supplying less than 400 Calories per day without medical supervision.



Ingredients

Liquid French Vanilla:

Water, Soy Protein Isolate, Pea Protein Concentrate. Less than 2% of: Vitamin & Mineral Blend (Potassium Citrate, Magnesium Phosphate, Sodium Citrate, Sodium Ascorbate, Magnesium Carbonate, Sodium Chloride, Calcium Carbonate, Zinc Gluconate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Gluconate, Calcium Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Beta-Carotene, Vitamin D3, Biotin, Sodium Molybdate, Sodium Selenite, Potassium Iodide, Phytonadione, Cyanocobalamin), Natural & Artificial Flavor, Vegetable Oil (High Oleic Sunflower Oil and/or Canola Oil), Cellulose Gum, Liquid Sucralose, Soy Lecithin, Carrageenan, Cellulose Gel, Acesulfame Potassium, and Gellan Gum.

Allergens: Contains soy ingredients.

Availability

List Number	Item
56613	AdvantEDGE Carb Control Shake French Vanilla / 11-fl oz (330-mL) Carton / 24 ct
58639	AdvantEDGE Carb Control Shake Chocolate Fudge / 11-fl-oz (330-mL) Carton / 6 x 4 ct
58640	AdvantEDGE Carb Control Shake Chocolate Fudge / 11-fl-oz (330-mL) Carton / 24 ct
58641	AdvantEDGE Carb Control Shake French Vanilla / 11-fl oz (330-mL) Carton / 6 x 4 ct
63317	AdvantEDGE Carb Control Shake French Vanilla / 11-fl oz (330-mL) Carton / 18 ct
63318	AdvantEDGE Carb Control Shake Chocolate Fudge / 11-fl oz (330-mL) Carton / 18 ct
64761	AdvantEDGE Carb Control Shake Chocolate Fudge / 11-fl-oz (330-mL) Carton / 3 x 4 ct
64762	AdvantEDGE Carb Control Shake French Vanilla / 11-fl oz (330-mL) Carton / 3 x 4 ct
64763	AdvantEDGE Carb Control Shake Strawberry Cream / 11-fl oz (330-mL) Carton / 3 x 4 ct
64764	AdvantEDGE Carb Control Shake Rich Dark Chocolate / 11-fl oz (330-mL) Carton / 3 x 4 ct
64959	AdvantEDGE Carb Control Shake French Vanilla / 11-fl oz (330-mL) Carton / 12 ct
64960	AdvantEDGE Carb Control Shake Chocolate Fudge / 11-fl-oz (330-mL) Carton / 12 ct
66813	AdvantEDGE Carb Control Shake Rich Dark Chocolate / 11-fl oz (330-mL) Carton / 18 ct

For more information, contact your Abbott Nutrition Representative or visit
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AdvantEDGE® Carb Control Shake

Nutrition Information - Liquid French Vanilla

	11 fl oz (330 mL)	
	Value	%RDI / %DV*
Calories	100	
Total Fat, g	2.5	3
Saturated Fat, g	1	2
Trans Fat, g	0	
Cholesterol, mg	0	0
Sodium, mg	450	20
Total Carbohydrate, g	2	1
Dietary Fiber, g	<1	0
Total Sugars, g	0	
Added Sugars, g	0	0
Protein, g	17	34
Vitamin D, mcg	2	10
Calcium, mg	100	8
Iron, mg	1	8
Potassium, mg	350	8
Vitamin A		35
Vitamin C		30
Vitamin E		35
Vitamin K		15
Thiamin		30
Riboflavin		35
Niacin		35
Vitamin B6		25
Folate		68
Folic Acid, mcg	160	
Vitamin B12		50
Biotin		200
Pantothenic Acid		40
Phosphorus		15
Iodine		20
Magnesium		20
Zinc		25
Selenium		25
Copper		0
Manganese		15
Chromium		100
Molybdenum		35
Chloride		6
Choline		0

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid French Vanilla Footnotes & References

Per 11 fl oz (330 mL)

[^]The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

For more information, contact your Abbott Nutrition Representative or visit
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Product Information: AdvantEDGE® Protein Bars

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

AdvantEDGE® Protein Bars

Get Lean & Toned

- 1 For those who seek to get lean and toned.



Ingredients

Bar Chocolate Peanut Butter:

Milk Protein Concentrate, Isomalto-Oligosaccharide (from Tapioca), Peanut Butter, Sugar, Whey Protein Isolate, Whey Protein Concentrate, Butter, Date Paste, Corn Fiber, Brown Rice Syrup, Natural Flavors, Unsweetened Chocolate, Tapioca Starch, Corn Syrup, Glycerine. Less than 2% of the Following: Palm Kernel Oil, Peanut Flour, Pasteurized Whole Egg Powder, Invert Sugar, Nonfat Dry Milk Powder, Cocoa Butter, Salt, Milk Protein Isolate, Cocoa Powder, Calcium Carbonate, Sunflower Lecithin, Soy Lecithin, Vanilla Extract, Xanthan Gum, Carob Seed Gum, Beta-Carotene, and Vitamin & Mineral Blend (Magnesium Oxide, Ascorbic Acid [Vit. C], Copper Gluconate, Ferric Orthophosphate [Iron], Niacinamide [Vit. B3], dl-Alpha-Tocopheryl Acetate [Vit. E], Zinc Oxide, Biotin [Vit. B7], Calcium Pantothenate [Vit. B5], Beta-Carotene [Vit. A], Vitamin A Palmitate, Phytonadione [Vit. K1], Pyridoxine Hydrochloride [Vit. B6], Manganese Sulfate, Riboflavin [Vit. B2], Thiamine Mononitrate [Vit. B1], Potassium Iodide, Sodium Selenite, Cyanocobalamin [Vit. B12], Chromium Chloride, Folic Acid [Vit. B9], Sodium Molybdate).

Allergens: Contains egg, milk, peanut and soy ingredients. Manufactured in a facility that processes tree nuts and wheat.

Availability

List Number	Item
64944	AdvantEDGE Pure Milk Protein Bar Chocolate Chip Cookie Dough / 1.76-oz (50-g) bar / 6 x 5 ct
64946	AdvantEDGE Pure Milk Protein Bar Chocolate Chip Cookie Dough / 1.76-oz (50-g) / 3 x 12 ct
64950	AdvantEDGE Pure Milk Protein Bar Peanut Butter Chocolate Chip / 1.76-oz (50-g) bar / 6 x 5 ct
64953	AdvantEDGE Pure Milk Protein Bar Peanut Butter Chocolate Chip / 1.76-oz (50-g) bar / 3 x 12 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

AdvantEDGE® Protein Bars

Get Lean & Toned

Nutrition Information - Bar Chocolate Peanut Butter

	1.76 oz (50 g)	
	Value	%RDI / %DV*
Calories	190	
Calories from Fat	60	
Total Fat, g	7	11
Saturated Fat, g	3	15
Trans Fat, g	0	
Cholesterol, mg	30	9
Sodium, mg	150	6
Potassium, mg	160	5
Total Carbohydrate, g	20	7
Dietary Fiber, g	4	16
Sugars, g	9	
Protein, g	15	30
Vitamin A		10
Vitamin C		10
Calcium		10
Iron		15
Vitamin E		10
Thiamin		10
Riboflavin		10
Niacin		10
Vitamin B6		15
Folate		10
Vitamin B12		10
Biotin		10
Pantothenic Acid		10
Phosphorus		10
Magnesium		10
Zinc		15
Selenium		15
Chromium		15
Molybdenum		15
Iodine		15
Vitamin K		10
Manganese		15
Copper		15

Bar Chocolate Peanut Butter Footnotes & References

Per 1.76 oz (50 g)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Use Instructions

- 1 Consume either post-workout or as a nutrition snack.
- 1 Use with a healthy diet and exercise program.

Product Information: AdvantEDGE® Protein Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

AdvantEDGE® Protein Powder

Protein designed to fuel your performance and maximize results

- 1 Nourish Lean Muscle - Reach your lean body goals and recover quickly with 100% pure milk protein.
- 1 Manage Hunger - Packed with 15g protein, AdvantEDGE helps keep you fuller longer so you can keep going strong.
- 1 Support Immunity - Be at your best and stay at your best with a combination of antioxidant vitamins C & E.
- 1 Live lean + toned.
- 1 15 g protein.
- 1 21 vitamins and minerals.
- 1 60-70 calories.



Ingredients

Powder Creamy Vanilla:

Milk Protein Concentrate, Natural & Artificial Flavor. Less than 2% of the Following: Vitamin & Mineral Blend (Salt, Ascorbic Acid, Zinc Gluconate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Gluconate, Calcium Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Beta-Carotene, Vitamin D3, Biotin, Sodium Molybdate, Sodium Selenite, Potassium Iodide, Phytonadione, Cyanocobalamin), Carrageenan, Xanthan Gum, Sucralose, and Acesulfame Potassium.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64734	AdvantEDGE Pure Milk Protein Powder Creamy Strawberry / 1.7-LB (771-g) plastic tub / 2 ct
64984	AdvantEDGE Pure Protein Powder Vanilla / 0.7-oz (21-g) packet / 6 x 10 ct
64985	AdvantEDGE Pure Milk Protein Powder Chocolate / 0.8-oz (22-g) packet / 6 x 10 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

AdvantEDGE® Protein Powder

Protein designed to fuel your performance and maximize results

Nutrition Information - Powder Creamy Vanilla

	21 g (1 scoop)	
	Value	%RDI / %DV*
Calories	60	
Calories from Fat	0	
Total Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	Not established
Cholesterol, mg	15	5
Sodium, mg	60	3
Potassium, mg	55	2
Total Carbohydrate, g	1	0
Dietary Fiber, g	0	0
Sugars, g	1	Not established
Protein, g	15	30
Vitamin A		20
Vitamin C		10
Calcium		45
Iron		0
Vitamin D		20
Vitamin E		40
Vitamin K		20
Thiamin		20
Riboflavin		20
Niacin		20
Vitamin B6		20
Folate		40
Vitamin B12		20
Biotin		20
Pantothenic Acid		20
Phosphorus		25
Iodine		20
Magnesium		5
Zinc		25
Selenium		25
Manganese		20
Chromium		35
Molybdenum		20
Chloride		0

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

AdvantEDGE® Protein Powder

Protein designed to fuel your performance and maximize results

Powder Creamy Vanilla Footnotes & References

Per 21 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

- 1 Combine 1 scoop with 8-10 fl oz of cold water, milk, or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 Enjoy as a snack or post-workout combined with a healthy diet and exercise program.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

**Product Information:
EAS Pre-Workout**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

EAS Pre-Workout

Dietary Supplement

- 1 Energy & Performance
- 1 Increase Stamina: Nitrate, naturally found in beet root, improves oxygen efficiency so you can successfully push through your toughest workout.*
- 1 Boost Energy: Caffeine from coffee beans provides the boost of energy you need to stay focused and maximize your performance.*
- 1 Train Harder: Beta-alanine buffers muscle acidity so you can train harder, train longer, and overcome muscular fatigue.*

Safety Precautions

- 1 Not intended for those under 18 or with sensitivity to caffeine or nitrates. Pregnant or nursing women, those with a medical condition, and those taking medication should consult a physician before use.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, cure, treat, or prevent any disease.



Ingredients

Powder Mixed Berry:

Natural Flavors, Citric Acid. Less Than 2% Of: Acesulfame Potassium, Calcium Silicate, and Sucralose.

Availability

List Number	Item
66003	EAS Pre-Workout Powder Grape / 0.54 lb (244-g) tub 4 ct
66005	EAS Pre-Workout Powder Mixed Berry / 0.54lb (244-g) tub 4 ct

For more information, contact your Abbott Nutrition Representative or visit www.abbottnutrition.com

Nutrition Information - Powder Mixed Berry

	6.1 g (1 scoop)		12.2 g (2 scoop)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	25		50	
Total Carbohydrate, g	3	2	6	3
Sugars, g	1	Not Established	2	Not Established
Sodium, mg	70	3	140	6
Enhanced Beet Root Extract Performance Blend, g	3.7	Not Established	7.4	Not Established
Beet Root Extract, g	3.5	Not Established	7	Not Established
Nitrate Ion (Beet Root Extract & Sodium Nitrate), mg	200	Not Established	400	Not Established
Beta-Alanine (As CarnoSyn®), g	1.6	Not Established	3.2	Not Established
Caffeine (From Coffee Beans), mg	125	Not Established	250	Not Established

Preparation

Use & Mixing Instructions:

- 1 Mix each serving with 4-6 oz of water or to taste.
- 1 Consume 30 minutes prior to exercise. Do not exceed two scoops per day.

Product Information: EAS® Muscle Physique™

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

EAS® Muscle Physique™

Dietary Supplement

- 1 Advanced lean & ripped physique.*
- 1 Build muscle safely.
- 1 EAS Muscle Physique contains ingredients that have been clinically shown to improve strength and body composition when utilizing the combination of Revigor® and creatine.
- 1 1 g Revigor®, the amino acid metabolite HMB, helps to protect against excessive muscle breakdown and increase muscle mass.*,†
- 1 2 g creatine monohydrate to increase strength and help you build muscle.
- 1 Certified to be tested for banned substances.



Safety Precautions

- 1 Do not use if under the age of 18.
- 1 Consult a physician prior to use if you are pregnant, contemplating pregnancy, nursing or have any medical conditions.

* ***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.***

* ***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.***

† *Studies on adults initiating an exercise program.*

Ingredients

Powder Cherry:

Maltodextrin, Creatine Monohydrate, L-Glutamine, Calcium HMB (Beta-Hydroxy-Beta-Methylbutyrate Monohydrate), Taurine, Citric Acid, Artificial Flavor, Sucralose, Acesulfame Potassium, and FD&C Red #40.

Availability

List Number	Item
62268	EAS Muscle Physique Powder Orange / 7.8-oz (220-g) plastic can / 4 ct
62270	EAS Muscle Physique Powder Cherry / 7.8-oz (220-g) plastic can / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Nutrition Information - Powder Cherry

	10.57 g (1 scoop)	
	Value	%RDI / %DV*
Calories	35	
Carbohydrate, g	5	2
Calcium, mg	120	12
Sodium, mg	5	<1
Creatine Monohydrate, g	2	Not established
L-Glutamine, g	2	Not established
Calcium HMB (β-hydroxy β-methylbutyrate monohydrate), g	1	Not established
Taurine, mg	500	Not established

Powder Cherry Footnotes & References

Per 10.57 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use and Mixing Instructions

- 1 Take 1 serving post-workout and 2 more during the course of the day.
- 1 Mix 1 scoop with 4 fl oz of cold water.
- 1 Do not exceed 3 servings per day.
- 1 Use with a healthy diet and exercise program.

Product Information: Myoplex 30™ Bars

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex 30™ Bars

- 1 For those who seek to build muscle.
- 1 30 g protein providing the building blocks for muscle growth.
- 1 A combination of carbohydrates and protein to promote muscle glycogen and protein synthesis post-workout.
- 1 19 vitamins and minerals for daily nutrition.
- 1 An excellent source of the antioxidant vitamins C and E, and selenium for immune support.
- 1 An excellent source of eight B-vitamins for energy and protein metabolism.
- 1 Halal (certain flavors).
- 1 Kosher.



Ingredients

Bar Chocolate Peanut Butter:

Corn Syrup, Soy Protein Isolate, Chocolate Flavored Coating (Whey Protein Concentrate, Sugar, Palm Kernel Oil, Cocoa Powder, Palm Oil, Natural Flavor, Soy Lecithin, Milkfat), Soy Protein Nuggets (Soy Protein Isolate, Tapioca Starch, Salt), Peanut Butter Fudge (Corn Syrup, Invert Sugar, Peanut Butter [Peanuts, Sugar, Salt], Sugar, Palm Kernel Oil, Peanut Flour, Milk Protein Isolate, Soy Lecithin, Salt, Vanilla Extract, Xanthan Gum, Carob Seed Gum, Beta-Carotene), Fructose Syrup, Peanut Flour, Peanut Butter, Peanuts, Crystalline Fructose. Less than 2% of the Following: Glycerine, Natural Flavor, Salt, and Vitamin & Mineral Blend (Calcium Phosphate, Ascorbic Acid [Vit. C], Magnesium Oxide, dl-Alpha-Tocopheryl Acetate [Vit. E], Vitamin A Palmitate, Niacinamide [Vit. B3], Zinc Oxide, Pyridoxine Hydrochloride [Vit. B6], Calcium Pantothenate [Vit. B5], Riboflavin [Vit. B2], Ferrous Fumarate [Iron], Thiamine Mononitrate [Vit. B1], Folic Acid [Vit. B9], Chromium Chloride, Biotin [Vit. B7], Sodium Selenite, Sodium Molybdate, Cyanocobalamin [Vit. B12]).

Allergens: Contains milk, peanut and soy ingredients. Manufactured in a facility that processes eggs, tree nuts and wheat.

Availability

List Number	Item
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For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Bar Chocolate Peanut Butter

	3 oz (85 g)	
	Value	%RDI / %DV*
Calories	360	
Calories from Fat	110	
Fat, g	12	18
Saturated Fat, g	5	25
Trans Fat, g	0	
Cholesterol, mg	15	5
Sodium, mg	420	18
Potassium, mg	190	5
Carbohydrate, g	33	11
Dietary Fiber, g	1	4
Sugars, g	23	
Protein, g	30	60
Vitamin A		30
Vitamin C		50
Calcium		20
Iron		20
Vitamin E		25
Thiamin		20
Riboflavin		50
Niacin		50
Vitamin B6		40
Folate		25
Vitamin B12		35
Biotin		20
Pantothenic Acid		25
Phosphorus		35
Magnesium		10
Zinc		30
Selenium		30
Chromium		35
Molybdenum		35

Bar Chocolate Peanut Butter Footnotes & References

Per 3 oz (85 g)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Use Instructions

- 1 Consume up to 2 bars daily, either post-workout or as a meal or snack replacement.
- 1 Use with a healthy diet and exercise program.

Product Information: Myoplex BCAA & Electrolytes

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex BCAA & Electrolytes

Dietary Supplement

- 1 Sustain performance.*
- 1 2:1:1 Electrolytes:
 - 3.5 g Leucine
 - 1.75 g Iso-Leucine
 - 1.75 g Valine

* *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Ingredients

Powder Orange:

L-Leucine, L-Valine, L-Isoleucine, Dextrose, Citric Acid, Malic Acid, Salt, Potassium Citrate, Natural & Artificial Flavor, Inositol, Sodium Citrate, Acesulfame Potassium, Sucralose, Calcium Silicate, and Yellow 6.

Availability

List Number	Item
64514	EAS Myoplex BCAA + Electrolytes Powder Blue Raspberry / 1.19-LB (540-g) tub / 4 ct
64516	EAS Myoplex BCAA + Electrolytes Powder Orange / 1.19-LB (540-g) tub / 4 ct
64518	EAS Myoplex BCAA + Electrolytes Powder Lemonade / 1.19-LB (540-g) tub / 4 ct
64561	EAS Myoplex BCAA + Electrolytes Powder Blue Raspberry / 0.63-oz (18-g) packet / 6 x 6 ct
64563	EAS Myoplex BCAA + Electrolytes Powder Orange / 0.63-oz (18-g) packet / 6 x 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

Myoplex BCAA & Electrolytes

Dietary Supplement

Nutrition Information - Powder Orange

	18 g (1 packet or scoop)	
	Value	%RDI / %DV*
Calories	60	
Sodium, mg	270	11
Potassium, mg	200	6
Total Carbohydrate, g	6	3
Sugars, g	6	Not established
L-Leucine, mg	3500	Not established
L-Valine, mg	1750	Not established
L-Isoleucine, mg	1750	Not established

Powder Orange Footnotes & References

Per 18 g (1 packet or scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use & Mixing Instructions:

- 1 Mix one serving into 16 oz of cold water either before, during, or after exercise (up to 3 servings a day).
- 1 On non-exercise days, take 1 serving.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Myoplex Creatine

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Creatine

Dietary Supplement

- 1 Improve power.*
- 1 5 g micronized creatine monohydrate.

Safety Precautions

- 1 Do not use if under the age of 18.
- 1 Consult a physician prior to use if you are pregnant, contemplating pregnancy, nursing or have any medical conditions.

* *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Ingredients

Powder Unflavored:

Creatine Monohydrate

Availability

List Number	Item
64475	EAS Myoplex Creatine Powder / 1.1-LB (500-g) tub / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Creatine

Dietary Supplement

Nutrition Information - Powder Unflavored

	5 g (1 scoop)	
	Value	%RDI / %DV*
Creatine Monohydrate, g	5	Not established

Powder Unflavored Footnotes & References

Per 5 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Storage & Handling

Use & Mixing Instructions:

- 1 Mix 1 scoop with 8 fl oz of cold water.
 - 1 For Rapid Creatine Loading: Take up to 4 servings per day (20 g creatine monohydrate) for 5-7 days.
 - 1 For Creatine Maintenance: Take 1 serving per day (5 g creatine monohydrate).
- 1 Use with a healthy diet and exercise program.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Myoplex Glutamine

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Glutamine

Powder

- 1 Repair & recover.*
- 1 5 g L-glutamine.

Safety Precautions

- 1 Do not use if under the age of 18.
- 1 Consult a physician prior to use if you are pregnant, contemplating pregnancy, nursing or have any medical conditions.

* *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Ingredients

Powder Unflavored:

L-Glutamine

Availability

List Number	Item
64479	EAS Myoplex Glutamine Powder / 1.1-LB (500-g) tub / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Glutamine

Powder

Nutrition Information - Powder Unflavored

	5 g (1 scoop)	
	Value	%RDI / %DV*
L-Glutamine, g	5	Not established

Powder Unflavored Footnotes & References

Per 5 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use & Mixing Instructions:

- 1 Mix 1 rounded scoop of Glutamine Powder with 8 fl oz of water or your favorite beverage.
- 1 Stir or blend thoroughly until dissolved. May also be used as directed by a physician or licensed nutritionist.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Myoplex Micellar Casein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Micellar Casein

Dietary Supplement

- 1 Rest & recover.*
- 1 26 g protein.
- 1 4 g carbs.

Safety Precautions

- 1 Do not use if under the age of 18.
- 1 Consult a physician prior to use if you are pregnant, contemplating pregnancy, nursing or have any medical conditions.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, cure, treat, or prevent any disease.



Ingredients

Powder Vanilla:

Calcium HMB (Beta-Hydroxy-Beta-Methylbutyrate Monohydrate), L-Leucine, Phosphatidylserine, L-Tryptophan, Alpha-Casein Decapeptide (Lactium®), L-Theanine (Suntheanine®), Micellar Casein, Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Natural & Artificial Flavor. Less than 2% of: Xanthan Gum, Carrageenan, Salt, Acesulfame Potassium, and Sucralose.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64532	EAS Myoplex Micellar Casein Powder Vanilla / 2-LB (907-g) tub / 4 ct
64535	EAS Myoplex Micellar Casein Powder Chocolate / 2-LB (907-g) tub / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Micellar Casein

Dietary Supplement

Nutrition Information - Powder Vanilla

	40 g (2 scoops)	
	Value	%RDI / %DV*
Calories	140	
Calories from Fat	15	
Total Fat, g	1.5	2
Saturated Fat, g	0	0
Trans Fat, g	0	Not established
Cholesterol, mg	15	5
Sodium, mg	150	6
Potassium, mg	135	4
Total Carbohydrate, g	4	1
Dietary Fiber, g	2	8
Sugars, g	2	Not established
Protein, g	26	52
Calcium HMB (β -hydroxy β -methylbutyrate monohydrate), g	1.5	Not established
L-Leucine, mg	500	Not established
Phosphatidylserine, mg	300	Not established
L-Tryptophan, mg	1000	Not established
Alpha-Casein Decapeptide (Lactium®), mg	150	Not established
L-Theanine (Suntheanine®), mg	150	Not established
Vitamin A		0
Vitamin C		0
Calcium		100
Iron		0

Powder Vanilla Footnotes & References

Per 40 g (2 scoops)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use & Mixing Instructions:

- 1 Mix 1 serving in 12 oz of water, milk or any beverage of your choice. Vary the amount of water to achieve your preferred consistency and taste.
- 1 For best results, take up to 1 serving a day.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Myoplex Pre-Workout

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Pre-Workout

Dietary Supplement

- 1 Improve performance.*
- 1 400 mg PEAK ATP® per 2 servings.
- 1 10 g beet root extract per 2 servings.
- 1 300 g caffeine per 2 servings.

Safety Precautions

- 1 This product is not intended for children and those sensitive to caffeine. Pregnant or nursing women, those with a medical condition, and those taking medication should consult a healthcare professional before use.

* **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Ingredients

Powder Lemonberry:

Nitric Oxide Blend (Beet Root Extract, Nitrate Ion [from Beet Root Extract & Sodium Nitrate]), Beta-Alanine (as CarnoSyn®), Caffeine Anhydrous, Creatine Monohydrate, Adenosine Triphosphate (as PEAK ATP®). Other Ingredients: Natural & Artificial Flavor, Acesulfame Potassium. Less than 2% of: Sucralose, Citric Acid, and Calcium Silicate.

Availability

List Number	Item
64537	EAS Myoplex Pre-Workout Powder Red Apple / 0.8-LB (364-g) tub / 4 ct
64542	EAS Myoplex Pre-Workout Powder Lemonberry / 0.82-LB (372-g) tub / 4 ct
64581	EAS Myoplex Pre-Workout Powder Red Apple / 0.64-oz (18.2-g) stickpack / 6 x 6 ct
64584	EAS Myoplex Pre-Workout Powder Lemonberry / 0.66-oz (18.6-g) stickpack / 6 x 6 ct
66240	Myoplex Pre-Workout Powder Blood Orange / 0.85-LB (384-g) / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Pre-Workout

Dietary Supplement

Nutrition Information - Powder Lemonberry

	9.3 g (1/2 sachet or 1 scoop)		18.6 g (1 sachet or 2 scoops)	
	Value	%RDI / %DV*	Value	%RDI / %DV*
Calories	30		60	
Total Carbohydrate, g	5	2	10	3
Sugars, g	2	Not established	4	Not established
Sodium, mg	90	4	180	8
Nitric Oxide Blend, g	5.2	Not established	10.4	Not established
Beet Root Extract, g	5	Not established	10	Not established
Caffeine Anhydrous, mg	150	Not established	300	Not established
Nitrate Ion (Beet Root Extract & Sodium Nitrate), mg	200	Not established	400	Not established
Creatine Monohydrate, g	1	Not established	2	Not established
Beta-Alanine (As CarnoSyn®), g	1.6	Not established	3.2	Not established
Adenosine Triphosphate (as PEAK ATP®), mg	200	Not established	400	Not established

Powder Lemonberry Footnotes & References

Per 9.3 g (1/2 sachet or 1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Per 18.6 g (1 sachet or 2 scoops)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Mix each serving with 4-6 oz of water and consume 30 minutes prior to exercise.
- 1 Do not exceed two servings per day.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Product Information: Myoplex Protein Blend

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Protein Blend

Dietary Supplement

- 1 Build muscle.*
- 1 26 g protein.
- 1 2 g carbs.
- 1 130 calories.

* *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Ingredients

Powder Vanilla:

Whey Protein Isolate, Micellar Casein, Egg Albumen, Calcium HMB (Beta-Hydroxy-Beta-Methylbutyrate Monohydrate), L-Leucine, Phosphatidylserine, Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols). Less than 2% of: Natural & Artificial Flavor, Xanthan Gum, Salt, Carrageenan, Soy Lecithin, Acesulfame Potassium, and Sucralose.

Allergens: Contains egg, milk and soy ingredients.

Availability

List Number	Item
64496	EAS Myoplex Premium Protein Blend Vanilla / 2-LB (908-g) tub / 4 ct
64499	EAS Myoplex Premium Protein Blend Chocolate / 2-LB (908-g) tub / 4 ct
64501	EAS Myoplex Premium Protein Blend Mango / 2-LB (908-g) tub / 4 ct
64504	EAS Myoplex Premium Protein Blend Cinnamon Swirl / 2-LB (908-g) tub / 4 ct
64506	EAS Myoplex Premium Protein Powder Banana / 2-LB (908-g) tub / 4ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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Columbus, OH 43219-3034
1-800-227-5767

2 of 3



Myoplex Protein Blend

Dietary Supplement

Nutrition Information - Powder Vanilla

	37 g (1 scoop)	
	Value	%RDI / %DV*
Calories	130	
Calories from Fat	15	
Total Fat, g	1.5	2
Saturated Fat, g	0	0
Trans Fat, g	0	Not established
Cholesterol, mg	10	2
Sodium, mg	170	7
Potassium, mg	180	5
Total Carbohydrate, g	2	0
Dietary Fiber, g	1	4
Sugars, g	1	Not established
Protein, g	26	52
Whey Protein Isolate, g	12	Not established
Micellar Casein, g	11	Not established
Egg Albumen, g	3	Not established
Calcium HMB (β -hydroxy β -methylbutyrate monohydrate), g	1.5	Not established
L-Leucine, mg	500	Not established
Phosphatidylserine, mg	300	Not established
Vitamin A		0
Vitamin C		0
Calcium		64
Iron		1

Powder Vanilla Footnotes & References

Per 37 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use and Mixing Instructions:

- 1 Combine 1 serving in 8-12 oz of water, milk or any beverage of your choice. Vary the amount of water to achieve your preferred consistency and taste.
- 1 For best results, take up to 2 servings a day.
- 1 **Use with a healthy diet and exercise program.**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Myoplex Recovery Protein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Recovery Protein

Dietary Supplement

- 1 Build muscle.*
- 1 Halal.
- 1 Kosher.

* *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Ingredients

Powder Vanilla:

Whey Protein Concentrate (Whey Protein Concentrate, Soy Lecithin), Corn Maltodextrin, Isomaltulose, Waxy Maize Starch-Modified, Natural & Artificial Flavor, Salt, Acesulfame Potassium, and Sucralose.

Allergens: Contains milk and soy ingredients. Manufactured in a facility that processes egg, fish, shellfish, tree nut and wheat ingredients.

Availability

List Number	Item
63439	EAS Myoplex Recovery Protein Powder Chocolate / 2.7-LB (1.22-kg) plastic can / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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1-800-227-5767

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Myoplex Recovery Protein

Dietary Supplement

Nutrition Information - Powder Vanilla

	70 g (2 scoops)	
	Value	%RDI / %DV*
Calories	270	
Calories from Fat	20	
Fat, g	2	3
Saturated Fat, g	1	5
Trans Fat, g	0	Not established
Cholesterol, mg	60	20
Sodium, mg	180	8
Potassium, mg	180	5
Carbohydrate, g	42	14
Dietary Fiber, g	0	0
Sugars, g	17	Not established
Protein, g	20	40
Calcium HMB (β -hydroxy β -methylbutyrate monohydrate), g	1.5	Not established
Vitamin A		0
Vitamin C		0
Calcium		20
Iron		0

Powder Vanilla Footnotes & References

Per 70 g (2 scoops)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use and Mixing Instructions:

- 1 Take 1 serving (2 scoops) 30 minutes post-workout. Also works as a snack or part of 5-6 smaller meals per day. Consume up to 2 servings daily depending on your protein needs.
- 1 Combine 2 scoops with 8 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 **Use with a healthy diet and exercise program.**

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Product Information: Myoplex Shred

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Shred

Protein Shake

- 1 Designed to shred.
- 1 42 g protein.
- 1 1 g sugar.
- 1 210 or less calories.



Ingredients

Liquid Chiseled Chocolate:

Filtered Water, Milk Protein Isolate. Less than 2% of: Calcium Caseinate, Cocoa (Processed with Alkali), Inulin, Maltodextrin, Cellulose Gel, Sunflower Oil, Potassium Phosphate, Sodium Phosphate, Cellulose Gum, Salt, Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, and Carrageenan.

Allergens: Contains milk ingredients.

Availability

List Number	Item
66513	Myoplex Shred Chiseled Chocolate Shake / 1-PT (473-mL) Carton / 3 x 4 ct
66517	Myoplex Shred Cinnamon Swole Shake / 1-PT (473-mL) Carton / 3 x 4 ct
66521	Myoplex Shred Muscle Mocha Shake / 1-PT (473-mL) Carton / 3 x 4 ct
66525	Myoplex Shred Muscle Mocha Shake / 1-PT (473-mL) Carton / 12 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Shred

Protein Shake

Nutrition Information - Liquid Chiseled Chocolate

	16 fl oz (473 mL)	
	Value	%RDI / %DV*
Calories	210	
Calories from Fat	20	
Total Fat, g	2	3
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Cholesterol, mg	25	8
Sodium, mg	350	15
Potassium, mg	600	17
Total Carbohydrate, g	8	3
Dietary Fiber, g	4	16
Sugars, g	1	
Protein, g	42	84
Vitamin A		0
Vitamin C		0
Calcium		100
Iron		18

Liquid Chiseled Chocolate Footnotes & References

Per 16 fl oz (473 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 To promote lean muscle development, drink up to two servings per day with an exercise program.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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Product Information: Myoplex Whey Isolate

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Whey Isolate

Dietary Supplement

- 1 Build muscle.*
- 1 Halal.
- 1 Kosher.

* *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Ingredients

Powder Vanilla:

Calcium HMB (Beta-Hydroxy-Beta-Methylbutyrate Monohydrate), L-Leucine, Phosphatidylserine, Whey Protein Isolate. Less than 2% of: Xanthan Gum, Natural & Artificial Flavor, Salt, Soy Lecithin, Carrageenan, Acesulfame Potassium, and Sucralose.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64482	EAS Myoplex Whey Isolate Powder Vanilla / 2-LB (908-g) tub / 4 ct
64484	EAS Myoplex Whey Isolate Powder Chocolate / 2-LB (908-g) tub / 4 ct
64486	EAS Myoplex Whey Isolate Powder Cinnamon Swirl / 2-LB (908-g) tub / 4 ct
64488	EAS Myoplex Whey Isolate Powder Chocolate Mint / 2-LB (908-g) tub / 4 ct
64524	EAS Myoplex Whey Isolate Powder Banana / 2-LB (908-g) tub / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex Whey Isolate

Dietary Supplement

Nutrition Information - Powder Vanilla

	38 g (2 scoop)	
	Value	%RDI / %DV*
Calories	120	
Calories from Fat	10	
Total Fat, g	1	2
Saturated Fat, g	0	0
Trans Fat, g	0	Not established
Cholesterol, mg	<5	2
Sodium, mg	125	5
Potassium, mg	135	4
Total Carbohydrate, g	<1	0
Dietary Fiber, g	0	0
Sugars, g	<1	Not established
Protein, g	26	52
Calcium HMB (β -hydroxy β -methylbutyrate monohydrate), g	1.5	Not established
L-Leucine, mg	500	Not established
Phosphatidylserine, mg	300	Not established
Vitamin A		0
Vitamin C		0
Calcium		35
Iron		1

Powder Vanilla Footnotes & References

Per 38 g (2 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use and Mixing Instructions:

- 1 Mix 1 serving in 8-12 oz of water, milk, or beverage of your choice. Vary the amount of water to achieve your preferred consistency and taste. For best results take up to 2 servings a day.
- 1 **Use with a healthy diet and exercise program.**

For more information, contact your Abbott Nutrition Representative or visit
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Product Information: Myoplex® Ketogenic

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex® Ketogenic

Nutrition Powder

- 1 Burn fat.*
- 1 Reduce muscle breakdown
- 1 100 mg caffeine per serving. As much caffeine as a cup of coffee

Safety Precautions

- 1 This product is not intended to be used with a standard diet. For results, must be used with a ketogenic diet and an exercise program. Consult a physician prior to use.
- 1 Designed to support a ketogenic diet. Not for use with a standard diet.

* When used to complement a ketogenic diet designed to burn fat & boost fat metabolism



Ingredients

Powder Cinnamon Bun:

Whole Egg Powder, Butter Powder, Whey Protein Isolate, Coconut Milk Powder, Calcium-Beta-Hydroxy-Beta-Methylbutyrate Monohydrate (HMB), Natural Flavor. Less than 2% of: Gellan Gum, Stevia Extract, Ascorbic Acid (for freshness), Mixed Tocopherols (for freshness), Monkfruit Extract, Sunflower Lecithin, and Calcium Silicate.

Allergens: Contains milk, egg, wheat and coconut ingredients.

Availability

List Number	Item
66245	Myoplex Ketogenic Powder Cinnamon Bun / 2.29-oz (65-g) packet / 4 x 14 ct
66253	Myoplex Ketogenic Powder Strawberry Banana / 2.29-oz (65-g) packet / 4 x 14 ct

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Nutrition Information - Powder Cinnamon Bun

	65 g (1 Packet)	
	Value	%RDI / %DV*
Calories	400	
Calories from Fat	300	
Total Fat, g	32	49
Saturated Fat, g	13	65
Trans Fat, g	0.5	
Cholesterol, mg	420	140
Sodium, mg	450	19
Total Carbohydrate, g	5	2
Dietary Fiber, g	0	0
Sugars, g	3	
Protein, g	20	40
Vitamin A		0
Vitamin C		150
Calcium		60
Iron		10

Powder Cinnamon Bun Footnotes & References

Per 65 g (1 Packet)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Mix 1 packet with 8 oz of water.
- 1 EAS Myoplex Ketogenic Powder can be used as a ketogenic meal replacement or a snack.
- 1 If using as a ketogenic meal replacement, it is best to supplement using a multi-vitamin.

