

Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.3 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; wait two minutes; attach nipple; gently swirl before feeding.
- 1 Once oral feeding begins, use **within 1 hour or discard**.

Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.3 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2-fl-oz Bottle

- 1 Do not add water.
- 1 Shake very well.
- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Twist off cap.
- 1 Twist on nipple and ring.
 - 1 Use sterile nipple and ring if directed.
- 1 Once oral feeding begins, use **within 1 hour or discard**.

1-Qt Bottle

- 1 Do not add water.
- 1 Shake very well before each use.
- 1 Remove protective band; twist off and clean cap. **Do not use if band around cap or inner foil seal is damaged.**
- 1 Invert cap; press down to piece foil, then turn cap a half turn.
- 1 Remove foil.
- 1 Pour formula into bottle; attach nipple.
- 1 Once oral feeding begins, use **within 1 hour or discard**.
- 1 Prepare and feed all formula from the container **within 3 days after opening**.