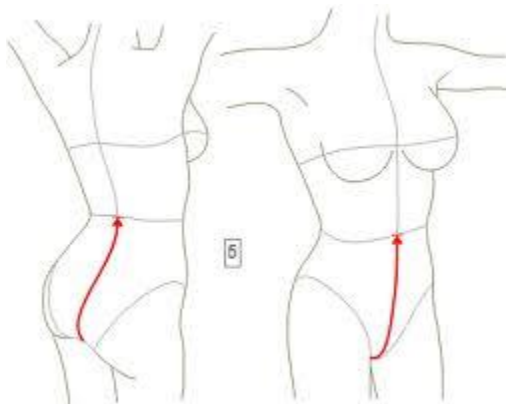


SHOULD YOU PURCHASE AN ADULT, A YOUTH, OR A CHILD STYLE?

The Containment Swim Brief is available in 3 styles...Child, Youth, and Adult. Adult is available in both regular sizes from 22"-40", and in Plus sizes from 40"-60".

Regardless of style purchased, always order by the **larger** of waist or hip measurement.

Youth swim briefs differ from adult **only** in the measurement of the "rise". See diagram below for taking the rise measurement. This determines where on the waistline the garment will sit. Youth briefs are available in regular size ranges 22"-40".



To Measure Rise, begin about 1 inch below the belly button, measure down through legs, and up to the position on the back that matches the starting position on the front. Then, based on the larger of waist/hip measurement, choose the style that comes closest to your own rise measurement. If you have any questions, call or email us.



HOW TO CHOOSE BETWEEN ADULT AND YOUTH STYLES

Here is a chart to compare Adult and Youth, sizes X-Small to X-Large only. Waist/Hip size ranges are identical. Only the total rise measurement differs. In the example below, a Medium Youth garment has a rise $3\frac{1}{2}$ " less than a Medium Adult. The Youth would therefore sit just $1\frac{3}{4}$ " inches (half of $3\frac{1}{2}$ ") lower on the waistline than the Adult style.

Size	XS	S	M	L	XL
Waist/Hip (Adult & Youth)	22-24"	25-28"	29-32"	33-36"	37-40"
Adult Rise	27 ½"	28 ¼"	29"	30"	31"
Youth Rise	25"	25 ¾"	26 ½"	27 ½"	28 ½"

HOW TO CHOOSE BETWEEN YOUTH OR CHILD STYLE

Child swim briefs are shorter through the rise, and offered in waist/hip range 17"-30". The Child style sits on the natural waistline of a child with normal growth patterns. Measure the rise of your child and compare to the size chart to determine which style would fit them best. This garment is meant to be worn next to skin, and should fit snugly. The stretchy fabric and adjustable tabs allow for some growth.

For Children and Youth with Waist/Hip measurement **between 22"-30"** there is a choice between a Youth Style or Child Style. The Child Style sits on the natural waistline of a child with normal growth patterns. For example, if a child is very slim and tall, you probably want a Youth to get the highest rise. If they are short and stocky, you may wish a Child style. Measure their rise, and choose the style that is closest.

Size	XS	S	M	L	XL
Waist/Hip Child	17-19"	20-21"	22-24"	25-27"	28-30"
Rise Child	19 ½"	20 ¼"	21"	22"	23"
Waist/Hip Youth	22-24"	25-28"	29-32"	33-36"	37-40"
Rise Youth	25"	25 ¾"	26 ½"	27 ½"	28 ½"