Product Information: Myoplex® Lite Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex® Lite Powder

- 1 For those who seek to build muscle.
- 1 20 g of protein with a sustained-release amino acid profile, featuring a blend of rapid and slowly digested proteins, designed to promote muscle protein synthesis.
- 1 23 vitamins and minerals for daily nutrition.
- 1 A good source of fiber.
- 1 An excellent source of the antioxidant vitamins C and E, and selenium for immune support.
- 1 A blend of protein and carbohydrates designed to help repair and refuel muscles post-workout.



Ingredients

Powder Vanilla Cream:

Corn Maltodextrin, Calcium Caseinate, Whey Protein Concentrate (Whey Protein Concentrate, Soy Lecithin), Soy Protein Isolate, Oat Fiber, Natural & Artificial Flavor, Calcium Phosphate, Vitamin & Mineral Blend (Magnesium Oxide, Ascorbic Acid, dl-Alpha-Tocopheryl Acetate, Niacinamide, Ferrous Fumarate, Zinc Oxide, Calcium Pantothenate, Manganese Gluconate, Copper Sulfate, Boron Protein, Pyridoxine Hydrochloride, Riboflavin, Thiamin Hydrochloride, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Citrate, Potassium Iodide, Molybdenum Amino Acid Chelate, Selenium Amino Acid Chelate, Cyanocobalamin), Calcium Citrate, Potassium Chloride, Sodium Phosphate, Medium-Chain Triglycerides, Dairy Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- & Diglycerides, Soy Lecithin), Carrageenan, Potassium Phosphate, Salt, Xanthan Gum, Acesulfame Potassium, Whey Protein Isolate, Ascorbic Acid, Sucralose, Taurine, L-Glutamine, and Beta-Carotene.

Allergens: Contains milk and soy ingredients. Manufactured in a facility that processes egg, fish and wheat ingredients.

Availability

List Number	Item
59100	EAS Myoplex Lite Powder Chocolate Cream / 54-g (1.9-oz) pouch / 4 x 20 ct
59101	EAS Myoplex Lite Powder Strawberry Cream / 54-g (1.9-oz) pouch / 4 x 20 ct
59102	EAS Myoplex Lite Powder Vanilla Cream / 54-g (1.9-oz) pouch / 4 x 20 ct

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Nutrition Information - Powder Vanilla Cream

	54 g packet	
	Value	%RDI / %DV*
Calories	180	
Calories from Fat	15	
Total Fat, g	1.5	2
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Cholesterol, mg	15	5
Sodium, mg	330	14
Potassium, mg	500	14
Total Carbohydrate, g	24	8
Dietary Fiber, g	3	12
Sugars, g	1	
Protein, g	20	40
Vitamin A		50
Vitamin C		110
Calcium		50
Iron		50
Vitamin E		100
Thiamin		50
Riboflavin		50
Niacin		50
Vitamin B6		50
Folate		50
Vitamin B12		50
Biotin		50
Pantothenic Acid		50
Phosphorus		40
Iodine		50
Magnesium		50
Zinc		50
Selenium		35
Copper		50
Manganese		90
Chromium		80
Molybdenum		100
Chloride		10

Powder Vanilla Cream Footnotes & References

Per 54 g packet

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Instructions for Use

- 1 Combine the contents of each packet with 10-12 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 Drink within 30 minutes after your workout.
- 1 Also works as a snack or part of 5-6 smaller meals per day.
- 1 Use with healthy diet and exercise program.

Product Information: Myoplex® Muscle Armor

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex® Muscle Armor

Dietary Supplement

- 1 Post Training Recovery
- 1 1.5 g HMB
- 1 7 g L-arginine.
- 1 7 g L-glutamine.
- 1 Increase strength & power.^{*,†}
- 1 Reduce muscle soreness.^{*,†}
- 1 Gain lean muscle mass.^{*,†}
- 1 Muscle Armor, the ultimate recovery formula that enhances recovery today so you can train better tomorrow.^{‡,†}
- 1 Muscle Armor has been clinically shown to increase strength and muscle mass.^{‡,†}
- 1 HMB can promote muscle protein synthesis and reduce muscle soreness by protecting against muscle protein breakdown.[‡]



Safety Precautions

- 1 Consult a physician prior to use if you are pregnant, contemplating pregnancy, nursing or have any medical conditions.
- 1 Do not use if under the age of 18.

^{*} ***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.***

[†] *vs control in resistance trained subjects. Kraemer et al. Med Sci Sports Exerc 2009;41:1111-1121.*

[‡] ***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.***

Ingredients

Powder Orange:

L-Arginine, L-Glutamine, Calcium HMB (Beta-Hydroxy-Beta-Methylbutyrate Monohydrate), Taurine. Other Ingredients: Citric Acid, Natural & Artificial Flavor, Acesulfame Potassium, Sucralose, and FD&C Yellow #6.

Availability

List Number	Item
64468	EAS Myoplex Muscle Armor Powder Fruit Punch / 1.65-LB (750-g) Tub / 4 ct
64471	EAS Myoplex Muscle Armor Powder Orange/ 1.65-LB (750-g) Tub / 4 ct

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Nutrition Information - Powder Orange

	25 g (1 scoop)	
	Value	%RDI / %DV*
Calories	95	
Carbohydrate, g	6	2
Total Sugars, g	0	
Added Sugars, g	0	
Calcium, mg	200	20
L-Arginine, g	7	Not established
L-Glutamine, g	7	Not established
Calcium HMB (β -hydroxy β -methylbutyrate monohydrate), g	1.5	Not established
Taurine, g	3	Not established

Powder Orange Footnotes & References

Per 25 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 For optimal results consume 2 servings per day.
- 1 Mix 1 scoop with 12 fl oz of cold water immediately following exercise, and again as an anytime beverage between meals.
- 1 Use with a healthy diet and exercise program.

Product Information: Myoplex® Original Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex® Original Powder

- 1 For those who seek to build muscle.
- 1 42 g of protein with a sustained-release amino acid profile, featuring a blend of rapid and slowly digested proteins, designed to promote muscle protein synthesis.
- 1 Includes 8.9 g of branched chain amino acids (BCAAs). Research shows that BCAAs help muscles recuperate after strenuous exercise and may help reduce exercise-induced muscle damage.
- 1 Rapid release glucose polymer for fast glycogen replacement for depleted muscle.
- 1 23 vitamins and minerals for daily nutrition.
- 1 60% daily recommended value for Calcium for muscle function and bone health.
- 1 An excellent source of eight B-vitamins for energy and protein metabolism.
- 1 An excellent source of the antioxidant vitamins C and E, and selenium for immune support.



Ingredients

Powder Vanilla Cream:

Whey Protein Concentrate (Whey Protein Concentrate, Soy Lecithin), Calcium Caseinate, Corn Maltodextrin, Milk Protein Isolate, Dairy Creamer (Sunflower Oil, Sodium Caseinate, Mono- and Diglycerides, Potassium Phosphate, Soy Lecithin, Tocopherols), Oat Fiber, Natural & Artificial Flavor, Calcium Phosphate, Vitamin & Mineral Blend (Magnesium Oxide, dl-Alpha-Tocopheryl Acetate, Ascorbic Acid, Niacinamide, Ferrous Fumarate, Zinc Oxide, Calcium Pantothenate, Manganese Gluconate, Pyridoxine Hydrochloride, Copper Sulfate, Boron Protein, Riboflavin, Thiamin Hydrochloride, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Citrate, Potassium Iodide, Molybdenum Amino Acid Chelate, Selenium Amino Acid Chelate, Cyanocobalamin), Potassium Phosphate, Medium-Chain Triglycerides, Potassium Chloride, Salt, Xanthan Gum, Carrageenan, Acesulfame Potassium, Whey Protein Isolate, Potassium Citrate, Sucralose, L-Glutamine, Taurine, Egg Albumin, Sodium Phosphate, and Beta-Carotene.

Allergens: Contains egg, milk and soy ingredients.

Availability

List Number	Item
59082	EAS Myoplex Original Shake Mix Chocolate Cream / 78-g (2.7-oz) pouch / 42 ct
59090	EAS Myoplex Original Shake Mix Vanilla Cream / 78-g (2.7-oz) pouch / 42 ct
59104	EAS Myoplex Original Shake Mix Chocolate Cream / 78-g (2.7-oz) packet / 20 ct
59105	EAS Myoplex Original Shake Mix Strawberry Cream / 78-g (2.7-oz) pouch / 20 ct
59106	EAS Myoplex Original Shake Mix Vanilla Cream / 78-g (2.7-oz) packet / 20 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Vanilla Cream

	78 g packet	
	Value	%RDI / %DV*
Calories	290	
Calories from Fat	40	
Total Fat, g	4.5	7
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Cholesterol, mg	50	17
Sodium, mg	270	11
Potassium, mg	550	16
Total Carbohydrate, g	22	7
Dietary Fiber, g	3	12
Sugars, g	2	
Protein, g	42	84
Vitamin A		50
Vitamin C		40
Calcium		60
Iron		40
Vitamin E		100
Thiamin		40
Riboflavin		50
Niacin		45
Vitamin B6		45
Folate		50
Vitamin B12		60
Biotin		50
Pantothenic Acid		50
Phosphorus		45
Iodine		50
Magnesium		45
Zinc		50
Selenium		50
Copper		45
Manganese		80
Chromium		80
Molybdenum		90
Chloride		10

Powder Vanilla Cream Footnotes & References

Per 78 g packet

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Use Instructions:

- 1 Combine the contents of each packet with 15 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 Drink within 30 minutes after your workout.
- 1 Also works as a snack or part of 5-6 smaller meals per day.
- 1 Use with a healthy diet and exercise program.

Product Information: Myoplex® Original Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex® Original Shake

- 1 Build Muscle.
- 1 42 g of protein with a sustained-release amino acid profile, featuring a blend of rapid and slowly digested proteins, designed to promote muscle protein synthesis.
- 1 Includes 8.75 g of branched chain amino acids (BCAAs). Research shows that BCAAs help muscles recuperate after strenuous exercise and may help reduce exercise-related muscle damage.
- 1 Rapid release glucose polymer for fast glycogen replacement for depleted muscle.
- 1 24 vitamins and minerals for daily nutrition.
- 1 90% daily recommended value for Calcium for muscle function and bone health.
- 1 An excellent source of eight B-vitamins for energy and protein metabolism.



Ingredients

Liquid Chocolate Fudge:

Water, Milk Protein Concentrate, Pea Protein Concentrate. Less than 2% of: Cocoa Powder (Processed with Alkali), Corn Maltodextrin, High Oleic Sunflower Oil, Vitamin & Mineral Blend (Sodium Ascorbate, Potassium Citrate, Potassium Phosphate, Salt, Magnesium Carbonate, Zinc Gluconate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Gluconate, Calcium Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Beta-Carotene, Vitamin D3, Biotin, Sodium Molybdate, Sodium Selenite, Potassium Iodide, Phytonadione, Cyanocobalamin), Natural & Artificial Flavor, Cellulose Gum, Cellulose Gel, Acesulfame Potassium, Gellan Gum, Sucralose, and Carrageenan.

Allergens: Contains milk ingredients.

Availability

List Number	Item
59142	EAS Myoplex Original Shake Chocolate Fudge / 1.06-PT (500-mL) tetra / 3 x 4 ct
59143	EAS Myoplex Original Shake French Vanilla / 1.06-PT (500-mL) tetra / 3 x 4 ct
59144	EAS Myoplex Original Shake Strawberry Cream / 1.06-PT (500-mL) tetra / 3 x 4 ct
59160	EAS Myoplex Original Shake Rich Dark Chocolate / 1.06-PT (500-mL) tetra / 3 x 4 ct
59516	EAS Myoplex Original Shake Chocolate Fudge / 1.06-PT (500-mL) tetra / 3 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Chocolate Fudge

	17 fl oz (500 mL)	
	Value	%RDI / %DV*
Calories	300	
Calories from Fat	60	
Total Fat, g	7	11
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Cholesterol, mg	25	8
Sodium, mg	390	16
Potassium, mg	1050	30
Total Carbohydrate, g	20	7
Dietary Fiber, g	3	12
Sugars, g	1	
Protein, g	42	84
Vitamin A		40
Vitamin C		100
Calcium		70
Iron		40
Vitamin D		50
Vitamin E		100
Vitamin K		50
Thiamin		50
Riboflavin		60
Niacin		50
Vitamin B6		50
Folate		90
Vitamin B12		50
Biotin		50
Pantothenic Acid		50
Phosphorus		80
Iodine		50
Magnesium		20
Zinc		70
Selenium		60
Copper		15
Manganese		40
Chromium		80
Molybdenum		50
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Chocolate Fudge Footnotes & References

Per 17 fl oz (500 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use Instructions

- 1 Two servings per day recommended. Drink within 30 minutes after your workout.
- 1 Also works as a snack or part of 5-6 smaller meals per day.
- 1 Use with a healthy diet and exercise program.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Soy

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Soy

Plant-Based Protein Powder

- 1 Live lean + toned.
- 1 Halal.
- 1 Kosher.
- 1 Reach your lean body goals and manage hunger with 20 g of soy protein.
- 1 Support muscle health with all 9 essential amino acids your body cannot produce on its own.
- 1 Support your personal evolution with a simple, plant-based vegetarian protein powder.



Ingredients

Powder Vanilla:

Soy Protein Isolate, Fructose. Less than 2% of:, and Natural Flavor.

Allergens: Contains soy ingredients.

Availability

List Number	Item
65078	Soy Protein Powder Vanilla / 1.3-LB (590-g) tub / 4 ct
65080	Soy Protein Powder Chocolate / 1.3-LB (590-g) tub / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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Nutrition Information - Powder Vanilla

	42 g (1 scoop)	
	Value	%RDI / %DV*
Calories	150	
Calories from Fat	0	
Total Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	0	0
Sodium, mg	170	7
Potassium, mg	10	0
Total Carbohydrate, g	18	6
Dietary Fiber, g	0	0
Sugars, g	17	
Protein, g	20	40
Vitamin A		0
Vitamin C		0
Calcium		20
Iron		15

Powder Vanilla Footnotes & References

Per 42 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use & Mixing Instructions:

- 1 Combine 1 scoop with 8 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 Enjoy as a snack or post-workout combined with a healthy diet and exercise program.

Product Information: Soy Protein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Soy Protein

Get Lean and Toned

- 1 For those who seek to get lean and toned.
- 1 20 g high-quality vegetarian protein to nourish muscles and help manage hunger
- 1 A protein source that may reduce the risk of heart disease. Diets low in saturated fats and cholesterol that include 25 g of soy protein per day may reduce the risk of heart disease. One serving of EAS® Soy Protein provides 20 g of soy protein.
- 1 Includes 3.7 g branched chain amino acids (BCAAs). Research shows that BCAAs help muscles recuperate after strenuous exercise and may help reduce exercise-related muscle damage.



Ingredients

Powder Vanilla:

Soy Protein Isolate, Fructose, Natural & Artificial Flavor, and Soy Lecithin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
59447	EAS Soy Protein Powder Chocolate / 1.4-LB (635-g) plastic can / 6 ct
59448	EAS Soy Protein Powder Vanilla / 1.3-LB (590-g) plastic can / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Soy Protein

Get Lean and Toned

Nutrition Information - Powder Vanilla

	42 g (1 scoop)	
	Value	%RDI / %DV*
Calories	170	
Calories from Fat	10	
Fat, g	1.5	2
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	0	0
Sodium, mg	190	8
Potassium, mg	300	9
Carbohydrate, g	19	6
Dietary Fiber, g	0	0
Sugars, g	17	
Protein, g	20	40
Vitamin A		0
Vitamin C		0
Calcium		4
Iron		15

Powder Vanilla Footnotes & References

Per 42 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Use & Mixing Instructions

- 1 Combine 1 scoop with 8 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 Drink within 30 minutes after your workout.
- 1 Also works as a snack or part of 5-6 smaller meals per day.
- 1 Drink 1-3 servings daily, depending on your protein needs.
- 1 Use with a healthy diet and exercise program.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Product Information: Whey Casein Protein Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Whey Casein Protein Powder

- 1 6-hour muscle building when used in conjunction with a healthy diet and exercise program.
- 1 Fast recovery: Whey protein and its BCAAs are rapidly absorbed so you can build muscle, gain strength, and recover more quickly after your workout.
- 1 Extended release: Casein protein from milk provides a sustained, slow-release of amino acids that feed your muscles for up to 6 hours.
- 1 Free of fillers: EAS Whey + Casein contains no fillers or proprietary blends so you know exactly what you're getting - only purposeful ingredients.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 Notice: Use this product as a food supplement only. Do not use for weight reduction.

Ingredients

Powder Vanilla:

Whey Protein Concentrate, Milk Protein Concentrate. Less than 2% of: Artificial Flavor, Salt, Soy Lecithin, Carageenan, Xanthan Gum, Acesulfame Potassium, and Sucralose.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64727	EAS Whey + Casein Powder Vanilla / 2-Lb (907-g) tub / 2 ct
64729	EAS Whey + Casein Powder Chocolate / 2-Lb (907-g) tub / 2 ct
64731	EAS Whey + Casein Powder Strawberry / 2-Lb (907-g) tub / 2 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Whey Casein Protein Powder

Nutrition Information - Powder Vanilla

	33 g (1 scoop)	
	Value	%RDI / %DV*
Calories	120	
Calories from Fat	10	
Total Fat, g	1	2
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Cholesterol, mg	50	17
Sodium, mg	140	6
Potassium, mg	250	7
Total Carbohydrate, g	8	3
Dietary Fiber, g	<1	2
Sugars, g	6	
Protein, g	20	40
Vitamin A		0
Vitamin C		0
Calcium		30
Iron		0

Powder Vanilla Footnotes & References

Per 33 g (1 scoop)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions

- 1 For every scoop, add 8 fl oz cold water, milk, or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- 1 Use with a healthy diet and exercise program.
 - 1 1 SCOOP = 20 g protein for a snack throughout the day.
 - 1 2 SCOOPS = 40 g protein for adults post-workout or before bed.
 - 1 3 SCOOPS = 60 g protein for serious athletes or bodybuilders post-workout.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Category: Ensure®

Ensure Clear® Therapeutic Nutrition
Ensure Light Nutrition Shake
Ensure Plus®
Ensure Plus® Therapeutic Nutrition
Ensure® Clear Nutrition Drink
Ensure® Compact
Ensure® Compact TN
Ensure® Enlive® Advanced Nutrition Shake
Ensure® Enlive® Advanced Therapeutic Nutrition Shake
Ensure® High Protein Shake
Ensure® High Protein Therapeutic Nutrition Shake
Ensure® Original
Ensure® Original Powder
Ensure® Original Pudding
Ensure® Original Therapeutic Nutrition Shake
Ensure® Pre-Surgery
Ensure® Surgery

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

**Product Information:
Ensure Clear® Therapeutic Nutrition**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Clear® Therapeutic Nutrition

- 1 ENSURE CLEAR is a great-tasting, clear liquid nutrition drink that contains high-quality protein and essential nutrients. ENSURE CLEAR is fat-free, making it an ideal choice for patients on clear-liquid, pre- and post-surgical, bowel prep, fat-malabsorptive, and fat-restricted diets. It is also ideal for patients who prefer a fruit-flavored alternative to creamy shake-like supplements. ENSURE CLEAR can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 Use under medical supervision.
- 1 Good source of high quality protein (8 g/serving)
- 1 Clear liquid nutrition.
- 1 Good source of 20 essential vitamins and minerals.
- 1 Refreshing fruit flavors provide taste alternative.
- 1 Contains no fruit juice.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for parenteral use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Apple:

Water, Sugar, Corn Syrup Solids, Whey Protein Isolate, Citric Acid, Natural & Artificial Flavor, Ascorbic Acid, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Vitamin A Palmitate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Folic Acid, Chromium Chloride, Sodium Molybdate, Biotin, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk ingredients.

Availability

List Number	Item
56640	Ensure Clear Therapeutic Nutrition Apple / 6.8-fl-oz (200-mL) carton / 32 ct
56642	Ensure Clear Therapeutic Nutrition Mixed Berry / 6.8-fl-oz (200-mL) carton / 32 ct
64900	Ensure Clear Therapeutic Nutrition Mixed Berry / 8-fl-oz (237-mL) carton / 24 ct
64903	Ensure Clear Therapeutic Nutrition Apple / 8-fl-oz (237-mL) carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Apple

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	240	
Calories from Fat	0	
Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	5	2
Sodium, mg	30	1
Potassium, mg	0	0
Carbohydrate, g	52	17
Dietary Fiber, g	0	0
Sugars, g	32	
Protein, g	8	16
Vitamin A		25
Vitamin C		35
Calcium		0
Iron		15
Vitamin D		15
Vitamin E		30
Vitamin K		25
Thiamin		25
Riboflavin		20
Niacin		10
Vitamin B6		20
Folate		10
Vitamin B12		15
Biotin		15
Pantothenic Acid		4
Iodine		30
Zinc		25
Selenium		20
Copper		10
Manganese		40
Chromium		10
Molybdenum		40
Chloride		4

Liquid Apple Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Instructions for Use

- 1 Shake well.
- 1 Serve cold.

Storage & Handling

Storage Instructions

- 1 Once opened, reclose, refrigerate and use within 48 hours.

Product Information: Ensure Light Nutrition Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Light Nutrition Shake

- 1 Smart nutrition in 70-80 calories to help you balance your diet.
- 1 #1 Doctor recommended brand
- 1 60% fewer Calories than Ensure Original (70-80 vs 220 Calories per 8 fl oz).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.

Safety Precautions

- 1 Not for people with galactosemia.
- 1 Notice: use this product as a food supplement only. Do not use for weight reduction.

* Among doctors recommending liquid nutritional supplements to their patients.



Ingredients

Liquid Vanilla:

Water, Milk Protein Concentrate, Soy Protein Isolate, Canola Oil. Less than 0.5% of: Natural & Artificial Flavor, Potassium Citrate, Sodium Citrate, Magnesium Phosphate, Cellulose Gum, Ascorbic Acid, Salt, Liquid Sucralose, Soy Lecithin, Acesulfame Potassium, Cellulose Gel, Calcium Phosphate, Carrageenan, Gellan Gum, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Zinc Gluconate, Calcium Pantothenate, Vitamin A Palmitate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Manganese Gluconate, Folic Acid, Beta-Carotene, Biotin, Chromium Chloride, Potassium Iodide, Phytonadione, Sodium Molybdate, Sodium Selenite, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64121	Ensure Light Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 4 x 6 ct
64123	Ensure Light Nutrition Shake Vanilla / 8-fl oz (237-mL) bottle / 4 x 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Light Nutrition Shake

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	70	
Calories from Fat	20	
Total Fat, g	2	3
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Cholesterol, mg	10	3
Sodium, mg	230	10
Potassium, mg	290	8
Total Carbohydrate, g	2	1
Dietary Fiber, g	0	0
Sugars, g	0	
Protein, g	12	24
Vitamin A		15
Vitamin C		30
Calcium		20
Iron		25
Vitamin D		15
Vitamin E		30
Vitamin K		25
Thiamin		20
Riboflavin		20
Niacin		20
Vitamin B6		15
Folate		40
Vitamin B12		15
Biotin		15
Pantothenic Acid		20
Phosphorus		20
Iodine		15
Magnesium		15
Zinc		20
Selenium		20
Manganese		15
Chromium		20
Molybdenum		15

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Light Nutrition Shake

Preparation

Directions for Use:

- 1 Shake well.
- 1 Serve cold.
- 1 Refrigerate after opening.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Ensure Plus®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 ENSURE PLUS provides concentrated calories and protein to help patients gain or maintain healthy weight. ENSURE PLUS can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 For interim sole-source nutrition.
- 1 To help gain or maintain a healthy weight.
- 1 Complete, Balanced Nutrition®.
- 1 50% more Calories than Ensure Original (350 vs 220 Calories per 8 fl oz).
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 80% of the 1995 DVs for Vitamin D to support bone health.
- 1 High in calories (1.5 Cal/mL) and excellent source of protein (13 g/serving).
- 1 Excellent source (650 mg/8 fl oz) of plant-based omega-3 fatty acid ALA (40% of 1.6 g DV) to support heart health.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate. Less than 0.5% of: Natural & Artificial Flavor, Nonfat Milk, Magnesium Phosphate, Sodium Citrate, Soy Lecithin, Potassium Citrate, Cellulose Gel, Calcium Phosphate, Potassium Chloride, Choline Chloride, Ascorbic Acid, Salt, Cellulose Gum, Carrageenan, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Sodium Molybdate, Biotin, Sodium Selenate, Potassium Iodide, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
53642	Ensure Plus Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 30 ct
53809	Ensure Plus Nutrition Shake Dark Chocolate / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57263	Ensure Plus Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57266	Ensure Plus Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57269	Ensure Plus Nutrition Shake Strawberry / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57272	Ensure Plus Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57755	Ensure Plus Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 24 ct
57756	Ensure Plus Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 24 ct
62932	Ensure Plus Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 16 ct
66544	Ensure Plus Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 16 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Calories from Fat	100	
Total Fat, g	11	17
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	220	9
Potassium, mg	400	11
Total Carbohydrate, g	50	17
Dietary Fiber, g	0	0
Sugars, g	20	
Protein, g	13	26
Vitamin A		25
Vitamin C		60
Calcium		30
Iron		25
Vitamin D		80
Vitamin E		30
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		30
Iodine		25
Magnesium		25
Zinc		25
Selenium		30
Copper		25
Manganese		60
Chromium		25
Molybdenum		60
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening

Product Information: Ensure Plus® Therapeutic Nutrition

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Plus® Therapeutic Nutrition

Clinical Nutrition to Help Gain or Maintain a Healthy Weight

- 1 ENSURE PLUS provides concentrated calories and protein to help patients gain or maintain healthy weight. ENSURE PLUS can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 For interim sole-source nutrition.
- 1 Use under medical supervision.
- 1 Complete, Balanced Nutrition®.
- 1 High in calories (1.5 Cal/mL) and excellent source of protein (13 g/serving).
- 1 40% more Calories than Ensure Original Therapeutic Nutrition (350 vs 250 Calories per 8 fl oz).
- 1 Has Immune Balance, a unique blend of prebiotic fiber to help promote digestive tract health and antioxidants* to support the immune system.
- 1 Excellent source (650 mg/serving) of plant-based omega-3 fatty acid ALA (40% of 1.6 g DV) to support heart health.
- 1 Good source of 26 essential vitamins and minerals.
- 1 80% of the 1995 DVs for Vitamin D to support bone health.
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Good source of fiber (3 g scFOS®†/serving) to help maintain regularity.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* Vitamins C & E, and selenium

† NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Short-Chain Fructooligosaccharides, Natural & Artificial Flavor. Less than 0.5% of: Nonfat Milk, Magnesium Phosphate, Sodium Citrate, Soy Lecithin, Potassium Citrate, Cellulose Gel, Calcium Phosphate, Potassium Chloride, Choline Chloride, Ascorbic Acid, Salt, Cellulose Gum, Carrageenan, Potassium Hydroxide, Potassium Hydroxide, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Vitamin A Palmitate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Sodium Molybdate, Biotin, Sodium Selenate, Potassium Iodide, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Plus® Therapeutic Nutrition

Clinical Nutrition to Help Gain or Maintain a Healthy Weight

Availability

List Number	Item
50464	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Can / 24 ct
50466	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Can / 24 ct
50646	Ensure Plus Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) Can / 24 ct
51894	Ensure Plus Therapeutic Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) Can / 24 ct
58251	Ensure Plus Therapeutic Nutrition Shake Vanilla / 1-QT (946-mL) Bottle / 6 ct
58262	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 1-QT (946-mL) Bottle / 6 ct
58299	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Bottle / 24 ct
58301	Ensure Plus Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) Bottle / 24 ct
58303	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
64905	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Carton / 24 ct
64907	Ensure Plus Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) Carton / 24 ct
64909	Ensure Plus Therapeutic Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) Carton / 24 ct
64911	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Plus® Therapeutic Nutrition

Clinical Nutrition to Help Gain or Maintain a Healthy Weight

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Calories from Fat	100	
Total Fat, g	11	17
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	220	9
Potassium, mg	400	11
Total Carbohydrate, g	51	17
Dietary Fiber, g	3	12
Sugars, g	20	
Protein, g	13	26
Vitamin A		25
Vitamin C		60
Calcium		30
Iron		25
Vitamin D		80
Vitamin E		30
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		30
Iodine		25
Magnesium		25
Zinc		25
Selenium		30
Copper		25
Manganese		60
Chromium		25
Molybdenum		60
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use

- 1 Tastes best chilled, or can be served at room temperature.

8-fl-oz container

- 1 Shake well. Serve cold.
- 1 Once opened, reclose, refrigerate and use within 48 hours.

1-QT bottle

- 1 **Do not use if band around cap or inner seal is missing or broken.**
- 1 Shake bottle very well.
- 1 Remove protective band and twist off cap.
- 1 Invert cap and place on foil seal.
- 1 Press cap down to pierce foil, then turn cap a half turn.
- 1 Lift off and throw away foil.
- 1 Pour and enjoy!
- 1 Refrigerate after opening.

Product Information: Ensure® Clear Nutrition Drink

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Clear Nutrition Drink

- 1 A fat free refreshing fruit-flavored nutrition drink.
- 1 Contains no fruit juice.
- 1 Gluten-free.
- 1 Halal (certain flavors).
- 1 Suitable for lactose intolerance.
- 1 Kosher.

Safety Precautions

- 1 Not for people with galactosemia.



Ingredients

Liquid Blueberry Pomegranate:

Water, Corn Maltodextrin, Sugar, Whey Protein Isolate. Less than 0.5% of: Natural Flavor, Malic Acid, Phosphoric Acid, Citric Acid, Acesulfame Potassium, Sucralose, Red 40, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Blue 1, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Folic Acid, Chromium Chloride, Sodium Molybdate, Biotin, Potassium Iodide, Sodium Selenate, and Vitamin B12.

Allergens: Contains milk ingredients.

Availability

List Number	Item
56500	Ensure Clear Nutrition Drink Blueberry Pomegranate / 10-fl-oz (296-mL) bottle / 3 x 4 ct
62479	Ensure Clear Nutrition Drink Mixed Fruit / 10-fl-oz (296-mL) bottle / 3 x 4 ct
64305	Ensure Clear Nutrition Drink Mixed Fruit / 10-fl-oz (296-mL) bottle / 2 x 4 ct
64309	Ensure Clear Nutrition Drink Blueberry Pomegranate / 10-fl-oz (296-mL) bottle / 2 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Blueberry Pomegranate

	10 fl oz (296 mL)	
	Value	%RDI / %DV*
Calories	180	
Calories from Fat	0	
Total Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	5	2
Sodium, mg	45	2
Total Carbohydrate, g	37	12
Dietary Fiber, g	0	0
Sugars, g	18	
Protein, g	8	16
Vitamin A		0
Vitamin C		0
Calcium		4
Iron		15
Vitamin D		0
Vitamin E		0
Vitamin K		0
Thiamin		30
Riboflavin		20
Niacin		10
Vitamin B6		20
Folic Acid		2
Vitamin B12		2
Biotin		10
Pantothenic Acid		4
Phosphorus		20
Iodine		35
Magnesium		2
Zinc		30
Selenium		20
Copper		15
Manganese		50
Chromium		15
Molybdenum		50

Liquid Blueberry Pomegranate Footnotes & References

Per 10 fl oz (296 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Shake well. Serve cold.

Storage & Handling

Refrigerate after opening.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Ensure® Compact

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Compact

Therapeutic Nutrition Shake

- 1 Complete, Balanced Nutrition® in half the size compared to 8 fl oz Ensure Original.
- 1 Nutrition to help get strong on the inside when used as part of a healthy diet and exercise plan.
- 1 #1 Doctor recommended brand.
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.

Safety Precautions

- 1 Not for people with galactosemia.



Ingredients

Liquid Vanilla:

Water, Corn Syrup, Milk Protein Concentrate, Sugar, Soy Oil, Hydrolyzed Sodium Caseinate, Canola Oil, Corn Oil. Less than 0.5% of: Calcium Citrate, Potassium Phosphate, Natural & Artificial Flavor, Cellulose Gel, Calcium Carbonate, Soy Lecithin, Potassium Chloride, Magnesium Phosphate, Sodium Citrate, Potassium Hydroxide, Choline Chloride, Potassium Citrate, Magnesium Chloride, Magnesium Sulfate, Ascorbic Acid, Salt, Cellulose Gum, Calcium Phosphate, Ferrous Sulfate, Carrageenan, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Chromium Chloride, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64349	Ensure Compact Nutrition Shake Vanilla 4-fl-oz (118-mL) bottle / 4 x 4 ct
64359	Ensure Compact Nutrition Shake Milk Chocolate 4-fl-oz (118-mL) bottle / 4 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	4 fl oz (118 mL)	
	Value	%RDI / %DV*
Calories	220	
Calories from Fat	50	
Total Fat, g	6	9
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	2	
Cholesterol, mg	5	2
Sodium, mg	170	7
Potassium, mg	350	10
Total Carbohydrate, g	32	11
Dietary Fiber, g	0	0
Sugars, g	9	
Protein, g	9	18
Vitamin A		10
Vitamin C		50
Calcium		30
Iron		25
Vitamin D		20
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		30
Biotin		30
Pantothenic Acid		25
Phosphorus		20
Iodine		25
Magnesium		10
Zinc		25
Selenium		25
Copper		25
Manganese		60
Chromium		25
Molybdenum		45

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 4 fl oz (118 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Product Information: Ensure® Compact TN

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Compact TN

Therapeutic Nutrition Shake

- 1 ENSURE COMPACT is easy-to-drink in 4 fl oz bottle. Providing complete, balanced nutrition that helps to supplement an individual's diet when they are unable to consume 8 fl oz.
- 1 For oral use.
- 1 For patients with dysphagia.*
- 1 Ideal for Med Pass.
- 1 For interim sole-source nutrition.†
- 1 Not for IV use.
- 1 Good source of protein (9 g/serving).
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Excellent source of plant-based omega-3 fatty acid ALA (320 mg ALA/4 fl oz).
- 1 Good source of 26 essential vitamins and minerals.
- 1 Easy-to-drink 4 fl oz.
- 1 #1 Doctor recommended brand.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.
- 1 Low-residue.



Safety Precautions

- 1 Not for people with galactosemia.

* Refer to viscosity data for more information.

† May need additional fluid intake.

