

Preparation

Ready to Feed

Your baby's health depends on carefully following these directions. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use. It is important to consult your baby's doctor before changing formula.

2-fl-oz bottle

- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Do not add water. Ready to feed formula if mixed with water may not provide proper nutrition and repeated use of such feedings could cause illness.
- 1 Shake very well.
- 1 Twist off cap.
- 1 Twist on clean nipple and ring.
 - 1 Since this formula is commercially sterile, use clean hands to attach any clean standard nipple and ring.
- 1 **Once feeding begins, use within 1 hour or discard.**

1-QT bottle

- 1 **Do not use if band around cap or inner foil seal is damaged.**
- 1 Do not add water.
- 1 Shake very well before each use.
- 1 Remove protective band, twist off and clean cap.
- 1 Invert cap; press down to pierce foil, then turn cap a half turn.
- 1 Remove foil.
- 1 Pour formula into bottle; attach clean nipple.
- 1 **Once feeding begins, use within 1 hour or discard.**
- 1 Prepare and feed all formula from the 1 QT container **within 3 days after opening.**

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottle, nipple and ring before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour desired amount of water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (9.6 g) to each 2 fl oz of water.
- 1 Return dry scoop to can.
- 1 Cap bottle; shake well; attach nipple.
- 1 **Once feeding begins, use within 1 hour or discard.**

Powder Mixing Guide

| Measure water | + | Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop | = | Finished bottle (approx) |
|---------------|---|---|---|--------------------------|
| 2 fl oz | | 1 scoop (9.6 g) | | 2 fl oz |
| 4 fl oz | | 2 scoops | | 4 fl oz |
| 6 fl oz | | 3 scoops | | 6 fl oz |
| 8 fl oz | | 4 scoops | | 8 fl oz |