

Preparation

Directions for Preparation and Use

Your baby's health depends on carefully following these easy directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour desired amount of water into a clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water
- 1 Return dry scoop to can.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once oral feeding begins, **use within 1 hour or discard.**

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.7 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz

For a larger amount of formula, add 1 unpacked, level cup of powder (100 g) to 23 fl oz of water (makes approximately 26 fl oz of formula).

When mixed as directed, the contents of this can will make approximately 102 fl oz of formula.

Storage & Handling

Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**