Ingredients

Liquid Vanilla:

Water, Corn Syrup, Milk Protein Concentrate, Sugar, Soy Oil, Hydrolyzed Sodium Caseinate, Canola Oil, Corn Oil. Less than 0.5% of: Calcium Citrate, Potassium Phosphate, Natural & Artificial Flavor, Cellulose Gel, Calcium Carbonate, Soy Lecithin, Potassium Chloride, Magnesium Phosphate, Sodium Citrate, Potassium Hydroxide, Choline Chloride, Potassium Citrate, Magnesium Chloride, Magnesium Sulfate, Ascorbic Acid, Salt, Cellulose Gum, Calcium Phosphate, Ferrous Sulfate, Carrageenan, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Chromium Chloride, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64356	Ensure Compact TN Nutrition Shake Vanilla 4-fl-oz (118-mL) bottle / 24 ct
64362	Ensure Compact TN Nutrition Shake Milk Chocolate 4-fl-oz (118-mL) bottle / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

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Ensure® Compact TN

Therapeutic Nutrition Shake

Nutrition Information - Liquid Vanilla

	4 fl oz (118 mL)	
	Value	%RDI / %DV*
Calories	220	
Calories from Fat	50	
Total Fat, g	6	9
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	2	
Cholesterol, mg	5	2
Sodium, mg	170	7
Potassium, mg	350	10
Total Carbohydrate, g	32	11
Dietary Fiber, g	0	0
Sugars, g	9	
Protein, g	9	18
Vitamin A		10
Vitamin C		50
Calcium		30
Iron		25
Vitamin D		20
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		30
Biotin		30
Pantothenic Acid		25
Phosphorus		20
Iodine		25
Magnesium		10
Zinc		25
Selenium		25
Copper		25
Manganese		60
Chromium		25
Molybdenum		45

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 4 fl oz (118 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

**Product Information:
Ensure® Enlive® Advanced Nutrition Shake**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Enlive® Advanced Nutrition Shake

- 1 ENSURE ENLIVE is our most advanced nutritional product, designed to help rebuild strength and energy from the inside, with an ALL-N-ONE blend to support muscle, bone, heart, immune, and digestive tract health. Ensure Enlive is specially formulated to help maintain and rebuild lean body mass and strength in patients recovering from illness, injury and surgery.
- 1 For oral use.
- 1 Recommend 2 servings per day in addition to a healthy diet.
- 1 1.5 g of CaHMB (calcium beta-hydroxy-beta-methylbutyrate), plus 20 g of high-quality protein/serving to help maintain muscle health.
- 1 Excellent source (610 mg/8 fl oz) of plant-based omega-3 ALA (40% of 1.6 g DV) for heart health.
- 1 Excellent source of antioxidants (vitamins C & E and selenium) to support normal immune function.
- 1 3 g prebiotic fiber to support growth of good bacteria in the digestive tract.
- 1 120% DV of vitamin D and 50% DV of calcium to support strong bones.
- 1 High in calories (1.5 Cal/mL) and excellent source of protein (20 g/8 fl oz).
- 1 HMB + protein for muscle health.
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, Canola Oil, Corn Oil, Soy Protein Isolate, Short-Chain Fructooligosaccharides, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Whey Protein Concentrate. Less than 0.5% of: Potassium Citrate, Natural & Artificial Flavor, Potassium Phosphate, Cellulose Gel, Calcium Carbonate, Magnesium Hydroxide, Sodium Phosphate, Ascorbic Acid, Distilled Monoglycerides, Soy Lecithin, Choline Chloride, Cellulose Gum, L-Carnitine, Carrageenan, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Selenate, Biotin, Potassium Iodide, Sodium Molybdate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64291	Ensure Enlive Advanced Nutrition Shake Strawberry / 8-fl-oz (237-mL) bottle / 4 x 4 ct
64293	Ensure Enlive Advanced Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 4 x 4 ct
64296	Ensure Enlive Advanced Nutrition Shake Chocolate / 8-fl-oz (237-mL) bottle / 4 x 4 ct
64721	Ensure Enlive Advanced Nutrition Shake Chocolate / 8-fl-oz (237-mL) bottle / 12 ct
64760	Ensure Enlive Advanced Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 12 ct
65086	Ensure Enlive Advanced Nutrition Shake Strawberry / 8-fl-oz (237-mL) bottle / 16 ct
65088	Ensure Enlive Advanced Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 16 ct
65090	Ensure Enlive Advanced Nutrition Shake Chocolate / 8-fl-oz (237-mL) bottle / 16 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Calories from Fat	100	
Total Fat, g	11	17
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	240	10
Potassium, mg	560	16
Total Carbohydrate, g	44	15
Dietary Fiber, g	3	12
Sugars, g	20	
Protein, g	20	40
Vitamin A		15
Vitamin C		100
Calcium		50
Iron		25
Vitamin D		120
Vitamin E		100
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		40
Vitamin B12		50
Biotin		25
Pantothenic Acid		25
Phosphorus		35
Iodine		25
Magnesium		25
Zinc		70
Selenium		80
Copper		25
Manganese		25
Chromium		25
Molybdenum		25

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Shake Well. Serve Cold.
- 1 Refrigerate after opening.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

**Product Information:
Ensure® Enlive® Advanced Therapeutic Nutrition
Shake**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Enlive® Advanced Therapeutic Nutrition Shake

- 1 Designed to help rebuild strength and energy from the inside, with ALL-N-ONE blend to support your health.
- 1 Use under medical supervision.
- 1 #1 Doctor recommended brand
- 1 HMB + protein for muscle health.
- 1 All in One:
 - Bone
 - Muscle
 - Heart
 - Digestion
 - Immune
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.

* Among doctors recommending liquid nutritional supplements to their patients.

Ingredients

Liquid Vanilla:

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, Canola Oil, Corn Oil, Soy Protein Isolate, Short-Chain Fructooligosaccharides, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Whey Protein Concentrate. Less than 0.5% of: Potassium Citrate, Natural & Artificial Flavor, Potassium Phosphate, Cellulose Gel, Calcium Carbonate, Magnesium Hydroxide, Sodium Phosphate, Ascorbic Acid, Distilled Monoglycerides, Soy Lecithin, Choline Chloride, Cellulose Gum, L-Carnitine, Carrageenan, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Selenate, Biotin, Potassium Iodide, Sodium Molybdate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64281	Ensure Enlive Advanced Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) bottle / 24 ct
64283	Ensure Enlive Advanced Therapeutic Nutrition Shake Chocolate / 8-fl-oz (237-mL) bottle / 24 ct
64286	Ensure Enlive Advanced Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Enlive® Advanced Therapeutic Nutrition Shake

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Calories from Fat	100	
Total Fat, g	11	17
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	240	10
Potassium, mg	560	16
Total Carbohydrate, g	44	15
Dietary Fiber, g	3	12
Sugars, g	20	
Protein, g	20	40
Vitamin A		15
Vitamin C		100
Calcium		50
Iron		25
Vitamin D		120
Vitamin E		100
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		40
Vitamin B12		50
Biotin		25
Pantothenic Acid		25
Phosphorus		35
Iodine		25
Magnesium		25
Zinc		70
Selenium		80
Copper		25
Manganese		25
Chromium		25
Molybdenum		25

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Ensure® High Protein Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® High Protein Shake

Nutrition Shake

- 1 ENSURE HIGH PROTEIN is a high protein and low fat nutrition supplement that meets a unique need for patients that need protein but may not require additional calories.
- 1 For supplemental nutrition.
- 1 For oral use.
- 1 Excellent source of protein (16 g/serving).
- 1 Good source of 23 essential vitamins and minerals.
- 1 Low fat (2 g/serving).
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.
- 1 Low-residue.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Milk Protein Concentrate, Corn Maltodextrin, Sugar, Soy Protein Isolate, Canola Oil. Less than 0.5% of: Natural & Artificial Flavor, Magnesium Phosphate, Potassium Citrate, Cellulose Gum, Sodium Ascorbate, Salt, Liquid Sucralose, Carrageenan, Cellulose Gel, Gellan Gum, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Zinc Gluconate, Calcium Pantothenate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Manganese Gluconate, Folic Acid, Beta-Carotene, Biotin, Chromium Chloride, Potassium Iodide, Phytonadione, Sodium Molybdate, Sodium Selenite, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64115	Ensure High Protein Shake Milk Choc / 8-fl-oz (237-mL) bottle / 4 x 6 ct
64117	Ensure High Protein Shake Vanilla / 8-fl-oz (237-mL) bottle / 4 x 6 ct
64273	Ensure High Protein Shake Vanilla / 8-fl-oz (237-mL) bottle / 12 ct
64275	Ensure High Protein Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 12 ct
66546	Ensure High Protein Nutrition Shake Strawberry / 8-fl-oz (237-mL) bottle / 4 x 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® High Protein Shake

Nutrition Shake

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	160	
Calories from Fat	20	
Total Fat, g	2	3
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Cholesterol, mg	20	7
Sodium, mg	135	6
Potassium, mg	170	5
Total Carbohydrate, g	19	6
Dietary Fiber, g	<1	4
Sugars, g	4	
Protein, g	16	32
Vitamin A		30
Vitamin C		100
Calcium		30
Iron		40
Vitamin D		120
Vitamin E		90
Vitamin K		30
Thiamin		30
Riboflavin		30
Niacin		30
Vitamin B6		30
Folate		60
Vitamin B12		30
Biotin		30
Pantothenic Acid		30
Phosphorus		25
Iodine		25
Magnesium		15
Zinc		35
Selenium		30
Manganese		20
Chromium		40
Molybdenum		40

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® High Protein Shake

Nutrition Shake

Preparation

Instructions for Use:

- 1 Shake well.
- 1 Serve cold.
- 1 Refrigerate after opening.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Ensure® High Protein Therapeutic Nutrition Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® High Protein Therapeutic Nutrition Shake

Therapeutic Nutrition

- 1 ENSURE HIGH PROTEIN is a high protein and low fat nutrition supplement that meets a unique need for patients that need protein but may not require additional calories.
- 1 For oral use.
- 1 For supplemental nutrition.
- 1 Use under medical supervision.
- 1 Excellent source of protein (16 g/serving).
- 1 Good source of 23 essential vitamins and minerals.
- 1 Low fat (2 g/serving).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Milk Protein Concentrate, Corn Maltodextrin, Sugar, Soy Protein Isolate, Canola Oil. Less than 0.5% of: Natural & Artificial Flavors, Magnesium Phosphate, Potassium Citrate, Cellulose Gum, Sodium Ascorbate, Salt, Carrageenan, Cellulose Gel, Zinc Gluconate, Gellan Gum, Acesulfame Potassium, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Sucralose, Niacinamide, Manganese Gluconate, Calcium Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Beta-Carotene, Potassium Iodide, Phylloquinone, Vitamin D3, Vitamin B12, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, and Sodium Selenite.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64134	Ensure High Protein Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Bottle / 24 ct
64136	Ensure High Protein Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
64895	Ensure High Protein Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Carton / 24 ct
64898	Ensure High Protein Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® High Protein Therapeutic Nutrition Shake

Therapeutic Nutrition

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	160	
Calories from Fat	20	
Total Fat, g	2	3
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Cholesterol, mg	20	7
Sodium, mg	135	6
Potassium, mg	150	4
Total Carbohydrate, g	19	6
Dietary Fiber, g	<1	<4
Sugars, g	4	
Protein, g	16	32
Vitamin A		30
Vitamin C		100
Calcium		30
Iron		40
Vitamin D		120
Vitamin E		90
Vitamin K		30
Thiamin		30
Riboflavin		30
Niacin		30
Vitamin B6		30
Folate		60
Vitamin B12		30
Biotin		30
Pantothenic Acid		30
Phosphorus		25
Iodine		25
Magnesium		15
Zinc		35
Selenium		30
Manganese		20
Chromium		40
Molybdenum		40

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® High Protein Therapeutic Nutrition Shake

Therapeutic Nutrition

Preparation

Instructions for Use:

- 1 Shake well.
- 1 Serve cold.
- 1 Once opened, reclose, refrigerate and use within 48 hours.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Ensure® Original

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original

Nutrition Shake

- 1 Ensure Original can benefit patients who have malnutrition, are at risk of malnutrition, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 For interim sole-source nutrition.
- 1 Good source of protein (9 g/serving).
- 1 Excellent source of 26 essential vitamins and minerals.
- 1 Excellent source (320 mg/serving) of plant-based omega-3 fatty acid ALA (20% of 1.6 g DV) to support heart health.
- 1 Excellent source (50% DV) of vitamin D to support bone health.
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Low-residue.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Magnesium Phosphate, Potassium Citrate, Natural & Artificial Flavor, Cellulose Gel, Salt, Calcium Carbonate, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Sodium Citrate, Cellulose Gum, Potassium Chloride, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Liquid Sucralose, Ferrous Sulfate, Zinc Sulfate, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50871	Ensure Original Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 30 ct
53432	Ensure Original Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 16 ct
53623	Ensure Original Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 16 ct
53667	Ensure Original Nutrition Shake Strawberry / 8-fl-oz (237-mL) bottle / 24 ct
53806	Ensure Original Nutrition Shake Dark Chocolate / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57231	Ensure Original Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57234	Ensure Original Nutrition Shake Strawberry / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57237	Ensure Original Nutrition Shake Coffee Latte / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57240	Ensure Original Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57243	Ensure Original Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 4 x 6 ct
57753	Ensure Original Nutrition Shake Vanilla / 8-fl-oz (237-mL) bottle / 24 ct
57754	Ensure Original Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 24 ct
62810	Ensure Original Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) bottle / 30 ct
63389	Ensure Original Nutrition Shake Strawberry / 8-fl-oz (237-mL) bottle / 16 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	220	
Calories from Fat	50	
Total Fat, g	6	9
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	3	
Cholesterol, mg	<5	<2
Sodium, mg	200	8
Potassium, mg	370	11
Total Carbohydrate, g	32	11
Dietary Fiber, g	<1	<4
Sugars, g	15	
Protein, g	9	18
Vitamin A		25
Vitamin C		50
Calcium		30
Iron		25
Vitamin D		50
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		60
Chromium		25
Molybdenum		50
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Directions for Use:

- 1 Shake well.
- 1 Serve cold.
- 1 Refrigerate after opening.

Product Information: Ensure® Original Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Powder

Complete, Balanced Nutrition®

- 1 ENSURE ORIGINAL POWDER is a source of Complete, Balanced Nutrition® for supplemental use with or between meals. It may benefit patients who have malnutrition, are at nutritional risk, experiencing involuntary weight loss, or on modified or low-residue diets.
- 1 For oral use.
- 1 For interim sole-source nutrition.
- 1 60% 1995 DV of vitamin D to support bone health.
- 1 26 essential vitamins and minerals.
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Good source of protein (9 g/serving).
- 1 Kosher.
- 1 Halal.
- 1 Gluten free.
- 1 Low-residue.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Powder Vanilla:

Corn Syrup, Corn Maltodextrin, Sugar, Corn Oil, Sodium & Calcium Caseinates, Soy Protein Isolate, Artificial Flavor, Potassium Citrate, Magnesium Chloride, Calcium Phosphate, Sodium Citrate. Less than 0.5% of: Potassium Chloride, Soy Lecithin, Ascorbic Acid, Choline Chloride, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Ferrous Sulfate, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
00750	Ensure Original Powder Vanilla / 14-oz (397-g) can / 6 ct
63071	Ensure Original Powder Vanilla / 14-oz (397-g) can / 2 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Powder

Complete, Balanced Nutrition®

Nutrition Information - Powder Vanilla

	57 g (1/2 cup powder)	
	Value	%RDI / %DV*
Calories	250	
Calories from Fat	80	
Fat, g	9	14
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Cholesterol, mg	<5	<2
Sodium, mg	190	8
Potassium, mg	350	10
Carbohydrate, g	34	11
Dietary Fiber, g	0	0
Sugars, g	13	
Protein, g	9	18
Vitamin A		15
Vitamin C		60
Calcium		15
Iron		15
Vitamin D		60
Vitamin E		20
Vitamin K		15
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		10
Iodine		15
Magnesium		10
Zinc		20
Selenium		15
Copper		15
Manganese		30
Chromium		15
Molybdenum		25
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Powder

Complete, Balanced Nutrition®

Powder Vanilla Footnotes & References

Per 57 g (1/2 cup powder)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 To prepare an 8 fl oz drink pour 3/4 cup cold water into glass.
- 1 Gradually stir in 1/2 cup Ensure Original Powder and mix until dissolved.
- 1 For flavor variety, you may add 3 tablespoons chocolate syrup, strawberry syrup, etc.
- 1 Ensure Original Powder prepared as directed, should be used promptly or covered, refrigerated, and used within 24 hours.
- 1 Opened can should be covered with overcap and stored in a cool, dry place, but not refrigerated.
- 1 Once opened, use contents within 3 weeks.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Ensure® Original Pudding

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Pudding

Complete, Balanced Nutrition®

- 1 ENSURE ORIGINAL PUDDING is a nutritious alternative to other snacks or desserts. It provides a source of Complete, Balanced Nutrition® in a delicious easy-to-eat form. It is appropriate for those who have malnutrition, are at nutritional risk, experiencing involuntary weight loss, or are on a fluid-restricted or volume-limited diet.
- 1 For patients on consistency-modified diets (eg, soft, puréed, or full liquid).
- 1 For patients with dysphagia.
- 1 For oral use.
- 1 Good source of fiber (3 g scFOS/serving) to help maintain regularity.
- 1 Antioxidants (vitamins C & E, and selenium) to support the immune system.
- 1 Good source of 24 essential vitamins and minerals.
- 1 Good source (160 mg/serving) of plant-based omega-3 fatty acid ALA (10% of 1.6 g 1995 DV) to support heart health.
- 1 Convenient—needs no refrigeration.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Low-residue.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.

Ingredients

Pudding Vanilla:

Water, Sugar, Corn Maltodextrin, Modified Corn Starch, Milk Protein Concentrate, Soy Oil, Short-Chain Fructooligosaccharides. Less than 0.5% of: Magnesium Phosphate, Potassium Citrate, Natural & Artificial Flavor, Sodium Citrate, Sodium Stearoyl Lactylate, Sodium Ascorbate, Salt, dl-Alpha-Tocopheryl Acetate, Ferric Phosphate, Zinc Sulfate, Niacinamide, Turmeric, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Sodium Selenate, Potassium Iodide, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk ingredients.

Availability

List Number	Item
54844	Ensure Original Pudding Vanilla / 4-oz (113-g) cup / 12 x 4 ct
54846	Ensure Original Pudding Milk Chocolate / 4-oz (113-g) cup / 12 x 4 ct
54848	Ensure Original Pudding Butterscotch / 4-oz (113-g) cup / 12 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Pudding

Complete, Balanced Nutrition®

Nutrition Information - Pudding Vanilla

	4 oz (1 pudding cup)	
	Value	%RDI / %DV*
Calories	170	
Calories from Fat	45	
Fat, g	5	8
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	1	
Cholesterol, mg	5	2
Sodium, mg	85	4
Potassium, mg	110	3
Carbohydrate, g	30	10
Dietary Fiber, g	3	12
Sugars, g	15	
Protein, g	4	8
Vitamin A		10
Vitamin C		15
Calcium		10
Iron		10
Vitamin D		10
Vitamin E		20
Vitamin K		15
Thiamin		15
Riboflavin		15
Niacin		10
Vitamin B6		15
Folate		15
Vitamin B12		10
Biotin		15
Pantothenic Acid		15
Phosphorus		10
Iodine		10
Magnesium		10
Zinc		10
Selenium		10
Copper		10
Manganese		25
Chromium		10
Molybdenum		30
Chloride		<2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Pudding

Complete, Balanced Nutrition®

Pudding Vanilla Footnotes & References

Per 4 oz (1 pudding cup)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Ensure® Original Therapeutic Nutrition Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Therapeutic Nutrition Shake

Complete Therapeutic Nutrition

- 1 ENSURE ORIGINAL THERAPEUTIC NUTRITION can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use only.
- 1 For interim sole-source nutrition.
- 1 Use under medical supervision.
- 1 Good source of protein (9 g/serving).
- 1 60% 1995 DV of vitamin D to support bone health.
- 1 Excellent source (320 mg/serving) of plant-based omega-3 fatty acid ALA (20% of 1.6 g DV) to support heart health.
- 1 Good source of 26 essential vitamins and minerals.
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Sugar, Corn Maltodextrin, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Short-Chain Fructooligosaccharides, Nonfat Milk. Less than 0.5% of: Magnesium Phosphate, Natural & Artificial Flavor, Potassium Citrate, Cellulose Gel, Salt, Calcium Carbonate, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Sodium Citrate, Cellulose Gum, Potassium Chloride, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Ferrous Sulfate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50460	Ensure Original Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Can / 24 ct
50462	Ensure Original Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Can / 24 ct
50648	Ensure Original Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) can / 24 ct
51892	Ensure Original Therapeutic Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) Can / 24 ct
58293	Ensure Original Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Bottle / 24 ct
58295	Ensure Original Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) Bottle / 24 ct
58297	Ensure Original Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
64931	Ensure Original Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Carton / 24 ct
64933	Ensure Original Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) Carton / 24 ct
64935	Ensure Original Therapeutic Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) Carton / 24 ct
64937	Ensure Original Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Therapeutic Nutrition Shake

Complete Therapeutic Nutrition

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	250	
Calories from Fat	50	
Total Fat, g	6	9
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	3	
Cholesterol, mg	<5	<2
Sodium, mg	200	8
Potassium, mg	370	11
Total Carbohydrate, g	41	14
Dietary Fiber, g	3	12
Sugars, g	23	
Protein, g	9	18
Vitamin A		25
Vitamin C		50
Calcium		30
Iron		25
Vitamin D		60
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		60
Chromium		25
Molybdenum		50
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Therapeutic Nutrition Shake

Complete Therapeutic Nutrition

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Shake well.
- 1 Serve cold.
- 1 Once opened, refrigerate and use within 48 hours.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Ensure® Pre-Surgery

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Pre-Surgery

Clear Nutrition Drink

- 1 ENSURE PRE-SURGERY is specially designed to help reduce insulin resistance after surgery and improve patient outcomes.
- 1 Designed to be consumed up to 2 hours before surgery.
- 1 Use under medical supervision.
- 1 For oral use.
- 1 #1 Doctor recommended brand.
- 1 Contains 50 g complex carbohydrate (maltodextrin) and is low in osmolality, unlike sports drinks.¹
- 1 Meets ERAS guidelines for pre-surgery use of a clear carbohydrate beverage.^{2,3}
- 1 Meets American Society of Anesthesiologists (ASA®) guidelines for use with preoperative fasting.⁴
- 1 Contains the antioxidants zinc and selenium.
- 1 Fat-free.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.
- 1 Low-residue.



Safety Precautions

- 1 Not for IV use.
- 1 Not for sole-source nutrition.

¹ Ljungqvist O. *Best Pract Res Clin Anaesthesiol.* 2009;23(4):401-409.

² Lassen K, et al. *Clin Nutr.* 2012;31(6):817-830.

³ Gustafsson UO, et al. *Clin Nutr.* 2012;31(6):783-800.

⁴ American Society of Anesthesiologists Committee. *Anesthesiology.* 2011;114(3):495-511.

Ingredients

Liquid Artic Chill:

Water, Corn Maltodextrin, Fructose. Less than 0.5% of: Sodium Citrate, Potassium Citrate, Zinc Sulfate, and Sodium Selenate.

Availability

List Number	Item
65044	Ensure Pre-Surgery Clear Nutrition Drink / 10-fl-oz (296 mL) bottle / 12 ct
66437	Ensure Pre-Surgery Clear Nutrition Drink / 10-fl-oz (296 mL) bottle / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Artic Chill

	10 fl oz (296 mL)	
	Value	%RDI / %DV
Calories	200	
Total Fat, g	0	0
Sodium, mg	180	8
Potassium, mg	45	1
Total Carbohydrate, g	50	17
Sugars, g	6	
Protein, g	0	
Zinc		20
Selenium		15

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening.

Product Information: Ensure® Surgery

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Surgery

Immunonutrition Shake

- 1 ENSURE SURGERY is specifically designed to support immune health and recovery from surgery.
- 1 Use under medical supervision.
- 1 For oral use.
- 1 #1 Doctor recommended brand.
- 1 Contains 1.1 g EPA & DHA (omega-3 fatty acids from fish oil) and 4.2 g arginine per serving to support immune health and surgical recovery.
- 1 Suitable for use with ERAS protocols.^{1,2}
- 1 Contains immune-modulating nutrients that meet the critical care nutrition support guidelines (ASPEN/SCCM) for nutrition in the SICU for the postoperative patient who requires EN therapy.³
- 1 Contains an excellent source of vitamin D.
- 1 Contains the antioxidants: zinc, selenium, Vitamin C and E.
- 1 No artificial sweeteners.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.
- 1 Not for sole-source nutrition.

¹ Lassen K, et al. *Clin Nutr.* 2012;31(6):817-830.

² Gustafsson UO, et al. *Clin Nutr.* 2012;31(6):783-800.

³ McClave SA, et al. *JPEN J Parenter Enteral Nutr.* 2016;40(2):159-211.

Ingredients

Liquid Vanilla:

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, L-Arginine, Fish Oil (Contains One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna), Canola Oil, Medium-Chain Triglycerides, Gum Arabic, Short-Chain Fructooligosaccharides, Citric Acid. Less than 0.5% of: Natural & Artificial Flavor, Magnesium Chloride, Sodium Citrate, Potassium Citrate, Soy Lecithin, Potassium Phosphate, Rosemary Extract, Choline Chloride, Ascorbic Acid, Calcium Phosphate, Potassium Chloride, Salt, Potassium Hydroxide, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Gellan Gum, Ascorbyl Palmitate, Ferric Phosphate, Niacinamide, Calcium Pantothenate, Copper Sulfate, Manganese Sulfate, Mixed Tocopherols, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Folic Acid, Biotin, Sodium Selenate, Beta-Carotene, Potassium Iodide, Sodium Molybdate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
65047	Ensure Surgery Immunonutrition Shake Vanilla / 8 fl oz (237-mL) Carton / 24 ct
66436	Ensure Surgery Immunonutrition Shake Vanilla / 8 fl oz (237-mL) Carton / 15 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	330	
Calories from Fat	80	
Total Fat, g	9	14
Saturated Fat, g	3	15
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	2.5	
Cholesterol, mg	15	5
Sodium, mg	220	9
Potassium, mg	370	11
Total Carbohydrate, g	45	15
Dietary Fiber, g	3	12
Sugars, g	19	
Protein, g	18	36
Vitamin A		40
Vitamin C		35
Calcium		25
Iron		10
Vitamin D		50
Vitamin E		50
Vitamin K		30
Thiamin		30
Riboflavin		35
Niacin		25
Vitamin B6		25
Folate		20
Vitamin B12		35
Biotin		25
Pantothenic Acid		30
Phosphorus		25
Iodine		35
Magnesium		20
Zinc		40
Selenium		45
Copper		30
Manganese		35
Chromium		35
Molybdenum		30
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening.

Product Category: Glucerna®

Glucerna Hunger Smart® Shake
Glucerna® 1.0 Cal
Glucerna® 1.2 Cal
Glucerna® 1.5 Cal
Glucerna® Advance Shake
Glucerna® Mini Treats Nutrition Bars
Glucerna® Shake
Glucerna® Snack Bars
Glucerna® Snack Shake
Glucerna® Therapeutic Nutrition Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Glucerna Hunger Smart® Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna Hunger Smart® Shake

Complete, Balanced Nutrition®

- 1 GLUCERNA HUNGER SMART SHAKES contain 15 g of protein to help you manage hunger and up to 5 g of fiber.*
- 1 Use as part of a diabetes management plan.
- 1 Use under medical supervision.
- 1 Great-tasting Homemade Vanilla, Chocolate and Creamy Strawberry flavors.
- 1 Excellent source of protein (30% DV) to help manage hunger.
- 1 Has CARBSTEADY®, which includes low glycemic carbohydrates.
- 1 Clinically shown to help minimize blood sugar spikes compared to standard shake.
- 1 Contains 138 mg choline per serving, which is 25% of the daily value for choline (550 mg).
- 1 Chromium picolinate, a more bioavailable form of chromium. Chromium is an essential nutrient and may be important for carbohydrate metabolism.
- 1 Antioxidant vitamins C and E and selenium.
- 1 1 carbohydrate choice.
- 1 Halal.
- 1 Kosher.
- 1 Suitable for lactose intolerance.
- 1 Gluten-free.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for tube feeding.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

* Dietary fiber: chocolate 5 g/10 fl oz; vanilla and strawberry 3 g/10 fl oz.

Ingredients

Liquid Rich Chocolate:

Water, Milk Protein Concentrate, Cocoa (Processed with Alkali), Fructose. Less than 1% of: High Oleic Safflower Oil, Corn Maltodextrin, Soy Protein Isolate, Calcium Caseinate, Canola Oil, Soy Oil, Glycerin, Short-Chain Fructooligosaccharides, Sodium Citrate, Cellulose Gel, Soy Fiber, Magnesium Phosphate, Potassium Citrate, Soy Lecithin, Ascorbic Acid, Potassium Chloride, Magnesium Chloride, Choline Chloride, Calcium Phosphate, Sucralose, Cellulose Gum, Salt, Natural & Artificial Flavor, Carrageenan, Acesulfame Potassium, Ferrous Sulfate, Gellan Gum, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Chromium Picolinate, Manganese Sulfate, Copper Sulfate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Folic Acid, Biotin, Vitamin D3, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62882	Glucerna Hunger Smart Shake Homemade Vanilla / 10-fl-oz (296-mL) bottle / 2 x 6 ct
62885	Glucerna Hunger Smart Shake Rich Chocolate / 10-fl-oz (296-mL) bottle / 2 x 6 ct
66534	Glucerna Hunger Smart Shake Creamy Strawberry / 10-fl-oz (296-mL) bottle / 2 x 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna Hunger Smart® Shake

Complete, Balanced Nutrition®

Nutrition Information - Liquid Rich Chocolate

	10 fl oz (296 mL)	
	Value	%RDI / %DV*
Calories	180	
Calories from Fat	70	
Fat, g	8	12
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	4.5	
Cholesterol, mg	10	3
Sodium, mg	300	13
Potassium, mg	580	17
Carbohydrate, g	16	5
Dietary Fiber, g	5	20
Sugars, g	6	
Protein, g	15	30
Vitamin A		25
Vitamin C		100
Calcium		30
Iron		30
Vitamin D		40
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		30
Iodine		25
Magnesium		30
Zinc		30
Selenium		25
Copper		35
Manganese		40
Chromium		170
Molybdenum		30
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna Hunger Smart® Shake

Complete, Balanced Nutrition®

Liquid Rich Chocolate Footnotes & References

Per 10 fl oz (296 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Storage & Handling

Instructions for Use:

- 1 Shake well.
- 1 Serve cold.
- 1 Refrigerate after opening.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Glucerna® 1.0 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® 1.0 Cal

Specialized Nutrition with Fiber for Abnormal Glucose Tolerance

- 1 GLUCERNA 1.0 CAL is a reduced-carbohydrate, fiber- and fat-containing formula clinically shown to blunt blood-glucose response in patients with abnormal glucose tolerance.^{1,2,3} GLUCERNA 1.0 CAL provides 34.3% of total calories as carbohydrate. This helps minimize glycemic response. The formulation includes soy fiber to help maintain normal bowel function.
- 1 For patients with type 1 and type 2 diabetes and abnormal glucose tolerance.
- 1 For patients with hyperglycemia resulting from metabolic stress, such as illness, trauma, or infection.
- 1 For supplemental or total nutrition.
- 1 For tube feeding.
- 1 8-fl-oz containers with vanilla flavor can be used orally as well as for tube feeding.
- 1 Use under medical supervision.
- 1 Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated and 4% of calories from saturated fat to help manage lipid profiles.⁵
- 1 Meets or exceeds 100% of the 1995 RDIs for 26 vitamins and minerals in 1420 Cal (1420 mL).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.

¹ Peters AL et al. *Am J Med* 1989;87:178-182.

² Peters AL, Davidson MB. *JPEN* 1992;16:69-74.

³ McCargar LJ et al. *Mol Cell Biochem* 1998;188:81-89.

⁵ Eckel R, et al. *Circulation*. 2014;129:S76-S99.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, High Oleic Safflower Oil, Sodium & Calcium Caseinates, Soy Fiber, Fructose, Canola Oil, Soy Lecithin, Magnesium Chloride, Calcium Phosphate, Sodium Citrate, Natural & Artificial Flavor, Potassium Citrate, Inositol, Potassium Phosphate, Potassium Chloride, Choline Chloride, Ascorbic Acid, L-Carnitine, Taurine, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50240	Glucerna 1.0 Cal Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62671	Glucerna 1.0 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
62673	Glucerna 1.0 Cal / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
64913	Glucerna 1.0 Cal Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	9.9	
Fat, g	12.9	
Carbohydrate, g	22.8	
Dietary Fiber, g	3.4*	
Taurine, mg	25	
L-Carnitine, mg	34	
m-Inositol, mg	200	
Water, g/mL/cc	202	
Calories	237	
Vitamin A, IU	1500 [†]	
Beta-Carotene, mg	0.5	
Vitamin D, IU	67	
Vitamin E, IU	7.5	
Vitamin K, mcg	14	
Vitamin C, mg	50	
Folic Acid, mcg	100	
Vitamin B1, mg	0.38	
Vitamin B2, mg	0.43	
Vitamin B6, mg	0.50	
Vitamin B12, mcg	1.5	
Niacin, mg	5.0	
Choline, mg	100	
Biotin, mcg	75	
Pantothenic Acid, mg	2.5	
Sodium, mg	220	
Potassium, mg	370	
Chloride, mg	340	
Calcium, mg	170	
Phosphorus, mg	170	
Magnesium, mg	67	
Iodine, mcg	25	
Manganese, mg	0.84	
Copper, mg	0.34	
Zinc, mg	3.8	
Iron, mg	3.0	
Selenium, mcg	12	
Chromium, mcg	20	
Molybdenum, mcg	25	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*3.4 g of total dietary fiber from soy fiber.

†660 IU of vitamin A activity supplied by 0.50 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Glucerna® 1.2 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® 1.2 Cal

For People with Diabetes

- 1 GLUCERNA 1.2 CAL is a calorically dense formula that has CarbSteady®, including low glycemic carbohydrates clinically shown to help minimize blood glucose response.¹
- 1 Specialized nutrition for enhanced glycemic control.*
- 1 For patients with type 1 or type 2 diabetes or abnormal glucose response.
- 1 For patients with hyperglycemia resulting from metabolic stress, such as illness, trauma, or infection.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 GLUCERNA 1.2 CAL has been clinically shown to significantly reduce peak postprandial blood glucose response and reduce glycemic variability versus a standard 1.2-Cal formulation in people with diabetes.^{1,2}
- 1 At 1.2 Cal/mL, patient needs can be met with less volume.
- 1 20% of calories from protein to promote anabolism and support wound healing.
- 1 Includes 10 g/L of NutraFlora® scFOS®† (2.4 g/8 fl oz and 15 g/1.5 L).
- 1 Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated and 4% of calories from saturated fat to help manage lipid profiles.⁴
- 1 Provides an excellent source of plant-based omega-3 fatty acids (3 g of ALA per 1500 Cal) to support cardiovascular health.
- 1 Chromium picolinate, a more bioavailable form of chromium. Chromium is an essential nutrient and may be important for carbohydrate metabolism.
- 1 1500 Cal provide at least 100% of the 1995 RDIs for 28 vitamins and minerals.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* Compared to a standard formula.

† NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

¹ Alish C, et al. *Diabetes Technol Ther* 2010;12:419-425.

¹ Alish C, et al. *Diabetes Technol Ther* 2010;12:419-425.

² Data on File: Study BK06 Part B. Abbott Laboratories, 2008.

⁴ Eckel R, et al. *Circulation*. 2014;129:S76-S99.

Ingredients

Liquid Vanilla:

Water, Sodium Caseinate, Corn Maltodextrin, High Oleic Safflower Oil, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Sucromalt, Short-Chain Fructooligosaccharides, Glycerin, Milk Protein Concentrate, Oat Fiber, Soy Lecithin, Soy Fiber, Potassium Citrate, Magnesium Phosphate, Natural & Artificial Flavor, Potassium Chloride, Inositol, Calcium Carbonate, Calcium Citrate, Sodium Citrate, Ascorbic Acid, Choline Chloride, Salt, Potassium Hydroxide, L-Carnitine, Taurine, Carrageenan, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Vitamin A Palmitate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Chromium Picolinate, Folic Acid, Biotin, Sodium Molybdate, Sodium Selenate, Potassium Iodide, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

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Glucerna® 1.2 Cal

For People with Diabetes

Availability

List Number	Item
50904	Glucerna 1.2 Cal Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62675	Glucerna 1.2 Cal / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
62677	Glucerna 1.2 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64918	Glucerna 1.2 Cal Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® 1.2 Cal

For People with Diabetes

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	14.2	
Fat, g	14.2	
Carbohydrate, g	27.1	
Dietary Fiber, g	3.8*	
Water, g	192	
Calories	285	
Taurine, mg	32	
L-Carnitine, mg	42	
m-Inositol, mg	200	
Vitamin A, IU	1840 [†]	
Beta-Carotene, mg	0.63	
Vitamin D, IU	82	
Vitamin E, IU	9.2	
Vitamin K, mcg	24	
Vitamin C, mg	62	
Folic Acid, mcg	76	
Vitamin B1, mg	0.29	
Vitamin B2, mg	0.33	
Vitamin B6, mg	0.38	
Vitamin B12, mcg	1.2	
Niacin, mg	3.8	
Choline, mg	105	
Biotin, mcg	57	
Pantothenic Acid, mg	1.9	
Sodium, mg	265	
Potassium, mg	480	
Chloride, mg	305	
Calcium, mg	190	
Phosphorus, mg	190	
Magnesium, mg	76	
Iodine, mcg	29	
Manganese, mg	0.38	
Copper, mg	0.38	
Zinc, mg	2.9	
Iron, mg	3.5	
Selenium, mcg	14	
Chromium, mcg	38	
Molybdenum, mcg	19	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

* 1.4 g of total dietary fiber from soy, oat and corn fibers; 2.4 g of short-chain fructooligosaccharides.

†830 IU/8 fl oz of vitamin A activity supplied by 0.63 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Glucerna® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® 1.5 Cal

High Protein, Specialized Nutrition For Enhanced Glycemic Control

- 1 GLUCERNA 1.5 CAL is a calorically dense formula that has CarbSteady®, including low glycemic carbohydrates clinically shown to help minimize blood glucose response.¹
- 1 Specialized high-calorie nutrition with a unique carbohydrate blend for enhanced glycemic control.*
- 1 For patients with type 1 or type 2 diabetes or abnormal glucose response.
- 1 For patients with hyperglycemia/abnormal glucose tolerance resulting from metabolic stress, such as illness, trauma, and infection.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 GLUCERNA 1.5 CAL contains a unique carbohydrate blend clinically shown to blunt postprandial glycemic response and improve glycemic variability.^{1,2}
- 1 At 1.5 Cal/mL, patient needs can be met with less volume.
- 1 22% of calories from protein to promote anabolism and support wound healing.
- 1 Includes 10 g/L of NutraFlora® scFOS® (2.4 g/8 fl oz).
- 1 Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated and 3% of calories from saturated fat to help manage lipid profiles.³
- 1 Provides plant-based omega-3 fatty acids from canola oil (3 g of ALA per 1500 Cal), to support cardiovascular health.⁴
- 1 Chromium picolinate, a more bioavailable form of chromium. Chromium is an essential nutrient and may be important for carbohydrate metabolism.
- 1 1500 Cal provide at least 100% of the 1995 RDIs for 28 vitamins and minerals.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* Compared to high glycemic carbohydrates.

¹ Alish C, et al. *Diabetes Technol Ther* 2010;12:419-425.

¹ Alish C, et al. *Diabetes Technol Ther* 2010;12:419-425.

² Data on File: Study BK06 Part B. Abbott Nutrition, 2008.

³ Eckel R, et al. *Circulation*. 2014;129:S76-S99.

⁴ *Diabetes Care* 2014 Jan; 37(Supplement 1): S120-S143. <https://doi.org/10.2337/dc14-S120>

Ingredients

Liquid Vanilla:

Water, Sodium & Calcium Caseinates, Corn Maltodextrin, High Oleic Safflower Oil, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Sucromalt, Short-Chain Fructooligosaccharides, Glycerin, Potassium Citrate, Magnesium Chloride, Oat Fiber, Calcium Phosphate, Soy Fiber, Soy Lecithin, Natural & Artificial Flavors, Sodium Citrate, Inositol, Ascorbic Acid, Choline Chloride, Magnesium Phosphate, Potassium Hydroxide, L-Carnitine, Taurine, Salt, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Vitamin A Palmitate, Riboflavin, Chromium Picolinate, Folic Acid, Biotin, Sodium Molybdate, Sodium Selenate, Potassium Iodide, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

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Glucerna® 1.5 Cal

High Protein, Specialized Nutrition For Enhanced Glycemic Control

Availability

List Number	Item
53534	Glucerna 1.5 Cal Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62679	Glucerna 1.5 Cal / 1000-mL (1.1-QT) Ready-to-Hang Prefilled Container / 8 ct
64920	Glucerna 1.5 Cal Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® 1.5 Cal

High Protein, Specialized Nutrition For Enhanced Glycemic Control

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	19.6	
Fat, g	17.8	
Saturated Fat, g	1.5	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	11	
Carbohydrate, g	31.5	
Dietary Fiber, g	3.8*	
Water, g	180	
Calories	356	
Taurine, mg	40	
L-Carnitine, mg	51	
m-Inositol, mg	205	
Vitamin A, IU	2060 [†]	
Beta-Carotene, mg	0.79	
Vitamin D, IU	102	
Vitamin E, IU	12	
Vitamin K, mcg	30	
Vitamin C, mg	78	
Folic Acid, mcg	95	
Vitamin B1, mg	0.36	
Vitamin B2, mg	0.41	
Vitamin B6, mg	0.48	
Vitamin B12, mcg	1.5	
Niacin, mg	4.8	
Choline, mg	131	
Biotin, mcg	75	
Pantothenic Acid, mg	2.4	
Sodium, mg	330	
Potassium, mg	600	
Chloride, mg	380	
Calcium, mg	240	
Phosphorus, mg	240	
Magnesium, mg	95	
Iodine, mcg	36	
Manganese, mg	0.48	
Copper, mg	0.48	
Zinc, mg	3.6	
Iron, mg	4.3	
Selenium, mcg	17	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® 1.5 Cal

High Protein, Specialized Nutrition For Enhanced Glycemic Control

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Chromium, mcg	48	
Molybdenum, mcg	23	

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*1.4 g of total dietary fiber from soy, oat and corn fibers; 2.4 g of short-chain fructooligosaccharides.

†1040 IU of vitamin A activity supplied by 0.79 mg of beta-carotene.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, re-close or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Glucerna® Advance Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Advance Shake

- 1 GLUCERNA ADVANCE is a delicious shake designed as a meal or snack replacement. It provides complete, balanced nutrition specifically targeted to support blood sugar management, heart health, and immune health.
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Blood Sugar Management - CARBSTEADY ULTRA™, our most advanced blend to help minimize blood sugar spikes.*
- 1 Heart Health - Plant based phytosterols and Omega 3s (300mg ALA) to support heart health.
- 1 Immune Support - Excellent source of antioxidants (vitamins C and E, and selenium).
- 1 Contains 138 mg choline per serving, which is 25% of the daily value for choline (550 mg).
- 1 Halal.
- 1 Kosher.
- 1 Gluten free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for tube feeding.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

* Compared to high glycemic carbohydrates.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Milk Protein Concentrate, Sucromalt, Glycerine, Soy Protein Isolate, High Oleic Safflower Oil, Fructose. Less than 1% of: Canola Oil, Soy Oil, Natural & Artificial Flavor, Plant Sterol Esters, Potassium Citrate, Magnesium Phosphate, Salt, Choline Chloride, Ascorbic Acid, Calcium Phosphate, Potassium Chloride, Calcium Carbonate, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Liquid Sucralose, Acesulfame Potassium, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Chromium Picolinate, Manganese Sulfate, Cupric Sulfate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62999	Glucerna Advance Shake Chocolate / 8-fl-oz (237-mL) Bottle / 4 x 4 ct
63001	Glucerna Advance Shake Vanilla / 8-fl-oz (237-mL) Bottle / 4 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	200	
Calories from Fat	60	
Fat, g	7	11
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	4	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Potassium, mg	380	11
Carbohydrate, g	26	9
Dietary Fiber, g	3	12
Sugars, g	6	
Protein, g	10	20
Vitamin A		25
Vitamin C		100
Calcium		25
Iron		25
Vitamin D		25
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		25
Chromium		170
Molybdenum		35
Chloride		10

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Storage & Handling

Instructions for Use

- 1 Shake well.
- 1 Serve cold.
- 1 Refrigerate after opening.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Glucerna® Mini Treats Nutrition Bars

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Mini Treats Nutrition Bars

For people with diabetes

- 1 GLUCERNA MINI TREATS are delicious bars designed to replace an indulgent treat to help manage blood sugar.*
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of slow-release carbohydrates to help manage blood sugar.*
- 1 80 calories.
- 1 19 essential vitamins and minerals.
- 1 Gluten-free.
- 1 Kosher.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.

* Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.

* Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.

Ingredients

Bar Chocolate Peanut:

Fruit Juice & Grain Dextrins, Caramel (Maltitol Syrup, Nonfat Milk, Fractionated Palm Kernel Oil, Cream, Glycerine, Butter [Cream, Salt], Salt, Disodium Phosphate, Carrageenan, Natural & Artificial Flavors, Soy Lecithin), Chocolate Flavored Coating (Lactitol, Fractionated Palm Kernel Oil, Polydextrose, Cocoa, Artificial Flavor, Soy Lecithin, Monoglycerides, Vanilla Extract, Acesulfame Potassium), Soy Protein Isolate, Peanuts, Corn Maltodextrin, Partially Defatted Peanut Flour, Fructose, Safflower Oil, Peanut Butter, Cocoa Butter. Less than 2% of the Following: High Fructose Corn Syrup, Calcium Phosphate, Natural & Artificial Flavors, Salt, Cellulose Gel, Guar Gum, Soy Lecithin, Magnesium Oxide, Ascorbic Acid, dl-Alpha-Tocopheryl Acetate, Ferric Phosphate, Niacinamide, Zinc Oxide, Calcium Pantothenate, Copper Gluconate, Manganese Sulfate, Beta-Carotene, Pyridoxine Hydrochloride, Thiamine Mononitrate, Riboflavin, Sodium Selenate, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk, peanut and soy ingredients. Manufactured in a facility that processes eggs, tree nuts and wheat.

Availability

List Number	Item
63024	Glucerna Mini Treats Oatmeal Raisin / 0.70-oz (20-g) bar / 6 x 6 ct
63027	Glucerna Mini Treats Chocolate Caramel Bar / 0.70-oz (20-g) bar / 6 x 6 ct
63030	Glucerna Mini Treats Chocolate Peanut / 0.70-oz (20-g) bar / 6 x 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Mini Treats Nutrition Bars

For people with diabetes

Nutrition Information - Bar Chocolate Peanut

	0.70 oz (20 g)	
	Value	%RDI / %DV*
Calories	80	
Calories from Fat	30	
Total Fat, g	3.5	5
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Cholesterol, mg	0	0
Sodium, mg	50	2
Potassium, mg	50	1
Total Carbohydrate, g	10	3
Dietary Fiber, g	<1	<4
Sugars, g	3	
Sugar Alcohols, g	3	
Protein, g	3	6
Vitamin A		10
Vitamin C		10
Calcium		10
Iron		8
Vitamin D		15
Vitamin E		15
Vitamin K		10
Thiamin		10
Riboflavin		10
Niacin		10
Vitamin B6		10
Folate		10
Vitamin B12		10
Biotin		10
Pantothenic Acid		10
Phosphorus		10
Iodine		10
Magnesium		8
Zinc		10
Selenium		10
Copper		8
Manganese		10
Chromium		15
Molybdenum		10
Chloride		<2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Mini Treats Nutrition Bars

For people with diabetes

Bar Chocolate Peanut Footnotes & References

Per 0.70 oz (20 g)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Glucerna® Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Shake

Complete, Balanced Nutrition® For people with diabetes

- 1 GLUCERNA SHAKES are designed as a meal or snack replacement to help manage blood sugar.*
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of slow-release carbohydrates to help manage blood sugar.*
- 1 26 essential vitamins and minerals.
- 1 10 g of protein.
- 1 190 calories.
- 1 Contains 138 mg choline per serving, which is 25% of the daily value for choline (550 mg).
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for tube feeding.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

* Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.

* Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.

† Contains 5 grams of total fat per serving.

Ingredients

Liquid Rich Chocolate:

Water, Milk Protein Concentrate, Canola Oil, Glycerin, Corn Maltodextrin, Fructose, Cocoa Powder (Processed with Alkali), Soy Protein Isolate. Less than 1% of: Corn Oil, Short-Chain Fructooligosaccharides, Potassium Citrate, Magnesium Phosphate, Cellulose Gel, Natural & Artificial Flavors, Salt, Choline Chloride, Ascorbic Acid, Calcium Carbonate, Monoglycerides, Soy Lecithin, Sodium Citrate, Cellulose Gum, Carrageenan, Sucralose, Potassium Chloride, Potassium Hydroxide, Turmeric Color, Acesulfame Potassium, Calcium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Gellan Gum, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Red 3, Copper Sulfate, Vitamin A Palmitate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
57801	Glucerna Shake Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57804	Glucerna Shake Rich Chocolate / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57807	Glucerna Shake Creamy Strawberry / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
57810	Glucerna Shake Classic Butter Pecan / 8-fl-oz (237-mL) Bottle / 4 x 6 ct
59890	Glucerna Shake Rich Chocolate / 8-fl-oz (237-mL) Bottle / 24 ct
59891	Glucerna Shake Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
63458	Glucerna Shake Creamy Strawberry / 8-fl-oz (237-mL) Bottle / 16 ct
64599	Glucerna Shake Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 16 ct
64600	Glucerna Shake Rich Chocolate / 8-fl-oz (237-mL) Bottle / 16 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

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Nutrition Information - Liquid Rich Chocolate

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	180	
Calories from Fat	80	
Total Fat, g	9	14
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4.5	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Potassium, mg	500	14
Total Carbohydrate, g	16	5
Dietary Fiber, g	3	12
Sugars, g	4	
Protein, g	10	20
Vitamin A		25
Vitamin C		100
Calcium		25
Iron		25
Vitamin D		80
Vitamin E		25
Vitamin K		30
Thiamin		20
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		50
Chromium		100
Molybdenum		50
Chloride		8

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Rich Chocolate Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening.

Product Information: Glucerna® Snack Bars

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Snack Bars

For People With Diabetes

- 1 GLUCERNA SNACK BARS are delicious bars designed to be a snack replacement to help manage blood sugar* and hunger.
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of slow-release carbohydrates to help manage blood sugar*.
- 1 10 g of protein to help manage hunger.
- 1 Good source of fiber† to help support digestive tract health
- 1 Excellent source of antioxidant vitamins C and E.
- 1 Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.
- 1 Kosher.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.

* Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.

* Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.

† Contains 5 grams of total fat per serving.

Ingredients

Bar Chocolate Chip:

Soy Protein Crisps (Soy Protein Isolate, Tapioca Starch, Rice Flour, Cocoa [Processed With Alkali], Salt, Barley Malt), Chocolate Flavored Coating (Lactitol, Fractionated Palm Kernel Oil, Polydextrose, Cocoa, Artificial Flavor, Soy Lecithin, Monoglycerides, Vanilla Extract, Acesulfame Potassium), Fruit Juice & Grain Dextrins, Marshmallow Binder (Maltitol Syrup, Fractionated Palm Kernel Oil, Water, Corn Maltodextrin, Glycerine, Egg White Powder, Titanium Dioxide, Soy Lecithin, Salt, Natural & Artificial Flavors), Fructose, Chocolate Layer (Maltitol Syrup, Sorbitol, Palm Kernel Oil, Milk Protein Concentrate, Cocoa [Processed With Alkali], Chocolate Liquor, Natural Flavor, Soy Lecithin, Salt, Gum Arabic, Xanthan Gum, Locust Bean Gum), Chocolate Flavored Chips (Maltitol, Chocolate Liquor [Processed With Alkali], Cocoa Butter, Sorbitan Tristearate, Soy Lecithin, Vanilla Flavoring), Short-Chain Fructooligosaccharides, Corn Maltodextrin, Toasted Oats (Rolled Oats, High Fructose Corn Syrup, Soybean Oil, Honey), Soy Protein Isolate, High Oleic Safflower Oil, Glycerine. Less than 2% of the Following: Cocoa Fructose Liquid (Fructose, Water, Corn Maltodextrin, Dutched And Natural Cocos [Processed With Alkali], Salt, Carrageenan, Natural Flavors, Tocopherol, Ascorbic Acid), Calcium Phosphate, Cellulose Gel, Guar Gum, Salt, Natural Flavors, Sucralose, dl-Alpha-Tocopheryl Acetate, Ascorbic Acid, Beta-Carotene, and Chromium Chloride.

Allergens: Contains egg, milk and soy ingredients. Manufactured in a facility that processes peanuts, tree nuts and wheat.

Availability

List Number	Item
62074	Glucerna Snack Bars Chocolate Chip / 1.41-oz (40-g) bar / 6 x 4 ct
62077	Glucerna Snack Bars Peanut Chocolate Chip / 1.41-oz (40-g) bar / 6 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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1-800-227-5767

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Glucerna® Snack Bars

For People With Diabetes

Nutrition Information - Bar Chocolate Chip

	1.41 oz (40 g)	
	Value	%RDI / %DV*
Calories	150	
Calories from Fat	45	
Fat, g	5	8
Saturated Fat, g	3	15
Trans Fat, g	0	
Cholesterol, mg	0	0
Sodium, mg	170	7
Potassium, mg	70	2
Carbohydrate, g	20	7
Dietary Fiber, g	3	12
Sugars, g	4	
Sugar Alcohols, g	7	
Protein, g	10	20
Vitamin A		15
Vitamin C		20
Calcium		15
Iron		10
Vitamin E		100
Chromium		30

Bar Chocolate Chip Footnotes & References

Per 1.41 oz (40 g)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Product Information: Glucerna® Snack Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Snack Shake

- 1 GLUCERNA SNACK SHAKES are designed as a snack replacement to help manage blood sugar.*
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of slow-release carbohydrates to help manage blood sugar.*
- 1 26 essential vitamins and minerals.
- 1 5 g of sugars
- 1 7 g of protein.
- 1 140 calories.
- 1 Contains 83 mg choline per serving, which is 15% of the daily value for choline (550 mg).
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for tube feeding.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

* Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.

* Designed to help minimize blood sugar spikes compared to high glycemic carbohydrates.

Ingredients

Liquid Homemade Vanilla:

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Glycerine, High Oleic Safflower Oil. Less than 1% of: Sodium Caseinate, Canola Oil, Short-Chain Fructooligosaccharides, Soy Protein Isolate, Soy Fiber, Cellulose Gel, Magnesium Phosphate, Natural & Artificial Flavor, Potassium Citrate, Salt, Potassium Chloride, Soy Lecithin, Calcium Phosphate, Calcium Carbonate, Cellulose Gum, Choline Chloride, Ascorbic Acid, Carrageenan, Acesulfame Potassium, Gellan Gum, Sucralose, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Chromium Picolinate, Manganese Sulfate, Cupric Sulfate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
59856	Glucerna Snack Shake Homemade Vanilla / 8-fl-oz (237-mL) Can / 4 x 4 ct
59859	Glucerna Snack Shake Rich Chocolate / 8-fl-oz (237-mL) Can / 4 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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1-800-227-5767

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Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	140	
Calories from Fat	45	
Fat, g	5	8
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Polyunsaturated Fat, g	0.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	<5	<2
Sodium, mg	180	8
Potassium, mg	290	8
Carbohydrate, g	19	6
Dietary Fiber, g	3	12
Sugars, g	5	
Protein, g	7	14
Vitamin A		15
Vitamin C		60
Calcium		15
Iron		15
Vitamin D		15
Vitamin E		15
Vitamin K		15
Thiamin		15
Riboflavin		15
Niacin		15
Vitamin B6		15
Folate		15
Vitamin B12		15
Biotin		15
Pantothenic Acid		15
Phosphorus		15
Iodine		15
Magnesium		15
Zinc		15
Selenium		15
Copper		15
Manganese		15
Chromium		100
Molybdenum		20
Chloride		10

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Homemade Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Cover and refrigerate unused portion.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Glucerna® Therapeutic Nutrition Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Therapeutic Nutrition Shake

- 1 GLUCERNA THERAPEUTIC NUTRITION SHAKE has CarbSteady™, a unique blend of carbohydrates, including slowly digestible carbohydrate clinically shown to help minimize blood glucose response.¹
- 1 GLUCERNA THERAPEUTIC NUTRITION SHAKE is a good choice for patients who are trying to manage their blood glucose levels and weight.
- 1 For patients with diabetes or hyperglycemia/abnormal glucose tolerance.
- 1 For use as an oral supplement in conjunction with a diabetes meal plan.
- 1 Use under medical supervision.
- 1 Consistent with American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and 4% of calories from saturated fat to help manage lipid profiles.^{2,3}
- 1 3 g dietary fiber/8 fl oz.
- 1 1 g NutraFlora® scFOS®[†]/8 fl oz. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- 1 100% of the DV for antioxidant vitamins C and E to help protect against cell damage.
- 1 80% of the 1995 DVs for Vitamin D to support bone health.
- 1 50% of the DV for vitamins B6, B12, and folate.
- 1 Meets or exceeds 25% of the DV for 24 essential vitamins and minerals in 8 fl oz.
- 1 Contains 110 mg choline per serving, which is 20% of the daily value for choline (550 mg).
- 1 Halal.
- 1 Kosher.
- 1 Suitable for lactose intolerance.
- 1 Gluten-free.



Safety Precautions

- 1 For oral use only.
- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

[†] NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

¹ Fix BM, et al. *Ann Nutr Metab* 2001;45(suppl 1):277.

² Eckel R, et al. *Circulation*. 2013.

³ Evert A, et al. *Diabetes Care*. 2014;37.

Ingredients

Liquid Homemade Vanilla:

Water, Corn Maltodextrin, Milk Protein Concentrate, High Oleic Safflower Oil, Fructose, Glycerine, Soy Protein Isolate, Soy Fiber, Short-Chain Fructooligosaccharides. Less than 0.5% of the Following: Canola Oil, Natural & Artificial Flavor, Potassium Citrate, Magnesium Phosphate, Salt, Calcium Phosphate, Ascorbic Acid, Choline Chloride, Soy Lecithin, Monoglycerides, Potassium Chloride, Calcium Carbonate, Carrageenan, Potassium Hydroxide, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Ferrous Sulfate, Zinc Sulfate, Liquid Sucralose, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Cupric Sulfate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Beta-Carotene, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
54326	Glucerna Therapeutic Nutrition Shake Classic Butter Pecan / 8-fl-oz (237-mL) Can / 24 ct
54328	Glucerna Therapeutic Nutrition Shake Homemade Vanilla / 8-fl-oz (237-mL) Can / 24 ct
54544	Glucerna Therapeutic Nutrition Shake Rich Chocolate / 8-fl-oz (237-mL) Can / 24 ct
56052	Glucerna Therapeutic Nutrition Shake Creamy Strawberry / 8-fl-oz (237-mL) Can / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Therapeutic Nutrition Shake

Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	220	
Calories from Fat	80	
Fat, g	9	14
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	1	
Monounsaturated Fat, g	5	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Potassium, mg	370	11
Carbohydrate, g	26	9
Dietary Fiber, g	3	12
Sugars, g	7	
Protein, g	10	20
Vitamin A		35
Vitamin C		100
Calcium		25
Iron		25
Vitamin D		80
Vitamin E		100
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		50
Folate		50
Vitamin B12		50
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		50
Chromium		100
Molybdenum		50
Chloride		10

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® Therapeutic Nutrition Shake

Liquid Homemade Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Directions for Use:

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Category: Hi-Cal

Hi-Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Hi-Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Hi-Cal

High-Calorie Oral Supplement

- 1 H-CAL is a high-calorie oral supplement fortified with vitamins and minerals. HI-CAL is ideal for Med-Pass programs.
- 1 For oral use only.
- 1 Use under medical supervision.
- 1 2 Cal/mL.
- 1 Meets or exceeds 20% of the 1995 RDIs for 24 essential vitamins and minerals in 8 fl oz.
- 1 Vanilla flavor, ready to serve.
- 1 1-liter plastic bottle is reclosable.
- 1 Cutter cap easily pierces foil seal
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Low-residue.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for tube feeding.
- 1 Not for people with galactosemia.
- 1 Not for IV use.

Ingredients

Liquid Vanilla:

Water, Corn Syrup Solids, Sodium & Calcium Caseinates, Corn Oil, Corn Maltodextrin, Sugar (Sucrose), Potassium Citrate, Magnesium Chloride, Natural & Artificial Flavors, Calcium Phosphate, Soy Lecithin, Sodium Citrate, Ascorbic Acid, Choline Chloride, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
58253	Hi-Cal Vanilla / 1000-mL (33.8-fl-oz) bottle / 8 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Calories	475	
Protein, g	19.8	
Fat, g	21.2	
Carbohydrate, g	51.3	
Water, g	166	
Vitamin A, IU	1000	
Vitamin D, IU	80	
Vitamin E, IU	9.0	
Vitamin K, mcg	16	
Vitamin C, mg	12	
Folic Acid, mcg	80	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.34	
Vitamin B6, mg	0.40	
Vitamin B12, mcg	1.2	
Niacin, mg	4.0	
Choline, mg	75	
Biotin, mcg	60	
Pantothenic Acid, mg	2.0	
Sodium, mg	345	
Potassium, mg	580	
Chloride, mg	340	
Calcium, mg	200	
Phosphorus, mg	200	
Magnesium, mg	80	
Iodine, mcg	30	
Manganese, mg	1.0	
Copper, mg	0.40	
Zinc, mg	4.5	
Iron, mg	3.6	
Selenium, mcg	14	
Chromium, mcg	24	
Molybdenum, mcg	30	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Instructions for Use:

- 1 Clean off the top of the container thoroughly before opening.
- 1 Shake the bottle very well.
- 1 Twist off cap. **Do Not Use if Inner Foil is Missing or Broken.**
- 1 Invert cap and place on the foil seal.
- 1 Press the cap down to pierce the foil seal, then turn the cap a half turn.
- 1 Lift off and throw away the foil.
- 1 Pour and serve.

Storage & Handling

Usage

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Tastes best chilled, or can be served at room temperature.
- 1 Once opened, cover, label with time and date, refrigerate and **use within 48 hours.**
- 1 Opened containers that are held at room temperature can be **used for 4 hours. Discard unused portion after 4 hours at room temperature.**
- 1 Opened product that has been held at room temperature for up to 1 hour should be covered, labeled with time and date, refrigerated, and **used within 48 hours.**

**Product Category:
Jevity®**

Jevity® 1.0 Cal
Jevity® 1.2 Cal
Jevity® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Jevity® 1.0 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Jevity® 1.0 Cal

Complete, Balanced Nutrition® with fiber

- 1 JEVITY 1.0 CAL is a fiber-fortified tube-feeding formula.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 May be used for oral feeding of patients with altered taste perception.
- 1 Use under medical supervision.
- 1 Complete, Balanced Nutrition® for long-term tube feeding.
- 1 14.4 g of total dietary fiber/L. Fiber helps maintain normal bowel function and may be useful in the dietary management of diarrhea and constipation.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1400 Cal (1321 mL).
- 1 Provides protein to help support lean body mass and wound healing.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium & Calcium Caseinates, Soy Fiber, Soy Protein Isolate, Canola Oil, Corn Oil, Medium-Chain Triglycerides, Calcium Phosphate, Potassium Citrate, Magnesium Chloride, Soy Lecithin, Sodium Citrate, Ascorbic Acid, Choline Chloride, Magnesium Phosphate, Potassium Chloride, Carrageenan, Taurine, L-Carnitine, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
00143	Jevity 1 Cal / 8-fl-oz (237-mL) Can / 24 ct
62685	Jevity 1 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
62687	Jevity 1 Cal / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
64759	Jevity 1 Cal / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI* / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	10.4		44.3		66.4	
Fat, g	8.2		34.7		52.1	
Carbohydrate, g	36.5 [†]		154.7*		231.9*	
Dietary Fiber, g	3.4 [†]		14.4*		21.6*	
L-Carnitine, mg	28		115		175	
Taurine, mg	28		115		175	
Water, g/mL/cc	197		835		1244	
Calories	250		1060		1590	
Vitamin A, IU	895		3790		5690	
Vitamin D, IU	72		305		460	
Vitamin E, IU	8.3		35		53	
Vitamin K, mcg	15		61		92	
Vitamin C, mg	55		230		345	
Folic Acid, mcg	110		455		690	
Thiamin (Vitamin B1), mg	0.41		1.7		2.6	
Riboflavin (Vitamin B2), mg	0.48		2.0		3.0	
Vitamin B6, mg	0.55		2.3		3.5	
Vitamin B12, mcg	1.7		6.9		11	
Niacin, mg	5.5		23		35	
Choline, mg	110		455		685	
Biotin, mcg	82		345		520	
Pantothenic Acid, mg	2.9		12		18	
Sodium, mg	220		930		1400	
Sodium, mEq	9.6		40.4		60.9	
Potassium, mg	375		1570		2360	
Potassium, mEq	9.6		40.2		60.5	
Chloride, mg	310		1310		1970	
Chloride, mEq	8.8		37.0		55.6	
Calcium, mg	215		910		1370	
Phosphorus, mg	180		760		1140	
Magnesium, mg	72		305		460	
Iodine, mcg	28		115		175	
Manganese, mg	0.90		3.8		5.7	
Copper, mg	0.37		1.6		2.4	
Zinc, mg	4.3		18		27	
Iron, mg	3.3		14		21	
Selenium, mcg	13		54		81	
Chromium, mcg	22		91		140	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI* / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Molybdenum, mcg	28		115		175	

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*RDI percentages for adults and children 4 or more years of age.

†3.4 g of total dietary fiber from soy fiber.

Per 1000 mL (1.1 QT)

*14.4 g of total dietary fiber from soy fiber.

Per 1500 mL (1.6 QT)

*21.6 g of total dietary fiber from soy fiber.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, re-close or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Jevity® 1.2 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Jevity® 1.2 Cal

Complete, Balanced Nutrition® With Fiber and NutraFlora® scFOS®

- 1 JEVITY 1.2 CAL is a high-protein, fiber-fortified formula that provides Complete, Balanced Nutrition® for long- or short-term tube feeding.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 May be used for oral feeding of patients with altered taste perception.
- 1 Use under medical supervision.
- 1 Concentrated calories (1.2 Cal/mL) and high in protein (18.5% of Cal) to help tube-fed patients gain and maintain healthy weight. Protein is needed for lean body tissue maintenance and repair.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1200 Cal (1 Liter).
- 1 18 g of dietary fiber in 1 liter (10 g of a unique soluble and insoluble fiber blend and 8 g of NutraFlora® scFOS®*) to help meet daily fiber needs. Fiber helps maintain bowel function.
- 1 Includes 1.9 g of scFOS/8 fl oz (8 g/L and 12 g/1500 mL). scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium & Calcium Caseinates, Soy Protein Isolate, Canola Oil, Corn Oil, Short-Chain Fructooligosaccharides, Medium-Chain Triglycerides, Soy Fiber, Oat Fiber, Calcium Phosphate, Magnesium Phosphate, Potassium Citrate, Gum Arabic, Soy Lecithin, Potassium Chloride, Cellulose Gum, Salt, Ascorbic Acid, Choline Chloride, Sodium Citrate, L-Carnitine, Taurine, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
53118	Jevity 1.2 Cal / 8-fl-oz (237-fl-oz) Can / 24 ct
62667	Jevity 1.2 Cal / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
62683	Jevity 1.2 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64625	Jevity 1.2 Cal / 8-fl-oz (237-fl-oz) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	13.2		55.5		83.3	
Fat, g	9.3		39.3		59.0	
Carbohydrate, g	40.2*		169.4		254.0	
Dietary Fiber, g	4.3*		18.0*		27.0*	
L-Carnitine, mg	36		150		225	
Taurine, mg	36		150		225	
Water, g/mL/cc	191		807		1211	
Calories	285		1200		1800	
Vitamin A, IU	1190†		5000†		7500†	
Beta-Carotene, mg	0.60		2.5		3.8	
Vitamin D, IU	96		400		600	
Vitamin E, IU	11		45		68	
Vitamin K, mcg	20		80		120	
Vitamin C, mg	72		300		450	
Folic Acid, mcg	145		600		900	
Thiamin (Vitamin B1), mg	0.55		2.3		3.5	
Riboflavin (Vitamin B2), mg	0.62		2.6		3.9	
Vitamin B6, mg	0.72		3.0		4.5	
Vitamin B12, mcg	2.2		9.0		14.0	
Niacin, mg	7.2		30		45	
Choline, mg	145		600		900	
Biotin, mcg	110		450		675	
Pantothenic Acid, mg	3.6		15		23	
Sodium, mg	325		1350		2030	
Sodium, mEq	14.1		58.7		88.3	
Potassium, mg	440		1850		2780	
Potassium, mEq	11.3		47.4		71.3	
Chloride, mg	360		1500		2250	
Chloride, mEq	10.2		42.4		63.6	
Calcium, mg	285		1200		1800	
Phosphorus, mg	285		1200		1800	
Magnesium, mg	96		400		600	
Iodine, mcg	36		150		225	
Manganese, mg	1.2		5.0		7.5	
Copper, mg	0.48		2.0		3.0	
Zinc, mg	5.5		23		34	
Iron, mg	4.3		18		27	
Selenium, mcg	17		70		105	
Chromium, mcg	29		120		180	

For more information, contact your Abbott Nutrition Representative or visit www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Molybdenum, mcg	36		150		225	

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*2.4 g of total dietary fiber from a unique fiber blend and 1.9 g of short-chain fructooligosaccharides.

†795 IU of vitamin A activity supplied by 0.60 mg beta-carotene.

Per 1000 mL (1.1 QT)

*10.0 g of total dietary fiber from a unique fiber blend and 8.0 g of fructooligosaccharides.

†3320 IU of vitamin A activity supplied by 2.5 mg beta-carotene.

Per 1500 mL (1.6 QT)

*15.0 g of total dietary fiber from a unique fiber blend and 12.0 g of fructooligosaccharides.

†4980 IU of vitamin A activity supplied by 3.8 mg beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, re-close or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Jevity® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Jevity® 1.5 Cal

Complete, Balanced Nutrition® with fiber and NutraFlora® scFOS®

- 1 JEVITY 1.5 CAL is a calorically dense formula with a unique fiber blend that provides Complete, Balanced Nutrition®.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 May be used for oral feeding of patients with altered taste perception.
- 1 Use under medical supervision.
- 1 Concentrated calories (1.5 Cal/mL) to help tube-fed patients gain and maintain healthy weight.
- 1 22 grams of dietary fiber in 1 Liter (12 g of a unique soluble and insoluble fiber blend and 10 g of short-chain fructooligosaccharides [scFOS]), which helps meet daily fiber needs. Fiber helps moderate bowel function.
- 1 Includes 15 g NutraFlora® scFOS® /1500 mL. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1500 Cal (1 Liter).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium & Calcium Caseinates, Canola Oil, Corn Oil, Soy Protein Isolate, Short-Chain Fructooligosaccharides, Medium-Chain Triglycerides, Oat Fiber, Soy Fiber, Potassium Citrate, Calcium Phosphate, Gum Arabic, Sodium Citrate, Magnesium Phosphate, Soy Lecithin, Magnesium Chloride, Cellulose Gum, Ascorbic Acid, Choline Chloride, Potassium Chloride, Taurine, L-Carnitine, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
57333	Jevity 1.5 Cal / 8-fl-oz (237-mL) Can / 24 ct
62681	Jevity 1.5 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
62689	Jevity 1.5 Cal / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
64628	Jevity 1.5 Cal / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	15.1		63.8		95.7	
Fat, g	11.8		49.8		74.7	
Carbohydrate, g	51.1*		215.7		323.6	
Dietary Fiber, g	5.3*		22.0*		33.0*	
L-Carnitine, mg	36		150		225	
Taurine, mg	36		150		225	
Water, g/mL/cc	180		760		1140	
Calories	355		1500		2250	
Vitamin A, IU	1185		5000		7500	
Vitamin D, IU	95		400		600	
Vitamin E, IU	11		45		68	
Vitamin K, mcg	19		80		120	
Vitamin C, mg	72		300		450	
Folic Acid, mcg	145		600		900	
Thiamin (Vitamin B1), mg	0.54		2.3		3.4	
Riboflavin (Vitamin B2), mg	0.61		2.6		3.9	
Vitamin B6, mg	0.72		3.0		4.5	
Vitamin B12, mcg	2.2		9.0		14	
Niacin, mg	7.2		30		45	
Choline, mg	145		600		900	
Biotin, mcg	110		450		675	
Pantothenic Acid, mg	3.6		15		23	
Sodium, mg	330		1400		2100	
Sodium, mEq	14.3		60.9		91.3	
Potassium, mg	510		2150		3225	
Potassium, mEq	13.1		55.1		82.7	
Chloride, mg	320		1360		2040	
Chloride, mEq	9.0		38.4		57.6	
Calcium, mg	285		1200		1800	
Phosphorus, mg	285		1200		1800	
Magnesium, mg	95		400		600	
Iodine, mcg	36		150		225	
Manganese, mg	1.2		5.0		7.5	
Copper, mg	0.48		2.0		3.0	
Zinc, mg	5.4		23		34	
Iron, mg	4.3		18		27	
Selenium, mcg	17		70		105	
Chromium, mcg	29		120		180	
Molybdenum, mcg	36		150		225	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*2.9 g of total dietary fiber from a unique fiber blend and 2.4 g of short-chain fructooligosaccharides

Per 1000 mL (1.1 QT)

*12.0 g of total dietary fiber from a unique fiber blend and 10.0 g of fructooligosaccharides.

Per 1500 mL (1.6 QT)

*18.0 g of total dietary fiber from a unique fiber blend and 15.0 g of fructooligosaccharides.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Category: Juven

Juven®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Juven®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 JUVEN is a targeted therapeutic nutrition drink mix that has been clinically shown to support wound healing in as little as 2 weeks,^{*}¹ and to help build and maintain lean body mass (LBM) in 4 weeks.^{†,2}
- 1 Two packets per day are recommended to:
 - Significantly increase collagen formation in 2 weeks.¹
 - Support tissue building.^{1,2,3}
 - Increase LBM in 4 weeks in patients with illness-related weight loss.²
- 1 Administer orally or as a modular via feeding tube
 - Use as part of a complete, balanced diet.
 - Not for IV use.
- 1 Use under medical supervision.
- 1 CaHMB (calcium β-hydroxy-β-methylbutyrate) – a metabolite of leucine that helps produce new tissue by slowing down muscle breakdown and enhancing protein synthesis.
- 1 Arginine – a conditionally essential amino acid⁴ that supports blood flow and is a building block for proteins, which can contribute to wound healing.
- 1 Glutamine – a conditionally essential amino acid⁴ that is involved in fibroblastic formation of collagen and supports nitrogen metabolism.
- 1 Collagen Protein – a protein shown to increase the rate of wound healing.
- 1 Micronutrients – (Vitamins C, E, B12 and Zinc) are important nutrients for the wound healing process.
- 1 Mixes easily into water or juice.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Kosher.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for IV use.

^{*} In healthy elderly.

[†] In patients with cancer cachexia.

¹ Williams JZ, et al. *Ann Surg* 2002;236:369-375.

² May PE, et al. *Am J Surg* 2002;183:471-479.

³ Clark RH, et al. *JPEN* 2000;24:133-139.

⁴ Food and Nutrition Board, Institute of Medicine, National Academies. *The National Academies Press, Washington, DC. 2005:593, 594.*

Ingredients

Powder Orange:

L-Glutamine, L-Arginine, Citric Acid, Hydrolyzed Beef Collagen, Sugar, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Natural & Artificial Flavor, Ascorbic Acid, dl-Alpha-Tocopheryl Acetate, Aspartame, Zinc Sulfate, Acesulfame Potassium, Yellow 6, and Vitamin B12.

Allergens: Phenylketonurics: Contains phenylalanine.

Availability

List Number	Item
54000	Juven Powder Unflavored / 0.68-oz (19.3-g) pouch / 6 x 30 ct
56094	Juven Powder Unflavored / 0.68-oz (19.3-g) pouch / 30 ct
56431	Juven Powder Fruit Punch / 0.85-oz (24-g) pouch / 6 x 30 ct
56433	Juven Powder Fruit Punch / 0.85-oz (24-g) pouch / 30 ct
56622	Juven Powder Fruit Punch / 0.85-oz (24-g) pouch / 6 x 8 ct
56625	Juven Powder Orange / 0.85-oz (24-g) pouch / 6 x 8 ct
57935	Juven Powder Orange / 0.85-oz (24-g) pouch / 6 x 30 ct
58012	Juven Powder Orange / 0.85-oz (24-g) pouch / 30 ct
66674	Juven Powder Orange / 0.97-oz (27.5 g) pouch / 6 x 30 ct
66680	Juven Powder Fruit Punch / 1.02-oz (28.8 g) pouch / 6 x 30 ct
66686	Juven Powder Unflavored / 0.82-oz (23.0-g) pouch / 6 x 30 ct
66689	Juven Powder Orange / 0.97-oz (27.5-g) pouch / 6 x 8 ct
66691	Juven Powder Fruit Punch / 1.02-oz (28.8 g) pouch / 6 x 8 ct
66693	Juven Powder Orange / 0.97-oz (27.5-g) pouch / 30 ct
66694	Juven Powder Fruit Punch / 1.02-oz (28.8 g) pouch / 30 ct
66695	Juven Powder Unflavored / 0.82-oz (23.0-g) pouch / 30 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Orange

	27.5 g (1 packet)	
	Value	%RDI / %DV
Calories	90	
L-Arginine, g	7	
L-Glutamine, g	7	
Protein (Collagen), g	2.5	
Carbohydrate, g	8.4	
Sugars, g	2	
Vitamin C, mg	300	
Vitamin E, mg	15	
Vitamin B12, mcg	1.2	
Calcium, mg	200	
Zinc, mg	9.5	
Calcium Beta-hydroxy-Beta-methylbutyrate, g	1.5	

Preparation

Instructions for Use:

- 1 Drink 2 packets daily in addition to your regular diet.
- 1 Mix contents of packet with 8 to 10 fl oz of juice or water.
- 1 Use as part of a complete, balanced diet.
- 1 Best when mixed at room temperature. To serve cold, add ice cubes after mixing.

Product Category: Metabolic

Cyclinex®-2
Glutarex®-2
Hominex®-2
I-Valex®-2
Ketonex®-2
Phenex®-2
Propimex®-2
ProViMin®
Tyrex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Cyclinex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Cyclinex®-2

Amino Acid-Modified Medical Food



- 1 Nutrition support of children and adults with a urea cycle disorder, gyrate atrophy or HHH syndrome.
- 1 Nonessential amino acid-free.
- 1 Use under medical supervision.
- 1 Nutrient profile specifically designed for children and adults.
- 1 When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- 1 Nonessential amino acid-free to decrease the ingestion of waste nitrogen.
- 1 Approximately 35% of energy as fat to help supply essential fatty acids.
- 1 Additional vitamins and minerals to compensate for nutrient losses due to nitrogen-scavenger medications.
- 1 L-carnitine (370 mg/100 g) and taurine (60 mg/100 g) to help supply amounts normally found in foods of animal origin.
- 1 Halal.
- 1 Gluten-free.
- 1 Lactose-free.

Safety Precautions

- 1 Give only to children and adults with a proven urea cycle disorder, gyrate atrophy or HHH syndrome who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet protein and water requirements.
- 1 Not intended as a sole source of nutrition.
- 1 Not for infants under 1 year of age.
- 1 Do not heat or use in cooking.
- 1 Not for IV use.
- 1 Warning: This medical food should not be heated or used in cooking.

Ingredients

Powder Unflavored:

Corn Syrup Solids, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Leucine, L-Lysine Acetate, Calcium Phosphate, L-Valine, L-Isoleucine, Magnesium Phosphate, Potassium Chloride. Less than 2% of the Following: L-Tyrosine, L-Threonine, L-Phenylalanine, Silicon Dioxide, DITEM, Potassium Citrate, Potassium Phosphate, L-Cystine Dihydrochloride, L-Histidine, L-Methionine, L-Tryptophan, L-Carnitine, Calcium Carbonate, Ascorbic Acid, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Chromium Chloride, Potassium Iodide, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51146	Cyclinex-2 Powder / 14.1-oz (400-g) can / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	15.0	
Fat, g	17.0	
Carbohydrate, g	45.0	
Linoleic Acid, mg	2800	
Linolenic Acid, mg	275	
L-Carnitine, mg	370	
Calories	440	
Vitamin A, IU	3025	
Vitamin A, mcg RE	908	
Vitamin D, IU	325	
Vitamin D, mcg	8.1	
Vitamin E, IU	24	
Vitamin E, mg alpha-TE	16.1	
Vitamin K, mcg	70	
Thiamin (Vitamin B1), mg	4.0	
Riboflavin (Vitamin B2), mg	2.4	
Vitamin B6, mg	1.8	
Vitamin B12, mcg	7.3	
Niacin, mg	21	
Niacin, mg NE	30.3	
Folic Acid (Folacin), mcg	530	
Pantothenic Acid, mg	10.9	
Biotin, mcg	150	
Vitamin C (Ascorbic Acid), mg	75	
Choline, mg	130	
Inositol, mg	110	
Calcium, mg	1150	
Phosphorus, mg	1020	
Magnesium, mg	300	
Iron, mg	17	
Zinc, mg	17	
Manganese, mg	1.0	
Copper, mg	1.3	
Iodine, mcg	150	
Selenium, mcg	37	
Chromium, mcg	37	
Molybdenum, mcg	40	
Sodium, mg	1175	
Sodium, mEq	51.1	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1800	
Potassium, mEq	46.0	
Chloride, mg	1325	
Chloride, mEq	37.4	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Cyclinex-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, **use within 1 hour or discard.**

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Cyclinex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, Cyclinex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Product Information: Glutarex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glutarex®-2

Amino Acid-Modified Medical Food

- 1 Nutrition support of children and adults with glutaric aciduria type I.
- 1 Lysine- and tryptophan-free.
- 1 Use under medical supervision.
- 1 Nutrient profile specifically designed for children and adults.
- 1 When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- 1 Lysine- and tryptophan-free to allow greater intake of intact protein.
- 1 30% of energy as fat to help supply essential fatty acids.
- 1 L-carnitine (1800 mg/100 g) to help supply amount normally found in foods of animal origin and to help excrete toxic metabolites.
- 1 Taurine (50 mg/100 g) to help supply amount normally found in foods of animal origin.
- 1 Halal.
- 1 Gluten-free.
- 1 Lactose-free.



Safety Precautions

- 1 Give only to children and adults with proven glutaric aciduria type I who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet lysine, tryptophan and water requirements.
- 1 Not intended as a sole source of nutrition.
- 1 Not for IV use.
- 1 Not for infants under 1 year of age.
- 1 Do not heat or use in cooking.
- 1 This medical food should not be heated or used in cooking.

Ingredients

Powder Unflavored:

Corn Syrup Solids, L-Glutamic Acid, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Leucine, L-Proline, L-Aspartic Acid, L-Arginine, L-Valine, L-Alanine, Calcium Phosphate, L-Isoleucine, Glycine, L-Carnitine, L-Tyrosine. Less than 2% of the Following: L-Phenylalanine, Magnesium Phosphate, Potassium Chloride, L-Serine, L-Threonine, Silicon Dioxide, L-Histidine, DATEM, Potassium Citrate, Potassium Phosphate, L-Methionine, L-Cystine Dihydrochloride, Calcium Carbonate, Ascorbic Acid, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Chromium Chloride, Potassium Iodide, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51142	Glutarex-2 Powder / 14.1-oz (400-g) can / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	30.0	
Fat, g	13.0	
Carbohydrate, g	35.0	
Linoleic Acid, mg	2200	
Linolenic Acid, mg	225	
L-Carnitine, mg	1800	
Calories	410	
Vitamin A, IU	2200	
Vitamin A, mcg RE	660	
Vitamin D, IU	300	
Vitamin D, mcg	7.5	
Vitamin E, IU	18	
Vitamin E, mg alpha-TE	12.1	
Vitamin K, mcg	60	
Thiamin (Vitamin B1), mg	3.3	
Riboflavin (Vitamin B2), mg	1.8	
Vitamin B6, mg	1.3	
Vitamin B12, mcg	5.0	
Niacin, mg	16	
Niacin, mg NE	16	
Folic Acid (Folacin), mcg	430	
Pantothenic Acid, mg	8.0	
Biotin, mcg	100	
Vitamin C (Ascorbic Acid), mg	60	
Choline, mg	100	
Inositol, mg	70	
Calcium, mg	880	
Phosphorus, mg	760	
Magnesium, mg	225	
Iron, mg	13	
Zinc, mg	13	
Manganese, mg	0.8	
Copper, mg	1.0	
Iodine, mcg	100	
Selenium, mcg	35	
Chromium, mcg	27	
Molybdenum, mcg	30	
Sodium, mg	880	
Sodium, mEq	38.3	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1370	
Potassium, mEq	35.0	
Chloride, mg	940	
Chloride, mEq	26.5	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Glutarex-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, **use within 1 hour or discard.**

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Glutarex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, Glutarex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Product Information: Hominex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Hominex®-2

Amino Acid-Modified Medical Food



- 1 Nutrition support of children and adults with vitamin B6-nonresponsive homocystinuria or hypermethioninemia.
- 1 Methionine-free.
- 1 Use under medical supervision.
- 1 Nutrient profile specifically designed for children and adults.
- 1 When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- 1 Methionine-free to allow greater intake of intact protein.
- 1 30% of energy as fat to help supply essential fatty acids.
- 1 L-cystine, *in a soluble form*, an essential amino acid that is often deficient in diets of children and adults with homocystinuria.
- 1 L-carnitine (40 mg/100 g) and taurine (50 mg/100 g) to help supply amounts normally found in foods of animal origin.
- 1 Halal.
- 1 Gluten-free.
- 1 Lactose-free.

Safety Precautions

- 1 Give only to children and adults with proven vitamin B6-nonresponsive homocystinuria or hypermethioninemia who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet methionine and water requirements.
- 1 Not intended as a sole source of nutrition.
- 1 Not for IV use.
- 1 Do not heat or use in cooking.
- 1 Not for infants under 1 year of age.
- 1 This medical food should not be heated or used in cooking.

Ingredients

Powder Unflavored:

Corn Syrup Solids, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Leucine, L-Lysine Acetate, L-Proline, L-Glutamine, L-Valine, Calcium Phosphate, L-Isoleucine, L-Arginine, Glycine, L-Alanine, L-Tyrosine. Less than 2% of the Following: Magnesium Phosphate, L-Phenylalanine, Potassium Chloride, L-Asparagine, L-Serine, L-Threonine, L-Cystine Dihydrochloride, Silicon Dioxide, L-Histidine, DATEM, Potassium Citrate, Potassium Phosphate, L-Glutamic Acid, L-Tryptophan, L-Aspartic Acid, Calcium Carbonate, Ascorbic Acid, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, L-Carnitine, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Chromium Chloride, Potassium Iodide, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51118	Hominex-2 Powder / 14.1-oz (400-g) can / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	30.0	
Fat, g	14.0	
Carbohydrate, g	35.0	
Linoleic Acid, mg	2200	
Linolenic Acid, mg	225	
L-Carnitine, mg	40	
Calories	410	
Vitamin A, IU	2200	
Vitamin A, mcg RE	660	
Vitamin D, IU	300	
Vitamin D, mcg	7.5	
Vitamin E, IU	18	
Vitamin E, mg alpha-TE	12.1	
Vitamin K, mcg	60	
Thiamin (Vitamin B1), mg	3.3	
Riboflavin (Vitamin B2), mg	1.8	
Vitamin B6, mg	1.3	
Vitamin B12, mcg	5.0	
Niacin, mg	16	
Niacin, mg NE	21.7	
Folic Acid (Folacin), mcg	450	
Pantothenic Acid, mg	8.0	
Biotin, mcg	100	
Vitamin C (Ascorbic Acid), mg	60	
Choline, mg	100	
Inositol, mg	70	
Calcium, mg	880	
Phosphorus, mg	760	
Magnesium, mg	225	
Iron, mg	13	
Zinc, mg	13	
Manganese, mg	0.8	
Copper, mg	1.0	
Iodine, mcg	100	
Selenium, mcg	35	
Chromium, mcg	27	
Molybdenum, mcg	30	
Sodium, mg	880	
Sodium, mEq	38.3	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1370	
Potassium, mEq	35.0	
Chloride, mg	1160	
Chloride, mEq	32.7	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Hominex-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, **use within 1 hour or discard.**

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Hominex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, Hominex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Product Information: I-Valex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com



- 1 Nutrition support of children and adults with a disorder of leucine catabolism.
- 1 Leucine-free.
- 1 Use under medical supervision.
- 1 Nutrient profile specifically designed for children and adults.
- 1 When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- 1 Leucine-free to allow greater intake of intact protein.
- 1 30% of energy as fat to help supply essential fatty acids.
- 1 Isoleucine and valine to help prevent deficiency of these amino acids.
- 1 Glycine (2000 mg/100 g) to bind with acyl groups and help enhance their excretion in a nontoxic form.
- 1 L-carnitine (1800 mg/100 g) to help supply amount normally found in foods of animal origin and help excrete toxic metabolites.
- 1 Halal.
- 1 Gluten-free.
- 1 Lactose-free.

Safety Precautions

- 1 Give only to children and adults with a proven disorder of leucine catabolism who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet leucine and water requirements.
- 1 Not intended as a sole source of nutrition.
- 1 Do not heat or use in cooking.
- 1 Not for IV use.
- 1 Not for infants under 1 year of age.
- 1 This medical food should not be heated or used in cooking.

Ingredients

Powder Unflavored:

Corn Syrup Solids, L-Alanine, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Glutamic Acid, L-Aspartic Acid, L-Arginine, L-Proline, L-Lysine Acetate, Calcium Phosphate, L-Glycine, L-Carnitine, L-Tyrosine. Less than 2% of the Following: L-Phenylalanine, Magnesium Phosphate, Potassium Chloride, L-Serine, L-Threonine, Silicon Dioxide, L-Valine, L-Isoleucine, L-Histidine, DITEM, Potassium Citrate, Potassium Phosphate, L-Methionine, L-Cystine Dihydrochloride, L-Tryptophan, Calcium Carbonate, Ascorbic Acid, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Chromium Chloride, Potassium Iodide, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51138	I-Valex-2 Powder / 14.1-oz (400-g) can / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	30.0	
Fat, g	13.0	
Carbohydrate, g	35.0	
Linoleic Acid, mg	2200	
Linolenic Acid, mg	225	
L-Carnitine, mg	1800	
Calories	410	
Vitamin A, IU	2200	
Vitamin A, mcg RE	660	
Vitamin D, IU	300	
Vitamin D, mcg	7.5	
Vitamin E, IU	18	
Vitamin E, mg alpha-TE	12.1	
Vitamin K, mcg	60	
Thiamin (Vitamin B1), mg	3.3	
Riboflavin (Vitamin B2), mg	1.8	
Vitamin B6, mg	1.3	
Vitamin B12, mcg	5.0	
Niacin, mg	16	
Niacin, mg NE	21.7	
Folic Acid (Folacin), mcg	430	
Pantothenic Acid, mg	8.0	
Biotin, mcg	100	
Vitamin C (Ascorbic Acid), mg	60	
Choline, mg	100	
Inositol, mg	70	
Calcium, mg	880	
Phosphorus, mg	760	
Magnesium, mg	225	
Iron, mg	13	
Zinc, mg	13	
Manganese, mg	0.8	
Copper, mg	1.0	
Iodine, mcg	100	
Selenium, mcg	35	
Chromium, mcg	27	
Molybdenum, mcg	30	
Sodium, mg	880	
Sodium, mEq	38.3	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1370	
Potassium, mEq	35.0	
Chloride, mg	940	
Chloride, mEq	26.5	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of I-Valex-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, **use within 1 hour or discard.**

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix I-Valex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, I-Valex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Product Information: Ketonex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ketonex®-2

Amino Acid-Modified Medical Food

- 1 Nutrition support of children and adults with maple syrup urine disease (MSUD).
- 1 Isoleucine-, leucine- and valine-free.
- 1 Use under medical supervision.
- 1 Nutrient profile specifically designed for children and adults.
- 1 When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- 1 Branched-chain amino acid-free to allow greater intake of intact protein.
- 1 30% of energy as fat to help supply essential fatty acids.
- 1 L-carnitine (200 mg/100 g) and taurine (50 mg/100 g) to help supply amounts normally found in foods of animal origin.
- 1 Halal.



Safety Precautions

- 1 Not intended as a sole source of nutrition.
- 1 Give only to children and adults with proven maple syrup urine disease who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet isoleucine, leucine, valine and water requirements.
- 1 Not for infants under 1 year of age.
- 1 Do not heat or use in cooking.

Ingredients

Powder Unflavored:

Corn Syrup Solids, L-Alanine, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Proline, L-Lysine Acetate, L-Arginine, Calcium Phosphate, L-Glutamine, Glycine, Magnesium Phosphate, Potassium Chloride, L-Tyrosine. Less than 2% of the Following: L-Serine, L-Phenylalanine, L-Asparagine, L-Threonine, Silicon Dioxide, DATEM, L-Histidine, Potassium Citrate, Potassium Phosphate, L-Methionine, L-Glutamic Acid, L-Cystine Dihydrochloride, L-Tryptophan, L-Aspartic Acid, Calcium Carbonate, Ascorbic Acid, L-Carnitine, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Chromium Chloride, Potassium Iodide, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51114	Ketonex-2 Powder / 14.1-oz (400-g) can / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	30.0	
Fat, g	14.0	
Carbohydrate, g	35.0	
Linoleic Acid, mg	2200	
Linolenic Acid, mg	225	
L-Carnitine, mg	200	
Calories	410	
Vitamin A, IU	2200	
Vitamin A, mcg RE	660	
Vitamin D, IU	300	
Vitamin D, mcg	7.5	
Vitamin E, IU	18	
Vitamin E, mg alpha-TE	12.1	
Vitamin K, mcg	60	
Thiamin (Vitamin B1), mg	3.3	
Riboflavin (Vitamin B2), mg	1.8	
Vitamin B6, mg	1.3	
Vitamin B12, mcg	5.0	
Niacin, mg	16	
Niacin, mg NE	21.7	
Folic Acid (Folacin), mcg	450	
Pantothenic Acid, mg	8.0	
Biotin, mcg	100	
Vitamin C (Ascorbic Acid), mg	60	
Choline, mg	100	
Inositol, mg	70	
Calcium, mg	880	
Phosphorus, mg	760	
Magnesium, mg	225	
Iron, mg	13	
Zinc, mg	13	
Manganese, mg	0.8	
Copper, mg	1.0	
Iodine, mcg	100	
Selenium, mcg	35	
Chromium, mcg	27	
Molybdenum, mcg	30	
Sodium, mg	880	
Sodium, mEq	38.3	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1370	
Potassium, mEq	35.0	
Chloride, mg	940	
Chloride, mEq	26.5	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Ketonex-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, **use within 1 hour or discard.**

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Ketonex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, Ketonex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Product Information: Phenex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Phenex®-2

Amino Acid-Modified Medical Food

- 1 Nutrition support of children and adults with phenylketonuria (PKU).
- 1 Phenylalanine-free.
- 1 Use under medical supervision.
- 1 Phenylalanine-free to allow greater intake of intact protein.
- 1 L-tyrosine, an essential amino acid that is often deficient in patients with PKU.
- 1 L-carnitine (40 mg/100 g) and taurine (50 mg/100 g) to help supply amounts normally found in foods of animal origin.
- 1 Approximately 30% of energy as fat to help supply essential fatty acids.
- 1 Nutrient profile specifically designed for children and adults.
- 1 When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Halal.



Safety Precautions

- 1 Do not heat or use in cooking.
- 1 Not intended as a sole source of nutrition.
- 1 Give only to children and adults with proven phenylketonuria (PKU) who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet phenylalanine and water requirements.
- 1 Not for infants under 1 year of age.
- 1 Not for IV use.

Ingredients

Powder Unflavored:

Corn Syrup Solids, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Leucine, L-Tyrosine, L-Proline, L-Lysine Acetate, L-Glutamine, L-Valine, Calcium Phosphate, L-Isoleucine, L-Arginine, L-Alanine, Glycine, Magnesium Phosphate. Less than 2% of the Following: Potassium Chloride, L-Asparagine, L-Serine, L-Threonine, Silicon Dioxide, L-Histidine, DATEM, Potassium Citrate, Potassium Phosphate, L-Methionine, L-Glutamic Acid, L-Cystine Dihydrochloride, L-Tryptophan, L-Aspartic Acid, Calcium Carbonate, Ascorbic Acid, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, L-Carnitine, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Chromium Chloride, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51122	Phenex-2 Powder / 14.1-oz (400-g) can / 6 ct
55755	Phenex-2 Powder Vanilla / 14.1-oz (400 g) can / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	30.0	
Fat, g	14.0	
Carbohydrate, g	35.0	
Linoleic Acid, mg	2200	
Linolenic Acid, mg	225	
L-Carnitine, mg	40	
Calories	410	
Vitamin A, IU	2200	
Vitamin A, mcg RE	660	
Vitamin D, IU	300	
Vitamin D, mcg	7.5	
Vitamin E, IU	18	
Vitamin E, mg alpha-TE	12.1	
Vitamin K, mcg	60	
Thiamin (Vitamin B1), mg	3.3	
Riboflavin (Vitamin B2), mg	1.8	
Vitamin B6, mg	1.3	
Vitamin B12, mcg	5.0	
Niacin, mg	16	
Niacin, mg NE	21.7	
Folic Acid (Folacin), mcg	450	
Pantothenic Acid, mg	8.0	
Biotin, mcg	100	
Vitamin C (Ascorbic Acid), mg	60	
Choline, mg	100	
Inositol, mg	70	
Calcium, mg	880	
Phosphorus, mg	760	
Magnesium, mg	225	
Iron, mg	13	
Zinc, mg	13	
Manganese, mg	0.8	
Copper, mg	1.0	
Iodine, mcg	100	
Selenium, mcg	35	
Chromium, mcg	27	
Molybdenum, mcg	30	
Sodium, mg	880	
Sodium, mEq	38.3	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1370	
Potassium, mEq	35.0	
Chloride, mg	940	
Chloride, mEq	26.5	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Phenex-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, **use within 1 hour or discard.**

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Phenex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, Phenex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Product Information: Propimex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Propimex®-2

Amino Acid-Modified Medical Food



- 1 Nutrition support of children and adults with propionic or methylmalonic acidemia.
- 1 Methionine- and valine-free; low in isoleucine and threonine.
- 1 Use under medical supervision.
- 1 Methionine- and valine-free to allow greater intake of intact protein; low in isoleucine and threonine.
- 1 L-carnitine (1800 mg/100 g) to help supply amount normally found in foods of animal origin and to help excrete toxic metabolites.
- 1 Taurine (50 mg/100 g) to help supply amount normally found in foods of animal origin.
- 1 Approximately 30% of energy as fat to help supply essential fatty acids.
- 1 Nutrient profile specifically designed for children and adults.
- 1 When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Halal.

Safety Precautions

- 1 Give only to children and adults with proven propionic acidemia or methylmalonic acidemia who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet isoleucine, methionine, threonine, valine and water requirements.
- 1 Not for infants under 1 year of age.
- 1 Do not heat or use in cooking.
- 1 Not intended as a sole source of nutrition.
- 1 Not for IV use.

Ingredients

Powder Unflavored:

Corn Syrup Solids, L-Alanine, L-Glutamic Acid, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Proline, L-Aspartic Acid, L-Arginine, L-Lysine Acetate, L-Leucine, Calcium Phosphate, L-Carnitine, L-Tyrosine. Less than 2% of the Following: L-Phenylalanine, L-Serine, Magnesium Phosphate, Potassium Chloride, L-Cystine Dihydrochloride, Silicon Dioxide, Glycine, L-Histidine, DATEM, Potassium Citrate, Potassium Phosphate, L-Tryptophan, L-Isoleucine, Calcium Carbonate, Ascorbic Acid, L-Threonine, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Chromium Chloride, Potassium Iodide, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51134	Propimex-2 Powder / 14.1-oz (400-g) can / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	30.0	
Fat, g	13.0	
Carbohydrate, g	35.0	
Linoleic Acid, mg	2200	
Linolenic Acid, mg	225	
L-Carnitine, mg	1800	
Calories	410	
Vitamin A, IU	2200	
Vitamin A, mcg RE	660	
Vitamin D, IU	300	
Vitamin D, mcg	7.5	
Vitamin E, IU	18	
Vitamin E, mg alpha-TE	12.1	
Vitamin K, mcg	60	
Thiamin (Vitamin B1), mg	3.3	
Riboflavin (Vitamin B2), mg	1.8	
Vitamin B6, mg	1.3	
Vitamin B12, mcg	5.0	
Niacin, mg	16	
Niacin, mg NE	21.7	
Folic Acid (Folacin), mcg	430	
Pantothenic Acid, mg	8.0	
Biotin, mcg	100	
Vitamin C (Ascorbic Acid), mg	60	
Choline, mg	100	
Inositol, mg	70	
Calcium, mg	880	
Phosphorus, mg	760	
Magnesium, mg	225	
Iron, mg	13	
Zinc, mg	13	
Manganese, mg	0.8	
Copper, mg	1.0	
Iodine, mcg	100	
Selenium, mcg	35	
Chromium, mcg	27	
Molybdenum, mcg	30	
Sodium, mg	880	
Sodium, mEq	38.3	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1370	
Potassium, mEq	35.0	
Chloride, mg	1160	
Chloride, mEq	32.7	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Propimex-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, **use within 1 hour or discard.**

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Propimex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, Propimex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- 1 Store prepared, closed container of the 24-hour supply in refrigerator at 35-40° F (2-4° C).
- 1 For cup feeding, shake well and pour mixture into cup and serve immediately.
- 1 **Use within 24 hours after mixing**
- 1 Store unopened cans at room temperature; avoid extreme temperatures.
- 1 **Use contents within 1 month.**

Product Information: ProViMin®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com



- 1 For use in the management of patients who require a formula modified in carbohydrate, fat, and/or increased protein: abetalipoproteinemia; cholestasis; chylothorax; fatty acid oxidation defects; glutaric aciduria type II; hyperlipoproteinemia type I (fasting chylomicronemia); hypobetalipoproteinemia; lymphangiectasis, intestinal malabsorption of carbohydrate and/or fat; supplement for any patient who requires increased protein, minerals, and vitamins; X-linked adrenoleukodystrophy.
- 1 Use under medical supervision.
- 1 High-quality source of protein (casein).
- 1 Virtually carbohydrate- and fat-free; provides flexibility in prescribing a formula in which the amount and type of carbohydrate and fat can be added per individual infant's need and tolerance.
- 1 Meets the Dietary Reference Intakes and the American Academy of Pediatrics Committee on Nutrition (AAPCON) recommendations for vitamin and mineral intakes for infants when fed at a dilution of 3.25 g protein/100 Cal.
- 1 Calcium-to-phosphorus ratio of 1.4:1, which is similar to that of standard infant formulas and meets AAPCON recommendations for that ratio.
- 1 L-carnitine (40 mg/100 g) and taurine (110 mg/100 g).
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.

Safety Precautions

- 1 Does not supply sufficient amounts of energy as carbohydrate, fat or linoleic acid. These nutrients should be supplied from other sources under the supervision of a physician.
- 1 Not for IV use.
- 1 Do not boil mixture or use terminal sterilization.
- 1 **Never use a microwave oven to prepare or warm mixture.** Serious burns can result.

Ingredients

Powder Unflavored:

Sodium Caseinate, Calcium Phosphate, Potassium Citrate, Potassium Chloride. Less than 2% of: Magnesium Chloride, Ascorbic Acid, Coconut Oil, Choline Chloride, Ferrous Sulfate, Taurine, m-Inositol, L-Methionine, d-Alpha-Tocopheryl Acetate, Zinc Sulfate, L-Carnitine, Niacinamide, Calcium Pantothenate, Vitamin A Palmitate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Potassium Iodide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Vitamin B12, Salt, and Calcium Carbonate.

Allergens: Contains milk ingredients.

Availability

List Number	Item
50260	ProViMin Powder / 5.3-oz (150-g) can / 6 ct

Nutrition Information - Powder Unflavored

	100 g Powder		100 Cal (5 fl oz)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	73		23	
Fat, g	1.4		0.4	
Carbohydrate, g	2.0		0.6	
Water, g	4.0			
Linoleic Acid, mg	0.0		0.0	
Potential Renal Solute Load, mOsm	673		215	
Calories	313		100	
Vitamin A, IU	6740		2150	
Vitamin D, IU	1000		320	
Vitamin E, IU	67		21	
Vitamin K, mcg	90		29	
Thiamin (Vitamin B1), mcg	2240		716	
Riboflavin (Vitamin B2), mcg	2020		645	
Vitamin B6, mcg	1350		431	
Vitamin B12, mcg	5.6		1.8	
Niacin, mcg	24000		7670	
Folic Acid (Folacin), mcg	320		102	
Pantothenic Acid, mcg	10100		3230	
Biotin, mcg	100		32	
Vitamin C (Ascorbic Acid), mg	200		64	
Choline, mg	335		107	
Inositol, mg	105		34	
Calcium, mg	2400		767	
Calcium, mEq	120		38.4	
Phosphorus, mg	1700		543	
Magnesium, mg	200		64	
Iron, mg	40		13	
Zinc, mg	17		5.4	
Manganese, mcg	200		64	
Copper, mcg	2100		671	
Iodine, mcg	335		107	
Selenium, mcg	46		13	
Sodium, mg	1200		383	
Sodium, mEq	52		17	
Potassium, mg	3300		1050	
Potassium, mEq	84		27	
Chloride, mg	2300		735	
Chloride, mEq	65		21	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Failure to follow these directions could result in harm. If feeding an infant, ask your baby's doctor if you need to use cooled, boiled water for mixing and boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour a small amount of the prescribed liquid into a clean container or blender.
- 1 Add the prescribed amount of ProViMin powder and mix or blend on low speed to make a smooth paste.
- 1 Gradually add remaining liquid (and other ingredients if recommended) to the mixture while stirring or blending. Stir or blend until well blended.
- 1 Pour mixture into clean feeding container; cap.
- 1 Shake well before feeding.

Once feeding begins, **use within 1 hour or discard.**

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Approx. Weight (g)
1 Tbsp	2.9
1/4 Cup	11.0
1/2 Cup	20.0
2/3 Cup	30.0
1 Cup	44.0

* For most accurate results, ProViMin should be weighed on a scale that reads in grams.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Approx. Weight (g)
1 Tbsp	2.9
1/4 Cup	11.0
1/2 Cup	20.0
2/3 Cup	30.0
1 Cup	44.0

* For most accurate results, ProViMin should be weighed on a scale that reads in grams.

Storage & Handling

Storage

- 1 Once mixed, store container in refrigerator and **use within 24 hours.**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Product Information: Tyrex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 Nutrition support of children and adults with tyrosinemia types I, II, and III.
- 1 Phenylalanine- and tyrosine-free.
- 1 Use under medical supervision.
- 1 Phenylalanine- and tyrosine-free to allow greater intake of intact protein.
- 1 L-carnitine (40 mg/100 g) and taurine (50 mg/100 g) to supply amounts normally found in foods of animal origin.
- 1 Approximately 30% of energy as fat to help supply essential fatty acids.
- 1 Nutrient profile specifically designed for children and adults.
- 1 When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Halal.



Safety Precautions

- 1 Give only to children and adults with proven tyrosinemia types I, II, or III who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet phenylalanine, tyrosine and water requirements.
- 1 Not for infants under 1 year of age.
- 1 Do not heat or use in cooking.
- 1 Not intended as a sole source of nutrition.
- 1 Not for IV use.
- 1 This medical food should not be heated or used in cooking.

Ingredients

Powder Unflavored:

Corn Syrup Solids, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Leucine, L-Proline, L-Lysine Acetate, L-Arginine, L-Glutamine, Calcium Phosphate, L-Valine, L-Isoleucine, L-Alanine, Glycine, Magnesium Phosphate, Potassium Chloride. Less than 2% of the Following: L-Asparagine, L-Serine, L-Threonine, Silicon Dioxide, DATEM, L-Histidine, Potassium Citrate, Potassium Phosphate, L-Methionine, L-Glutamic Acid, L-Cystine Dihydrochloride, L-Tryptophan, L-Aspartic Acid, Calcium Carbonate, Ascorbic Acid, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, L-Carnitine, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Chromium Chloride, Potassium Iodide, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51126	Tyrex-2 Powder / 14.1-oz (400-g) can / 6 ct

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	30.0	
Fat, g	14.0	
Carbohydrate, g	35.0	
Linoleic Acid, mg	2200	
Linolenic Acid, mg	225	
L-Carnitine, mg	40	
Calories	410	
Vitamin A, IU	2200	
Vitamin A, mcg RE	660	
Vitamin D, IU	300	
Vitamin D, mcg	7.5	
Vitamin E, IU	18	
Vitamin E, mg alpha-TE	12.1	
Vitamin K, mcg	60	
Thiamin (Vitamin B1), mg	3.3	
Riboflavin (Vitamin B2), mg	1.8	
Vitamin B6, mg	1.3	
Vitamin B12, mcg	5.0	
Niacin, mg	16	
Niacin, mg NE	21.7	
Folic Acid (Folacin), mcg	450	
Pantothenic Acid, mg	8.0	
Biotin, mcg	100	
Vitamin C (Ascorbic Acid), mg	60	
Choline, mg	100	
Inositol, mg	70	
Calcium, mg	880	
Phosphorus, mg	760	
Magnesium, mg	225	
Iron, mg	13	
Zinc, mg	13	
Manganese, mg	0.8	
Copper, mg	1.0	
Iodine, mcg	100	
Selenium, mcg	35	
Chromium, mcg	27	
Molybdenum, mcg	30	
Sodium, mg	880	
Sodium, mEq	38.3	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1370	
Potassium, mEq	35.0	
Chloride, mg	940	
Chloride, mEq	26.5	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Tyrex-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, **use within 1 hour or discard.**

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Tyrex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, Tyrex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

**Product Category:
Nepro®**

Nepro® with Carb Steady®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Nepro® with Carb Steady®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nepro® with Carb Steady®

Therapeutic Nutrition for People on Dialysis

- 1 NEPRO WITH CARBSTEADY® is therapeutic nutrition specifically designed to help meet the nutritional needs of patients on dialysis (Stage 5 chronic kidney disease).
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 In a study of NEPRO as supplemental nutrition¹, patients on dialysis had increased serum albumin, increased serum prealbumin and improved nutritional status (as signified by subjective global assessment).
- 1 Has CARBSTEADY carbohydrate blend designed to help manage blood glucose response.
- 1 Excellent source of high-quality protein (19.1 g /8 fl oz) to help meet nutritional needs and replace protein lost during dialysis.
- 1 Vitamin and mineral profile designed for people on dialysis.
- 1 High in calories—1.8 Cal/mL.
- 1 Low in phosphorus, potassium, and sodium.
- 1 A good source of fiber, including prebiotics.
- 1 Halal (certain flavors).
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.
- 1 **Feeding sets are for single-patient use only. Use clean technique to avoid set and/or product contamination.**

¹ Caglar K, et al. *Kidney Int* 2002;62(3):1054-1059.

Ingredients

Liquid Mixed Berry:

Water, Corn Syrup Solids, Caseinates (Calcium, Magnesium, Sodium), High Oleic Safflower Oil, Canola Oil, Milk Protein Isolate, Sugar, Corn Maltodextrin, Glycerine, Short-Chain Fructooligosaccharides. Less than 1.0% of: Soy Lecithin, Natural & Artificial Flavor, Calcium Citrate, Sodium Citrate, Potassium Citrate, Choline Chloride, Salt, Ascorbic Acid, L-Carnitine, Taurine, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, FD&C Red #3, Calcium Pantothenate, Pyridoxine Hydrochloride, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, FD&C Blue #1, Vitamin A Palmitate, Magnesium Phosphate, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62090	Nepro with Carb Steady Butter Pecan / 8-fl-oz (237-mL) Can / 24 ct
62092	Nepro with Carb Steady Mixed Berry / 8-fl-oz (237-mL) Can / 24 ct
62094	Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62585	Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
62669	Nepro with Carb Steady Homemade Vanilla / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
63176	Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 4 x 4 ct
64796	Nepro with Carb Steady Mixed Berry / 8-fl-oz (237-mL) Carton / 24 ct
64798	Nepro with Carb Steady Butter Pecan / 8-fl-oz (237-mL) Carton / 24 ct
64803	Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Nutrition Information - Liquid Mixed Berry

	8 fl oz (237 mL)	
	Value	%RDI* / %DV
Protein, g	19.1	
Fat, g	22.7	
Saturated Fat, g	2.0	
Trans Fat, g	0.0	
Polyunsaturated Fat, g	4.1	
Monounsaturated Fat, g	16	
Cholesterol, mg	6.5	
Carbohydrate, g	37.9	
Dietary Fiber, g	3.0	
Sugars, g	8.4	
Glycerine, g	2.6	
L-Carnitine, mg	63	
Taurine, mg	38	
Water, g	172	
Calories	425	
Vitamin A, IU	750	15
Vitamin D, IU	20	5
Vitamin E, IU	23	77
Vitamin K, mcg	20	25
Vitamin C, mg	25	42
Folic Acid, mcg	250	63
Thiamin (Vitamin B1), mg	0.56	37
Riboflavin (Vitamin B2), mg	0.64	38
Vitamin B6, mg	2.0	100
Vitamin B12, mcg	2.3	38
Niacin, mg	7.5	38
Choline, mg	150	Not established
Biotin, mcg	120	38
Pantothenic Acid, mg	3.8	38
Sodium, mg	250	Not established
Potassium, mg	250	Not established
Chloride, mg	200	6
Calcium, mg	250	25
Phosphorus, mg	170	17
Magnesium, mg	50	13
Iodine, mcg	38	25
Manganese, mg	0.50	25
Copper, mg	0.50	25
Zinc, mg	6.4	43

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Mixed Berry

	8 fl oz (237 mL)	
	Value	%RDI* / %DV
Iron, mg	4.5	25
Selenium, mcg	18	26
Chromium, mcg	30	25
Molybdenum, mcg	19	25

Liquid Mixed Berry Footnotes & References

Per 8 fl oz (237 mL)

*RDI percentages for adults and children 4 or more years of age.

Preparation

Instructions for Use:

8-fl-oz bottle or can

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, re-close or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow your healthcare professional's recommendations for tube feeding.
- 1 Pump feed at room temperature with an 8 Fr or larger tube; gravity feeding not recommended.
- 1 When used as a sole source of nutrition, additional water may be required and can be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination. NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Pump feeding is recommended; use an 8 Fr or larger tube. Gravity feeding not recommended.
- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Follow Directions for Use provided with feeding set.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Category: Osmolite®

Osmolite® 1.0 Cal
Osmolite® 1.2 Cal
Osmolite® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

**Product Information:
Osmolite® 1.0 Cal**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.0 Cal

Complete, Balanced Nutrition®

- 1 OSMOLITE 1.0 CAL is a tube-feeding formula for patients with caloric requirements of less than 2000 Cal per day or for patients with increased protein requirements.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 May be used for oral feeding of patients with altered taste perception.
- 1 Use under medical supervision.
- 1 Source of Complete, Balanced Nutrition® for long-term tube feeding.
- 1 Provides protein to help support lean body mass and wound healing.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1400 Cal (1321 mL).
- 1 Fat blend contains canola, MCT and corn oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains medium-chain triglycerides (MCTs) as part of the fat source.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium & Calcium Caseinates, Soy Protein Isolate, Canola Oil, Corn Oil, Medium-Chain Triglycerides, Calcium Phosphate, Soy Lecithin, Potassium Citrate, Potassium Chloride, Sodium Citrate, Magnesium Phosphate, Magnesium Chloride, Ascorbic Acid, Choline Chloride, Calcium Carbonate, Carrageenan, Taurine, L-Carnitine, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
00735	Osmolite 1 Cal / 8-fl-oz (237-mL) Can / 24 ct
62691	Osmolite 1 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
62695	Osmolite 1 Cal / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
64633	Osmolite 1 Cal / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	10.5		44.3		66.4	
Fat, g	8.2		34.7		52.1	
Carbohydrate, g	33.9		143.9		215.7	
L-Carnitine, mg	27		115		175	
Taurine, mg	27		115		175	
Water, g/mL/cc	199		842		1260	
Calories	250		1060		1590	
Vitamin A, IU	895		3790		5690	
Vitamin D, IU	72		305		455	
Vitamin E, IU	8.1		35		52	
Vitamin K, mcg	15		61		91	
Vitamin C, mg	54		230		345	
Folic Acid, mcg	110		455		685	
Thiamin (Vitamin B1), mg	0.41		1.8		2.6	
Riboflavin (Vitamin B2), mg	0.46		2.0		2.9	
Vitamin B6, mg	0.54		2.3		3.5	
Vitamin B12, mcg	1.7		6.9		11	
Niacin, mg	5.4		23		35	
Choline, mg	110		455		685	
Biotin, mcg	81		345		515	
Pantothenic Acid, mg	2.7		12		18	
Sodium, mg	220		930		1395	
Sodium, mEq	9.6		40.4		60.6	
Potassium, mg	370		1570		2355	
Potassium, mEq	9.5		40.2		60.4	
Chloride, mg	340		1440		2160	
Chloride, mEq	9.6		40.7		61.0	
Calcium, mg	180		760		1140	
Phosphorus, mg	180		760		1140	
Magnesium, mg	72		305		455	
Iodine, mcg	27		115		175	
Manganese, mg	0.90		3.8		5.7	
Copper, mg	0.36		1.6		2.3	
Zinc, mg	4.1		18		26	
Iron, mg	3.3		14		21	
Selenium, mcg	13		54		80	
Chromium, mcg	22		91		140	
Molybdenum, mcg	27		115		175	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, re-close or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

**Product Information:
Osmolite® 1.2 Cal**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.2 Cal

Complete, Balanced Nutrition®

- 1 OSMOLITE 1.2 CAL is a source of Complete, Balanced Nutrition® and a high-protein formula for tube-fed patients who may benefit from increased protein and calories.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 May be used for oral feeding of patients with altered taste perception.
- 1 Use under medical supervision.
- 1 Concentrated calories (1.2 Cal/mL) and high in protein (18.5% of Cal) to help patients gain and maintain healthy weight. Protein is needed for lean body tissue maintenance and repair.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1200 Cal (1 Liter).
- 1 Fat blend contains high-oleic safflower, canola, and MCT oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains medium-chain triglycerides (MCTs) as part of the fat source.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Calcium Caseinate, Canola Oil, Medium-Chain Triglycerides, Calcium Phosphate, Sodium Citrate, Magnesium Phosphate, Soy Lecithin, Potassium Citrate, Potassium Chloride, Magnesium Chloride, Cellulose Gel, Ascorbic Acid, Choline Chloride, Potassium Phosphate, Taurine, L-Carnitine, Cellulose Gum, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
53120	Osmolite 1.2 Cal / 8-fl-oz (237-mL) Can / 24 ct
62693	Osmolite 1.2 Cal / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
62697	Osmolite 1.2 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64635	Osmolite 1.2 Cal / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	13.2		55.5		83.3	
Fat, g	9.3		39.3		59.0	
Carbohydrate, g	37.5		157.5		236.1	
L-Carnitine, mg	36		150		230	
Taurine, mg	36		150		230	
Water, g/mL/cc	195		820		1230	
Calories	285		1200		1800	
Vitamin A, IU	1190*		5000*		7500*	
Beta-Carotene, mg	0.59		2.5		3.7	
Vitamin D, IU	96		400		600	
Vitamin E, IU	11		45		68	
Vitamin K, mcg	20		80		120	
Vitamin C, mg	72		300		450	
Folic Acid, mcg	145		600		900	
Thiamin (Vitamin B1), mg	0.54		2.3		3.4	
Riboflavin (Vitamin B2), mg	0.61		2.6		3.9	
Vitamin B6, mg	0.72		3.0		4.5	
Vitamin B12, mcg	2.2		9.0		14	
Niacin, mg	7.2		30		45	
Choline, mg	145		600		900	
Biotin, mcg	110		450		675	
Pantothenic Acid, mg	3.6		15		23	
Sodium, mg	320		1340		2010	
Sodium, mEq	13.9		58.3		87.4	
Potassium, mg	430		1810		2710	
Potassium, mEq	11.0		46.4		69.5	
Chloride, mg	370		1540		2310	
Chloride, mEq	10.4		43.5		65.2	
Calcium, mg	285		1200		1800	
Phosphorus, mg	285		1200		1800	
Magnesium, mg	96		400		600	
Iodine, mcg	36		150		225	
Manganese, mg	1.2		5.0		7.5	
Copper, mg	0.48		2.0		3.0	
Zinc, mg	5.4		23		34	
Iron, mg	4.3		18		27	
Selenium, mcg	17		70		105	
Chromium, mcg	29		120		180	
Molybdenum, mcg	36		150		225	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*780 IU of vitamin A activity supplied by 0.59 mg of beta-carotene.

Per 1000 mL (1.1 QT)

*3300 IU of vitamin A activity supplied by 2.5 mg of beta-carotene.

Per 1500 mL (1.6 QT)

*4900 IU of vitamin A activity supplied by 3.7 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

**Product Information:
Osmolite® 1.5 Cal**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.5 Cal

Complete, Balanced Nutrition®

- 1 OSMOLITE 1.5 CAL is a source of Complete, Balanced Nutrition® for tube-fed patients with increased calorie and protein needs, or for those with limited volume tolerance.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 High in calories (1.5 Cal/mL) and protein (62.7 g/L) to help patients gain and maintain healthy weight.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1500 Cal (1 Liter).
- 1 Fat blend contains MCT oil. Patients with malabsorption may benefit from consuming a formula that contains medium-chain triglycerides (MCTs).
- 1 Fortified with ultratrace minerals and conditionally essential nutrients—important ingredients for the tube-fed patient.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium & Calcium Caseinates, High Oleic Safflower Oil, Canola Oil, Soy Protein Isolate, Medium-Chain Triglycerides, Magnesium Chloride, Potassium Citrate, Calcium Phosphate, Sodium Citrate, Soy Lecithin, Choline Chloride, Ascorbic Acid, Taurine, L-Carnitine, Carrageenan, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
57469	Osmolite 1.5 Cal / 8-fl-oz (237-mL) Can / 24 ct
62699	Osmolite 1.5 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64837	Osmolite 1.5 Cal / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	14.9		62.7	
Fat, g	11.6		49.1	
Carbohydrate, g	48.2		203.6	
L-Carnitine, mg	36		150	
Taurine, mg	36		150	
Water, g/mL/cc	181		762	
Calories	355		1500	
Vitamin A, IU	1975*		8320*	
Beta-Carotene, mg	0.81		3.4	
Vitamin D, IU	95		400	
Vitamin E, IU	11		45	
Vitamin K, mcg	19		80	
Vitamin C, mg	57		240	
Folic Acid, mcg	190		800	
Thiamin (Vitamin B1), mg	0.71		3.0	
Riboflavin (Vitamin B2), mg	0.81		3.4	
Vitamin B6, mg	0.95		4.0	
Vitamin B12, mcg	2.9		12	
Niacin, mg	9.5		40	
Choline, mg	145		600	
Biotin, mcg	145		600	
Pantothenic Acid, mg	4.8		20	
Sodium, mg	330		1400	
Sodium, mEq	14.3		60.9	
Potassium, mg	425		1800	
Potassium, mEq	10.9		46	
Chloride, mg	405		1700	
Chloride, mEq	11.4		48.0	
Calcium, mg	240		1000	
Phosphorus, mg	240		1000	
Magnesium, mg	95		400	
Iodine, mcg	36		150	
Manganese, mg	1.2		5.0	
Copper, mg	0.48		2.0	
Zinc, mg	5.5		23	
Iron, mg	4.3		18	
Selenium, mcg	17		70	
Chromium, mcg	29		120	
Molybdenum, mcg	36		150	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*1075 IU of vitamin A supplied by 0.81 mg of beta-carotene.

Per 1000 mL (1.1 QT)

*4505 IU of vitamin A supplied by 3.4 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours..**

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Category:
Oxepa®

Oxepa®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

**Product Information:
Oxepa®**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 Oxepa is clinically shown to modulate the inflammatory response in critically ill, mechanically ventilated patients, especially those with SIRS (systemic inflammatory response syndrome, eg, trauma, burns), ALI (acute lung injury) or ARDS (acute respiratory distress syndrome).^{1,2,3,4,5}
- 1 For tube feeding.
- 1 For sole-source nutrition.
- 1 Use under medical supervision.
- 1 Calorically dense (1.5 Cal/mL)—concentrated calories for fluid-restricted patients.
- 1 Unique oil blend contains: 4.6 g/L (1.1 g/8 oz) eicosapentaenoic acid (EPA) and 1.9 g/L (450 mg/8 oz) docosahexaenoic acid (DHA) from refined fish oil and 4.0 g/L (950 mg/8 oz) gamma-linolenic acid (GLA) from borage oil.
- 1 Elevated antioxidants vitamin C, vitamin E, and beta-carotene.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1420 Cal (946 mL).
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for parenteral use.
- 1 Not for people with galactosemia.

¹ Gadek JE, et al. *Crit Care Med* 1999;27(8):1409-1420.

² Singer P, et al. *Crit Care Med* 2006;34(4):1033-1038.

³ Pontes-Arruda A, et al. *Crit Care Med* 2006;34(9):2325-2333.

⁴ Pacht ER, et al. *Crit Care Med* 2003;31(2):491-500.

⁵ Jacobs BR, et al. *Pediatr Crit Care Med*. Jan 2013;14(1):e45-56.

Ingredients

Liquid Unflavored:

Water, Sodium & Calcium Caseinates, Sugar, Corn Maltodextrin, Canola Oil, Medium-Chain Triglycerides, Marine Oil (May Contain One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna), Borage Oil, Magnesium Chloride, Calcium Phosphate, Soy Lecithin, Potassium Citrate, Natural & Artificial Flavor, Sodium Citrate, Ascorbic Acid, Potassium Phosphate, Choline Chloride, Taurine, d-Alpha-Tocopheryl Acetate, L-Carnitine, Salt, Gellan Gum, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
54386	Oxepa / 8-fl-oz (237-mL) Can / 24 ct
62717	Oxepa / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64814	Oxepa / 8-fl-oz (237-mL) Carton / 24 ct

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	14.8		62.7	
Fat, g	22.2		93.8	
Carbohydrate, g	25.0		105.3	
Taurine, mg	75		320	
L-Carnitine, mg	43		185	
Water, g	186		785	
Calories	355		1500	
Vitamin A, IU	2840		11910	
Beta-Carotene, mg	1.2*		5.0*	
Vitamin D, IU	100		425	
Vitamin E, IU	75		320	
Vitamin K, mcg	20		85	
Vitamin C, mg	205		850	
Folic Acid, mcg	200		850	
Thiamin (Vitamin B1), mg	0.75		3.2	
Riboflavin (Vitamin B2), mg	0.85		3.6	
Vitamin B6, mg	1.0		4.3	
Vitamin B12, mcg	3.0		13	
Niacin, mg	10		43	
Choline, mg	150		635	
Biotin, mcg	150		635	
Pantothenic Acid, mg	5.0		22	
Sodium, mg	310		1310	
Sodium, mEq	13.5		57.0	
Potassium, mg	465		1960	
Potassium, mEq	11.9		50.3	
Chloride, mg	400		1690	
Chloride, mEq	11.3		47.7	
Calcium, mg	250		1060	
Phosphorus, mg	250		1060	
Magnesium, mg	100		425	
Iodine, mcg	38		160	
Manganese, mg	1.3		5.3	
Copper, mg	0.50		2.2	
Zinc, mg	5.7		24	
Iron, mg	4.5		20	
Selenium, mcg	18		74	
Chromium, mcg	30		130	
Molybdenum, mcg	38		160	

For more information, contact your Abbott Nutrition Representative or visit www.abbottnutrition.com

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*1590 IU of vitamin A activity supplied by 1.2 mg of beta-carotene.

Per 1000 mL (1.1 QT)

*6625 IU of vitamin A activity supplied by 5.0 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Category: Pedialyte®

Pedialyte® AdvancedCare™
Pedialyte® AdvancedCare™+
Pedialyte® Freezer Pops
Pedialyte® Liquid
Pedialyte® Powder Packs 17 g
Pedialyte® Powder Packs 8.5 g

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Pedialyte® AdvancedCare™

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® AdvancedCare™

Electrolyte Solution for All Ages

- 1 To quickly replace vital minerals lost during diarrhea and vomiting to help prevent dehydration in children and adults; for maintenance of water and electrolytes following corrective parenteral therapy for diarrhea.
- 1 Has PreActiv™ Prebiotics to help promote digestive health.
- 1 Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.
- 1 #1 Pediatrician-recommended brand.
- 1 #1 Pharmacist-recommended brand for hydration.
- 1 Ready to use.
- 1 Promotes fluid absorption more effectively than common household beverages.
- 1 Provides glucose to promote sodium and water absorption.
- 1 Helps replenish zinc lost during diarrhea.
- 1 Low osmolality.
- 1 Kid-approved taste encourages compliance in children.
- 1 Contains no fruit juice.
- 1 Kosher.
- 1 Halal (certain flavors).



Safety Precautions

- 1 No mixing or diluting is necessary or recommended.
- 1 Not for people with galactosemia.

Ingredients

Liquid Strawberry Lemonade:

Water, Dextrose. Less than 1.0% of: Galactooligosaccharides, Citric Acid, Potassium Citrate, Salt, Sodium Citrate, Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Zinc Gluconate, Red 40, and Blue 1.

Allergens: Contains milk ingredients.

Availability

List Number	Item
63057	Pedialyte AdvancedCare Cherry Punch / 1.1-QT (1-L) bottle / 8 ct
63059	Pedialyte AdvancedCare Blue Raspberry / 1.1-QT (1-L) bottle / 8 ct
64301	Pedialyte AdvancedCare Strawberry Lemonade / 1.1-QT (1-L) bottle / 4 ct
64307	Pedialyte AdvancedCare Tropical Fruit / 1.1-QT (1-L) bottle / 4 ct
66738	Pedialyte AdvancedCare Cherry Punch / 1.1-QT (1-L) Bottle / 4 ct

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1-800-227-5767

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Nutrition Information - Liquid Strawberry Lemonade

	8 fl oz (237 mL) (For ages 4+)		8 fl oz (237 mL) (For ages 1-3)	
	Value	%RDI / %DV*	Value	%RDI / %DV
Calories	15		15	
Total Fat, g	0	0	0	
Sodium, mg	240	10	240	
Sodium, mEq	10.6		10.6	
Potassium, mg	180	5	180	
Potassium, mEq	4.7		4.7	
Total Carbohydrate, g	4	1	4	
Sugars, g	4		4	
Protein, g	0	0	0	0
Zinc, mg	1.85	10	1.85	20
Chloride, mg	290	8	290	
Chloride, mEq	8.3		8.3	

Liquid Strawberry Lemonade Footnotes & References

Per 8 fl oz (237 mL) (For ages 4+)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 For infants under 1 year of age: Consult your doctor.
- 1 For children 1 year and older and adults: Begin with small frequent sips every 15 minutes, increasing serving size as tolerated. Continue for as long as diarrhea is present.
- 1 To maintain proper hydration, 1-2 liters (32 to 64 fl oz) per day of Pedialyte AdvancedCare may be needed per day. Consult your doctor if vomiting, fever, or diarrhea continues beyond 24 hours or if consumption needs are greater than 2 liters (64 fl oz) per day.

Instructions for Storage:

- 1 Do not use if printed band around cap or inner foil seal is missing or broken.
- 1 Remove protective band and twist off cap.
- 1 Remove and throw away protective foil seal.
- 1 After opening, replace cap, refrigerate and use within 48 hours.
- 1 Store unopened bottles in a cool place. Avoid excessive heat.
- 1 Do not reuse bottle.

Storage & Handling

Usage

- 1 For infants under 1 year of age: Consult your doctor.
- 1 For children 1 year and older and adults: Begin with small frequent sips every 15 minutes, increasing serving size as tolerated. Continue for as long as diarrhea is present.
- 1 To maintain proper hydration, 1-2 liters (32 to 64 fl oz) per day of Pedialyte AdvancedCare may be needed per day. Consult your doctor if vomiting, fever, or diarrhea continues beyond 24 hours or if consumption needs are greater than 2 liters (64 fl oz) per day.

Instructions

- 1 Do not use if printed band around cap or inner foil seal is missing or broken.
- 1 Remove protective band and twist off cap.
- 1 Remove and throw away protective foil seal.
- 1 After opening, replace cap, refrigerate and **use within 48 hours**.
- 1 Store unopened bottles in a cool place. Avoid excessive heat.
- 1 Do not reuse bottle.

**Product Information:
Pedialyte® AdvancedCare™+**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® AdvancedCare™+

Electrolyte Solution

- 1 PEDIALYTE ADVANCEDCARE+ liters contain 33% more electrolytes* to help you feel better fast and replenish more of the electrolytes you lose when dehydration occurs.
- 1 PEDIALYTE ADVANCEDCARE+ liters are Pedialyte's newest and most advanced way to rehydrate quickly and replace lost fluids and electrolytes to feel better fast.
- 1 Formulated to replenish more of the electrolytes* you may lose due to vomiting, diarrhea, or extreme perspiration due to too much heat or prolonged exercise.
- 1 Has PreActiv™ Prebiotics to help promote a healthy digestive system.
- 1 Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.
- 1 #1 pharmacist & pediatrician recommended brand for hydration.
- 1 Formulated for higher electrolyte loss/losses.
- 1 Has PreActiv™ Prebiotics to help promote a healthy digestive system.
- 1 Quickly replaces fluids, zinc, and electrolytes.
- 1 Designed to prevent dehydration† more effectively than household beverages like sports drinks, juice, and soda.
- 1 Provides glucose to promote sodium and water absorption.
- 1 Great for kids & adults!
- 1 Kid-approved taste.
- 1 Available in two flavors.
- 1 Ready to use.
- 1 Low osmolarity.
- 1 Contains no fruit juice.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 No mixing or diluting is necessary or recommended.
- 1 Not for people with galactosemia.

* 60 mEq sodium electrolytes per liter vs 45 mEq in original Pedialyte.

† Mild to moderate dehydration.

Ingredients

Liquid Berry Frost:

Water, Dextrose. Less than 1.0% of: Galactooligosaccharides, Salt, Citric Acid, Potassium Citrate, Natural & Artificial Flavor, Sodium Citrate, Sucralose, Acesulfame Potassium, Zinc Gluconate, and Blue 1.

Allergens: Contains milk ingredients.

Availability

List Number	Item
66641	Pedialyte AdvancedCare+ Berry Frost / 1.1-QT (1-L) Bottle / 4 ct
66643	Pedialyte AdvancedCare+ Kiwi Berry / 1.1-QT (1-L) bottle / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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Nutrition Information - Liquid Berry Frost

	8 fl oz (237 mL) (For ages 4+)		8 fl oz (237 mL) (For ages 1-3)	
	Value	%RDI / %DV*	Value	%RDI / %DV
Calories	15		15	
Total Fat, g	0	0	0	
Sodium, mg	330	14	330	
Sodium, mEq	14.2		14.2	
Potassium, mg	180	5	180	
Potassium, mEq	4.7		4.7	
Total Carbohydrate, g	4	1	4	
Sugars, g	4		4	
Protein, g	0	0	0	0
Zinc, mg	1.85	10	1.85	20
Chloride, mg	NA	10	NA	
Chloride, mEq	11.8		11.8	

Liquid Berry Frost Footnotes & References

Per 8 fl oz (237 mL) (For ages 4+)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 For infants under 1 year of age: Consult your doctor.
- 1 For children 1 year and older and adults: Begin with small frequent sips every 15 minutes, increasing serving size as tolerated. Continue for as long as diarrhea is present.
- 1 To maintain proper hydration, 1-2 liters (32 to 64 fl oz) per day of Pedialyte AdvancedCare+ may be needed per day. Consult your doctor if vomiting, fever, or diarrhea continues beyond 24 hours or if consumption needs are greater than 2 liters (64 fl oz) per day.

Instructions for Storage:

- 1 Do not use if printed band around cap or inner foil seal is missing or broken.
- 1 Remove protective band and twist off cap.
- 1 Remove and throw away protective foil seal.
- 1 After opening, replace cap, refrigerate and use within 48 hours.
- 1 Store unopened bottles in a cool place. Avoid excessive heat.
- 1 Do not reuse bottle.

Product Information: Pedialyte® Freezer Pops

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® Freezer Pops

Electrolyte solution

- 1 PEDIALYTE FREEZER POPS are an advanced rehydration solution specially formulated with an optimal balance of sugar and electrolytes needed to help replenish vital fluids and minerals, which when lost, can lead to dehydration. Pedialyte Freezer Pops can help prevent dehydration caused by vomiting, diarrhea, exercise, travel, and heat exhaustion.
- 1 Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.
- 1 #1 pharmacist & pediatrician recommended brand for hydration.
- 1 Quickly replaces fluids, zinc, and electrolytes.
- 1 Designed to prevent dehydration* more effectively than household beverages like sports drinks, juice, and soda.
- 1 Provides glucose to promote sodium and water absorption.
- 1 Kid-approved taste to encourage compliance in children.
- 1 Available in a variety pack.
- 1 Low osmolality.
- 1 Kosher.
- 1 Halal (certain flavors).



Safety Precautions

- 1 Not for use for children under 1 year of age.
- 1 No mixing or diluting is necessary or recommended.

* Mild to moderate dehydration.

Ingredients

Liquid Variety:

Grape (Water, Anhydrous Dextrose; Less than 2% of: Citric Acid, Salt, Sodium Carboxymethylcellulose, Potassium Citrate, Potassium Sorbate, Sodium Benzoate, Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Red 40, Blue 1), Blue Raspberry (Water, Anhydrous Dextrose; Less than 2% of: Citric Acid, Salt, Sodium Carboxymethylcellulose, Potassium Citrate, Potassium Sorbate, Sodium Benzoate, Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Blue 1), Cherry (Water, Anhydrous Dextrose; Less than 2% of: Citric Acid, Salt, Sodium Carboxymethylcellulose, Potassium Citrate, Potassium Sorbate, Sodium Benzoate, Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Red 40), and Orange (Water, Anhydrous Dextrose; Less than 2% of: Citric Acid, Salt, Sodium Carboxymethylcellulose, Potassium Citrate, Potassium Sorbate, Sodium Benzoate, Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Yellow 6, Red 40).

Availability

List Number	Item
62605	Pedialyte Freezer Pops Variety / 2.1-oz (62.5-mL) sleeve / 4 x 16 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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1-800-227-5767

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Nutrition Information - Liquid Variety

	63 mL (1 pop) (Children over 4 and adults)		63 mL (1 pop) (Children under 4)		8 fl oz (~4 pops) (Children over 4 and adults)		8 fl oz (~4 pops) (Children under 4)	
	Value	%RDI / %DV*	Value	%RDI / %DV*	Value	%RDI / %DV	Value	%RDI / %DV
Calories	5		5		25		25	
Total Fat, g	0	0	0		0		0	
Sodium, mg	65	3	65		240	10	240	
Potassium, mg	50	1	50		180	5	180	
Total Carbohydrate, g	2	1	2		0		0	
Sugars, g	2		2		6		6	
Protein, g	0	0	0	0	0	0	0	0
Chloride, mEq	2.2	2	2.2		8.3		8.3	

Liquid Variety Footnotes & References

Per 63 mL (1 pop) (Children over 4 and adults)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Per 63 mL (1 pop) (Children under 4)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Directions for Use

- 1 For children 1 year and older and adults: Offer Pedialyte Freezer Pops as frequently as desired.
- 1 To maintain proper hydration, 16-32 Freezer Pops (or 32-64 fl oz of any Pedialyte product) may be needed per day. Consult your doctor if vomiting, fever, or diarrhea continues beyond 24 hours or if consumption needs are greater than 32 Freezer Pops (64 fl oz) per day.
- 1 Freezer Pops can be consumed without freezing, but the flavors are best when frozen.
- 1 Note: Like colored ices, Pedialyte Freezer Pops may temporarily color mouth.

To Eat Frozen

- 1 Remove Pops from carton and freeze before separating.
- 1 Tear or cut carefully between sleeves along perforations.
- 1 With clean scissors, cut off top of sleeve.
- 1 Push up Pop from bottom of sleeve.

To Drink

- 1 With clean scissors, cut carefully between sleeves along perforations.
- 1 Cut off top of sleeve and pour liquid into cup or glass.

Storage & Handling

Storage Instructions

- 1 Discard unused portion of opened product
- 1 Do not reuse plastic sleeves.
- 1 Store unopened pops in cool place; avoid excessive heat.

Product Information: Pedialyte® Liquid

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® Liquid

Electrolyte solution for all ages

- 1 To quickly replace vital minerals and nutrients lost during diarrhea and vomiting; for maintenance of water and electrolytes following corrective parenteral therapy for diarrhea.
- 1 Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.
- 1 #1 Pediatrician-recommended brand.
- 1 #1 Pharmacist-recommended brand for hydration.
- 1 Ready to use.
- 1 Promotes fluid absorption more effectively than common household beverages.
- 1 Provides glucose to promote sodium and water absorption.
- 1 Helps replenish zinc lost during diarrhea.
- 1 Unflavored liquid available for infants.
- 1 Kid-approved taste encourages compliance in children.
- 1 Reclosable plastic liter bottles allow easy measuring and pouring.
- 1 Low osmolality (270 mOsm/kg H₂O for flavored; 250 mOsm/kg H₂O for unflavored).
- 1 Gluten-free.
- 1 Contains no fruit juice.
- 1 Lactose-free.
- 1 Kosher.
- 1 Halal (certain flavors).
- 1 Low-residue.



Safety Precautions

- 1 No mixing or diluting is necessary or recommended.

Ingredients

Liquid Unflavored:

Water, Dextrose. Less than 2% of: Potassium Citrate, Salt, Sodium Citrate, Citric Acid, and Zinc Gluconate.

Availability

List Number	Item
00240	Pedialyte Grape / 1.1-QT (1-L) bottle / 2 x 8 ct
00336	Pedialyte Unflavored / 1.1-QT (1-L) bottle / 2 x 4 ct
00365	Pedialyte Classic Mixed Fruit / 1.1-QT (1-L) bottle / 2 x 8 ct
51752	Pedialyte Bubble Gum / 1.1-QT (1-L) bottle / 8 ct
53983	Pedialyte Strawberry / 1.1-QT (1-L) bottle / 8 ct
59892	Pedialyte Unflavored / 2-fl-oz (59-mL) bottle / 48 ct
64380	Pedialyte Unflavored / 1.1-QT (1-L) bottle / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL) (For ages 4+)		8 fl oz (237 mL) (For ages 1-3)	
	Value	%RDI / %DV*	Value	%RDI / %DV
Calories	25		25	
Total Fat, g	0	0	0	
Sodium, mg	240	10	240	
Sodium, mEq	10.6		10.6	
Potassium, mg	180	5	180	
Potassium, mEq	4.7		4.7	
Total Carbohydrate, g	6	2	6	
Sugars, g	6		6	
Protein, g	0	0	0	0
Zinc, mg	1.85	10	1.85	20
Chloride, mg	290	8	290	
Chloride, mEq	8.3		8.3	

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL) (For ages 4+)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Ready to Use

- 1 Tastes best served cold.
- 1 Do not add water or dilute.

Administration Guide for Infants and Young Children

Age	Approximate Weight ¹		PEDIALYTE for Maintenance ²
	lb	kg	fl oz/day
Weeks			
2	9	4.0	16 to 20
Months			
3	14	6.4	30 to 34
6	18	8.2	36 to 42
9	21	9.5	39 to 45
Years			
1	23	10.5	42 to 47
1½	26	11.8	47 to 52
2	28	12.7	48 to 53
2½	30	13.6	51 to 56
3	32	14.4	53 to 57
3½	34	15.3	54 to 57
4	36	16.3	55 to 59

Administration Guide does not apply to infants younger than 1 week of age. For children older than 4 years of age, maintenance intakes may exceed 2 liters daily. If there is vomiting or fever, or if diarrhea continues beyond 24 hours, consult the child's physician.

¹ Weight based on the 50th percentile of weight for age for boys from the National Center for Health Statistics (NCHS) Centers for Disease Control and Prevention (CDC) growth charts. Kuczmarski RJ, Ogden CL, Grummer-Strawn LM, et al: CDC Growth Charts: United States. Data from Vital and Health Statistics of the Centers of Disease Control and Prevention/National Center for Health Statistics. *Advance Data*, no. 314, December 4, 2000.

² Fluid intake is total fluid requirement from oral electrolyte solution, formula, or other fluids, but does not take into account ongoing stool losses. Fluid loss in the stool should be replaced by consumption of an extra amount of Pedialyte equal to stool losses, in addition to the fluid maintenance requirement in the Administration Guide.

Dosage

Refer to Administration Guide to restore fluid and minerals lost in diarrhea and vomiting. Pedialyte should be offered frequently in amounts tolerated. Total daily intake should be adjusted to meet individual needs, based on thirst and response to therapy. The suggested intakes for maintenance are based on water requirements for ordinary energy expenditure. (Extrapolated from Barnes LA, Curran JS: Nutrition, in Nelson WE (sr ed), Behrman RE, Kliegman RM, Arvin AM (eds): *Nelson Textbook of Pediatrics*, ed 15. Philadelphia: WB Saunders Co, 1996, pp 141-143.)

Instructions for Use:

- 1 Ready to Use: Do not add water or dilute
- 1 Tastes best served cold.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® Liquid

Electrolyte solution for all ages

- 1 For infants under 1 year of age:
 - 1 Consult your doctor.
- 1 For children 1 year and older and adults:
 - 1 Begin with small frequent sips every 15 minutes, increasing serving size as tolerated. Continue for as long as diarrhea is present.
 - 1 To maintain proper hydration, 1-2 liters (32 to 64 fl oz) of Pedialyte may be needed per day. Consult your doctor if vomiting, fever, or diarrhea continues beyond 24 hours or if consumption needs are greater than 2 liters (64 fl oz) per day.

Storage & Handling

Instructions for Storage and Handling:

2-fl-oz bottle

- 1 Do not use if breakaway ring is missing or broken.
- 1 Ready to use.
- 1 Open: attach clean single-use nipple and ring; use sterile nipple and ring if directed.
- 1 Store at room temperature; avoid extreme temperatures.
- 1 Discard after use.

1-Liter bottle

- 1 Do not use if printed band around cap or inner foil seal is missing or broken.
- 1 Remove protective band and twist off cap.
- 1 Remove and throw away protective foil seal.
- 1 After opening, replace cap, refrigerate and use within 48 hours.
- 1 Store unopened bottles in a cool place. Avoid excessive heat.
- 1 Do not reuse bottle.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Pedialyte® Powder Packs 17 g

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® Powder Packs 17 g

Electrolyte Powder

- 1 PEDIALYTE POWDER PACKS are an advanced rehydration solution specially formulated with an optimal balance of sugar and electrolytes needed to help replenish vital fluids and minerals, which when lost, can lead to dehydration.
- 1 PEDIALYTE POWDER PACKS can help prevent dehydration* caused by vomiting, diarrhea, exercise, travel, and heat exhaustion.
- 1 Mix with 16 fl oz of water.
- 1 Use under medical supervision.
- 1 Convenient for on-the-go.
- 1 Better value.†
- 1 #1 pharmacist & pediatrician recommended brand for hydration.
- 1 Quickly replaces fluids, zinc, and electrolytes.
- 1 Designed to prevent dehydration* more effectively than household beverages like sports drinks, juice, and soda.
- 1 Provides glucose to promote sodium and water absorption.
- 1 Kid-approved taste to encourage compliance in children.
- 1 Available in a variety of flavors.
- 1 Low osmolality.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 Not for use for children under 1 year of age.
- 1 Use under medical supervision for the dietary management of dehydration during diarrhea and vomiting.

* Mild to moderate dehydration.

* Mild to moderate dehydration.

† Versus Pedialyte liquid liters.

Ingredients

Powder Strawberry Lemonade:

Anhydrous Dextrose, Citric Acid, Potassium Citrate, Salt, Natural Flavors, Sodium Citrate. Less than 2% of: Calcium Silicate, Acesulfame Potassium, Sucralose, Red 40, and Blue 1.

Availability

List Number	Item
64172	Pedialyte Powder Strawberry Lemonade / 0.6 oz (17-g) packet / 6 x 6 ct
64177	Pedialyte Powder Orange / 0.6 oz (17-g) packet / 6 x 6 ct
64595	Pedialyte Powder Cherry / 0.6 oz (17-g) packet / 6 x 6 ct
64598	Pedialyte Powder Grape / 0.6 oz (17-g) packet / 6 x 6 ct
65052	Pedialyte Powder Strawberry Lemonade / 0.6 oz (17-g) packet / 20 x 2 ct
65057	Pedialyte Powder Grape / 0.6 oz (17-g) packet / 20 x 2 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® Powder Packs 17 g

Electrolyte Powder

Nutrition Information - Powder Strawberry Lemonade

	9 g (1/2 packet) (prepared with 1 cup [237 mL] water. For ages 4+)		9 g (1/2 packet) (prepared with 1 cup [237 mL] water. For ages 1-3)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	25		25	
Protein, g	0	0	0	0
Carbohydrate, g	6	2	6	
Sugars, g	6		6	
Fat, g	0	0	0	
Sodium, mg	240	10	240	
Sodium, mEq	10.6		10.6	
Potassium, mg	180	5	180	
Potassium, mEq	4.7		4.7	
Chloride, mg	294		294	
Chloride, mEq	8.3	8	8.3	

Preparation

Directions for Preparation and Use

- 1 Mix one 0.6 oz (17 g) packet of Pedialyte powder with 16 fl oz. Stir to dissolve.
- 1 Tastes best served cold.
- 1 Begin with small frequent sips every 15 minutes; increasing serving size as tolerated. Continue to use for as long as symptoms are present.
- 1 To maintain proper hydration, 2-4 servings (32 to 64 fl oz) of Pedialyte may be needed per day. Consult your doctor if vomiting, fever, or diarrhea continues beyond 24 hours or if consumption needs are greater than 2 liters (64 fl oz) per day.

Storage & Handling

Storage

- 1 Store unused reconstituted product in sealed container in refrigerator for up to 48 hours.
- 1 Do not store powder packets at extreme temperatures.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

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Product Information: Pedialyte® Powder Packs 8.5 g

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® Powder Packs 8.5 g

Electrolyte Powder

- 1 PEDIALYTE POWDER PACKS are an advanced rehydration solution specially formulated with an optimal balance of sugar and electrolytes needed to help replenish vital fluids and minerals, which when lost, can lead to dehydration.
- 1 PEDIALYTE POWDER PACKS can help prevent dehydration* caused by vomiting, diarrhea, exercise, travel, and heat exhaustion.
- 1 Mix with 8 fl oz of water.
- 1 Use under medical supervision.
- 1 Convenient for on-the-go.
- 1 #1 pharmacist & pediatrician recommended brand for hydration.
- 1 Quickly replaces fluids, zinc, and electrolytes.
- 1 Designed to prevent dehydration* more effectively than household beverages like sports drinks, juice, and soda.
- 1 Provides glucose to promote sodium and water absorption.
- 1 Kid-approved taste to encourage compliance in children.
- 1 Available in a variety pack.
- 1 Low osmolality.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 Not for use for children under 1 year of age.
- 1 Use under medical supervision for the dietary management of dehydration during diarrhea and vomiting.

* Mild to moderate dehydration.

* Mild to moderate dehydration.

Ingredients

Powder Variety:

Fruit Punch Flavor (Anhydrous Dextrose, Citric Acid, Malic Acid, Potassium Citrate, Salt, Sodium Citrate; Less than 2% of: Natural & Artificial Flavor, Calcium Silicate, Sucralose, Acesulfame Potassium, Red 40), Grape Flavor (Anhydrous Dextrose, Citric Acid, Malic Acid, Potassium Citrate, Salt, Sodium Citrate; Less than 2% of: Natural & Artificial Flavor, Calcium Silicate, Sucralose, Acesulfame Potassium, Red 40, Blue 1), Apple Flavor (Anhydrous Dextrose, Citric Acid, Malic Acid, Potassium Citrate, Salt, Sodium Citrate; Less than 2% of: Artificial Flavor, Calcium Silicate, Caramel Color, Sucralose, Acesulfame Potassium), and Strawberry Flavor (Anhydrous Dextrose, Citric Acid, Malic Acid, Potassium Citrate, Salt, Sodium Citrate, Natural Flavor; Less than 2% of: Calcium Silicate, Sucralose, Acesulfame Potassium, Red 40, Blue 1).

Availability

List Number	Item
56090	Pedialyte Powder Variety (2 ea Fr Punch, Grape, Apple, Strawberry) / 0.3-oz (8.5-g) packet / 8x8 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pedialyte® Powder Packs 8.5 g

Electrolyte Powder

Nutrition Information - Powder Variety

	9 g	
	Value	%RDI / %DV
Calories	25	
Dextrose, g	6	
Sodium, mEq	10.6	
Sodium, mg	240	
Potassium, mg	180	
Potassium, mEq	4.7	
Chloride, mg	294	
Chloride, mEq	8.3	

Preparation

Directions for Preparation and Use

- 1 Mix one 0.3 oz (8.5 g) packet of Pedialyte Powder with 8 fl oz (1 cup) water only. Stir or shake to dissolve.
- 1 Tastes best served cold.
- 1 For children 1 year and older and adults: Begin with small frequent sips every 15 minutes, increasing serving size as tolerated. Continue to use for as long as symptoms are present.
- 1 To maintain proper hydration, 4-8 servings (32 to 64 fl oz) of Pedialyte may be needed per day. Consult your doctor if vomiting, fever, or diarrhea continues beyond 24 hours or if consumption needs are greater than 2 liters (64 fl oz) per day.

Storage & Handling

Storage

- 1 Store unused reconstituted product in sealed container in refrigerator for up to 24 hours.
- 1 Do not store powder packets at extreme temperatures.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

3 of 3



**Product Category:
Perative®**

Perative®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Perative®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 PERATIVE is designed for metabolically stressed patients who can benefit from an enteral formula supplemented with arginine.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Calorically dense (1.3 Cal/mL) for the elevated energy needs of metabolically stressed patients.
- 1 High in protein (20.5% of calories) for the elevated protein needs of metabolically stressed patients.
- 1 Hydrolyzed, peptide-based protein for easier absorption. Well tolerated as a tube feeding.^{1,2}
- 1 1.6 g of NutraFlora® scFOS®*/8 fl oz (6.5 g/L and 9.8 g/1500 mL). scFOS are prebiotic soluble fibers that stimulate the growth of beneficial bacteria in the colon.
- 1 Added arginine (8 g/L total arginine at 2.5% of total calories) for wound healing and immune support.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 vitamins and minerals in 1500 Cal (1155 mL).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

¹ Brown RO, et al. *Pharmacotherapy* 1994;14:314-320.

² Henningfield MF, et al. *FASEB J* 1993;7(3):A377.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Hydrolyzed Sodium Caseinate, Whey Protein Hydrolysate, Canola Oil, Medium-Chain Triglycerides, Short-Chain Fructooligosaccharides, L-Arginine, Corn Oil, Magnesium Chloride, Potassium Citrate, Calcium Phosphate, Citric Acid, Soy Lecithin, Ascorbic Acid, Potassium Phosphate, Choline Chloride, Carrageenan, Potassium Chloride, Taurine, L-Carnitine, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50628	Perative / 8-fl-oz (237-mL) Can / 24 ct
62721	Perative / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
62723	Perative / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64816	Perative / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	15.8	
Fat, g	8.8	
Carbohydrate, g	42.8	
Dietary Fiber, g	1.6*	
L-Carnitine, mg	31	
Taurine, mg	31	
Water, g	187	
Calories	308	
Vitamin A, IU	2055 [†]	
Beta-Carotene, mg	1.0	
Vitamin D, IU	83	
Vitamin E, IU	9.3	
Vitamin K, mcg	17	
Vitamin C, mg	62	
Folic Acid, mcg	125	
Thiamin (Vitamin B1), mg	0.47	
Riboflavin (Vitamin B2), mg	0.53	
Vitamin B6, mg	0.62	
Vitamin B12, mcg	1.9	
Niacin, mg	6.2	
Choline, mg	125	
Biotin, mcg	93	
Pantothenic Acid, mg	3.1	
Sodium, mg	245	
Sodium, mEq	10.7	
Potassium, mg	410	
Potassium, mEq	10.5	
Chloride, mg	390	
Chloride, mEq	11.0	
Calcium, mg	210	
Phosphorus, mg	210	
Magnesium, mg	83	
Iodine, mcg	31	
Manganese, mg	1.1	
Copper, mg	0.42	
Zinc, mg	4.7	
Iron, mg	3.7	
Selenium, mcg	15	
Chromium, mcg	25	

For more information, contact your Abbott Nutrition Representative or visit www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Molybdenum, mcg	31	

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

* 1.6 g of fructooligosaccharides.

†1325 IU of vitamin A activity supplied by 1.0 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

**Product Category:
Pivot® 1.5 Cal**

Pivot® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Pivot® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pivot® 1.5 Cal

Peptide-based, High Protein, Therapeutic Nutrition for Metabolic Stress

- 1 PIVOT 1.5 CAL is designed for metabolically stressed surgical, trauma, burn, or head and neck cancer patients who could benefit from an immune modulating enteral formula.
- 1 For tube feeding.
- 1 For sole-source nutrition.
- 1 Use under medical supervision.
- 1 Provides very high protein (93.8 g/L, 25% of calories) to support protein synthesis, tissue repair and wound healing.
- 1 Provides 1.5 Cal/mL—concentrated calories for fluid-restricted patients.
- 1 Immune support:
 - Arginine (13 g/L, 3.5% of calories) to support proliferation and function of immune cells.
 - Glutamine (inherent) (7.6 g/L) for GI-tract integrity and energy for immune cells.
 - Omega-3 fatty acids (EPA, 2.6 g/L; DHA, 1.1 g/L) to help modulate inflammation and support immune function.^{1,2}
- 1 Tolerance:
 - Advanced blend of hydrolyzed protein, structured lipid, and prebiotic (NutraFlora® scFOS®*) to promote absorption and tolerance.
 - Hydrolyzed, peptide-based protein system.
 - MCT/fish oil structured lipid, a well-tolerated^{3,4} and absorbed⁴ next generation fat to promote absorption of fatty acids.
 - 1.8 g of NutraFlora scFOS/8 fl oz (7.5 g/L). scFOS are prebiotic soluble fibers that stimulate the growth of beneficial bacteria in the colon.
- 1 Elevated antioxidants vitamin C, vitamin E, and beta-carotene.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 vitamins and minerals in 1500 Cal (1000 mL).
- 1 Halal.
- 1 Gluten free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

¹ Calder PC. *Prostaglandins Leukot Essent Fatty Acids*. 2008;79:101-108.

² Calder PC. *Clin Nutr*. 2010;29:5-12.

³ Kenler AS, et al. *Ann Surg*. 1996;223:316-333.

⁴ McKenna MC, et al. *J Pediatr Gastroenterol Nutr*. 1985;4:45-51.

Ingredients

Liquid Unflavored:

Water, Corn Syrup Solids, Hydrolyzed Sodium Caseinate, Whey Protein Hydrolysate, Structured lipid (Interesterified Marine Oil [Contains One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna] and Medium Chain Triglycerides), Soy Oil, Canola Oil, L-Arginine, Fructooligosaccharides, Potassium Citrate, Citric Acid, Calcium Phosphate, Magnesium Chloride, Soy Lecithin, Natural & Artificial Flavor, Ascorbic Acid, Cellulose Gel, Choline Chloride, Magnesium Phosphate, Potassium Chloride, Carrageenan, Taurine, d-Alpha-Tocopheryl Acetate, L-Carnitine, Cellulose Gum, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Pivot® 1.5 Cal

Peptide-based, High Protein, Therapeutic Nutrition for Metabolic Stress

Availability

List Number	Item
58013	Pivot 1.5 Cal / 8-fl-oz (237-mL) Can / 24 ct
62719	Pivot 1.5 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
65007	Pivot 1.5 Cal / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	22.2		93.8	
Fat, g	12.0		50.8	
Carbohydrate, g	40.9		172.4	
Dietary Fiber, g	1.8*		7.5*	
L-Carnitine, mg	36		150	
Taurine, mg	36		150	
Water, g	180		759	
Calories	355		1500	
Vitamin A, IU	2370 [†]		10000 [†]	
Beta-Carotene, mg	1.2		4.8	
Vitamin D, IU	95		400	
Vitamin E, IU	60		250	
Vitamin K, mcg	19		80	
Vitamin C, mg	72		300	
Folic Acid, mcg	145		600	
Thiamin (Vitamin B1), mg	0.54		2.3	
Riboflavin (Vitamin B2), mg	0.61		2.6	
Vitamin B6, mg	0.71		3.0	
Vitamin B12, mcg	2.2		9.0	
Niacin, mg	7.1		30	
Choline, mg	145		600	
Biotin, mcg	110		450	
Pantothenic Acid, mg	3.6		15	
Sodium, mg	330		1400	
Sodium, mEq	14.3		60.9	
Potassium, mg	475		2000	
Potassium, mEq	12.2		51.3	
Chloride, mg	380		1600	
Chloride, mEq	10.7		45.2	
Calcium, mg	240		1000	
Phosphorus, mg	240		1000	
Magnesium, mg	95		400	
Iodine, mcg	36		150	
Manganese, mg	1.2		5.0	
Copper, mg	0.48		2.0	
Zinc, mg	6.0		25	
Iron, mg	4.3		18	
Selenium, mcg	17		70	
Chromium, mcg	29		120	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Molybdenum, mcg	36		150	

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

* 1.8 g of fructooligosaccharides.

† 1590 IU of vitamin A activity supplied by 1.2 mg of beta-carotene.

Per 1000 mL (1.1 QT)

* 7.5 g of fructooligosaccharides.

† 6360 IU of vitamin A activity supplied by 4.8 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on the bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Category:
ProMod®

ProMod® Liquid Protein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: ProMod® Liquid Protein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ProMod® Liquid Protein

- 1 PROMOD LIQUID PROTEIN is a great-tasting medical food that provides a concentrated source of protein for people with increased protein needs. Indications include wounds, protein-energy malnutrition (PEM), involuntary weight loss (IWL), pre- and post-surgery, anorexia, stress, trauma, cancer and burns.
- 1 Use orally or with tube feeding.
- 1 Collagen protein hydrolysate has been clinically shown to help improve pressure ulcer healing.¹
- 1 PROMOD LIQUID PROTEIN can be given to people with diabetes: One 1-oz serving = 1 starch + 1 very-lean meat exchange.
- 1 Use under medical supervision.
- 1 100 Cal and 10 g of protein per oz.
- 1 Hydrolyzed collagen as a protein source.
- 1 Provides all essential amino acids.
- 1 Glycerine as a carbohydrate source, and no simple sugars.
- 1 55 mg sodium per oz, making it low in sodium.
- 1 Fortified with tryptophan, an essential amino acid.
- 1 Contains no fruit juice.
- 1 No fat.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Low-residue.



Safety Precautions

- 1 Not for IV use.
- 1 PROMOD LIQUID PROTEIN is not a balanced diet and is not for use as a sole source of nutrition.

¹ Lee SK, et al. *Adv Skin Wound Care* 2006;19:92, 94-96.

Ingredients

Liquid Fruit Punch:

Glycerine, Hydrolyzed Beef Collagen, Water, Malic Acid, Citric Acid, Phosphoric Acid, Natural & Artificial Flavors, L-Tryptophan, Potassium Sorbate, and Sodium Benzoate.

Availability

List Number	Item
59721	ProMod Liquid Protein Fruit Punch / 1-QT (946-mL) bottle / 6 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Fruit Punch

	1 fl oz (30 mL)		100 g protein	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	10			
Fat, g	0			
Carbohydrate, g	14			
Glycerine, g	13			
Calories	100			
Sodium, mg	55*			
Potassium, mg	20*			
Chloride, mg	3*			
Phosphorus, mg	95			

Liquid Fruit Punch Footnotes & References

Per 1 fl oz (30 mL)

*Not to exceed.

Preparation

Recommended Preparation for Tube Feeding

- 1 Place one oz of Liquid ProMod in a clean 4-6 ounce container.
- 1 Add 1-2 oz (30-60 mL) water.
- 1 Mix well with disposable spoon or tongue blade.
- 1 Flush feeding tube with 30 mL water.
- 1 Administer Liquid ProMod with 60 cc or larger syringe.
- 1 Flush with additional 30 mL water.
- 1 **Should not be mixed with a tube-feeding formula due to curdling.**

Exchanges for 1 serving PROMOD LIQUID PROTEIN

Exchanges	Cal	Carbohydrate (g)	Protein (g)	Fat (g)
1 starch	80	15	3	—
1 very-lean meat	35	—	7	0-1
Total from Exchanges	115	15	10	0-1

Storage & Handling

Discard 3 months after opening.

For more information, contact your Abbott Nutrition Representative or visit www.abbottnutrition.com

Product Category: Promote®

Promote®
Promote® with Fiber

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Promote®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 PROMOTE is a complete, balanced, high-protein formula for patients who need a higher proportion of calories from protein. It is ideal for patients with low caloric needs and those at risk for protein-energy malnutrition or pressure ulcers.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 High in protein (25% of Cal, 14.8 g/8 fl oz). Protein is needed for lean body tissue maintenance and repair.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1000 Cal (1 Liter).
- 1 Fat blend has safflower, MCT, and soy oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains medium-chain triglycerides (MCTs) as part of the fat source.
- 1 1 Cal/mL.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sodium Caseinate, Soy Protein Isolate, Soy Oil, Sugar, Medium-Chain Triglycerides, Safflower Oil, Calcium Citrate, Natural & Artificial Flavor, Magnesium Phosphate, Potassium Citrate, Potassium Chloride, Calcium Phosphate, Soy Lecithin, Cellulose Gel, Ascorbic Acid, Choline Chloride, Sodium Citrate, Carrageenan, Taurine, L-Carnitine, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cellulose Gum, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50774	Promote Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62701	Promote / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
62707	Promote / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
64834	Promote Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	14.8		62.5		93.8	
Fat, g	6.2		26.0		39.0	
Carbohydrate, g	30.8		130.0		195.0	
L-Carnitine, mg	36		150		225	
Taurine, mg	36		150		225	
Water, g/mL/cc	198		839		1259	
Calories	237		1000		1500	
Vitamin A, IU	1720*		7250*		10875*	
Beta-Carotene, mg	0.40		1.7		2.6	
Vitamin D, IU	95		400		600	
Vitamin E, IU	11		45		68	
Vitamin K, mcg	19		80		120	
Vitamin C, mg	82		345		515	
Folic Acid, mcg	145		600		900	
Thiamin (Vitamin B1), mg	0.54		2.3		3.5	
Riboflavin (Vitamin B2), mg	0.61		2.6		3.9	
Vitamin B6, mg	0.72		3.0		4.5	
Vitamin B12, mcg	2.2		9.0		14	
Niacin, mg	7.2		30		45	
Choline, mg	145		600		900	
Biotin, mcg	110		450		675	
Pantothenic Acid, mg	3.6		15		23	
Sodium, mg	240		1000		1500	
Sodium, mEq	10.4		43.5		65.2	
Potassium, mg	470		1980		2970	
Potassium, mEq	12.0		50.8		76.1	
Chloride, mg	300		1260		1890	
Chloride, mEq	8.5		35.6		53.4	
Calcium, mg	285		1200		1800	
Phosphorus, mg	285		1200		1800	
Magnesium, mg	95		400		600	
Iodine, mcg	36		150		225	
Manganese, mg	1.2		5.0		7.5	
Copper, mg	0.48		2.0		3.0	
Zinc, mg	5.7		24		36	
Iron, mg	4.3		18		27	
Selenium, mcg	17		70		105	
Chromium, mcg	29		120		180	
Molybdenum, mcg	36		150		225	

For more information, contact your Abbott Nutrition Representative or visit www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*530 IU of vitamin A activity supplied by 0.4 mg of beta-carotene.

Per 1000 mL (1.1 QT)

*2250 IU of vitamin A activity supplied by 1.7 mg of beta-carotene.

Per 1500 mL (1.6 QT)

*3375 IU of vitamin A activity supplied by 2.6 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Promote® with Fiber

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Promote® with Fiber

Complete, balanced high protein nutrition with fiber

- 1 PROMOTE WITH FIBER is a complete, balanced, high-protein, and fiber-fortified formula for patients who need a higher proportion of calories from protein. It is ideal for patients with low caloric and/or wound-healing needs and those at risk for protein-energy malnutrition or pressure ulcers.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 High in protein (25% of Cal, 14.8 g/8 fl oz) from sodium and calcium caseinates and soy protein isolate. Protein is needed for lean body mass maintenance and repair.
- 1 Fiber blend of 85% oat fiber and 15% soy fiber to provide a product low in viscosity and high in dietary fiber (14.4 g/L). Fiber helps moderate bowel function.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1000 Cal (1 Liter).
- 1 Fat blend has safflower, MCT, and soy oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains medium-chain triglycerides (MCTs) as part of the fat source.
- 1 1 Cal/mL.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sodium & Calcium Caseinates, Soy Protein Isolate, Sugar, Soy Oil, Oat Fiber, Medium-Chain Triglycerides, Natural & Artificial Flavor, Safflower Oil, Calcium Phosphate, Soy Fiber, Magnesium Phosphate, Potassium Citrate, Sodium Citrate, Potassium Chloride, Soy Lecithin, Ascorbic Acid, Choline Chloride, Taurine, L-Carnitine, Gellan Gum, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
51872	Promote With Fiber Vanilla / 8-fl-oz (237-fl-oz) Can / 24 ct
62703	Promote With Fiber / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
62705	Promote With Fiber / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
64631	Promote With Fiber Vanilla / 8-fl-oz (237-fl-oz) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	14.8		62.5		93.8	
Fat, g	6.7		28.2		42.4	
Carbohydrate, g	32.8		138.3		207.2	
Dietary Fiber, g	3.4*		14.4*		21.6*	
Taurine, mg	36		150		225	
L-Carnitine, mg	36		150		225	
Water, g/mL/cc	197		831		1247	
Calories	237		1000		1500	
Vitamin A, IU	1720 [†]		7250 [†]		10875 [†]	
Beta-Carotene, mg	0.40		1.7		2.6	
Vitamin D, IU	95		400		600	
Vitamin E, IU	11		45		68	
Vitamin K, mcg	19		80		120	
Vitamin C, mg	81		340		510	
Folic Acid, mcg	145		600		900	
Thiamin (Vitamin B1), mg	0.54		2.3		3.5	
Riboflavin (Vitamin B2), mg	0.61		2.6		3.9	
Vitamin B6, mg	0.72		3.0		4.5	
Vitamin B12, mcg	2.2		9.0		14	
Niacin, mg	7.2		30		45	
Choline, mg	145		600		900	
Biotin, mcg	110		450		675	
Pantothenic Acid, mg	3.6		15		23	
Sodium, mg	310		1300		1950	
Sodium, mEq	13.5		56.5		84.8	
Potassium, mg	500		2100		3150	
Potassium, mEq	12.8		53.8		80.8	
Chloride, mg	300		1260		1890	
Chloride, mEq	8.5		35.6		53.4	
Calcium, mg	285		1200		1800	
Phosphorus, mg	285		1200		1800	
Magnesium, mg	95		400		600	
Iodine, mcg	36		150		225	
Manganese, mg	1.2		5.0		7.5	
Copper, mg	0.48		2.0		3.0	
Zinc, mg	5.7		24		36	
Iron, mg	4.3		18		27	
Selenium, mcg	17		70		105	
Chromium, mcg	29		120		180	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Molybdenum, mcg	36		150		225	

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*3.4 g of total dietary fiber from oat and soy fiber.

†530 IU of vitamin A activity supplied by 0.4 mg of beta-carotene.

Per 1000 mL (1.1 QT)

*14.4 g of total dietary fiber from oat and soy fiber.

†2250 IU of vitamin A activity supplied by 1.7 mg of beta-carotene.

Per 1500 mL (1.6 QT)

*21.6 g of total dietary fiber from oat and soy fiber.

†3375 IU of vitamin A activity supplied by 2.6 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, re-close or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

**Product Category:
Pulmocare®**

Pulmocare®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Pulmocare®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 PULMOCARE is designed for people with chronic obstructive pulmonary disease (COPD), cystic fibrosis, or respiratory failure who may benefit from a high-calorie, modified carbohydrate and fat, enteral formula that may help reduce diet-induced carbon dioxide production.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Provides complete and balanced nutrition.
- 1 20% of fat as MCT to enhance fat absorption.
- 1 Elevated antioxidants vitamin C, vitamin E, and beta-carotene.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1420 Cal (947 mL).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Sodium & Calcium Caseinates, Sugar, Canola Oil, Corn Maltodextrin, Medium-Chain Triglycerides, Corn Oil, High Oleic Safflower Oil, Natural & Artificial Flavor, Magnesium Chloride, Calcium Phosphate, Soy Lecithin, Potassium Citrate, Sodium Citrate, Potassium Phosphate, Sodium Hydroxide, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Taurine, L-Carnitine, Gellan Gum, Salt, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
00699	Pulmocare Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62725	Pulmocare Vanilla / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64811	Pulmocare Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	14.8	
Fat, g	22.1	
Carbohydrate, g	25.0	
L-Carnitine, mg	36	
Taurine, mg	36	
Water, g	186	
Calories	355	
Vitamin A, IU	2840*	
Beta-Carotene, mg	1.2	
Vitamin D, IU	100	
Vitamin E, IU	20	
Vitamin K, mcg	20	
Vitamin C, mg	75	
Folic Acid, mcg	200	
Thiamin (Vitamin B1), mg	0.75	
Riboflavin (Vitamin B2), mg	0.85	
Vitamin B6, mg	1.0	
Vitamin B12, mcg	3.0	
Niacin, mg	10	
Choline, mg	150	
Biotin, mcg	150	
Pantothenic Acid, mg	5.0	
Sodium, mg	310	
Sodium, mEq	13.5	
Potassium, mg	465	
Potassium, mEq	11.9	
Chloride, mg	400	
Chloride, mEq	11.3	
Calcium, mg	250	
Phosphorus, mg	250	
Magnesium, mg	100	
Iodine, mcg	38	
Manganese, mg	1.3	
Copper, mg	0.50	
Zinc, mg	5.7	
Iron, mg	4.5	
Selenium, mcg	18	
Chromium, mcg	30	
Molybdenum, mcg	38	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*1590 IU of vitamin A activity supplied by 1.2 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

**Product Category:
Similac®**

Similac® Breastfeeding Supplement
Similac® Prenatal Vitamin

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Similac® Breastfeeding Supplement

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® Breastfeeding Supplement

Nutrients for Mom and Baby

1 Nutrients for mom to support breast milk quality.*

* *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Ingredients

Softgel Unflavored:

DHA (Docosahexaenoic acid, from fish oil concentrate [Anchovy, Sardine, Jack Mackerel, Tuna]), Lutein (from Marigold Flower [Tagetes Erecta]), Gelatin, Glycerine, White Beeswax, Safflower Oil, Water, Soy Lecithin, and Annatto Extract.

Allergens: Contains soy ingredients. Manufactured in a facility that processes egg, fish, milk, peanut, shellfish, tree nut and wheat ingredients.

Availability

List Number	Item
63349	Similac Breastfeeding Supplement / 30 count DHA/Lutein/Vitamin E softgels / 4 x 3 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

2 of 3



Similac® Breastfeeding Supplement

Nutrients for Mom and Baby

Nutrition Information - Softgel Unflavored

	1 Softgel	
	Value	%RDI / %DV*
Calories	5	
Calories from Fat	5	
Total Fat, g	0.5	Not established
Vitamin E (as d-Alpha Tocopherol), IU	30	100
DHA (Docosahexaenoic Acid, from Fish Oil Concentrate [Anchovy, Sardine, Jack Mackerel, Tuna]), mg	200	Not established
Lutein (from Marigold Flower [Tagetes erecta]), mg	6	Not established

Softgel Unflavored Footnotes & References

Per 1 Softgel

*%DV for pregnant/lactating women.

Preparation

Directions

- 1 In addition to your prenatal vitamin or multivitamin, take one softgel daily during lactation.
- 1 Eating a healthy diet along with your supplements is important for both you and your baby. Always inform your doctor about the use of dietary supplements.
- 1 Do not use this product if safety seal underneath bottle cap is torn or missing.

Storage & Handling

Storage:

- 1 Store with cap secured at room temperature. Avoid extreme temperatures.
- 1 Do not use this product if safety seal underneath bottle cap is torn or missing.
- 1 KEEP OUT OF REACH OF CHILDREN.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Similac® Prenatal Vitamin

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® Prenatal Vitamin

Nutrients for Mom and Baby

- 1 Similac Prenatal provides nutrients to support both mom and baby during pregnancy and breastfeeding.*
- 1 Meets or exceeds 100% of the recommended Daily Value for 13 essential vitamins and minerals.
- 1 Similac Prenatal goes beyond the essentials: DHA and lutein in addition to 22 essential vitamins and minerals.
- 1 Similac Prenatal to help replenish important nutrients for mom during pregnancy and breastfeeding.*
- 1 Vitamin E to support immune health.*
- 1 Vitamin D is essential to help support calcium absorption for bone growth.*
- 1 Iron to help support fetal brain development.*
- 1 Folic acid to help support fetal brain development.*



Safety Precautions

- 1 Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.
- 1 Always inform your doctor about the use of dietary supplements.
- 1 Always inform your doctor about the use of dietary supplements.
- 1 Do not use this product in combination with other dietary supplements.
- 1 Do not use this product if safety seal underneath bottle cap is torn or missing.

* **These statements have not been evaluated by the Food and Drug Administration.**

This product is not intended to diagnose, treat, cure or prevent any disease.

* **These statements have not been evaluated by the Food and Drug Administration.**

This product is not intended to diagnose, treat, cure or prevent any disease.

Ingredients

Tablet Unflavored:

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Hypromellose, Titanium Dioxide, Polydextrose, Silicon Dioxide, Magnesium Stearate, Talc, Maltodextrin, and Medium-Chain Triglycerides.

Allergens: Manufactured in a facility that processes fish, milk, shellfish, tree nut and wheat ingredients.

Availability

List Number	Item
62427	Similac Prenatal Dietary Supplement / 30 Tablets & 30 Softgels / 3 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® Prenatal Vitamin

Nutrients for Mom and Baby

Nutrition Information - Tablet Unflavored

	1 tablet	
	Value	%RDI / %DV*
Vitamin A (50% as Beta-Carotene, 50% Vitamin A Palmitate), IU	4000	50
Vitamin C (as Ascorbic Acid), mg	120	200
Vitamin D (as Cholecalciferol), IU	600	150
Thiamin (as Thiamine Mononitrate), mg	1.8	106
Riboflavin, mg	1.7	85
Niacin (as Niacinamide), mg	20	100
Vitamin B6 (as Pyridoxine Hydrochloride), mg	2.6	104
Folic Acid, mcg	800	100
Vitamin B12 (as Cyanocobalamin), mcg	8	100
Biotin, mcg	35	12
Pantothenic Acid (as Calcium D-Pantothenate), mg	10	100
Calcium (as Calcium Carbonate), mg	300	23
Iron (as Ferrous Fumarate), mg	27	150
Iodine (as Potassium Iodide), mcg	210	140
Magnesium (as Magnesium Oxide), mg	200	44
Zinc (as Zinc Oxide), mg	15	100
Selenium (as Sodium Selenate), mcg	70	Not established
Copper (as Copper Gluconate), mg	2	100
Manganese (as Manganese Gluconate), mg	2.6	Not established
Chromium (as Chromium Chloride), mcg	45	Not established
Molybdenum (as Sodium Molybdate), mcg	50	Not established

Tablet Unflavored Footnotes & References

Per 1 tablet

*% Daily Value for pregnant/lactating women.

Preparation

Directions

- 1 During pregnancy and lactation, take **one tablet and one softgel** daily with food.
- 1 Eating a healthy diet along with your recommended daily prenatal is important for both you and your baby.

Storage & Handling

- 1 Store with cap secured at room temperature.
- 1 Avoid extreme temperatures.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Category:
Suplena®

Suplena® with Carb Steady®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Suplena® with Carb Steady®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Suplena® with Carb Steady®

For People With Chronic Kidney Disease

- 1 Suplena with CARBSTEADY is therapeutic nutrition specifically designed for people with Stage 3/4 chronic kidney disease, or nondialyzed without protein energy wasting (malnutrition).
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Therapeutic nutrition that can help maintain nutritional status while adhering to their renal diets for people with Stage 3/4 chronic kidney disease, or nondialyzed without protein energy wasting (malnutrition).
- 1 Has CARBSTEADY®, which includes low glycemic carbohydrates designed to help minimize blood sugar spikes.
- 1 High in calories —1.8 Cal/mL.
- 1 Low in protein (10% of total calories).
- 1 Low in phosphorus, potassium, and sodium.
- 1 A good source of fiber, including prebiotics.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Low-residue.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.

Ingredients

Liquid Homemade Vanilla:

Water, Corn Maltodextrin, High Oleic Safflower Oil, Milk Protein Isolate, Isomaltulose, Sugar, Canola Oil, Sodium Caseinate, Glycerine, Short-Chain Fructooligosaccharides. Less than 1.0% of: Soy Lecithin, Natural & Artificial Flavor, Potassium Citrate, Sodium Citrate, Magnesium Chloride, Choline Chloride, Magnesium Phosphate, Calcium Carbonate, Ascorbic Acid, L-Carnitine, Calcium Phosphate, Carrageenan, Potassium Chloride, Taurine, Salt, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62088	Suplena w Carb Steady Shake Vanilla / 8-fl-oz (237-mL) Can / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

2 of 4



Suplena® with Carb Steady®

For People With Chronic Kidney Disease

Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI* / %DV	Value	%RDI / %DV
Protein, g	10.6		45	
Fat, g	22.7		96	
Saturated Fat, g	2.0		8.4	
Trans Fat, g	0.0		0	
Polyunsaturated Fat, g	4.1		17.3	
Monounsaturated Fat, g	16.1		67.9	
Cholesterol, mg	5.8		24.5	
Carbohydrate, g	46.4		196	
Dietary Fiber, g	3.0		12.7	
Sugars, g	14.8		62	
Glycerine, g	2.6		11	
L-Carnitine, mg	63		266	
Taurine, mg	38		160	
Water, g	175		738	
Calories	425		1795	
Vitamin A, IU	750	15	3165	
Vitamin D, IU	20	5	84	
Vitamin E, IU	23	77	97	
Vitamin K, mcg	20	25	84	
Vitamin C, mg	25	42	106	
Folic Acid, mcg	250	63	1055	
Vitamin B1, mg	0.56	37	2.4	
Vitamin B2, mg	0.64	38	2.7	
Vitamin B6, mg	2.0	100	8.4	
Vitamin B12, mcg	2.3	38	9.7	
Niacin, mg	7.5	38	32	
Choline, mg	150	Not established	633	
Biotin, mcg	120	38	506	
Pantothenic Acid, mg	3.8	38	16	
Sodium, mg	190	Not established	802	
Sodium, mEq	8.3		35.0	
Potassium, mg	270	Not established	1139	
Potassium, mEq	6.9		29.1	
Chloride, mg	220	6	928	
Chloride, mEq	6.2		26.2	
Calcium, mg	250	25	1055	
Phosphorus, mg	170	17	717	
Magnesium, mg	50	13	211	
Iodine, mcg	38	25	160	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI* / %DV	Value	%RDI / %DV
Manganese, mg	0.5	25	2.1	
Copper, mg	0.5	25	2.1	
Zinc, mg	6.4	43	27	
Iron, mg	4.5	25	19	
Selenium, mcg	18	26	76	
Chromium, mcg	30	25	127	
Molybdenum, mcg	19	25	80	

Liquid Homemade Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*RDI percentages for adults and children 4 or more years of age.

Storage & Handling

Instructions

- 1 Use by date on end of can.
- 1 Store unopened at room temperature.
- 1 Shake well.
- 1 Clean top of container before opening.
- 1 Once opened, cover, refrigerate and use within 48 hours.

Oral Feeding

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding

- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Pump feed at room temperature with an 8 Fr or larger tube; gravity feeding not recommended.
- 1 When used as a sole source of nutrition, additional water may be required and can be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

**Product Category:
TwoCal® HN**

TwoCal® HN

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: TwoCal® HN

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 TWOCAL HN is a nutritionally complete, high-calorie formula designed to meet the increased protein and calorie needs of stressed patients and patients requiring low-volume feedings.
- 1 For tube or oral feeding.
- 1 Often provided in 2-fl-oz amounts QID with Med Pass programs to assist with weight gain or maintenance.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 2 Cal/mL to help patients gain and maintain healthy weight.
- 1 Protein to help support lean body mass and wound healing.
- 1 Meets or exceeds 25% of the 1995 RDIs for 24 essential vitamins and minerals in 8 fl oz.
- 1 1.2 g of NutraFlora® scFOS®*/8 fl oz (5 g/L). scFOS are probiotics that stimulate the growth of beneficial bacteria in the colon.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Vanilla:

Water, Corn Syrup Solids, Sodium & Calcium Caseinates, Corn Maltodextrin, High Oleic Safflower Oil, Sugar, Medium-Chain Triglycerides, Canola Oil, Short-Chain Fructooligosaccharides, Potassium Citrate, Natural & Artificial Flavor, Magnesium Chloride, Calcium Phosphate, Soy Lecithin, Ascorbic Acid, Sodium Citrate, Choline Chloride, Potassium Hydroxide, Taurine, L-Carnitine, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
00729	TwoCal HN Vanilla / 8-fl-oz (237-mL) Can / 24 ct
54064	TwoCal HN Butter Pecan / 8-fl-oz (237-mL) Can / 24 ct
62709	TwoCal HN Vanilla / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64806	TwoCal HN Ready-to-Drink Butter Pecan / 8-fl-oz (237-mL) Carton / 24
64809	TwoCal HN Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
 Columbus, OH 43219-3034
 1-800-227-5767



Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	19.9	
Fat, g	21.5	
Carbohydrate, g	51.8	
Dietary Fiber, g	1.2*	
L-Carnitine, mg	38	
Taurine, mg	38	
Water, g/mL/cc	166	
Calories	475	
Vitamin A, IU	1250	
Vitamin D, IU	100	
Vitamin E, IU	12	
Vitamin K, mcg	20	
Vitamin C, mg	75	
Folic Acid, mcg	160	
Thiamin (Vitamin B1), mg	0.60	
Riboflavin (Vitamin B2), mg	0.68	
Vitamin B6, mg	0.80	
Vitamin B12, mcg	2.4	
Niacin, mg	8.0	
Choline, mg	150	
Biotin, mcg	120	
Pantothenic Acid, mg	4.0	
Sodium, mg	345	
Sodium, mEq	15	
Potassium, mg	580	
Potassium, mEq	14.8	
Chloride, mg	430	
Chloride, mEq	12.1	
Calcium, mg	250	
Phosphorus, mg	250	
Magnesium, mg	100	
Iodine, mcg	38	
Manganese, mg	1.3	
Copper, mg	0.50	
Zinc, mg	5.7	
Iron, mg	4.5	
Selenium, mcg	18	
Chromium, mcg	30	
Molybdenum, mcg	38	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*1.2 g of short-chain fructooligosaccharides.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Category: Vital®

Vital AF 1.2 Cal®
Vital High Protein
Vital® 1.0 Cal
Vital® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Vital AF 1.2 Cal®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital AF 1.2 Cal®

Therapeutic nutrition with ingredients to help manage inflammation and to promote GI tolerance

- 1 VITAL AF 1.2 CAL is Advanced Formula therapeutic nutrition with ingredients to help manage inflammation and symptoms of GI intolerance.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Designed to promote tolerance:
 - Hydrolyzed peptide-based protein system.
 - MCT/fish oil structured lipid, a well-tolerated^{1,2} and absorbed¹ next generation fat to promote absorption of fatty acids.
 - 1.2 g of NutraFlora® scFOS® / 8 fl oz (5.1 g/L). scFOS are prebiotic fibers that stimulate the growth of beneficial bacteria in the colon.
- 1 Eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) from refined fish oil to help modulate inflammation and support immune function.^{3,4}
- 1 75 g/L protein to meet the increased protein needs of stressed patients (≥1.2 g/kg) and support healing.⁵
- 1 1013 IU/L vitamin D to help meet the increased vitamin D needs of critically ill patients.^{6,7}
- 1 Elevated antioxidants vitamins C and E to help reduce free radical damage.
- 1 Meets or exceeds 100% of the 1995 RDIs for protein and 24 essential vitamins and minerals in 1422 Cal (1185 mL).
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

¹ Kenler AS, et al. *Ann Surg.* 1996;223:316-333.

² McKenna MC, et al. *J Pediatr Gastroenterol Nutr.* 1985;4:45-51.

³ Calder PC. *Prostaglandins Leukot Essent Fatty Acids.* 2008;79:101-108.

⁴ Calder PC. *Clin Nutr.* 2010;29:5-12.

⁵ McClave SA, et al. *JPEN J Parenter Enteral Nutr.* 2016;40(2):159-211.

⁶ Lee P, et al. *Intensive Care Med* 2009;35 (12):2028-2032.

⁷ Lee P, et al *N Engl J Med* 2009;360(18):1912-1914.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Hydrolyzed Sodium Caseinate. Less than 2% of: Structured lipid (Interesterified Marine Oil [Contains One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna] and Medium Chain Triglycerides), Medium-Chain Triglycerides, Canola Oil, Soy Oil, Short-Chain Fructooligosaccharides, Natural & Artificial Flavor, Cellulose Gel, DATEM, Magnesium Phosphate, Calcium Carbonate, Potassium Chloride, Sodium Phosphate, Potassium Citrate, Ascorbic Acid, Choline Chloride, Acesulfame Potassium, Carrageenan, Cellulose Gum, Magnesium Chloride, Calcium Phosphate, d-Alpha-Tocopheryl Acetate, L-Carnitine, Taurine, Zinc Sulfate, Sucralose, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin B12, Phylloquinone, and Vitamin D3.

Allergens: Contains milk ingredients.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital AF 1.2 Cal®

Therapeutic nutrition with ingredients to help manage inflammation and to promote GI tolerance

Availability

List Number	Item
56542	Vital AF 1.2 Cal Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62715	Vital AF 1.2 Cal Vanilla / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64828	Vital AF 1.2 Cal Ready-to-Drink Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital AF 1.2 Cal®

Therapeutic nutrition with ingredients to help manage inflammation and to promote GI tolerance

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	17.8		75	
Fat, g	12.8		53.9	
Carbohydrate, g	26.2		110.6	
Dietary Fiber, g	1.2*		5.1*	
Water, g	192		811	
Taurine, mg	30		125	
L-Carnitine, mg	30		125	
Calories	284		1200	
Vitamin A, IU	1300		5485	
Vitamin D, IU	240		1013	
Vitamin E, IU	60		253	
Vitamin K, mcg	16		68	
Vitamin C, mg	100		422	
Folic Acid, mcg	160		675	
Vitamin B1, mg	0.6		2.5	
Vitamin B2, mg	0.68		2.9	
Vitamin B6, mg	1.2		5.1	
Vitamin B12, mcg	2.4		10	
Niacin, mg	8.0		34	
Choline, mg	135		575	
Biotin, mcg	120		506	
Pantothenic Acid, mg	4.0		17	
Sodium, mg	300		1266	
Potassium, mg	400		1688	
Chloride, mg	300		1266	
Calcium, mg	200		844	
Phosphorus, mg	200		844	
Magnesium, mg	80		338	
Iodine, mcg	30		125	
Manganese, mg	1.0		4.2	
Copper, mg	0.40		1.7	
Zinc, mg	6.0		25	
Iron, mg	3.6		15	
Selenium, mcg	16		68	
Chromium, mcg	24		100	
Molybdenum, mcg	36		150	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
 Columbus, OH 43219-3034
 1-800-227-5767



Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*1.2 g of dietary fiber supplied by short-chain fructooligosaccharides.

Per 1000 mL (1.1 QT)

*5.1 g of dietary fiber supplied by short-chain fructooligosaccharides.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Vital High Protein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital High Protein

High Protein, Low Fat Therapeutic Nutrition

- 1 VITAL HIGH PROTEIN is peptide-based therapeutic nutrition to help manage inflammation and symptoms of GI intolerance in patients requiring a low-fat, high-protein diet.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 87.5 g/L protein (35%) to meet the increased protein needs of patients requiring a high-protein diet.
- 1 20% total calories from fat.
- 1 EPA (2.5 g/L) and DHA (1.1 g/L) from fish oil to help modulate inflammation and support immune function.^{1,2}
- 1 1000 IU/L Vitamin D to help meet the increased vitamin D needs of critically ill patients.^{3,4}
- 1 Contains elevated levels of antioxidant vitamins C and E to help reduce free radical damage.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1422 Cal (1422 mL).
- 1 Suitable for lactose intolerance.
- 1 Gluten-free.
- 1 Fiber-free.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.

¹ Calder PC. *Prostaglandins Leukot Essent Fatty Acids*. 2008;79:101-108.

² Calder PC. *Clin Nutr*. 2010;29:5-12.

³ Lee P, et al *N Engl J Med* 2009;360(18):1912-1914.

⁴ Lee P, et al. *Intensive Care Med* 2009;35 (12):2028-2032.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Hydrolyzed Sodium Caseinate, Medium-Chain Triglycerides, Marine Oil (May Contain One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna), Sugar, Cellulose Gel, Magnesium Phosphate, Sodium Phosphate, Potassium Citrate, Calcium Carbonate, Potassium Chloride, DATEM, Corn Oil, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Carrageenan, Cellulose Gum, Magnesium Chloride, L-Carnitine, Taurine, d-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Folic Acid, Biotin, Chromium Chloride, Vitamin D3, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin B12, and Phylloquinone.

Allergens: Contains milk ingredients.

Availability

List Number	Item
63081	Vital High Protein/ 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
63119	Vital High Protein / 8-fl-oz (237-mL) Can / 24 ct
64820	Vital High Protein / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital High Protein

High Protein, Low Fat Therapeutic Nutrition

Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	20.7		87.5	
Fat, g	5.5		23.2	
Carbohydrate, g	26.7		112	
Dietary Fiber, g	0.0		0.0	
Water, g	198		836	
Taurine, mg	25		105	
L-Carnitine, mg	25		105	
Calories	237		1000	
Vitamin A, IU	1185		5000	
Vitamin D, IU	237		1000	
Vitamin E, IU	33		140	
Vitamin K, mcg	15		65	
Vitamin C, mg	83		350	
Folic Acid, mcg	135		565	
Vitamin B1, mg	0.50		2.1	
Vitamin B2, mg	0.56		2.4	
Vitamin B6, mg	1.0		4.2	
Vitamin B12, mcg	2.0		8.4	
Niacin, mg	6.6		28	
Choline, mg	115		480	
Biotin, mcg	100		420	
Pantothenic Acid, mg	3.3		14	
Sodium, mg	330		1400	
Potassium, mg	380		1600	
Chloride, mg	250		1055	
Calcium, mg	185		800	
Phosphorus, mg	185		800	
Magnesium, mg	65		280	
Iodine, mcg	25		105	
Manganese, mg	0.83		3.5	
Copper, mg	0.23		1.0	
Zinc, mg	5.0		21	
Iron, mg	3.0		13	
Selenium, mcg	13		56	
Chromium, mcg	20		84	
Molybdenum, mcg	30		125	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
 Columbus, OH 43219-3034
 1-800-227-5767



Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, re-close or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Vital® 1.0 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital® 1.0 Cal

Therapeutic nutrition to support GI tolerance

- 1 VITAL 1.0 CAL is a peptide-based formula for patients experiencing malabsorption, maldigestion, or impaired GI function and/or symptoms of GI intolerance.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Designed to promote tolerance:
 - Advanced blend of hydrolyzed protein, structured lipid, and prebiotic (NutraFlora® scFOS®)* to support absorption and tolerance.
 - Hydrolyzed, peptide-based protein system.
 - MCT/canola oil structured lipid, a next-generation fat to promote absorption of fatty acids.
 - 1 g of NutraFlora scFOS/8 fl oz (4.2 g/L). scFOS are prebiotic fibers that stimulate the growth of beneficial bacteria in the colon.
- 1 Elevated antioxidants vitamins C and E to help reduce free radical damage.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1422 Cal (1422 mL).
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Structured Lipid (Interesterified Canola Oil & Medium Chain Triglycerides), Sugar, Hydrolyzed Sodium Caseinate, Canola Oil, Medium-Chain Triglycerides, Short-Chain Fructooligosaccharides, Natural & Artificial Flavor, DATEM, Magnesium Phosphate, Calcium Carbonate, Potassium Citrate, Sodium Phosphate, Potassium Chloride, Cellulose Gel, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Sodium Citrate, Carrageenan, Sucralose, Magnesium Chloride, Cellulose Gum, L-Carnitine, Taurine, d-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin B12, Phylloquinone, and Vitamin D3.

Allergens: Contains milk ingredients.

Availability

List Number	Item
56277	Vital 1.0 Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62711	Vital 1.0 Vanilla / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64832	Vital 1.0 Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	9.5		40.0	
Fat, g	9.0		38.1	
Carbohydrate, g	30.7		130	
Dietary Fiber, g	1.0*		4.2*	
Water, g	199		842	
Taurine, mg	25		105	
L-Carnitine, mg	25		105	
Calories	237		1000	
Vitamin A, IU	1080		4570	
Vitamin D, IU	66		280	
Vitamin E, IU	17		70	
Vitamin K, mcg	13		56	
Vitamin C, mg	83		350	
Folic Acid, mcg	135		565	
Vitamin B1, mg	0.50		2.1	
Vitamin B2, mg	0.56		2.4	
Vitamin B6, mg	1.0		4.2	
Vitamin B12, mcg	2.0		8.4	
Niacin, mg	6.6		28	
Choline, mg	115		480	
Biotin, mcg	100		420	
Pantothenic Acid, mg	3.3		14	
Sodium, mg	250		1055	
Potassium, mg	330		1400	
Chloride, mg	250		1055	
Calcium, mg	165		705	
Phosphorus, mg	165		705	
Magnesium, mg	66		280	
Iodine, mcg	25		105	
Manganese, mg	0.83		3.5	
Copper, mg	0.33		1.4	
Zinc, mg	5.0		21	
Iron, mg	3.0		13	
Selenium, mcg	13		56	
Chromium, mcg	20		84	
Molybdenum, mcg	30		125	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

* 1.0 g of dietary fiber supplied by short-chain fructooligosaccharides.

Per 1000 mL (1.1 QT)

* 4.2 g of dietary fiber supplied by short-chain fructooligosaccharides.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Information: Vital® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital® 1.5 Cal

Calorically dense, therapeutic nutrition to support GI tolerance

- 1 VITAL 1.5 CAL is a calorically dense, peptide-based formula for patients experiencing malabsorption, maldigestion, or impaired GI function and/or symptoms of GI intolerance.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 1.5 Cal/mL-concentrated calories for fluid-restricted patients.
- 1 Designed to promote tolerance:
 - Advanced blend of hydrolyzed protein, structured lipid, and prebiotic (NutraFlora® scFOS®)* to support absorption and tolerance.
 - Hydrolyzed, peptide-based protein system.
 - MCT/canola oil structured lipid, a next-generation fat to promote absorption of fatty acids.
 - 1.4 g of NutraFlora scFOS/8 fl oz (6 g/L). scFOS are prebiotic fibers that stimulate the growth of beneficial bacteria in the colon.
- 1 Elevated antioxidants vitamins C and E to help reduce free radical damage.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1500 Cal (1000 mL).
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Structured Lipid (Interesterified Canola Oil & Medium Chain Triglycerides), Sugar, Partially Hydrolyzed Sodium Caseinate, Canola Oil, Medium-Chain Triglycerides, Short-Chain Fructooligosaccharides, Natural & Artificial Flavors, DATEM, Magnesium Phosphate, Calcium Carbonate, Potassium Chloride, Potassium Citrate, Sodium Phosphate, Sodium Citrate, Ascorbic Acid, Cellulose Gel, Calcium Phosphate, Choline Chloride, Sucralose, Carrageenan, L-Carnitine, Taurine, Cellulose Gum, Magnesium Chloride, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin B12, Phylloquinone, and Vitamin D3.

Allergens: Contains milk ingredients.

Availability

List Number	Item
56279	Vital 1.5 Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62713	Vital 1.5 Vanilla / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64825	Vital 1.5 Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	16		67.5	
Fat, g	13.5		57.1	
Carbohydrate, g	44.2		187	
Dietary Fiber, g	1.4*		6.0*	
Water, g	181		764	
Taurine, mg	35		150	
L-Carnitine, mg	35		150	
Calories	355		1500	
Vitamin A, IU	1540		6500	
Vitamin D, IU	95		400	
Vitamin E, IU	24		100	
Vitamin K, mcg	19		80	
Vitamin C, mg	120		500	
Folic Acid, mcg	190		800	
Thiamin (Vitamin B1), mg	0.70		3.0	
Riboflavin (Vitamin B2), mg	0.80		3.4	
Vitamin B6, mg	1.4		6.0	
Vitamin B12, mcg	2.8		12	
Niacin, mg	9.5		40	
Choline, mg	160		680	
Biotin, mcg	140		600	
Pantothenic Acid, mg	4.7		20	
Sodium, mg	355		1500	
Potassium, mg	475		2000	
Chloride, mg	355		1500	
Calcium, mg	235		1000	
Phosphorus, mg	235		1000	
Magnesium, mg	95		400	
Iodine, mcg	35		150	
Manganese, mg	1.2		5.0	
Copper, mg	0.47		2.0	
Zinc, mg	7.1		30	
Iron, mg	4.3		18	
Selenium, mcg	19		80	
Chromium, mcg	28		120	
Molybdenum, mcg	43		180	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

* 1.4 g of dietary fiber supplied by short-chain fructooligosaccharides.

Per 1000 mL (1.1 QT)

* 6 g of dietary fiber supplied by short-chain fructooligosaccharides.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Product Category: Vital® Peptide

Vital® Peptide 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital® Peptide 1.5 Cal

Calorically dense, therapeutic nutrition to support GI tolerance

Product Information: Vital® Peptide 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital® Peptide 1.5 Cal

Calorically dense, therapeutic nutrition to support GI tolerance

- 1 VITAL PEPTIDE 1.5 CAL is a nutritionally complete, peptide-based formula for the nutrition needs of patients ages 14+ years with malabsorption, maldigestion, and other GI conditions.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Nutrient Blend designed to help support tolerance and absorption.
 - Hydrolyzed whey-dominant protein.
 - NutraFlora® scFOS®,* a prebiotic fiber.
 - Structured lipids.
- 1 Complete, Balanced Nutrition®.
- 1 1000 IU/L Vitamin D.
- 1 Antioxidants (Vitamins C, E, and selenium).
- 1 Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for patients 14 to 18 years of age in 1000 mL; for patients 18+ years of age in 1200 mL.
- 1 Kosher.
- 1 Halal.
- 1 Suitable for lactose intolerance.
- 1 Gluten-free.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Structured Lipid (Interesterified Canola Oil & Medium Chain Triglycerides), Sugar, Hydrolyzed Sodium Caseinate, Medium-Chain Triglycerides, Canola Oil, Short-Chain Fructooligosaccharides, Natural & Artificial Flavors, Magnesium Phosphate, DATEM, Calcium Phosphate, Potassium Citrate, Potassium Chloride, Cellulose Gel, Calcium Carbonate, Choline Chloride, Ascorbic Acid, Sodium Phosphate, Sucralose, Carrageenan, Cellulose Gum, Sodium Citrate, Taurine, Ferrous Sulfate, d-Alpha-Tocopheryl Acetate, Zinc Sulfate, L-Carnitine, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Sodium Selenate, Sodium Molybdate, Potassium Iodide, Phylloquinone, Chromium Chloride, Vitamin D3, and Vitamin B12.

Allergens: Contains milk ingredients.

Availability

List Number	Item
66236	Vital Peptide 1.5 Van / 8-fl-oz (237-mL) Carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Vital® Peptide 1.5 Cal

Calorically dense, therapeutic nutrition to support GI tolerance

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	16	
Fat, g	13.5	
Carbohydrate, g	44.3	
Dietary Fiber, g	1.4*	
Water, g	181	
Taurine, mg	23	
L-Carnitine, mg	5.3	
Calories	355	
Vitamin A, IU	775	
Vitamin D, IU	240	
Vitamin E, IU	8.1	
Vitamin K, mcg	25	
Vitamin C, mg	36	
Folic Acid, mcg	95	
Thiamin (Vitamin B1), mg	0.5	
Riboflavin (Vitamin B2), mg	0.5	
Vitamin B6, mg	0.5	
Vitamin B12, mcg	0.7	
Niacin, mg	3.8	
Choline, mg	131	
Biotin, mcg	85	
Pantothenic Acid, mg	2.4	
Sodium, mg	360	
Potassium, mg	480	
Chloride, mg	360	
Calcium, mg	310	
Phosphorus, mg	300	
Magnesium, mg	100	
Iodine, mcg	36	
Manganese, mg	0.6	
Copper, mg	0.25	
Zinc, mg	2.7	
Iron, mg	4.3	
Selenium, mcg	15	
Chromium, mcg	11	
Molybdenum, mcg	18	

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Vital® Peptide 1.5 Cal

Calorically dense, therapeutic nutrition to support GI tolerance

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*1.4 g of dietary fiber supplied by short-chain fructooligosaccharides.

Preparation

Instructions for Use:

- 1 Shake very well.
- 1 Store unopened at room temperature.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 Best when chilled.
- 1 May be used for total or supplemental nutrition.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid may be required.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Category: ZonePerfect®

Perfectly Simple by ZonePerfect
ZonePerfect® Fruit Smoothie Powder
ZonePerfect® Nutrition Bars
ZonePerfect® Revitalize Bar

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: Perfectly Simple by ZonePerfect

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Perfectly Simple by ZonePerfect

- 1 Good Stuff from Good Places.
- 1 10-11 grams protein.
- 1 0 grams trans fat.
- 1 Low sodium.
- 1 No preservatives.
- 1 No added coloring.
- 1 Kosher.
- 1 Gluten free.



Ingredients

Bar Roasted Cashew & Dark Chocolate:

Soy Protein Isolate, Brown Rice Syrup, Roasted Cashews, Chocolate Liquor, Sugar, Crystalline Fructose, Almond Butter, Dutch-Process Cocoa (Processed with Alkali), High Oleic Safflower Oil, Corn Syrup, Cream, Tapioca Starch. Less than 2% of the Following: Natural Flavors, Salt, Palm Kernel Oil, Cocoa Butter, Milk Protein Isolate, Peanut Oil, Madagascar Vanilla, Soy Lecithin, Pasteurized Whole Egg Powder, Xanthan Gum, Locust Bean Gum, and Gum Arabic.

Allergens: Contains almond, cashew, egg, milk, peanut and soy ingredients. Manufactured in a facility that processes other tree nut and wheat ingredients.

Availability

List Number	Item
64324	Perfectly Simple by ZonePerfect Pumpkin Chai Bar / 1.41-oz (40-g) bar / 6 x 5 ct
64329	Perfectly Simply by ZonePerfect Peppermint Bark Bar / 1.41-oz (40-g) bar / 6 x 5 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Bar Roasted Cashew & Dark Chocolate

	1.41 oz (40 g)	
	Value	%RDI / %DV*
Calories	190	
Calories from Fat	80	
Fat, g	9	14
Saturated Fat, g	3	15
Trans Fat, g	0	
Cholesterol, mg	<5	<2
Sodium, mg	190	8
Potassium, mg	140	4
Carbohydrate, g	15	5
Dietary Fiber, g	1	4
Sugars, g	9	
Protein, g	11	22

Bar Roasted Cashew & Dark Chocolate Footnotes & References

Per 1.41 oz (40 g)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet. Not a significant source of vitamin A, vitamin C, calcium and iron.

Product Information: ZonePerfect® Fruit Smoothie Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ZonePerfect® Fruit Smoothie Powder

- 1 Nourish your life with ZonePerfect.
- 1 1/2 serving of fruit in every serving.*
- 1 Excellent protein source (10 g).
- 1 Fiber for digestive health.

* ZonePerfect Fruit Smoothie is made with 5.5 grams of real dried fruit per serving, which is the equivalent of 1/2 serving of real fruit.



Ingredients

Powder Strawberry Banana:

Soy Protein Isolate, Apple Powder, Sugar, Sugar Cane Fiber, Fructose, Gum Arabic, Freeze Dried Strawberry Powder, Natural Flavor, Dried Banana, Calcium Phosphate, Calcium Carbonate, Guar Gum, Citric Acid, Cellulose Gum, Soy Lecithin, Ascorbic Acid, Salt, Maltodextrin, Carrageenan, Xanthan Gum, Alpha-Tocopherol Acetate, Rebaudioside A (Stevia), Red Beet Juice (Added for Color), Malic Acid, Monk Fruit Extract, Silicon Dioxide, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Folic Acid, and Cyanocobalamin.

Allergens: Contains soybean. Manufactured in a facility that processes egg, fish, milk, shellfish, tree nuts, and wheat ingredients.

Availability

List Number	Item
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For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ZonePerfect® Fruit Smoothie Powder

Nutrition Information - Powder Strawberry Banana

	30.2 g powder (2 scoops)		30.2 g prepared (2 scoops) [†]	
	Value	%RDI / %DV*	Value	%RDI / %DV*
Calories	110		190	
Calories from Fat	10		10	
Fat, g	1	2	1	2
Saturated Fat, g	0	0	0	0
Trans Fat, g	0		0	
Cholesterol, mg	0	0	0	1
Sodium, mg	240	10		14
Potassium, mg	160	5		16
Carbohydrate, g	16	5		9
Dietary Fiber, g	5	20		20
Sugars, g	9			
Protein, g	10	20		36
Vitamin A		0		10
Vitamin C		320		320
Calcium		35		60
Iron		10		10
Vitamin E		250		250
Thiamin		10		15
Riboflavin		10		35
Niacin		10		10
Vitamin B6		10		15
Folate		10		15
Vitamin B12		10		30
Pantothenic Acid		10		20

Powder Strawberry Banana Footnotes & References

Per 30.2 g powder (2 scoops)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Per 30.2 g prepared (2 scoops)[†]

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

[†]With 1 cup skim milk.

Preparation

Mixing Instructions:

- 1 Combine one serving with 8 fluid ounces of skim milk or water and mix well in a shaker or blender.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Product Information: ZonePerfect® Nutrition Bars

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ZonePerfect® Nutrition Bars

Balanced nutrition with great taste

- 1 Excellent source of protein (10-15 g).
- 1 17-19 vitamins and minerals.
- 1 Rich in antioxidants.*

* Vitamins C & E, and selenium



Ingredients

Bar Chocolate Peanut Butter:

Soy Protein Nuggets (Soy Protein Isolate, Tapioca Starch, Salt), Peanut Butter Fudge (Corn Syrup, Invert Sugar, Peanut Butter [Peanuts, Sugar, Salt], Sugar, Palm Kernel Oil, Peanut Flour, Milk Protein Isolate, Soy Lecithin, Salt, Vanilla Extract, Xanthan Gum, Carob Seed Gum, Beta-Carotene), Chocolate Flavored Coating (Sugar, Fractionated Palm Kernel Oil, Cocoa Powder, Whey Powder, Nonfat Milk Powder, Soy Lecithin, Natural Vanilla Flavor), Corn Syrup, Acacia Gum, Fructose Syrup, Peanut Butter, Peanut Flour, Peanuts. Less than 2% of the Following: Glycerine, Soy Protein Isolate, Natural Flavor, Calcium Phosphate, Salt, and Vitamin & Mineral Blend (Calcium Phosphate, Ascorbic Acid [Vit. C], Magnesium Oxide, dl-Alpha-Tocopheryl Acetate [Vit. E], Niacinamide [Vit. B3], Zinc Oxide, Calcium Pantothenate [Vit. B5], Ferrous Fumarate [Iron], Pyridoxine Hydrochloride [Vit. B6], Vitamin A Palmitate, Riboflavin [Vit. B2], Thiamine Mononitrate [Vit. B1], Folic Acid [Vit. B9], Chromium Chloride, Biotin [Vit. B7], Sodium Selenite, Sodium Molybdate, Cyanocobalamin [Vit. B12]).

Allergens: Contains milk, peanut and soy ingredients. Manufactured in a facility that processes eggs, tree nuts and wheat.

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www.abbottnutrition.com

ZonePerfect® Nutrition Bars

Balanced nutrition with great taste

Availability

List Number	Item
62836	ZonePerfect Nutrition Bar Chocolate Chip Cookie Dough / 1.58-oz (45-g) bar / 3 x 12 ct
63161	ZonePerfect Nutrition Bar Chocolate Peanut Butter / 1.76-oz (50-g) bar / 3 x 12 ct
63162	ZonePerfect Nutrition Bar Chocolate Peanut Butter / 1.76-oz (50-g) bar / 4 x 10 ct
63212	ZonePerfect Nutrition Bar Double Dark Chocolate / 1.58-oz (45-g) bar / 6 x 5 ct
63214	ZonePerfect Nutrition Bar Double Dark Chocolate / 1.58-oz (45-g) bar / 3 x 12 ct
63217	ZonePerfect Nutrition Bar Double Dark Chocolate / 1.58-oz (45-g) bar / 4 x 10 ct
63223	ZonePerfect Nutrition Bar Dark Chocolate Almond / 1.58-oz (45-g) bar / 6 x 5 ct
63225	ZonePerfect Nutrition Bar Dark Chocolate Almond / 1.58-oz (45-g) bar / 3 x 12 ct
63257	ZonePerfect Nutrition Bar Fudge Graham / 1.76-oz (50-g) bar / 6 x 5 ct
63259	ZonePerfect Nutrition Bar Fudge Graham / 1.76-oz (50-g) bar / 3 x 12 ct
63262	ZonePerfect Nutrition Bar Fudge Graham / 1.76-oz (50-g) bar / 4 x 10 ct
63278	ZonePerfect Nutrition Bar Chocolate Mint / 1.76-oz (50-g) bar / 6 x 5 ct
63280	ZonePerfect Nutrition Bar Chocolate Mint / 1.76-oz (50-g) bar / 4 x 10 ct
63282	ZonePerfect Nutrition Bar Chocolate Mint / 1.76-oz (50-g) bar / 3 x 12 ct
63297	ZonePerfect Nutrition Bar Chocolate Chip Cookie Dough / 1.58-oz (45-g) bar / 6 x 5 ct
63298	ZonePerfect Nutrition Bar Chocolate Almond Raisin / 1.76-oz (50-g) bar / 6 x 5 ct
63299	ZonePerfect Nutrition Bar Chocolate Almond Raisin / 1.76-oz (50-g) bar / 3 x 12 ct
63303	ZonePerfect Nutrition Bar Strawberry Yogurt / 1.76-oz (50-g) bar / 6 x 5 ct
63304	ZonePerfect Nutrition Bar Strawberry Yogurt / 1.76-oz (50-g) bar / 3 x 12 ct
63308	ZonePerfect Nutrition Bar Cinnamon Roll / 1.76-oz (50-g) bar / 6 x 5 ct
63309	ZonePerfect Nutrition Bar Cinnamon Roll / 1.76-oz (50-g) bar / 3 x 12 ct
63505	ZonePerfect Nutrition Bar Salted Caramel Brownie / 1.58-oz (45-g) bar / 3 x 12 ct
63508	ZonePerfect Nutrition Bar Salted Caramel Brownie / 1.58-oz (45-g) bar / 6 x 5 ct
64105	ZonePerfect Nutrition Bar Chocolate Chip Cookie Dough / 1.58-oz (45-g) bar / 4 x 10 ct
66037	ZonePerfect Nutrition Bar Oatmeal Chocolate Chunk Bar / 1.41-oz (40-g) bar / 6 x 5 ct
66040	ZonePerfect Nutrition Bar Oatmeal Chocolate Chunk Bar / 1.41-oz (40-g) bar / 3 x 12 ct
66203	ZonePerfect Nutrition Bar Cinnamon Bun Cookie Dough / 1.58-oz (45-g) bar / 3 x 12 ct
66207	ZonePerfect Nutrition Bar Cinnamon Bun Cookie Dough / 1.58-oz (45-g) bar / 4 x 10 ct
66209	ZonePerfect Nutrition Bar Cinnamon Bun Cookie Dough / 1.58-oz (45-g) bar / 6 x 5 ct
66211	ZonePerfect Nutrition Bar Cookies & Cream Cookie Dough / 1.58-oz (45-g) bar / 3 x 12 ct
66215	ZonePerfect Nutrition Bar Cookies & Cream Cookie Dough / 1.58-oz (45-g) bar / 4 x 10 ct
66217	ZonePerfect Nutrition Bar Cookies & Cream Cookie Dough / 1.58-oz (45-g) bar / 6 x 5 ct

For more information, contact your Abbott Nutrition Representative or visit
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Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



ZonePerfect® Nutrition Bars

Balanced nutrition with great taste

Nutrition Information - Bar Chocolate Peanut Butter

	1.76 oz (50 g)	
	Value	%RDI / %DV*
Calories	210	
Calories from Fat	60	
Fat, g	7	11
Saturated Fat, g	4	20
Trans Fat, g	0	
Cholesterol, mg	<5	<2
Sodium, mg	270	11
Potassium, mg	130	4
Carbohydrate, g	24	8
Dietary Fiber, g	3	12
Sugars, g	15	
Protein, g	14	28
Vitamin A		25
Vitamin C		50
Calcium		20
Iron		10
Vitamin E		25
Thiamin		25
Riboflavin		50
Niacin		45
Vitamin B6		50
Folate		20
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		20
Magnesium		10
Zinc		25
Selenium		30
Chromium		25
Molybdenum		35

Bar Chocolate Peanut Butter Footnotes & References

Per 1.76 oz (50 g)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

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 Columbus, OH 43219-3034
 1-800-227-5767



Product Information: ZonePerfect® Revitalize Bar

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ZonePerfect® Revitalize Bar

For mental focus

- 1 Focus your mind. Fuel your body.
- 1 Green tea extract* for energy boost.
- 1 Choline for brain health.
- 1 11 grams protein.

* Caffeine Content: 50 mg per bar



Ingredients

Bar Salted Caramel Latte:

Soy Protein Nuggets (Isolated Soy Protein, Tapioca Starch, Salt), Yogurt Flavored Coating (Dried Cane Syrup, Fractionated Palm Kernel Oil, Nonfat Milk, Nonfat Yogurt Powder [Cultured Nonfat Milk], Soy Lecithin [an Emulsifier], Modified Corn Starch, Lactic Acid, Vanilla Extract), Caramel (Corn Syrup, Nonfat Milk, Sugar, Palm Kernel Oil, Glycerine, Milk Protein Isolate, Cream, Natural Flavor, Salt, Soy Lecithin [an emulsifier], Disodium Phosphate), Cappuccino Cookie (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Sunflower Oil, Coffee, Salt, Sodium Bicarbonate, Soy Lecithin), Corn Syrup, Soy Protein Isolate, White Confectionery Drops (Sugar, Palm Kernel Oil, Nonfat Milk Powder, Whole Milk Powder, Whey Powder, Palm Oil, Soy Lecithin [An Emulsifier], Vanilla), High Oleic Safflower Oil, Fructose, Glycerine. Less than 2% of the Following: Green Tea Extract (Contains Caffeine), Natural Flavor, Salt, and Vitamin & Mineral Blend (d-Alpha-Tocopheryl Acetate [Vit. E], Folic Acid [Vit. B9], Niacinamide [Vit. B3], Calcium d-Pantothenate [Vit. B5], Thiamine Mononitrate [Vit. B1], Cyanocobalamin [Vit. B12], Riboflavin [Vit. B2], Pyridoxine Hydrochloride [Vit. B6], Ascorbic Acid [Vit. C], Choline Bitartrate).

Allergens: Contains milk, soy and wheat ingredients. Manufactured in a facility that processes egg, peanut and other tree nuts ingredients.

Availability

List Number	Item
66413	ZonePerfect Revitalize Bars Strawberry Shortcake / 1.41-oz (40-g) bar / 6 x 5 ct
66415	ZonePerfect Revitalize Bars Strawberry Shortcake / 1.41-oz (40-g) bar / 3 x 12 ct
66421	ZonePerfect Revitalize Bars Hot Chocolate Marshmallow / 1.41-oz (40-g) bar / 6 x 5 ct
66424	ZonePerfect Revitalize Bars Hot Chocolate Marshmallow / 1.41-oz (40-g) bar / 3 x 12 ct
66427	ZonePerfect Revitalize Bars Salted Caramel Latte / 1.41-oz (40-g) bar / 6 x 5 ct
66429	ZonePerfect Revitalize Bars Salted Caramel Latte / 1.41-oz (40-g) bar / 3 x 12 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ZonePerfect® Revitalize Bar

For mental focus

Nutrition Information - Bar Salted Caramel Latte

	40 g (1 bar)	
	Value	%RDI / %DV*
Calories	180	
Total Fat, g	7	9
Saturated Fat, g	3	15
Trans Fat, g	0	
Cholesterol, mg	0	0
Sodium, mg	240	10
Total Carbohydrate, g	18	7
Dietary Fiber, g	0	0
Total Sugars, g	13	
Added Sugars, g	13	26
Protein, g	11	22
Vitamin D, mcg	0	0
Calcium, mg	68	6
Iron, mg	1	6
Potassium, mg	60	2
Vitamin C		40
Vitamin E		80
Thiamin		30
Riboflavin		25
Niacin		25
Vitamin B6		70
Folate, mcg DFE	125	30
Folic Acid, mcg	75	
Vitamin B12		70
Pantothenic Acid		45
Choline		30

Bar Salted Caramel Latte Footnotes & References

Per 40 g (1 bar)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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